Thursday, 9 October, 2025

Tennant Creek Today

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Tennant Creek's Dr Sarah Goddard has been named the NT Rural Generalist of the Year.

Doctor's top gong

TENNANT Creek's Dr Sarah Goddard has been honoured with the 2025 Northern Territory Rural Generalist of the Year Award by the Australian College of Rural and Remote Medicine (ACRRM).

The award celebrates Rural Generalists who demonstrate outstanding commitment to best-practice care in rural, remote, and First Nations communities, and who go above and beyond to ensure their patients receive the highest quality healthcare.

A proud Kaytetye woman, Dr Goddard is a Rural Generalist and Fellow of ACRRM with Advanced Specialised Training in Emergency Medicine.

She currently works at Tennant Creek Hospital and across the Barkly region, where she provides a broad range of medical services and leadership in community-centred care.

She is also the Director of Medical Services for Tennant Creek General Practice, Primary Health Care, and Public Health, where she continues to work tirelessly to strengthen healthcare access and outcomes in remote communities.

ACRRM President Dr Rod Martin congratulated Dr Goddard on her recognition.

"Dr Goddard is an outstanding role model for the next generation of Rural Generalists," Dr Martin says.

"Her leadership, clinical expertise, and deep commitment to the Barkly region are transforming healthcare delivery and inspiring others to follow in her footsteps."

The Rural Generalist of the Year Awards recognise doctors who hold expertise across a broad scope of practice, demonstrate strong community connection, and are committed to addressing the workforce and healthcare delivery challenges of rural and remote Australia.

Paying respects

OFFICERS from Tennant Creek, along with families of officers who have passed and other guests gathered near the grave of Sgt Shane Kappler to commemorate Police Remembrance Day.

It was a time to reflect on the officers lost, not only in the past year, but also all those who have been lost in previous years.

The service was meaningful, and there was an air of solemnity that was truly fitting for the occasion.

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Star spangled appointment

By Phil Williams

IN conjunction with the recent announcement of the merger between Tourism NT and NT Major Events, to become Tourism and Events NT from January 1 next year, Tourism Minister, Marie Clare Boothby has named a Chief Marketing Officer for the government body.

Ms Boothby made the announcement to appoint Staci Mellman, into the role, which took effect from October 1.

Ms Mellman brings with her international tourism marketing credentials, having led destination marketing for Brand USA and VISIT FLORIDA.

STORY PAGE 12

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We remember their service

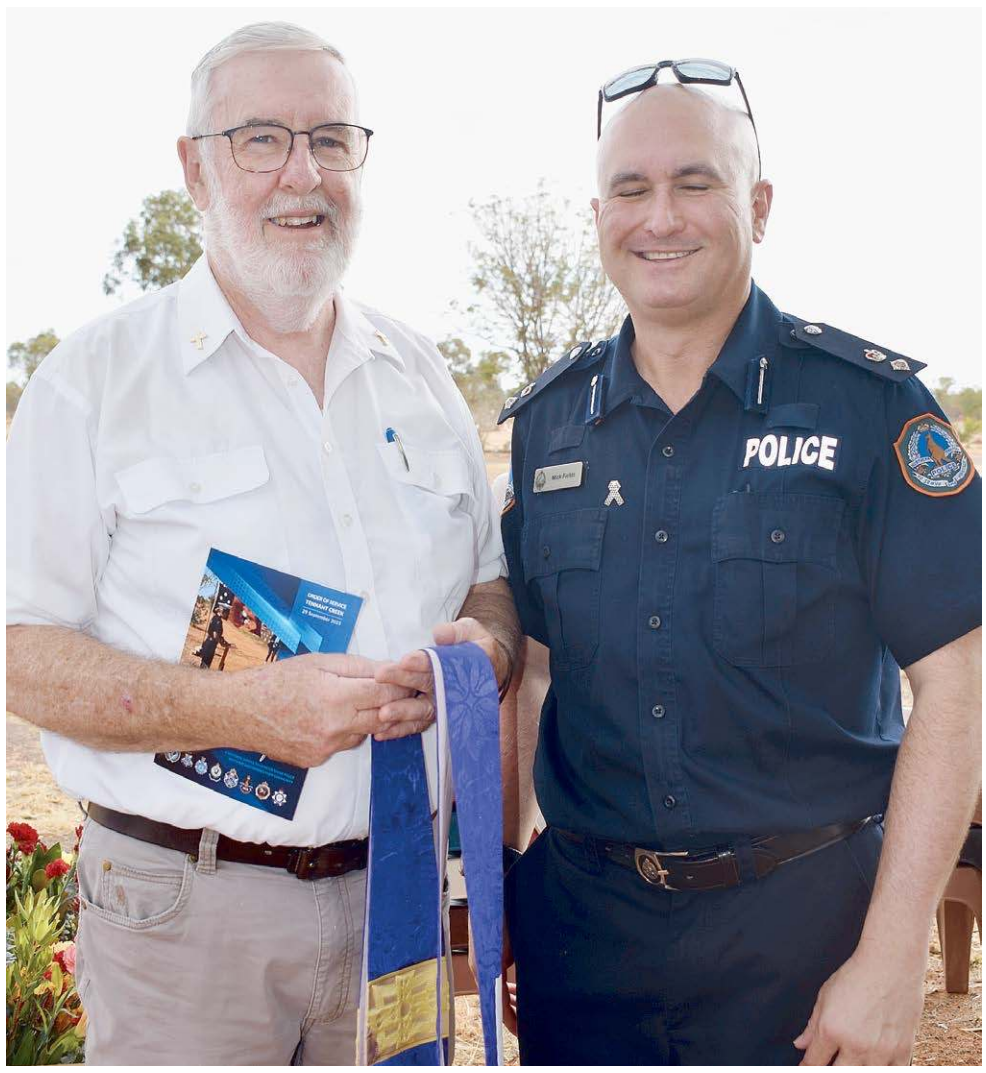
IN 1988, at the Conference of Australasian Police Commissioners, the Western Australian Police Commissioner suggested a day to remember officers who had lost their lives in the line of duty.

When eventually the day was created, 29 September was selected, as it is St Michael's Day, who is the patron saint of Police Officers.

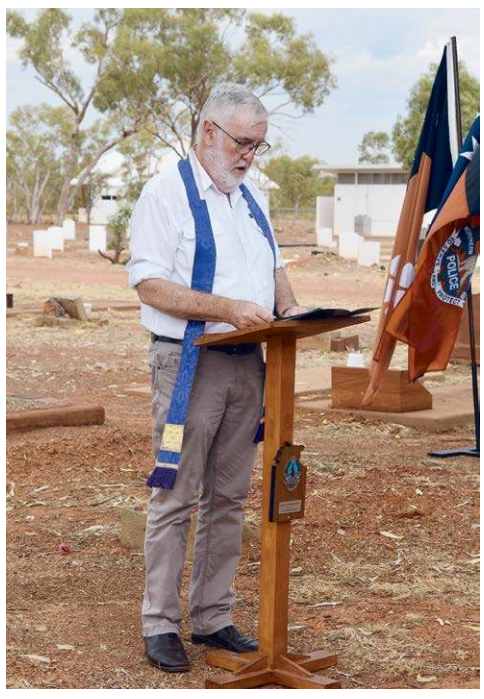
As always on the day, Officers from Tennant Creek, along with families of officers who have passed and other guests gathered near the grave of Sgt Shane Kappler to commemorate the officers lost, not only in the past year, but also all those who have been lost in previous years.

The service was meaningful, and there was an air of solemnity that was truly fitting of the occasion, we can only hope that in the next 12 months, no other names have to be added to the Remembrance wall, simply because they chose to serve their community.

It was a solemn occasion



Father John and Acting Supt Mick Fields


Father John speaks at the event

A time for reflection

Paying tribute

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Dignitaries gathered.

Laying flowers

Remembering with respect

Natalie Fraser and Bonnie Thompson

The community gathered to pay their respects

The ultimate sacrifice

Taking time to reflect.

A respectful gathering

Police were out in force to remember their colleagues

Acting Supt Michael Fields

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The Pulse

Dr Glenn Morrison

Hit pause on Dr Pepper

A 12-month trial allowing pepper spray for personal use in the Northern Territory was supposed to make us safer.

Since the start of September, Territorians and visitors have been able to legally buy canisters of the product from selected firearms retailers and to carry them for self-defence.

The spray has even acquired a nickname: Dr Pepper, as if it might cure what ails us.

But instead of making us safer, the spray is becoming just another threat on our streets, with incidents of illegal purchase, possession and use by minors, and using the spray as a weapon.

Should the trial be scrapped? Many Territorians say they need a way of defending themselves.

Crime, especially violent crime, continues to weigh heavily in Alice Springs and Tennant Creek, despite a year of tough-on-crime policies from the government, which admittedly deserves credit for at least trying to address personal safety.

But rushing ahead without strong safeguards risks unintended harm.

The NT, and especially the Centre, already face complex challenges with alcohol, drugs, family violence and youth justice.

Adding another potential weapon risks inflaming rather than calming the situation.

Given we are only one month into the trial and it's already misfiring badly, only one course of action makes sense.

What have we learned?

Buying a canister of pepper spray requires you to "complete a declaration that you have no relevant criminal history, police or court orders".

But the rule is only 'enforced' using an honesty system: Police don't verify your bona fides until after you've bought the spray.

On the very first day of the trial, then, four buyers reportedly made illegal purchases. By next morning one of the buyers was facing charges, the other three were on the run.

A few days later, NT Police Acting Assistant Commissioner John Atkin told media he was satisfied the system was effective, stating: "People who aren't supposed to get OC spray are being identified quickly and police are up quickly and we're getting quick resolutions".

Lesson #1 - Verify a spray buyer's credentials before selling it to them.

United States police and emergency rooms routinely report misuse of pepper spray.

Way too often the spray is not used in self-defence, but rather in assaults, robberies, and

Chief Minister Lia Finocchiaro and Neighbourhood Watch NT Chief Executive Officer Veronica Larson announced Neighbourhood Watch would deliver pepper spray safety education days after the trial was introduced.

incidents of domestic violence.

That's because once the spray is available, it doesn't just belong to the "good guys", but ends up in the hands of offenders, teenagers, even children.

In the NT trial's first month of operation a 36-year-old woman was accused of spraying a 21-year-old woman using a canister of OC spray during a brawl at a Darwin CBD bar.

It is understood the woman had legally bought the spray under the trial.

Both women were charged to face a Darwin court this month. In a separate incident, a 16-year-old boy allegedly used an illegal can of pepper spray against two security guards after being refused entry to the same club.

Lesson #2 - If a minor can obtain an illegal canister, age verification and control of supply are not airtight.

From the very start, the NT Police Union warned the pepper spray trial would put its officers at risk.

After the incident at the Darwin bar, security guards are calling for the trial to be scrapped.

United Workers Union NT secretary Erina Early said the scheme was dangerous for frontline workers such as security officers, paramedics, police and hospitality staff, and described the nightclub incidents as a "wake-up call"

Lesson #3 Consult frontline workers most affected, including police, security staff, remote community leaders, health workers and domestic violence services.

Many imagine carrying pepper spray offers a measure of protection.

But the exact opposite can also be true. The escalation of any conflict can make matters worse causing your target to retaliate, or a bystander to be hit by the spray.

And there are real risks for the user. Blowback can cause burning eyes, coughing and temporary blindness, leaving a user temporarily more vulnerable, and their aggressor even angrier.

Moreover, in 'Pepper spray trial questions' (The Pulse 4 Sept 25) we confirmed 'misuse' of the spray will be considered a criminal offence.

But exactly what constitutes misuse remains unclear, with legal eagles confirming the matter would likely be left to the court system, especially considering the OC trial started with no training offered on how to 'properly' use pepper spray (a matter part rectified a week later, by government proxy through Neighbourhood Watch).

Lesson #4 Provide mandatory training (like firearms courses) to teach use, de-escalation and guard against misuse.

For Centralians, alcohol-related violence and domestic violence remain intractable.

Monthly assaults in Alice Springs number in the hundreds, with 40-60 per cent domestic violence-related and up to half alcohol-related.

The risk that a domestic violence victim might buy pepper spray for protection only to have it turned on them by an abuser is very real and would be a

tragedy beyond measure.

Before the trial began, DV survivors and experts warned legalising OC Spray risked handing a new and convenient tool to already violent people.

Lesson #5 Seek counsel from groups where the risks are highest.

What next?

The police union has clearly expressed its concerns over the trial, spotlighting inadequate controls over who is buying the spray, a lack of training for the public on how to use it, and vague definitions of what constitutes justifiable use.

Thankfully, a path ahead is clearer than the trial policy itself.

Temporarily pause the trial immediately. Before it is too late. Not as an admission of defeat but as a responsible measure to ensure Territorians are truly safer.

Reassess the trial using proper consultation, data and community input. Publish transparent metrics from the trial, broken down by town so we might see the number of seizures, illegal-sale investigations, failures of age-verification and incidents involving the spray.

Identify serious flaws and fix them.

Then consider a restart. The last thing we need is a new quick fix that fuels the very violence it was meant to prevent.

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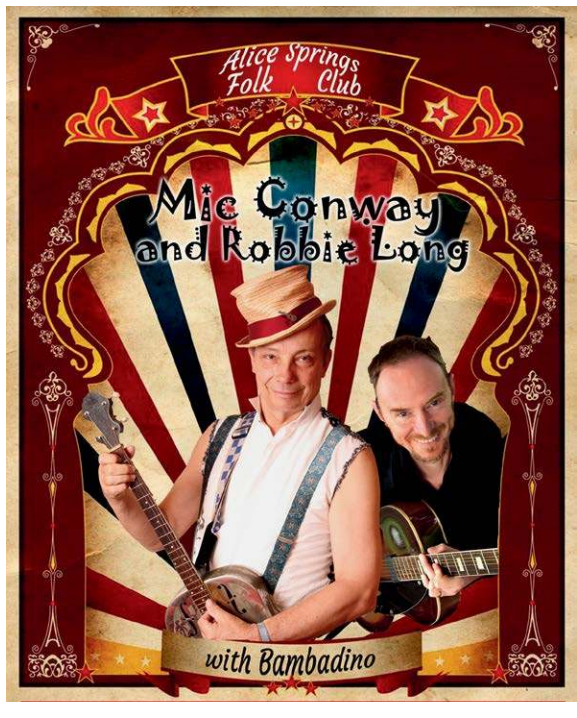

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High-energy sundowner

YEPERENYE Shopping Centre will proudly host this year's Community@Sunset.

The event, on Tuesday 21 October from 5.30–7pm, in its top-level carpark overlooking Mt Gillen.

Delivered in partnership with the Mparntwe Alice Springs Community Foundation (MASCF) and the Chamber of Commerce NT, the high-energy sundowner will bring together businesses, sponsors, volunteers and community-doers to celebrate the many ways people give back to Alice Springs.

From sponsoring local clubs to volunteering time, talent and resources, the evening will shine a light on those who are #GettingGoodStuffDone.

"Yeperenye is an Aboriginal-owned business with a long history of supporting people and organisations who make Alice Springs stronger," Yeperenye Shopping Centre CEO Aaron Campbell said.

"We're proud to provide the space and support for an event that recognises generosity, connection and positivity in our community."

The Community@Sunset concept was created to Celebrate, Encourage and Amplify community giving – helping shift the narrative of Alice Springs by highlighting the good that is happening every day.

Last year's CDU-sponsored Business at Sunset successfully launched the Foundation's #GettingGoodStuffDone initiative, and this year's event builds on that momentum.

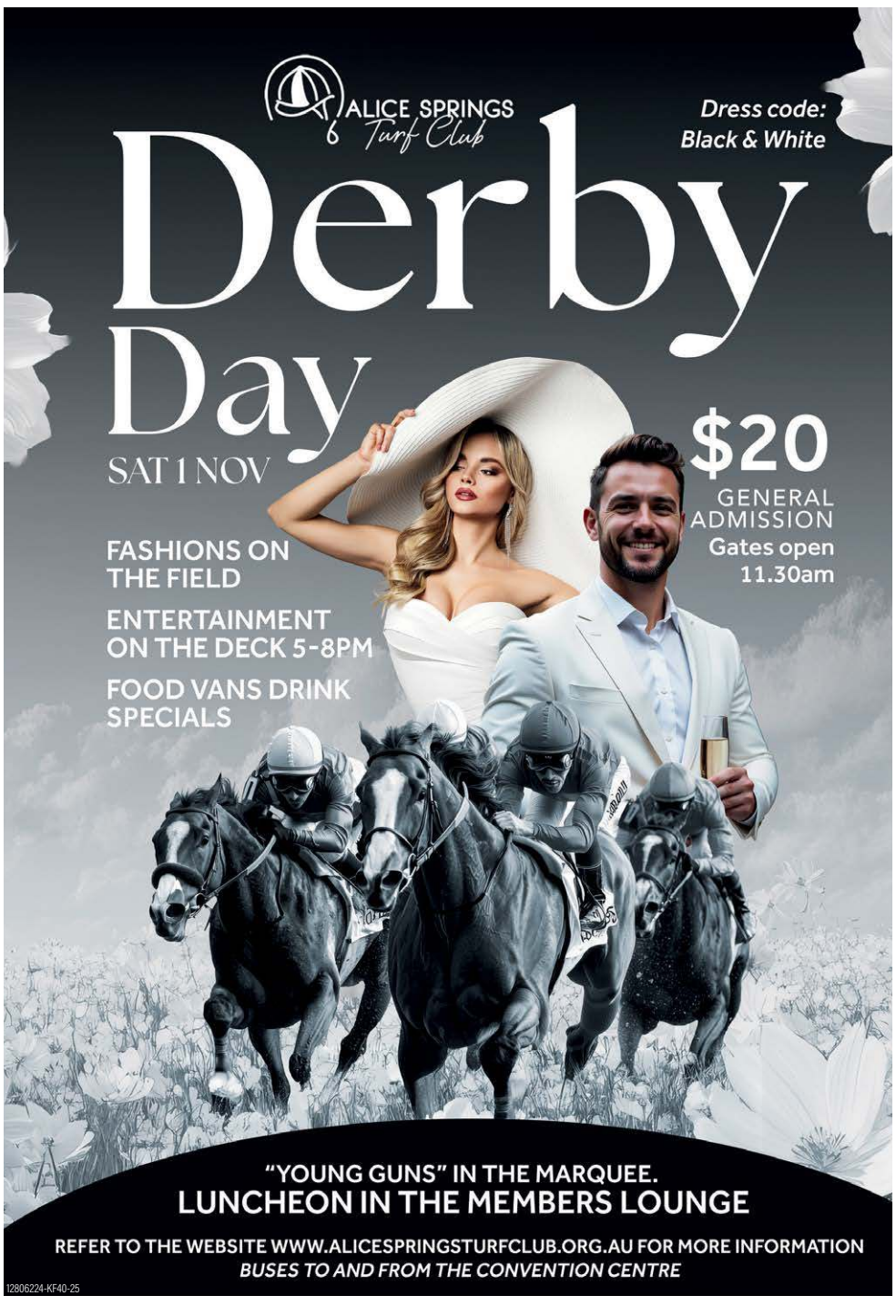
Jodie Summers, Community@Sunset Community Lead for the Foundation, said: "People in this town give in so many ways – volunteering, umpiring, sitting on committees, sponsoring local groups or offering in-kind support. Community@Sunset is about celebrating those contributions and encouraging even more."

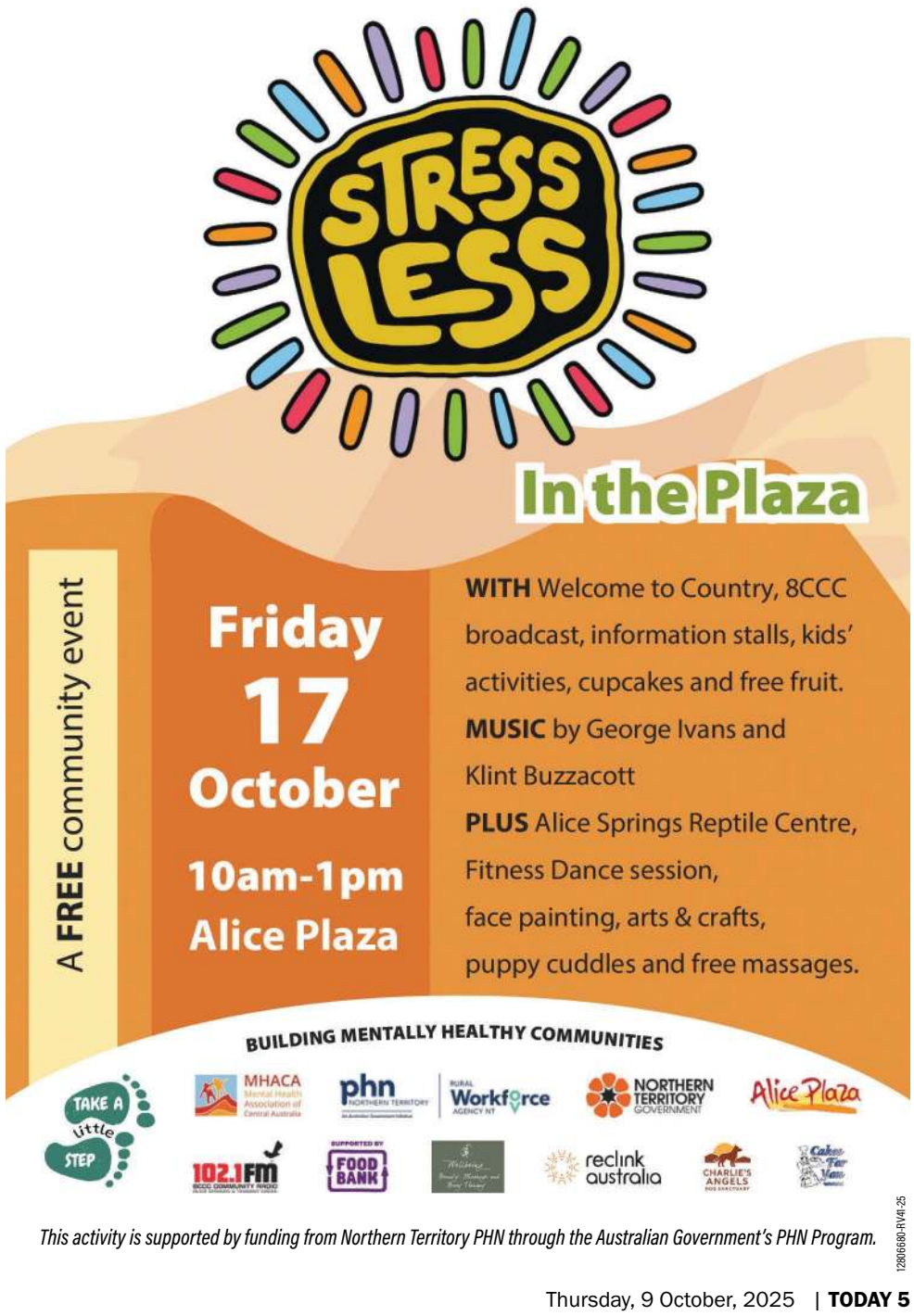
Jodie Summers, Nicole Battle, Alex Skipsey-Williams and Anke Nagel talk shop at last year's event. (Phil Williams: 44692)

Brad Gaddes, Head of Central Australia - Chamber NT, added: "Alice Springs businesses do a huge amount for the community. This event is an opportunity to recognise their efforts and to remind us of the value of giving – for business, and for living."

The evening will also launch the Foundation's Give2Give campaign and feature story booths to capture and share inspiring community-giver stories.

With music, light refreshments and spectacular views over Mt Gillen at sunset, it promises to be a night of celebration and connection.





Air travel more inclusive

By Gladys Barreta

A new policy update allowing people with Autism to wear noise-cancelling headphones during airport security screening will soon take effect at Alice Springs Airport.

Autism inclusion experts from Aspect Autism Friendly have welcomed the update, describing it as a significant step toward making air travel more inclusive and accessible.

Noise-cancelling headphones are a vital support tool for Autistic people, helping manage loud, unpredictable environments.

Until now, having to remove them during security screening was often a deterrent to travel and a source of distress.

The policy update, now published on the Australian Government Department of Home Affairs website, allows travellers who rely on noise-cancelling headphones as a disability support tool to request to wear them through body scanners.

If needed, the device may be subject to secondary screening.

Head of Aspect Autism Friendly, Dr Tom Tutton. said the change acknowledged the barriers Autistic people face and aims to reduce stress and sensory overload at a critical point in the travel experience.

"First, it recognises the needs of Autistic people travelling through airport security. Many people rely on headphones to manage noise and sensory sensitivities, and having this policy in place gives them reassurance that they'll be supported. It also helps build understanding in the wider community about what inclusion looks like in practice.

"Second, in a place like Alice Springs, flying isn't optional – it's the main way people connect with other cities for work, family, or services.

HEADPHONES: Aspect Autism Friendly's Rebecca Street wearing noise cancelling headphones.

"Knowing that this simple adjustment is recognised makes the whole process of travelling less stressful for Autistic people and their families, especially at those first points of security screening."

Autistic traveller Emma Beardsley also shared the impact this change will have:

"I used to panic every time they made me take my headphones off at security," she said. "The noise and the unpredictability can be overwhelming. Now I feel like I can travel more confidently and safely. It's a big relief."

Airport Development Group (ADG) acknowledges the recent initiative by the Commonwealth Government to permit the use of support items during security screening at the Alice Springs Airport with special circumstances.

Head of Airport Operations Melanie Cobbin said they welcomed all opportunities to improve the passenger experience and to ensure the screening process is safe, respectful, and considerate for everyone.

"Security screening at our airports is conducted in line with regulatory measures set by the Department of Home Affairs," she said.

"This important change will directly benefit travellers with hidden disabilities, by helping to reduce sensory stress during the screening process.

"All ADG security staff are trained to recognise and appropriately assist passengers with hidden disabilities such as autism, ensuring each traveller is treated with understanding and care."

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Getting Good Stuff Done

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creating our future together.

Yeperenye's ongoing impact

By Gladys Barreta

SINCE its beginnings in 1987, Yeperenye has been driven by a clear vision: to build a vibrant, cohesive, inclusive and enriched Central Australian community.

For nearly 40 years, the company has combined commercial success with a deep commitment to giving back, ensuring its profits are reinvested into the very community it serves.

Managing Director Owen Cole, who has led the organisation for the past 12 years, says this balance between profit and purpose is at the heart of Yeperenye's identity.

"Yeperenye is all about making good things happen in our community," he said.

"We own and manage a substantial property portfolio that generates a strong and sustainable revenue stream, and we apply that directly to the social and economic development of Aboriginal people in Central Australia."

Each year, at least 30 per cent of Yeperenye's profits are distributed to its shareholders - including Lhere Artepe Aboriginal Corporation and Centrecorp Foundation, who in turn use those funds to benefit Aboriginal people.

Since 2007, more than $35 million has been directed towards housing, education, welfare and economic development across more than 40 Aboriginal communities in Central Australia.

One of the most significant outcomes of this investment has been in education.

Through Centrecorp Foundation, Yeperenye helps support around 70 Aboriginal students every year to attend secondary schools and universities across Australia.

The Getting Good Stuff Done #ggsd page promotes those encouraging, supporting and amplifying positive initiatives to foster a stronger community.

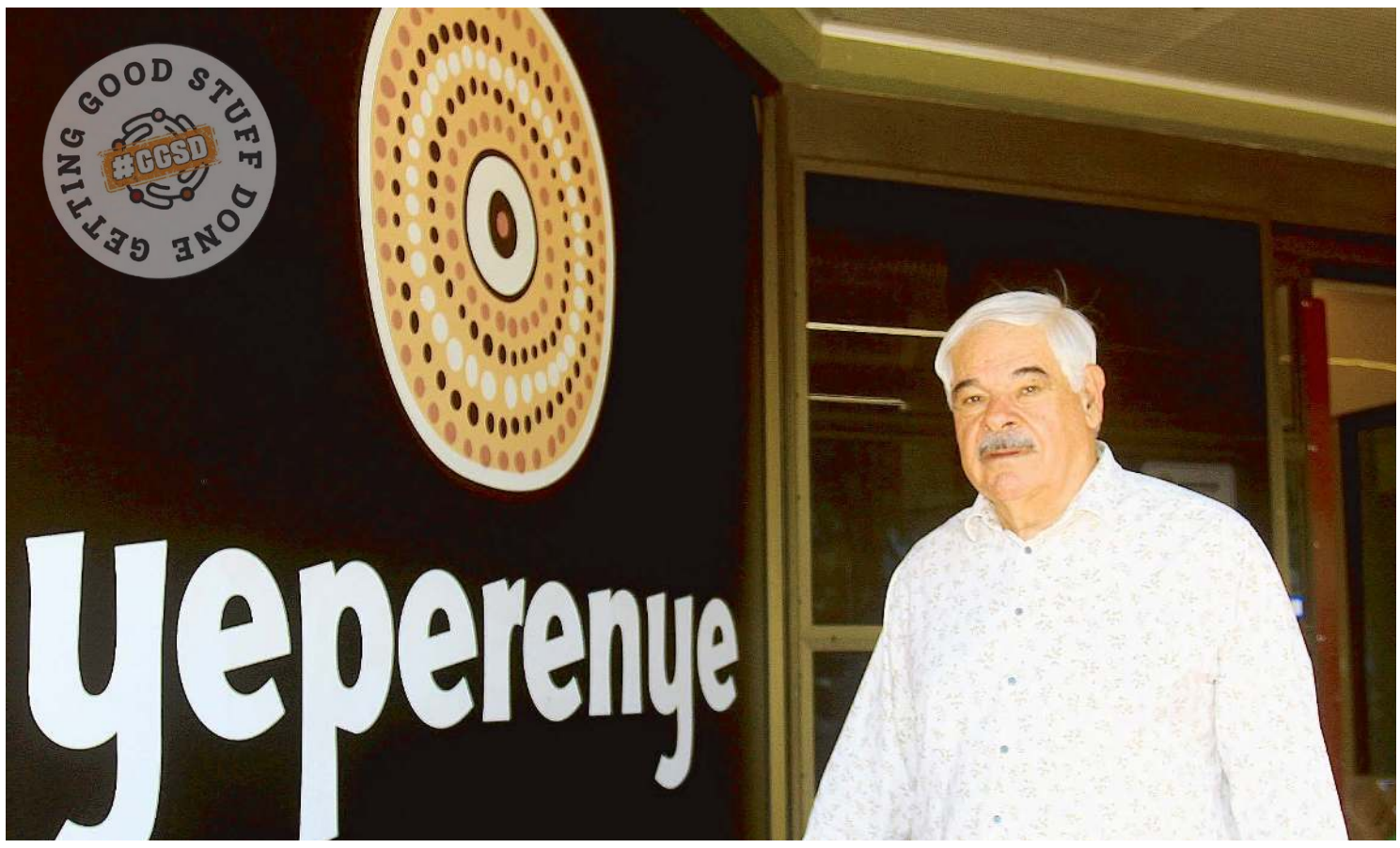
"Education and sporting opportunities are critical in remote communities like Alice Springs," Mr Cole said.

"We want young people to have the same opportunities here that they'd get in any other town."

Yeperenye has also invested consistently in sport and recreation, helping to create healthier, more connected communities.

From football, hockey, rugby, boxing and even emerging sports like pickleball, the company has contributed funds to clubs, teams and individuals, including young athletes travelling interstate to represent their communities.

"Sometimes it's a small contribution that makes the biggest difference," Mr Cole said.



LOGO: Owen Cole with the Yeperenye logo (Phil Williams: 507897)

"Whether it's helping a young person get to a rugby carnival in New South Wales or backing a local club's fundraising effort, it's all about lifting people up."

Beyond sport, Yeperenye provides around $300,000 a year in sponsorships for some of Central Australia's most iconic events including Red CentreNATS, the Henley-on-Todd Regatta, the Alice Springs Show, and Carols by Candlelight.

The company also lends its support to organisations like Clontarf Foundation and Saltbush NT, both of which play vital roles in supporting young Aboriginal people.

For Mr Cole, the motivation is personal. Born and raised in Alice Springs, he is determined to see the town continue to thrive.

"Alice Springs is a wonderful town. I've lived here my whole life, my family is here, and I want to see it remain a strong and viable remote community. That means making sure people have opportunities in education, sport, housing and culture - just like anywhere else."

He believes the company's success lies in the way it combines commercial strength with a genuine community focus.

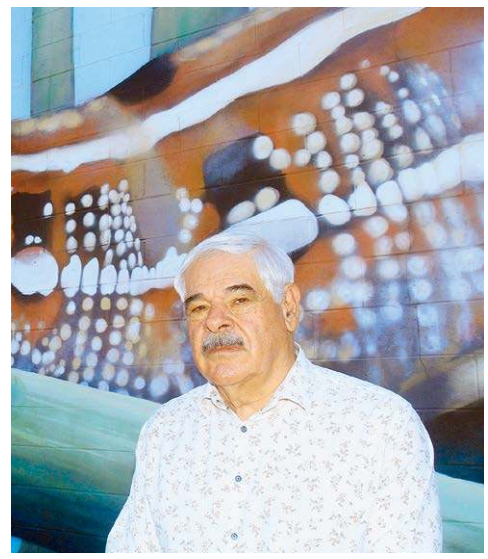
"We run as a full-profit company, but the impact is felt throughout the community. It's about spreading resources in ways that make the biggest positive difference."

From supporting individuals to sponsoring major events, Yeperenye's philosophy is simple: keep giving back. The company has played a role in establishing initiatives like The Centralian Today and continues to back countless local organisations.

"The list of things we've supported is extraordinary," Mr Cole said.

"It might not always be huge amounts, but by spreading our support widely we help ensure Alice Springs stays the vibrant, unique community that we all love. At the end of the day, it's about making good things happen and we're proud to do that."

The Getting Good Stuff Done #ggsd page promotes those encouraging, supporting and amplifying positive initiatives to foster a stronger community.



CATERPILLAR: Owen Cole with part of the mural showing the life cycle of the Yeperenye caterpillar, which gives its name to the shopping centre. (507897)

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The beauty of of Olive Pink

By Phil Williams

THE Olive Pink Botanic Garden's monthly photo competition continues to highlight the incredible ways people experience this much-loved community space.

Visitors and locals captured unique moments in August, from kangaroos to beautiful plants that showcase the natural beauty that abounds in the garden.

Each photograph tells a story about the connection people feel with this special part of Central Australia that is dear to Alice Springs.

The top three images for August all came from visitors to Alice Springs, the winner "Wandering Roos" was by Tania Kumar from the UK.

The two place getters "Mosaic Dream" and "Busy Bower Bird" were by Patricia McLean and Karen Phelps both from New South Wales.

Another standout image of a single cluster of Sturt Desert Peas titled "Lady in Red" came from Kathryn Phillips.

General Manager of the OPBG, Samantha Hussey, heaped praise on the winning entries, thanking all visitors to the garden for sharing their perspectives.

"These photographs not only celebrate the beauty of native wildlife but also remind us how important the Olive Pink Botanic Garden is as a place of community and inspiration."

The competition is ongoing with winners named each month, so be sure to share your experiences and upload your photos next time you are in the garden.

WANDERING ROOS: (Tania Kumar)

LADY IN RED: (Kathryn Phillips)

MOSAIC DREAM: (Patricia Mclean)

Upcoming Events

21 | OCT

COMMUNITY AT SUNSET

hosted by Yeperenye Shopping Centre, Mparntwe Alice Springs Community Foundation and Chamber NT

5:30 PM - 7:30 PM | Top Carpark, Yeperenye Shopping Centre

Join us for a networking evening at the October Community at Sunset to acknowledge and celebrate volunteers, sponsors, and community-does whose generosity strengthens Alice Springs every day, while launching the Foundation's Give2Give campaign, capturing inspiring stories, and celebrating connection, recognition, and positivity to build a stronger community.

JOIN THE CHAMBER NT TODAY

- Get involved and add your voice to the lobbying strategy of the business community and influence government policy.
- Build your personal relationships through networking opportunities with local businesses, fostering collaboration and partnership.
- Enhance your business visibility and credibility, boosting brand recognition within the Territory and beyond.
- Stay in the know with latest economic information, grants and programs supporting businesses with Chamber's newsletter and social media updates.
- Find new customers by featuring your business, products, or services on Chamber's directory platform.
- Find new staff for you from overseas and locally

1280358-FR41-25

1 in 5 kids have a vision problem

But often they don't know it.

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DOGTOBER
PRECIOUS PUPS
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The Alice Springs Town Council Animal Shelter has a bevvy of beautiful dogs looking for a new home.

Here's just a few of the friendly faces ready to be adopted.

The shelter is open Thursdays and Fridays, 11am-3pm and Saturdays 10am-3pm.

It's at Len Kittle Drive, Alice Springs. Find out more on the shelter Facebook page or phone (08) 7902 1100.

A true Central Australian rescue with a heart as big as her beautiful eyes. Right now, we're helping her regain her strength and weight after a tough start.

She is incredibly loving and gentle.

Scruffer – Male approx. 1.5yrs

This big-hearted boy might bark when he first meets you, but don't let that fool you — once he knows you, he's all love and tail wags.

Scruffer has a good amount of energy and would love a yard to play in and a human to call his best friend. He's super affectionate and always up for a pat or a cuddle once he feels comfortable.

If you're looking for a loyal mate with a cheeky grin and a playful spirit, Scruffer's your guy.

Mimi – Female approx. 1.5yrs

Meet Mimi – a young mum at just 1.5 years old, and she's ready for her next chapter! Mimi is the definition of sweet and affectionate, always eager for a cuddle and a friendly face. Her happy nature shines through in everything she does, and she'll greet you with that big, beautiful smile every time.

If you're looking for a loving companion who will bring joy and warmth into your home, Mimi is your girl!

Snoopy – Female approx. 1yr

Meet Snoopy! This gorgeous girl hasn't been with us for long, so we're still getting to know her – but one thing's for sure: she's a bundle of energy with a big zest for life!

Snoopy loves to run, play, and explore, but she also enjoys those quiet moments basking in the sun. She's waiting for someone to show her the pure joy of playing fetch – and we think she'll be a natural.

If you're looking for an active, fun-loving companion who will keep you smiling, Snoopy might just be the perfect match for you.

Ned – Male approx. 1yr

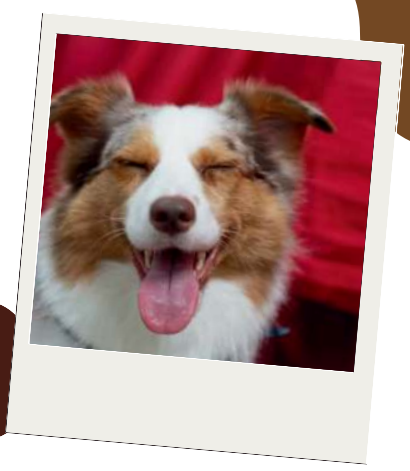
Meet Ned – your ultimate adventure buddy! This handsome, athletic boy is full of energy and always ready for action. With his sleek brindle coat, bright eyes, and that big happy grin, Ned is the perfect companion for someone who loves the outdoors and an active lifestyle.

He thrives on exercise, playtime, and exploring new places, so if you're looking for a loyal sidekick to join you on hikes, runs, or weekend adventures, Ned is your chap.

If you can match his energy and give him the active life he deserves, come meet Ned today – he's ready to start his next big adventure with you!

The Centralian Today | Tennant Creek Today

DOGTOBER COMPETITION



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HOW TO ENTER

1. Snap a photo of your dog or dogs

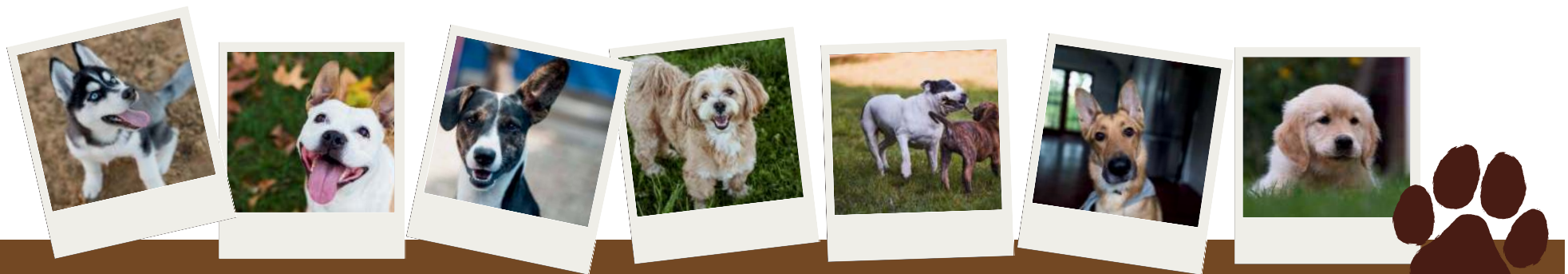
2. Send the photo/s via text to: 0499 313 828 or email to: james.woods@todaynewsgroup.com.au

*** You MUST include your dogs name, your name, and your phone number (if emailing).**

3. That's it! You're now in the draw to win a pawsome prize!

4. Remember to buy **The Centralian Today** or **Tennant Creek Today** to see your pet's picture in the paper! **October 16, 23 & 30!**

SNAP IT, SEND IT & YOU COULD WIN A GIFT VOUCHER!



Got Any Questions?

Text/Phone: James Woods 0499 313 828
Email: james.woods@todaynewsgroup.com.au

SEND IN YOUR DOG PIC TODAY!

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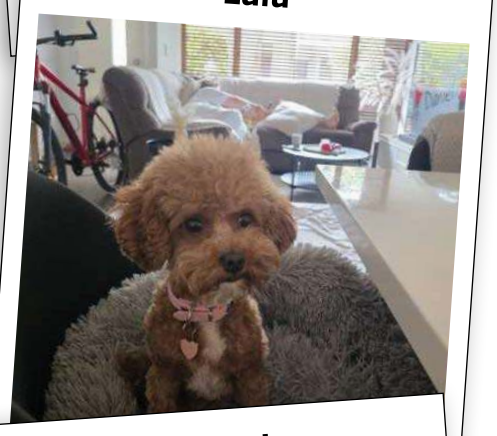
DOGS OF CENTRAL AUSTRALIA

Stacy's dog Paula

Bianka's dog Lulu



Monica's dog Chia

Sarah's dog Bonnie

Sonja's dog Bruno

Make a T-Shirt tug toy

What you'll need:

Old t-shirts

scissors

How to make:

Cut the shirts into long strips.

Braid 3–4 strips together tightly, knotting each end.

For extra strength, braid multiple braids together.

Why it's great: A sustainable toy made from old clothing, washable, and perfect for dogs that love tug-of-war.

Pupcakes (Dog-Friendly Cupcakes)

Ingredients:

1 cup wholemeal flour

1 tsp baking powder

1 egg

1/4 cup peanut butter (xylitol-free)

1/4 cup unsweetened applesauce

1/2 cup grated carrot

Method:

Preheat oven to 180°C.

Mix all ingredients until smooth.

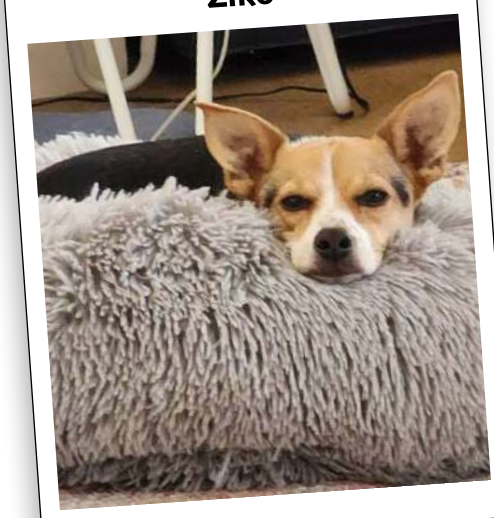
Spoon into muffin tins and bake for 20 minutes.

Cool and top with a "frosting" of plain Greek yoghurt.

Why it's a good choice: Pupcakes are a fun way to celebrate special occasions like birthdays. The peanut butter and carrot add protein and vitamins, while the yoghurt frosting makes it look like a treat without being sugary.

Julie's dog Luna

Jane's dog Ziko



Lisa's dog Butter

DOGTOBER COMPETITION

Send in a photo of your dog for your chance to win!

How to Enter

- Submit one photo of your dog to enter the weekly prize draw, the earlier you enter, the more chances you have to win!
- Winners will be chosen by a random 'wheel spin' each week
- Wheel spins will be posted on the Centralian Today & Tennant Creek Today Facebook pages
- Each week's winners will be published in the following week's paper
- Winners will be notified by phone and/or email
- Even if you don't see your dog's photo in the paper, you're still in the draw!

Prizes

October 9: 2 winners – $25 Milner Meats voucher each

October 16: 2 winners – $25 Milner Meats voucher each

October 23: 1 winner – $50 Pawz N Clawz voucher

October 30 MAJOR DRAW: 1 winner – $180 Underdog Training voucher

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DOGTOBER

LOWRIDERS: SHORT LEGS, BIG HEARTS

By Gladys Barreta

When you hear the word lowrider, you might picture sleek sports cars or stubby-legged corgis and dachshunds.

But in Alice Springs, "lowrider" means something else entirely.

After generations of mixed breeding, some local dogs have developed a distinct look: regular-sized bodies balanced on short, stocky legs.

These quirky companions, affectionately dubbed lowriders, have become absolute favourites in the desert community.

Central Australia is well known for its mixed-breed Camp Dogs, often nicknamed Cheeky Dogs, but lowriders are a special twist.

Their heritage is often a mystery, their genetic combinations anyone's guess.

Yet somehow, those little legs and elongated frames keep appearing, and each lowrider feels like a breed all their own.

They may not have pedigrees, but they certainly have charm.

At the ASTC Animal Shelter right now, four delightful lowriders are searching for homes: Missy, Lowi, Lily, and Yuka.

Missy's story is especially unforgettable.

Stacey Leddra, Coordinator of Animal Services at ASTC Animal Shelter, recalled the surprise.

"Two months after arriving at the shelter, on a cold desert-winter morning, Animal Attendant Liam rushed to me with a shocked look and said: 'Um, Missy's had puppies!?' Sure enough, inside her kennel were three tiny newborns - clean, warm, and nestled close. Missy had quietly delivered Cosmo, Orion, and Nova, doing all the hard work on her own throughout the freezing night.

"We had no idea she was even pregnant. She proudly cared for them until they were adopted, which took no time at all.

"Now, Missy is still waiting for her forever family. The team just can't believe she hasn't been snapped up yet - but her time will come soon."

Ms Leddra said lowriders were mostly a local phenomenon.

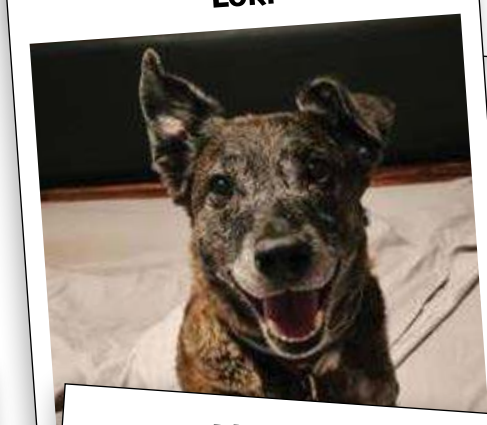
"Before moving to Alice Springs six years ago, I had never even heard of them. Visitors are often puzzled, asking, 'What breed is that?' I smile and reply, 'That's a lowrider!' Their confused looks quickly melt into giggles and 'awws'."

Short legs, big hearts, and plenty of personality - lowriders might not be common elsewhere, but here in Alice Springs, they're true desert treasures.

Lowrider Yuka

Lowrider, Missy

Brody's dog Loki



Emma's dog Oscar

Meegan's dog Leo

Pierre's dog Beegi

Take your best friend for coffee. Let us know where you go!

Keep sending your pics of your special friends!
editorial@centraliantoday.com.au

Empowering her

By Gladys Barreta

AN expo dedicated to inspiring women in Alice Springs was held late last month, bringing the community together for a day of connection, health, and inspiration.

Hosted at the Alice Springs Convention Centre, the Empower Her Expo showcased 32 stalls ranging from wellness services to local crafts and welcomed more than 120 attendees.

The result was a vibrant atmosphere of support, learning and celebration.

Although designed as a women-focused event, a few men also attended to show their support for the cause.

The day opened with a presentation from this year's chosen charity, Butterfly Connection, and continued with an energy-filled program that included Zumba, Red Centre Line Dancing, a cultural Kapa Haka performance, and Spin Flex pole dancing at the entrance that wowed crowds.

Stalls offered a variety of information and support, including pelvic floor health, nutrition, hypnotherapy, breast awareness, lymphatic drainage, and counselling.

Professional services such as the Central Australian Women's Legal Service and the NT Working Women's Centre provided expert advice, while the Mental Health Association of Central Australia (MHACA) engaged visitors with a women's mental health survey.

Local artists, crafters and bodywork practitioners added colour, creativity and texture to the event.

Interactive activities kept the energy flowing, with highlights such as a "Pass the Parcel" game at the MHACA stall and Reclink's DanceFit session encouraging movement and conversation.

A roving microphone also gave stallholders the chance to introduce their products and share their stories directly with the audience.

Organisers have already confirmed the expo will return as an annual event, with plans to grow it even further.

Feedback is being gathered from stallholders to guide future improvements.

With its mix of health, creativity, culture and generosity, the Empower Her Expo proved that when women come together, extraordinary things can happen.

To keep updated on upcoming events - including the next Empower Her Expo - follow the Alice Springs Convention Centre Facebook page.

STALL: One of the wellbeing stalls at the expo.

WELCOME: The Empower Her Expo signage at the event.

ATTENDANCE: Around 32 stalls were at the expo.

Business for Sale

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NT REMOTE HOUSING CLASS ACTION

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Whoopee Blues in cinema

WHOOPEE Blues will be screened at Alice Springs Cinema on Thursday, 9 October at 7pm, followed by a special Q&A session led by local musician and educator Gleny Rae.

Brothers Mic and Jim Conway have been making music together since their school days, when they formed the Jellybean Jug Band, which later evolved into the wildly popular Captain Matchbox Whoopee Band.

In the early 1970s, Captain Matchbox became a phenomenon, delighting audiences with My Canary Has Circles Under His Eyes, Fats Waller classics, and quirky originals like Wangaratta Wahine.

Mic's passion for vaudeville and for building instruments out of found objects has shaped a career spanning over 40 years. His work blends music, performance, circus, and humour.

Jim Conway found his voice in Captain Matchbox as a harmonica player and went on to become one of Australia's most renowned blues harp players.

Whoopee Blues is a joyful and moving celebration of brotherhood, creativity, and the enduring legacy of two artists and their contribution to Australian music history.

Mic Conway will also perform two live shows in Alice Springs with long-time friend and musical collaborator Robbie Long:

- Friday, 10 October – Watertank Cafe (with support from Bambadino)
- Saturday, 11 October – Private House Concert

Born from the spirit of Captain Matchbox Whoopee Band, Circus Oz, and the National Junk Band, Mic and Robbie's irreverent and hilarious mini-vaudeville show is pure entertainment.

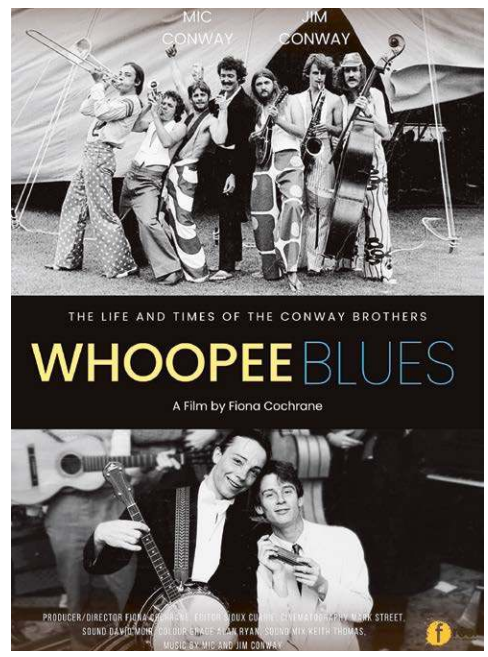
WHOOPEE: Australian musical and theatrical duo, Mic Conway and Robbie Long.

Expect a circus of comedy, music, magic, tap dancing, and shamelessly bad jokes, all delivered with Robbie's superb musicianship, comic timing, and cheeky charm.

The show features idiosyncratic tunes from Tin Pan Alley to today, played on guitars, ukuleles, saws, harmonicas, newspapers, and other unexpected instruments.

Add in magic tricks, sight gags, and you've got a truly unique variety performance, new vaudeville at its best.

Mic "Microphone" Conway is an ARIA Award-winning performer who has toured nationally and internationally as a singer, musician, magician, actor, juggler, fire-eater, and tap dancer.



Whoopee Blues screening at Alice Springs Cinema.

"Big Daddy Robbie Long Legs" is an award-winning multi-instrumentalist and recording artist, who has also toured internationally with Mic and others.

In 2025, the documentary film Whoopee Blues celebrating the careers and lives of Mic and Jim Conway was released to wide acclaim.

Mic's performing career spans over 55 years and continues to delight audiences of all ages.

One step at a time - from going for a walk to having a chat

By Gladys Barreta

THIS Mental Health Week, the Alice Springs community is Taking a Little Step to engage with each other through activities that foster mental health and wellbeing, and reduce the stigma around mental health issues.

Mental Health Week is an annual national initiative that promotes mental health and wellbeing, and this year it will be celebrated from October 11–19.

The Northern Territory's theme for 2025 is centred on encouraging small actions that support mental health and wellbeing by Taking a Little Step.

Whether it's going for a walk, cooking a special meal, or having a chat with a friend, these seemingly small actions can have a powerful and positive impact on our social and emotional wellbeing.

The Mental Health Association of Central Australia (MHACA) will host a Stress Less Hub at Alice Plaza throughout Mental Health Week, featuring free workshops to help community members support their wellbeing. These hands-on, one-hour workshops will run from noon to 1pm, offering the perfect opportunity to relax during lunch breaks.

WEAVING: Weaving workshop on Wednesday October 15 at Alice Plaza. (Damjan Janevski: 427709)

Workshop schedule at Alice Plaza

- Tuesday 14 October – Ceramics Painting
- Wind down and paint your own ceramic piece to take home.
- Wednesday 15 October – Basket Weaving
- Take a mindful break and learn how to weave a small basket.
- Thursday 16 October – Polymer Clay
- Spark your creativity and make earrings, a keyring, or a magnet.
- Stress Less in the Plaza – Friday 17 October

Stress Less in the Plaza is the feature event for Mental Health Week and will be held at Alice Plaza.

This free community event focuses on mental health and wellbeing, while promoting local support services available to community members.

Event Highlights for Stress Less in the Plaza will include guest speakers on mental health and wellbeing, information stalls from local services, live music by George Ivans and Klint Buzzacott, 8CCC Community Radio live broadcast, dance fitness session, face painting, an Alice Springs Reptile Centre display, puppy cuddles with Charlie's Angels Dog Sanctuary, free massages from Plaza Wellbeing Centre and a chill-out space for relaxation.

Jane Ndove, Senior Manager of Health Promotion at MHACA, said Mental Health Week is a reminder of the importance of community connection and prioritising our overall wellbeing.

"Taking little steps reminds us that mental health isn't only about addressing challenges - it's also about nurturing the positive practices and connections that help us thrive," she said.

"Participating in events like these not only offers practical tools to manage stress, but also helps us connect with others. We encourage everyone to take some time to check in with their wellbeing."

Breaking barriers

By Gladys Barreta

BY listening to families and connecting with communities, Alice Springs local Erik Van Oost has been recognised for his life-changing work through his business, Desert Star Support Services.

Desert Star has been named a finalist in the 2025 Australian Disability Service Awards (ADSA) for Excellence in Place-Based Impact for Regional & Remote Communities, highlighting the remarkable work Erik has done over the years alongside his business partner, Narelle Claes.

Desert Star has travelled thousands of kilometres across the country, visiting communities and building strong partnerships with Aboriginal organisations including the NPY Women's Council, which has recognised the high quality of the organisation's work with NDIS participants.

Erik's story is one of deep engagement with communities and families, and of being on Country to truly listen to what people need.

STORY PAGE 16

STAR: Founder of Desert Star, Erik Van Oost, is breaking down barriers for people living with disabilities.

Respect, trust on Country

By Gladys Barreta

FOR its commitment to listening, building trust, showing respect and providing solutions for people living with disabilities in rural, remote and regional communities, one Alice Springs-based company and its passionate founder have earned a finalist spot in a national award.

Disability support service Desert Star is being recognised on the national stage for its innovative approach to care.

Founded by nurse-turned-entrepreneur Erik Van Oost, Desert Star Support Services has been named a finalist in the 2025 Australian Disability Service Awards (ADSA) for Excellence in Place-Based Impact for Regional & Remote Communities.

For Erik, originally from the Netherlands, the journey to Central Australia has been both unexpected and life-changing.

After years working as a nurse overseas, including in Saudi Arabia where he met his partner and now business co-director Narelle Claes, Erik settled in Alice Springs in 2019.

"I love the remoteness of Alice Springs," he says. "Coming from the Netherlands where everything is close, the desert feels different - it has a special energy. You either love it, or you don't, and I love it."

The idea for Desert Star came from personal connections.

In 2021, one of Erik's clients insisted he continue as their sole support worker.

Word spread quickly, and within months demand far outstripped what he could handle alone.

By 2022, he and Narelle established Desert Star as a registered company and determined to deliver culturally respectful, person-centred care in Alice Springs and beyond.

Today, Desert Star has grown to a team of 12 staff supporting around 20 to 30 participants.

Services range from in-community care to town-based activities like shopping, dining out, tenpin bowling and golf.

A modified suburban home in Alice Springs now provides a wheelchair-accessible respite space for short-term 24-hour support.

"We wanted to offer something more personal than the big providers," says Erik. "It's about building quality connections with families and guardians so participants feel supported and respected.

What sets Desert Star apart is its willingness to go where others don't. Erik and Narelle regularly drive thousands of kilometres into the APY Lands of South Australia and into Western Australia, staying on Country for days at a time.

"You can't just drive out and say, 'We're doing good things for you,'" Erik explains.

"People need to know your face. There has to be trust. We listen, we're respectful, and we show through our actions what we can offer."

That approach has built strong partnerships with Aboriginal organisations, including the NPY Women's Council, which recognised Desert Star's commitment and invited the team to expand its services into remote communities.

Each month, staff visit six or seven communities, listening, learning and feeding back what people really need.

One of Erik's earliest clients was a respected elder from the APY Lands. After supporting him with diabetes care, personal needs and community access, Erik was invited by the family to his funeral - a powerful gesture of trust that sparked Desert Star's deeper involvement on Country.

Being named a national finalist came as a surprise to Erik and Narelle.

"It feels humbling," Erik admits. "We're a small organisation in Alice Springs, competing with much bigger providers. To be recognised in this way means people have noticed the difference we're making."

For him, the award nomination is less about Desert Star itself and more about the communities it serves.

"We see ourselves as the people in between helping participants voice their concerns, guiding them to the right services, and making sure they get what they really need. At the end of the day, it's about helping people live as normally and independently as possible, even in the most challenging circumstances."

WORKING: Erik and Richard working on home improvement projects.

STARS: Desert Star managing directors, Narelle Claes and Erik Van Oost.

TRAVEL: Erik and Herbie Robertson at Alice Springs Airport heading to Perth to visit guardians and family.

Looking ahead

With its growing team, trusted partnerships, and community-first approach, Desert Star is determined to keep strengthening disability care across Central Australia.

"Alice Springs is a wonderful town," Erik says.

"My hope is that we can keep building opportunities here in health, in education, in community life, so people have as many choices as they would in any other town."

The winners of the 2025 Australian Disability Service Awards will be announced at a gala event in Melbourne on Thursday, November 13.

Whatever the result, for Erik and Narelle, the recognition is already a win - shining a national light on the important work being done from Alice Springs out onto the lands.

PAINTING: Richard Bowden and Erik working on repainting some chairs at home.

TV Today

STREAMING HIGHLIGHTS **INSIDE**

No Escape From Now

The rocky road to Ozzy Osbourne's final concert

State of the nation

Rachel Griffiths explores the evolving lore of the land in **The Idea of Australia**

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Truth be told: Rachel Griffiths delves into our cultural narratives in *The Idea of Australia*.

Identity check

Returning to Australia in 2012 after two decades in Hollywood, Rachel Griffiths found that reality didn't quite match her memories of the country's culture. In SBS docuseries *The Idea of Australia*, the actor examines our national myths, history and the stories we tell ourselves, writes **Siobhan Duck**

RACHEL Griffiths believes her warts-and-all brand of patriotism is national pride of the truest kind.

The Oscar-nominated star's love for Australia has only deepened through understanding and acknowledging its most uncomfortable and painful chapters. And she's challenging others to embark on the same journey through her upcoming documentaries.

In upcoming ABC docuseries, *When the War is Over* (premiering Tuesday, November 18), Griffiths investigates artistic responses to Australia's involvement in five major conflicts.

While in her four-part SBS series, *The Idea of Australia*, Griffiths interviews 60 experts, historians and significant figures such as Grace Tame, Ray Martin and Kerry O'Brien, to paint a unique and well-rounded portrait of Australia.

Along the way, she unearths stories about queer bushrangers, examines the impact of racism and the practice of "blackbirding," which resulted in the forcible removal of Pacific Islanders to work on Queensland plantations – chapters which did not make it into the history books when she was at school.

"To love something without seeing it clearly is not really to love something," she explains.

"If I felt my husband only loved me for what he wanted to see and didn't really know that I can be a kind of neurotic, cranky, mean and crazy b---- and still love me, that feels like a deeper love."

Griffiths applies a similarly pragmatic approach to her friendships, boasting that she's a problem-solver, not a shoulder to cry on.

"A friend came to me the other week and she wanted a cheer squad and was upset that I didn't provide that," she says with a soft and self-aware laugh.

"I'm like, 'That's just not the animal I am.' If you want to hug, find a puppy. If you want to kill a gazelle, come and chat to me, and I'll tell you how to stalk it."

Never one to blindly accept what's presented to her, Griffiths is also an out and proud disrupter, famously protesting the opening of Melbourne's Crown Casino in 1997 dressed as a topless Jesus.

"I got the most beautiful letter from one of the nuns when I did my naked protest at Crown, saying that the order is extremely proud of what I had done," she says.

"Isn't that amazing?"

As an actor, Griffiths' questioning nature has helped her get inside the heads of the complicated characters such as *Hilary and Jackie*'s Hilary du Pré (for which she scored an Oscar nod in 1999), *Six Feet Under*'s Brenda Chenowith and *Brothers & Sisters*' Sarah Walker (roles which earned her a Golden Globe win and three nominations).

But the longer Griffiths stayed in Hollywood, the more she came to realise that research and reading would never allow her to fully identify with the women she was portraying there.

And that, in turn, created a yearning to come home to better tell the stories of her own people.

"Making sense of America and playing an American – because I was always playing an American mother – was really beyond me," she says of living and working in Hollywood after being catapulted to stardom by *Muriel's Wedding* in 1994.

"All that Christmas card, put everyone in plaid [American tradition] was just a lot.

"To understand American parenting, because we were a bit more 'good enough' and free range with how we grew up, felt alien.

"I was a legal alien for the time I was there trying to understand the American female side, which just sometimes just made no sense to me."

In the years since her 2012 return, Griffiths has come to realise that her homeland wasn't the place she remembered from her own childhood either.

"Australia's become a lot more multicultural in the 20 years that I wasn't here," she explains.

"I was looking at things like the Cronulla riots from afar. And my understanding of our First Nations history and the contribution of our First Nations artists, I missed a huge part of that awakening."

Griffiths credits her collaborations with Blackfella Films and its founder Rachel Perkins – whom she worked with on *Total Control* and now *The Idea of Australia* – with broadening her perspectives on our history and culture.

"What I didn't realise when I came back, is the sense of Australia that I loved and the sense of my history that I understood and cared about was largely white," Griffiths explains.

"It was the history of white women's suffrage and white feminism. And you know, why didn't we get a white female prime minister until we did?"

As she dug in, and worked on projects like *Total Control*, Griffiths began to realise: "God, if that's what it was like for white women, what has it been like for our First Nations women?"

"*The Idea of Australia* has 60 master interviews with people who have been trying to make sense of who we are – because of where we've been, and what decisions were made," she explains excitedly.

> **"IT'S JUST IN MY DNA TO JUST TRY TO MAKE SENSE OF PEOPLE AND THE WORLD I LIVE IN, WHATEVER I DO, THAT'S PROBABLY THE COMMONALITY**

"Then, knowing what got us here, [we can discover] what could get us to [identifying] either the person or the nation we thought we were or we wanted to become, and to track those in a really, really deep way."

Griffiths has come to see that her view of Australia was very much through the lens of her suburban Melbourne upbringing.

"We didn't grow up with a lot and we were Catholic, so I grew up believing privilege belonged to the Anglicans, largely," she shrugs.

"My people weren't the ones with swag in the room that belonged to those who had tickets to the MCC.

"But I look on that now and see it differently."

Working on factual series like *The Idea of Australia* for SBS and *When the War is Over* for the ABC is, in some ways, a natural extension of what she does as an actor.

"It's just in my DNA to just try to make sense of people and the world I live in, whatever I do, that's probably the commonality," she shrugs.

The recent pivot into factual programming doesn't mean she's done with acting.

"It's funny because when Sam Neill was doing his Captain Cook show [*The Pacific: In the Wake of Captain Cook*, streaming, ABC iview], I don't think Sam would be asked, 'Are you still going to act?" she smiles of double standards applied to women who chose other avenues of work.

"I adore acting. That is a craft in itself, and sometimes it's absolutely divine to just fill out your own craft within a world somebody else has built and serve that.

"I've got a horror movie on my desk at the moment. I'm like, Oh God, do I want to do this? I mean it is gory, bloody horror.

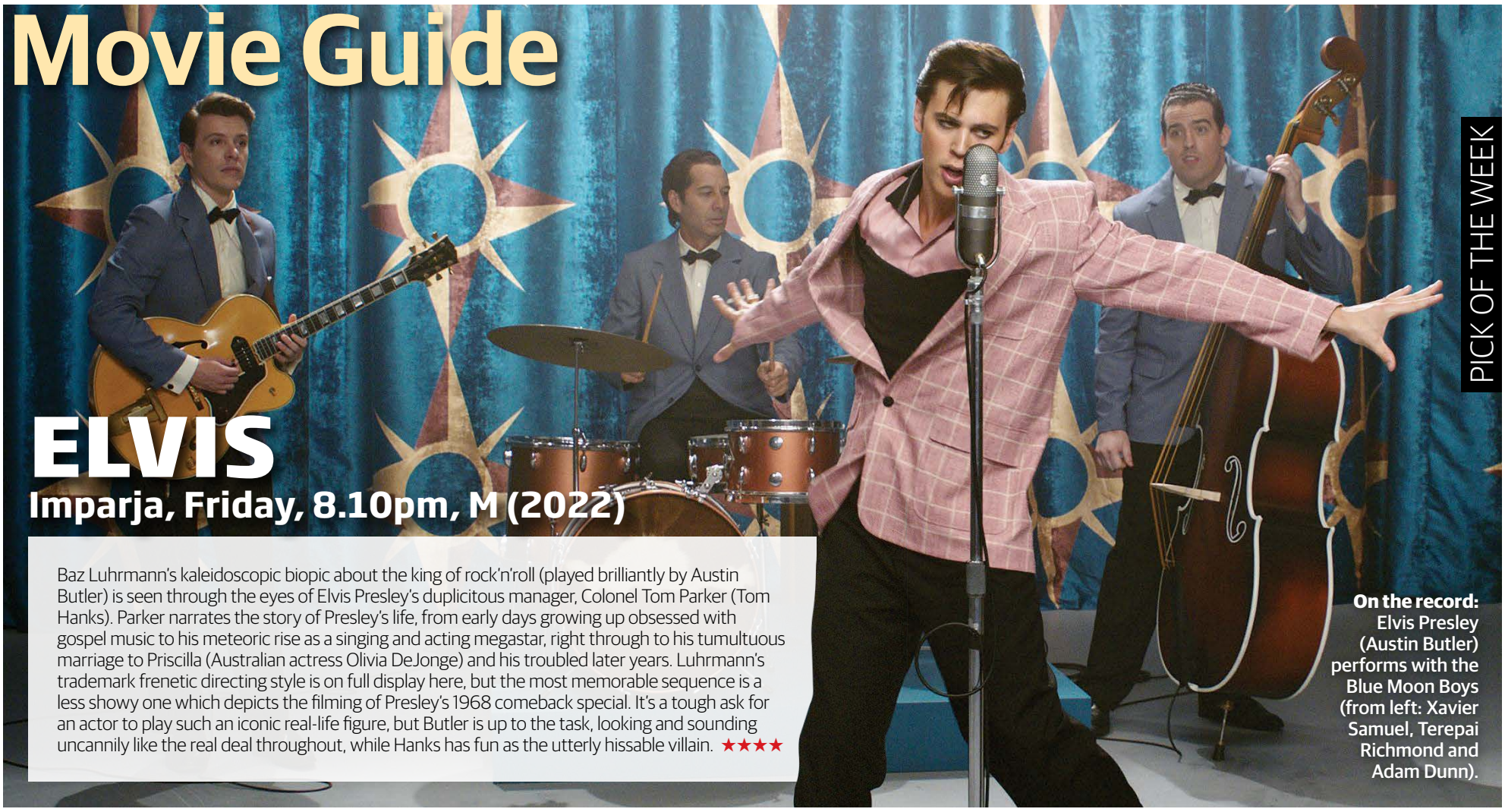
"And my kids are like: 'Do it! Do it!'

"But I am not sure what I can bring to it."

As she's gotten older, Griffiths is only interested in passion projects with like-minded creatives, as she smiles: "I am so grateful and thankful that coming back to Australia – despite taking at least a zero off the pay packet – I have been so nurtured by the journey to collaborate."

■ *The Idea of Australia*, Wednesday, October 15, 7.30pm, SBS and SBS On Demand
When the War is Over, Tuesday, November 18, 8pm, ABC and ABC iview

Movie Guide



PICK OF THE WEEK

ELVIS
Imparja, Friday, 8.10pm, M (2022)

Baz Luhrmann's kaleidoscopic biopic about the king of rock'n'roll (played brilliantly by Austin Butler) is seen through the eyes of Elvis Presley's duplicitous manager, Colonel Tom Parker (Tom Hanks). Parker narrates the story of Presley's life, from early days growing up obsessed with gospel music to his meteoric rise as a singing and acting megastar, right through to his tumultuous marriage to Priscilla (Australian actress Olivia DeJonge) and his troubled later years. Luhrmann's trademark frenetic directing style is on full display here, but the most memorable sequence is a less showy one which depicts the filming of Presley's 1968 comeback special. It's a tough ask for an actor to play such an iconic real-life figure, but Butler is up to the task, looking and sounding uncannily like the real deal throughout, while Hanks has fun as the utterly hissable villain. ★★★★

On the record: Elvis Presley (Austin Butler) performs with the Blue Moon Boys (from left: Xavier Samuel, Terepai Richmond and Adam Dunn).

THE THICKET
SBS World Movies, Thursday, 8.30pm, M (2024)

This gritty, wintry Western pairs Peter Dinklage (pictured) and Juliette Lewis in an odd but effective piece of casting. Dinklage plays no-nonsense bounty hunter Reginald Jones, who is hired by young Jack (Levon Hawke) to track down and kill notorious outlaw Cut Throat Bill (Lewis), who has abducted Jack's sister. A forceful performance from Dinklage and a wonderfully unhinged turn from Lewis intrigue as their intense battle of wits plays out against eerie snow-covered backdrops. ★★★

MRS. HARRIS GOES TO PARIS
Seven, Friday, 7pm, PG (2022)

The third film adaptation of the 1958 novel by Paul Gallico is a cinematic delight. The great Lesley Manville (pictured) is cast as the determined and good-natured house cleaner, who's intent on getting herself a Christian Dior dress. This means going on a trip to the City of Lights, where her unwavering spirit charms the uptight, haute couture elite. An inspired supporting cast including Isabelle Huppert, Lambert Wilson and Jason Isaacs rounds out a superb production. ★★★★★

FATHER OF THE BRIDE
Imparja, Saturday, 7pm, G (1991)

This affable remake of the 1950 Spencer Tracy hit uses a wedding as a front for light-hearted humour and shenanigans galore. Steve Martin is the titular father, George, agitated at the prospect of his daughter Annie's (Kimberly Williams) impending marriage. Diane Keaton is George's wife Nina, overwhelmed with the calamitous proceedings which can be largely attributed to wedding co-ordinator Franck (Martin Short, pictured, right, with Martin): a stupendous spanner in the works. ★★★★

THE HATEFUL EIGHT
SBS World Movies, Saturday, 8.30pm, MA15+ (2015)

Set in the depths of a Wyoming winter, Quentin Tarantino's eighth film is a cosy affair, despite its three-hour runtime. Caught in a storm, Marquis (Samuel L. Jackson) snags a ride with fellow bounty hunter John (Kurt Russell), who is carrying fugitive Daisy (Jennifer Jason Leigh, pictured). On the way, they pick up Chris (Walton Goggins), but are soon forced to take shelter in a haberdashery. Bursting with betrayal, violence and wit, *The Hateful Eight* also brandishes some great surprises. ★★★★

THE NEW BOY
NITV, Monday, 9pm, M (2023)

Warwick Thornton's 1940s-set tale of an orphaned, nameless Indigenous boy (played by Aswan Reid, pictured) is one of the best local films of the past decade. Taken to a remote monastery run by renegade nun Sister Eileen (Cate Blanchett), the boy is cut off from his traditional values and practices and assimilated into Christian beliefs. It's not long before religious events of great magnitude start to occur, with the youngster seemingly possessing other-worldly abilities. ★★★★

A FISTFUL OF DOLLARS
SBS World Movies, Tuesday, 8.30pm, MA15+ (1964)

Loosely drawn from Akira Kurosawa's samurai classic *Yojimbo*, Sergio Leone's seminal spaghetti western was a piercing wake-up call to the traditional Hollywood shoot-'em-ups, and it gave filmgoers respite from past master John Wayne by introducing the extraordinary talents of Clint Eastwood (pictured). The pace, mood and intelligent story are revealed with precision, and the spooky score from Ennio Morricone embellishes the almost operatic feel – and they just kept on coming. ★★★★

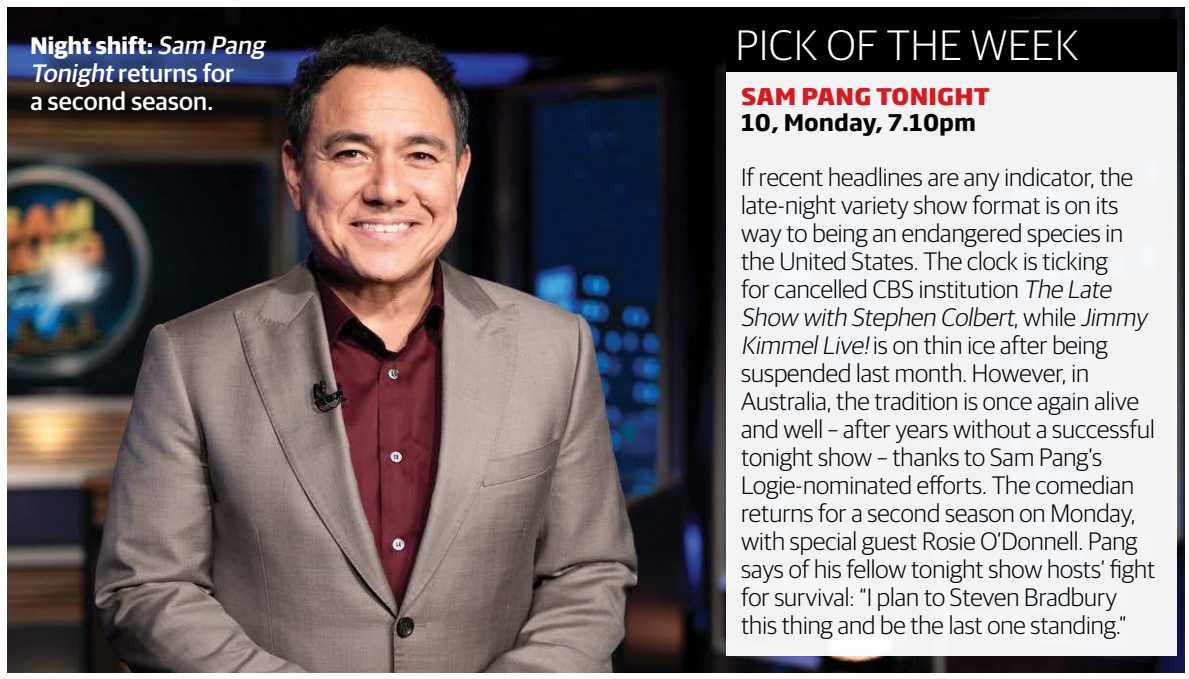
The Guide

DAVID ATTENBOROUGH'S ASIA
Imparja, Friday, 7pm

Sir David Attenborough may be approaching 100 but the legendary broadcaster still holds an enduring passion and insatiable curiosity for the staggering wonders of the natural world. In this magnificent seven-part series, the incomparable compère guides viewers through Asia's most stunning landscapes and abundant wildlife, from red pandas roaming in the foothills of the Himalayas to sea snakes that have learnt to team up with fish to hunt in the western Pacific Ocean. In this premiere episode "Beneath The Waves", Sir David dives into the breathtaking waters that surround Asia, which has the longest coastline of any continent, to learn more about its intriguing inhabitants.

KING AND CONQUEROR
SBS, Sunday, 8.30pm

Set in 1066, this lavish epic explores the devolution of the relationship between William, Duke of Normandy (Nikolaj Coster-Waldau, *Game of Thrones*) and Harold, Earl of Wessex (*Happy Valley* star James Norton, pictured). Over eight sweeping episodes, the allies unexpectedly find themselves turning adversaries in a bloody fight for the British crown, with the bold saga culminating in one of history's most infamous clashes, the Battle of Hastings. Fans of *Vikings* and *The Last Kingdom* are sure to be captivated by this take on the brutal rivalry, but you don't have to be a history buff to get hooked by the dramatic conflicts and political intrigue.



Night shift: *Sam Pang Tonight* returns for a second season.

PICK OF THE WEEK

SAM PANG TONIGHT
10, Monday, 7.10pm

If recent headlines are any indicator, the late-night variety show format is on its way to being an endangered species in the United States. The clock is ticking for cancelled CBS institution *The Late Show with Stephen Colbert*, while *Jimmy Kimmel Live!* is on thin ice after being suspended last month. However, in Australia, the tradition is once again alive and well – after years without a successful tonight show – thanks to Sam Pang's Logie-nominated efforts. The comedian returns for a second season on Monday, with special guest Rosie O'Donnell. Pang says of his fellow tonight show hosts' fight for survival: "I plan to Steven Bradbury this thing and be the last one standing."

TELL ME WHAT YOU REALLY THINK
SBS, Tuesday, 8.30pm

Award-winning journalist and podcaster Marc Fennell (pictured) has spent his career interviewing people, be it for acclaimed documentaries *Framed*, *Stuff the British Stole* or as host of SBS game show *Mastermind*. But as the presenter discovered in the making of this bold four-part series, there's something different about dinner table conversations. "It gets fiery, it gets funny, and sometimes it gets unexpectedly personal," Fennell remarks. In each episode, he joins a group of strangers to have the conversations we're often too polite to start, about ageing, obesity and even menopause. On Tuesday, he's joined by five Aussies with ADHD for a chat in which nothing is off the table.

Thursday, October 9

Please note: channel numbers and programming times may vary based on the broadcast signal received.

ABC TV (2)
6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** I Was Actually There. (Ml, R) **10.30** Back Roads. (PG, R) **11.00** Mother And Son. (PGdl, R) **11.30** Brian Cox: Life Of A Universe. (R) **12.00** ABC News At Noon. **1.00** Silent Witness. (Malv, R) **2.00** Parliament Question Time. **2.55** Anh's Brush With Fame. (PG, R) **3.25** Grand Designs. (PG, R) **4.15 Long Lost Family.** (R) **5.00 Antiques Roadshow.** (R)

6.00 Spicks And Specks. (PG, R)
6.30 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Back Roads: Tassie Woodchoppers, Tasmania. (Final, PG)
8.30 Grand Designs New Zealand. (Final, PG) A couple model their home on a plane.
9.15 Mystery Road: Origin. (Mal, R) Mary's niece goes missing.
10.10 Take 5 With Zan Rowe. (Ml, R)
10.35 ABC Late News. **10.50** The Business. (R)
11.10 Grand Designs. (PG, R) **11.55** Long Lost Family. (PG, R) **12.45** Rage. (MA15+adhlnsv)
3.15 Parkinson In Australia. (PG, R) **4.30** Gardening Australia. (R) **5.30** 7.30. (R)

SBS (3)
6am Morning Programs. **8.00** DD India News Hour. **9.00** Outside: Beyond The Lens. (PGa, R) **10.00** Confucius Was A Foodie. (R) **10.55** Great British Photography Challenge. (PG, R) **12.00** BBC News At Ten. **12.30** France 24. **1.00** PBS News. **2.00** The People Vs Robodebt. (Mal, R) **3.00 MOVIE:** When Love Is In Your Eyes. (2024) **3.50** The Cook Up. (R) **4.20** Who Do You Think You Are? (PG, R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.30 Eurostar: Minding The Gap. (R)
8.30 Scandinavia With Simon Reeve. (Premiere) Simon Reeve embarks on his Scandinavian journey.
9.40 Blue Lights. (Return) Grace grows exasperated by the limits of the job.
10.45 SBS World News Late.
11.15 Davos 1917. (Mlv)
12.10 The Head. (MA15+a, R)
2.05 Charles I: Downfall Of A King. (PGalv, R)
3.10 Curious Traveller. (R) **4.15** J Schwanke's Life In Bloom. (R) **4.45** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 71)
6.00 Sunrise. **7.30** The Morning Show. (PG) **10.30** Seven's National News At Noon. **11.30 Seven News With Alex Cullen.** **11.40 Blankety Blank.** (PG) **12.30 Bridge Of Lies.** **1.30 The Chase.** **2.30 Seven News At 4.** **3.30 The Chase Australia.** **4.30 Seven News.** **5.30 Home And Away.** (PGav)

6.00 Home And Away. (PGa) David confronts an enemy.
7.00 Jim Jefferies And Friends. (MA15+s) Presented by Jim Jefferies.
8.00 The Amazing Race. (PG) The teams head to Prague, but their train plans are soon thrown into chaos.
9.30 Gatecrashers. Britt Taylor, Glen Boss and Damien Oliver deliver a fun, light-hearted take on the racing week with expert insights and analysis.
10.30 Life. (Malsv, R) A college student is found crushed to death.
12.30 Home Shopping. (R)
2.30 NBC Today.
3.30 Sunrise Early News.
4.00 Sunrise.

IMPARJA (9)
6.00 Today. **8.30** Today Extra. (PG) **11.00 9News Morning.** **11.30 The Block.** (PGl, R) **12.30 Journey To Europe: Belgium, Malta And Greece.** (R) **1.30 Pointless.** (PG, R) **2.30 Tipping Point.** (PG, R) **3.30 9News Afternoon.** **4.30 Tipping Point Australia.** (PG) **5.30 9News.**

6.30 A Current Affair.
7.00 The Block. (PGl)
8.15 Sydney 2000: The Best Ever. (PG) Look at the Sydney 2000 Olympics 25 years since it was held, with the stars who made the Games memorable.
9.45 9News Late.
10.15 Chicago Med. (MA15+av)
11.05 Next Stop.
11.35 Tipping Point. (PG, R)
12.30 Hello SA. (PG, R)
1.00 TV Shop: Home Shopping. (R)
2.00 Global Shop. (R)
2.30 TV Shop: Home Shopping. (R)
3.30 Believer's Voice Of Victory. (PGa)
4.00 A Current Affair. (R) **4.30** Today Early News. **5.00** Today.

TEN (10)
6.00 Everyday Gourmet. (R) **6.30** Bold. (PGa, R) **7.00** Deal Or No Deal. (R) **7.30** Lingo. (R) **8.30** Ent. Tonight. (R) **9.00** Dogs Behaving (Very) Badly Australia. (PGa, R) **10.00** Judge Judy. (PG, R) **10.30** Everyday Gourmet. **11.00** Family Feud. (PG, R) **11.30** News. **12.30** Wheel Of Fortune. **1.00** Lingo. (R) **2.00** News. **2.30** Neighbours. (PGa) **3.00** Bold. (PGa) **3.30** 10 News. **4.30** 10 News+. **5.30** Deal Or No Deal. (R)

6.00 Gogglebox Australia.
7.00 The Office Australia. (Mal)
7.30 Law & Order: SVU. (Mad, R) Benson helps a federal agent.
8.30 10's Late News. Comprehensive coverage of local, national and international news, as well as the latest sport and weather.
8.55 The Cheap Seats. (Mal, R) Presented by Melanie Bracewell and Tim McDonald.
9.55 10 News+. (R)
10.55 The Late Show With Stephen Colbert. (PG)
12.00 Home Shopping. (R) **3.00** CBS Mornings. **4.30** My Market Kitchen. (R) **5.00** Good Chef Bad Chef. (R) **5.30** The Bold And The Beautiful. (PGa, R)

ABC FAMILY (22)
6.05am Bananas In Pyjamas. **6.25** Wiggle. **6.45** Paddington. **7.20** Mojo Swoptops. **8.10** Kangaroo Beach. **8.35** Super Monsters. **8.50** Andy's Safari Adventures. **9.05** Play School. **10.10** Daniel Tiger's. **11.00** Sesame Street. **11.25** Wiggle. **11.55** Thomas And Friends. **2.15pm** Thomas. **2.50** Gardening Australia Junior. **3.05** Play School. **4.10** Andy's Prehistoric Adv. **4.25** Super Monsters. **5.20** Mojo Swoptops. **5.45** Kangaroo Beach. **7.05** Piripenguins. **7.35** Ninjago: Dragons Rising. **8.00** Operation Ouch! **8.35** Secrets Of The Zoo. **9.20** Amazing Animal Friends. **10.05** Late Programs.

SBS VICELAND (31)
6am TRT World News. **6.50** Te Ao With Moana. **7.20** FBC News. **7.55** France 24 Feature. **8.10** NHK Newsline. **8.40** CBC The National. **9.30** BBC News At Six. **10.00** The Movie Show. **Noon** DW The Day. **12.30** The Rap Game UK. **1.25** Addicted Australia. **2.30** Bamay. **2.55** Insight. **4.00** WorldWatch. **6.00** Our Medicine. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown.
8.30 The Curse Of Oak Island Specials.
10.10 The UnXplained With William Shatner. **11.00** Homicide. **1.35am** Conversations. **2.15** NHK World English News. **5.00** Al Jazeera.

7MATE (70)
6am Morning Programs. **9.00** American Pickers. **10.00** Storage Wars. **10.30** NFL. NFL. Week 5. Cleveland Browns v Minnesota Vikings. Replay. **1.30pm** Talking W. **2.00** Mountain Men. **3.00** American Resto. **3.30** Storage Wars. **4.00** American Pickers. **5.00** Pawn Stars. **6.00** Family Guy. **7.00** American Dad! **8.00 MOVIE:** Role Models. (2008, MA15+) **10.05** It's Always Sunny In Philadelphia. **10.35** Pawn Stars. **11.30** American Pickers. **12.30am** American Resto. **1.00** Storage Wars. **1.30** NFL. NFL. Week 5. Indianapolis Colts v Las Vegas Raiders. Replay. **4.30** The Fishing Show. **5.30** Fishy Business.

9GEM (90)
6am Skippy. **6.30** TV Shop. **9.00** Pointless. **10.00** My Favorite Martian. **10.30** Poirot. **11.30** M*A*S*H. **12.30pm** As Time Goes By. **1.50** Antiques Roadshow. **2.20 MOVIE:** Hue And Cry. (1947) **4.00** The Travelling Auctioneers. **5.00** Antiques Roadshow. **6.00** Clarkson's Farm. **7.10** Fawlty Towers. **8.30 Blackadder Goes Forth.** (PGs, R) **9.50** French And Saunders. **10.30** Poirot. **11.30** Creflo. **Midnight MOVIE:** Hue And Cry. (1947) **1.35** My Favorite Martian. **2.00** Danger Man. **3.00** Antiques Roadshow. **3.30** The Travelling Auctioneers. **4.30** Danger Man. **5.30** Creflo.

10 DRAMA (1)
6am Home Shopping. **6.30** Reel Action. **7.30** The Living Room. **8.30** JAG. **10.30 Days Of Our Lives.** (PGalv) **11.15 The Young And The Restless.** (PGal) **12.00 The Dog House.** (PGa, R) **1.00 JAG.** (PGv, R) **3.00 The Living Room.** (PG, R) **4.00 JAG.** (PGv, R) **6.00 NCIS.** (Mv, R) **8.50 The Real CSI: Miami: The Catch.** (Madv, R) **9.45 A Million Little Things.** (PGas, R) **10.45 Home Shopping.** (R)

NITV (34)
6am Morning Programs. **8.40** The Magic Canoe. **9.10** Spartakus. **10.00** Great Parks Of Africa. **11.00** Home, Land & Sea. **Noon** Land Of The Little Kings. **1.30** Sunset To Sunrise. **2.00** Talking Language. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** Te Ao With Moana. **6.00** Bamay. **6.40** Great Parks Of Africa. **7.30** Going Places. **8.30** Reservation Dogs. **9.30 MOVIE:** Primal. (2010, MA15+) **11.05** BLK: An Origin Story. **Midnight** The Habits Of New Norcia. **1.00** The Barber. **2.00** On The Road. **3.00** Cultural Connections Immersion Festival. **4.00** On The Road. **5.00** Bamay.

SBS WORLD MOVIES (32)
6am Murder Party. (2022, PGad, French) **6.40** The Straight Story. (1999, PGa) **8.40** Fried Green Tomatoes. (1991, PGalsvw) **11.05** The Te$t. (2022, Mals, Spanish) **1.05pm** Long Story Short. (2021, Ml) **2.50** First Cow. (2019, PGalv) **5.05** Mosley. (2019, PGav)
6.55 All At Sea. (2010, PGans, R)
8.30 The Thicket. (2024, Malv) Peter Dinklage.
10.30 Master Gardener. (2022, Malsv, R)
12.35am The Drover's Wife. (2021, MA15+av) **2.35** Heathers. (1988, MA15+av) **4.30** The Movie Show. **5.00** Mosley. (2019, PGav)

7TWO (72)
6am Morning Programs. **7.30** Animal Rescue. **8.00** NBC Today. **10.30** Better Homes. **11.30** Escape To The Country. **12.30pm** South Aussie With Cosi. **1.00** Air Crash Inv. **2.00** Harry's Practice. **2.30** Animal Rescue. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Father Brown. **7.00** Line Of Duty. **9.40** Murdoch Mysteries. **10.40** Father Brown. **Midnight** The Great Australian Doorstep. **12.30** Harry's Practice. **1.00** Animal Rescue. **1.30** Better Homes. **2.30** Million Dollar Minute. **3.30** Room For Improvement. **4.00** The Great Australian Doorstep. **4.30** Surf Patrol. **5.00** Escape To The Country.

9GO! (99)
6am Morning Programs. **9.00** Jeannie. **9.30** The West Wing. **10.40 MOVIE:** A Slice Of Chicago Romance. (2021) **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.00** Jeannie. **4.30** Golden Girls. **5.00** Nanny. **6.00** Survivor 49. **7.30 MOVIE:** The Fault In Our Stars. (2014, M) **10.00** Seinfeld. **11.00** Pretty Little Liars. **11.50** Supernatural. **1.35am** Below Deck. **2.30** Barbie It Takes Two. **3.00** Lego Dreamzzz. **3.20** Cry Babies Magic Tears. **3.40** Booba. **4.00** Pokémon: B&W. **4.30** Pokémon Ultimate Journeys. **5.00** LEGO Friends: The Next Chapter. **5.30** Barbie It Takes Two.

10 COMEDY (11)
6am Ridiculousness. **6.30** Wheel Of Fortune. **7.00** Ent. Tonight. **7.30** Neighbours. **8.00** Bold. **8.30** Family Feud. **9.00** Ridiculousness. **10.00** Deal Or No Deal. **10.30** Stephen Colbert. **11.30** Ridiculousness. **12.30pm** King Of Queens. **1.00** Becker. **1.30** Frasier. **2.30** Everyday Gourmet. **3.00** King Of Queens. **3.30** Becker. **4.00** Frasier. **5.00** Neighbours. **5.30** Friends. **6.30** Big Bang. **8.00** Becker. **8.30** Frasier. **9.30** The King Of Queens. **10.00** Ridiculousness. **11.00** Shopping. **1am** Bold. **2.00** Stephen Colbert. **3.00** Shopping. **4.30** GCBC. **5.00** Everyday Gourmet. **5.30** Ridiculousness.

CONSUMER ADVICE (P) Pre-school **(C)** Children **(PG)** Parental Guidance Recommended **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(AV15+)** Extreme Adult Violence **(R)** Repeat **(a)** Adult themes **(d)** Drug references **(h)** Horror **(s)** Sex references **(l)** Language **(m)** Medical procedures **(n)** Nudity **(v)** Violence. NT

Please note: channel numbers and programming times may vary based on the broadcast signal received.

Friday, October 10

Please note: channel numbers and programming times may vary based on the broadcast signal received.

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Take 5 With Zan Rowe. (R) **10.30** The Pacific. **12.00** ABC News At Noon. **1.00 Mystery Road: Origin.** (Mal, R) **1.50 Restoration Australia.** (R) **2.55 Anh's Brush With Fame.** (PG, R) **3.25 Grand Designs.** (PG, R) **4.15 Long Lost Family.** (R) **5.00 Antiques Roadshow.** (R)

6.00 Spicks And Specks. (PG, R) **6.30 Hard Quiz.** (PG, R) **7.00 ABC News.** **7.30 Gardening Australia.** Costa Georgiadis discovers the art of topiary. **8.30 Professor T.** (Ma) Professor T is asked to investigate the murder of a doctor and her family when they are found dead on their living room sofa. **9.15 Hard Quiz.** (PGs, R) Presenter Tom Gleeson grills four self-declared experts in a comedic quiz show. **9.50 Mother And Son.** (PGdl, R) Maggie reveals her savings. **10.15 The Assembly: Ray Martin.** (PG, R) **11.00 ABC Late News.** **11.15 Silent Witness.** (Mal, R) **12.15 Rage New Music.** (MA15+adhlnsv) **5.00 Rage.** (PG)

ABC FAMILY (22)

6am Children's Programs. **11.00** Sesame Street. **11.25** Wiggle. **11.55** Thomas And Friends. **2.15pm** Thomas. **2.50** Gardening Australia Junior. **3.05** Play School. **4.10** Andy's Prehistoric Adv. **4.25** Super Monsters. **5.20** Mojo Swoptops. **5.45** Kangaroo Beach. **7.05** Gardening Australia Junior. **7.35** Star Wars: Young Jedi Adventures. **8.00** TBA. **8.30** Hard Quiz Kids. **9.00** Robot Wars. **10.00** Late Programs.

NITV (34)

6am Morning Programs. **Noon** After Sherman. **1.30** Warren Williams: The Stories, The Songs. **2.00** Talking Language. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** Nula. **6.00** Bamay. **6.40** Great Parks Of Africa. **7.30** Dreaming Big. **8.00 MOVIE:** The Witches. (2020, M) **9.55 MOVIE:** Tenacious D In The Pick Of Destiny. (2006, MA15+) **11.35** Nula. **12.05am** Ringbalin: Breaking The Drought. **12.45** Late Programs.

SBS (3)

6am Morning Programs. **10.00** Confucius Was A Foodie. (Ma, R) **10.55** Great British Photography Challenge. (PGl, R) **12.00** BBC News At Ten. **12.30** France 24. **1.00** PBS News. **2.00** Ancient Egypt: Chronicles Of An Empire. (Ma, R) **3.00** Nula. **3.30** SBS50. **3.35** Plat Du Tour. (R) **3.45** The Cook Up. (R) **4.15** Who Do You Think You Are? US. (PGa, R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R) **6.30 SBS World News.** **7.35 Amazing Railway Adventures With Nick Knowles: Morocco.** (R) Nick Knowles heads to Morocco. **8.25 Lost Temples Of Cambodia.** (PG, R) Pauline Carroll learns about Jayavarman VII. **9.25 Lost Treasures Of Egypt: Secrets Of The Royal Mummies.** (PGa) Archaeologists uncover new evidence. **10.15 SBS World News Late.** **10.45 Catch Me A Killer.** (MA15+av) **11.45 Rogue Heroes.** (MA15+v, R) **2.00 Charles I: To Kill A King.** (PG, R) **3.05 Welcome To My Farm.** (PG, R) **4.05** The Wheelhouse. (Mals, R) **4.50** Destination Flavour: Japan Bitesize. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SBS VICELAND (31)

6am Morning Programs. **Noon** DW The Day. **12.30** The Rap Game UK. **1.25** The Bee Whisperer. **2.25** Everyone Else Burns. **3.00** WorldWatch. **5.00** Jeopardy! **5.30** Soccer. Austn C'ship. South Melbourne FC v Sydney Olympic FC. **7.35** If You Are The One. **8.35** Jeopardy! **9.50** Sex: A Bonkers History. **10.45** Homeland. **12.35am** The Big Sex Talk. **1.35** Letterkenny. **3.05** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **12.20pm** Benediction. (2021, Ma) **2.55** The Straight Story. (1999, PGa) **5.00** Selkie. (2000, PG) **6.40** What We Did On Our Holiday. (2014, PGa) **8.30** The Assassination Of Jesse James. (2007, MA15+v) **11.25** Lions For Lambs. (2007, Mlv) **1.05am** The Thicket. (2024, Malv) **3.00** Master Gardener. (2022, Malsv) **5.00** The Movie Show. **5.30** Late Programs.

SEVEN (7, 71)

6.00 Sunrise. **8.30** Motor Racing. Supercars C'ship. Round 10. Bathurst 1000. Day 1. Practice session. **10.30 Motor Racing.** Supercars C'ship. Round 10. Bathurst 1000. Day 1. Practice session and support races. **3.30 The Chase Australia.** **4.30 Seven News.** **5.30 Better Homes And Gardens.**

7.00 MOVIE: Mrs. Harris Goes To Paris. (2022, PGl) An ordinary woman's dream of owning a Christian Dior gown leads her on a Parisian adventure. Lesley Manville, Isabelle Huppert. **9.30 Motorway Patrol.** (PGal, R) A kitten needs rescuing, a 17-year-old is caught speeding and a hot ride ends in flames. **10.00 GetOn Extra.** Lizzie Jelfs, Matt Hill, Simon Marshall and Brent Zerafa dive headlong into the weekend's best racing. **10.30 Healthy, Wealthy & Wise.** (PGl, R) A deserving mum gets a makeover. **11.30 Riviera.** (MA15+adlsv, R) Georgina vows to defend her family. **12.30 Home Shopping.** (R) **2.30 Million Dollar Minute.** (R) Hosted by Simon Reeve. **3.30 NBC Today.** **5.30 Weekend Sunrise.**

7MATE (70)

6am Morning Programs. **1pm** Nature Gone Wild. **1.30** Timbersports. **2.00** Mountain Men. **3.00** American Resto. **3.30** Storage Wars. **4.00** American Pickers. **5.00** Pawn Stars. **5.30** Football. AFLW. Western Bulldogs v Essendon. **7.45 MOVIE:** Enemy Of The State. (1998, M) **10.30** American Resto. **11.00** Storage Wars. **11.30** American Pickers. **12.30am** Surveillance Oz. **1.30** Late Programs.

7TWO (72)

6am Morning Programs. **11.30** DVine Living. **Noon** Weekender. **12.30** House Of Wellness. **1.30** The Great Australian Doorstep. **2.00** Harry's Practice. **2.30** Animal Rescue. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Renters. **7.00** Escape To The Country. **10.00** Bargain Hunt. **11.00** Escape To The Country. **Midnight** The Great Australian Doorstep. **12.30** Harry's Practice. **1.00** Late Programs.

IMPARJA (9)

6.00 Today. **8.30** Today Extra. (PG) **11.00** 9News Morning. **11.30** The Block. (PGl, R) **12.45** Find My Country House Australia. (R) **1.15 My Way.** (R) **1.30 Pointless.** (PG, R) **2.30 Tipping Point.** (PG, R) **3.30 9News Afternoon.** **4.30 Tipping Point Australia.** (PG, R) **5.30 9News.**

6.30 A Current Affair. **7.00 David Attenborough's Asia: Beneath The Waves.** (Premiere, PG) Presented by Sir David Attenborough. **8.10 MOVIE: Elvis.** (2022, Mal, R) The life of Elvis Presley, from his childhood to becoming a rock and movie star in the 1950s. Austin Butler, Tom Hanks, Olivia DeJonge. **11.10 Next Stop.** A look at holiday destinations. **11.40 Tipping Point.** (PG, R) Hosted by Ben Shephard. **12.30 Great Australian Detour.** (R) **1.00 TV Shop: Home Shopping.** (R) **3.30 Skippy The Bush Kangaroo.** (R) **4.00 Global Shop.** (R) **4.30 TV Shop: Home Shopping.** (R) **5.00 Postcards.** (PG, R) **5.30 Getaway.** (PG, R)

9GEM (90)

6am Morning Programs. **11.30** M*A*S*H. **12.30pm** Fawlty Towers. **1.50 MOVIE:** The 14. (1973, PG) **4.00** The Travelling Auctioneers. **5.00** Antiques Roadshow. **6.00** Secret Life Of The Auction House. **7.00 MOVIE:** Rob Roy. (1995, M) **9.50** Poirot. **11.00** My Favorite Martian. **11.30** Creflo. **Midnight MOVIE:** The 14. (1973, PG) **2.00** Danger Man. **3.00** Antiques Roadshow. **3.30** The Travelling Auctioneers. **4.30** Late Programs.

9GO! (99)

6am Morning Programs. **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.00** Jeannie. **4.30** Golden Girls. **5.00** Nanny. **6.00 MOVIE:** Night At The Museum: Secret Of The Tomb. (2014, PG) **8.00 MOVIE:** Shallow Hal. (2001, M) **10.15** Seinfeld. **10.45** Ghost Hunters. **11.45** Pretty Little Liars. **12.40am** Supernatural. **2.30** Barbie It Takes Two. **3.00** Late Programs.

TEN (10)

6am Morning Programs. **7.00** Deal Or No Deal. (R) **7.30** Lingo. (R) **8.30** Ent. Tonight. (R) **8.50** Taskmaster Australia. (PGls, R) **10.00** Judge Judy. (PG, R) **10.30** Everyday Gourmet. **11.00** Family Feud. (PG, R) **11.30** News. **12.30** Wheel Of Fortune. **1.00** Lingo. (R) **2.00** News. **2.30** House Hunters Aust. (R) **3.00** Bold. (PGa) **3.30** News. **4.30** 10 News+. **5.30** Deal Or No Deal. (R)

6.00 The Dog House. (PGa) A terrified cockapoo arrives in a bad state. **7.00 The Brighter Side.** (Final) The team explores fresh paths to home ownership. **7.30 Have You Been Paying Attention?** (Malns, R) Hosted by Tom Gleisner. **8.30 10's Late News.** Comprehensive coverage of local, national and international news, as well as the latest sport and weather. **8.55 10 News+.** (R) Comprehensive coverage of the day's top stories, investigative reports and stories that haven't been heard. **9.55 The Late Show With Stephen Colbert.** (PG) Hosted by Stephen Colbert. **11.00 Home Shopping.** (R) **4.30 Tough Tested.** (PGl, R) **5.30 Reel Action.** (R)

10 DRAMA (1)

6am Shopping. **6.30** Reel Action. **7.30** Living Room. **8.30** JAG. **10.30** Days Of Our Lives. **11.15** The Young And The Restless. **Noon** The Dog House. **1.00** JAG. **3.00** The Living Room. **4.00** JAG. **6.00 NCIS.** (Mv, R) **8.50 The Real CSI: Miami.** (Mav, R) **9.45 A Million Little Things.** (PGas, R) **10.45 Home Shopping.** (R)

10 COMEDY (11)

6am Morning Programs. **11.30** Ridiculousness. **12.30pm** King Of Queens. **1.00** Becker. **1.30** Frasier. **2.30** Everyday Gourmet. **3.00** King Of Queens. **3.30** Becker. **4.00** Frasier. **5.00** Friends. **6.00 MOVIE:** The Core. (2003, M) **8.30** Becker. **9.00** Frasier. **10.00** King Of Queens. **10.30** Ridiculousness. **11.30** Shopping. **1am** Bold. **2.00** Stephen Colbert. **3.00** Shopping. **4.00** Joseph Prince. **4.30** Late Programs.

HEALTHY FUTURES FOR ARID LANDS AND PEOPLE

Arid Lands Environment Centre

12804434-EB39-25

Saturday, October 11

ABC TV (2)

6.00 Rage Charts. (PG) **7.00** Weekend Breakfast. **9.00** Rage. (PG) **12.00** ABC News At Noon. **12.30** Beyond Paradise. (Ma, R) **1.30** Professor T. (M, R) **2.15** The Assembly. (PG, R) **3.00** The Larkins. (Final, PG, R) **3.50** Julia Zemiro's Home Delivery. (PG, R) **4.20 The Assembly.** (PG, R) **5.00 Take 5 With Zan Rowe.** (R) **5.30 Landline.**

6.00 Australian Story: Dog Gone – The Hunt For Valerie. (R) **6.30 Back Roads: Tassie Woodchoppers, Tasmania.** (Final, PG, R) **7.00 ABC News.** **7.30 Beyond Paradise.** (PG) A psychic's predictions become real and dangerous. **8.30 Return To Paradise.** (PG, R) Clarke investigates when a famous wellness influencer drops dead in the middle of a fun run. **9.25 Mystery Road: Origin.** (Mal, R) Jay and Mary's world is turned upside down when Mary's niece goes missing while under their care. **10.20 The Following Events Are Based On A Pack Of Lies.** (M, R) **11.20 Rage.** (MA15+dhlnsv)

ABC FAMILY (22)

6am Children's Programs. **11.40** Andy And The Band. **2.15pm** Thomas. **2.30** Fizzy And Suds. **3.00** Play School. **3.30** Thomas. **4.20** Millie Magnificent. **4.45** Gardening Australia Junior. **5.10** PJ Masks. **6.30** Paddington. **6.50** Andy And The Band. **7.05** Do Not Watch This Show. **7.30** Hard Quiz Kids. **8.00** Kids BBQ Championship. **8.40** Chopped Jnr. **9.20** Fresh Off The Boat. **10.05** Late Programs.

NITV (34)

6am Morning Programs. **12.20pm MOVIE:** Tim Burton's Corpse Bride. (2005, PG) **1.40** Great Parks Of Africa. **2.30** Nula. **3.00** Kindred. **4.30** Homesteads. **5.00** Larapinta. **6.00** Amplify. **6.40** The Other Side. **7.30** Alone Australia. **8.30 MOVIE:** Event Horizon. (1997, MA15+) **10.10** Soh Presents: Generations And Dynasties. **Midnight** Stolen Generations. **1.00** Barunga Festival. **5.00** Bamay. **5.30** Late Programs.

SBS (3)

6am Morning Programs. **9.55** The Story Of Coffee. (R) **10.55** Travel Quest. (PG, R) **11.25** Soccer. Australian Championship. Round 1. Metrostars v Wests Apia FC. **1.30** Soccer. Australian Championship. Round 1. Preston Lions FC v NWS Spirit. **3.30** Plat Du Tour. (PG, R) **3.35** BBC News At Ten. **4.05** PBS News. **5.05** Going Places. (PG, R) **5.35** Trains At War. (PGav, R)

6.30 SBS World News. **7.30 Orient Express: A Golden Era Of Travel.** (PG) Looks at the Orient Express network. **8.25 75 Years At Longleat.** Lady Bath reveals her passion for animals. **9.20 Royal Crisis: Countdown To Abdication: Collision Course.** (PGa, R) Scandal engulfs the British royal family. **10.20 Great Australian Walks.** (PG, R) **11.15 Homicide: Life On The Street.** (Msv, R) **2.45** Welcome To My Farm. (PG, R) **3.45** Urban Conversion. (R) **4.20** J Schwanke's Life In Bloom. (R) **4.45** Destination Flavour: Japan Bitesize. (R) **5.15** France 24 Feature. **5.30** ANC Philippines The World Tonight.

SBS VICELAND (31)

6am Morning Programs. **Noon MOVIE:** Stockholm. (2018, M) **1.40** Trip Hazard: My Great British Adventure. **2.35** A Fork In The Road. **3.40** WorldWatch. **5.40** Mastermind Aust. **6.40** Mysteries From Above. **7.35** Impossible Engineering. **8.30** I Am Steve McQueen. **10.00** Snowpiercer. **11.45** Banksy And The Stolen Girl. **12.45am** The Dyatlov Pass Incident. **1.40** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **11.20** Master Gardener. (2022, Malsv) **1.20pm** Lions For Lambs. (2007, Mlv) **3.00** Mosley. (2019, PGav) **4.50** All At Sea. (2010, PGans) **6.30** The Four Musketeers: Revenge Of Milady. (1974, PGlv) **8.30** The Hateful Eight. (2015, MA15+ansv) **11.35** Leap Year. (2010, MA15+ansvw, Spanish) **1.15am** The Assassination Of Jesse James. (2007, MA15+v) **4.05** Late Programs.

SEVEN (7, 71)

6.00 Weekend Sunrise. **8.30** Motor Racing. Supercars C'ship. Round 10. Bathurst 1000. Day 2. Practice session. **11.30** Motor Racing. Supercars C'ship. Round 10. Bathurst 1000. Day 2. Practice session and support races. **3.00** Motor Racing. Supercars C'ship. Round 10. Bathurst 1000. Day 2. Top 10 Shootout. **4.30** Seven News. **5.30** Healthy, Wealthy & Wise. (PG)

6.30 MOVIE: Die Hard: With A Vengeance. (1995, Mlv, R) A cop tries to stop a mad bomber. Bruce Willis. **9.00 MOVIE: Ambulance.** (2022, MA15+av, R) Two bank robbers hijack an ambulance that is transporting a severely wounded cop. Jake Gyllenhaal, Yahya Abdul-Mateen II, Eiza Gonzalez. **11.50 Motor Racing.** Supercars Championship. Round 10. Bathurst 1000. Day 2. Top 10 Shootout. **1.30 Home Shopping.** (R) **2.30 It's Academic.** (R) **3.30 House Of Wellness.** (PG, R) **4.30** NBC Today. **5.30** Motor Racing. Supercars C'ship. Round 10. Bathurst 1000. Day 3. Support races and warm up. From Mount Panorama Motor Racing Circuit, NSW.

7MATE (70)

6am Morning Programs. **11.30** Football. AFLW. Adelaide v West Coast. **1.30pm** Watersport. Offshore Superboats. Replay. **2.30** Deep Water Salvage. **3.30** Football. AFLW. Brisbane v Pt Adel. **5.30** Football. AFLW. Richmond v North Melbourne. **7.45 MOVIE:** Spider-Man 3. (2007) **10.40 MOVIE:** Major League. (1989, M) **12.55am** Pawn Stars. **2.00** Storage Wars. **2.30** Duck Dynasty. **3.30** Kings Of Pain. **4.30** Late Programs.

7TWO (72)

6am Morning Programs. **4.30pm** Dog Patrol. **5.00** The Yorkshire Vet. **7.00** Escape To The Country. **10.00** The Yorkshire Vet. **Midnight** The Great Australian Doorstep. **12.30** Room For Improvement. **1.00** Creek To Coast. **1.30** Weekender. **2.00** Weekender. **2.30** Harry's Practice. **3.00** Better Homes. **4.00** Shopping. **4.30** Room For Improvement. **5.00** The Great Australian Doorstep. **5.30** Late Programs.

IMPARJA (9)

6.00 A Current Affair. (R) **6.30** Weekend Today. **9.30** Today Extra: Saturday. (PG) **11.30** Our State On A Plate. (PG, R) **12.00** The Block. (PGl, R) **2.50** David Attenborough's Asia. (PG, R) **4.00 The Garden Gurus.** **4.30 9News First At Five.** **5.00 Getaway.** (PG) **5.30 9News Saturday.**

6.30 A Current Affair. **7.00 MOVIE: Father Of The Bride.** (1991, G, R) Steve Martin. **9.05 MOVIE: Monster-In-Law.** (2005, Ms, R) A woman faces opposition from her future mother-in-law, who is determined to prevent her son's wedding. Jennifer Lopez, Jane Fonda. **11.05 Law & Order: Organized Crime.** (MA15+av, R) **12.00 Australia's Top Ten Of Everything.** (PG, R) **1.00** The Garden Gurus. (R) **1.30** The Incredible Journey Presents. (PG) **2.00** TV Shop: Home Shopping. (R) **4.00** Global Shop. (R) **4.30** TV Shop: Home Shopping. (R) **5.00** Helping Hands. (PG, R) **5.30** Hello SA. (PG, R)

9GEM (90)

6am Morning Programs. **9.00 MOVIE:** Nicholas Nickleby. (1947) **11.15 MOVIE:** The Divided Heart. (1954, PG) **1.10pm MOVIE:** Trapeze. (1956, PG) **3.20 MOVIE:** The Barefoot Contessa. (1954, PG) **6.00** TBA. **11.50 MOVIE:** Nicholas Nickleby. (1947) **2.05am MOVIE:** The Divided Heart. (1954, PG) **4.00** My Favorite Martian. **4.30** Skippy. **5.00** Amazing Facts With Doug Batchelor. **5.30** Leading The Way.

9GO! (99)

6am Morning Programs. **Noon** Soccer. English Premier League. Chelsea v Liverpool. Replay. **2.00** Ski Rescue Down Under. **3.00** Hot Wheels. **4.00 MOVIE:** Short Circuit. (1986, PG) **6.00 MOVIE:** Police Academy. (1984, M) **8.05 MOVIE:** The Hangover. (2009, MA15+) **10.10** Seinfeld. **10.40** Love Island Games. **1.10am** Below Deck. **3.00** I Love VIP Pets. **3.20** Lego Dreamzzz. **3.40** Late Programs.

TEN (10)

6am Morning Programs. **10.30** The Brighter Side. (R) **11.00** Everyday Gourmet. (R) **11.30** Silvia's Italian Masterclass. **12.00** Cannonball Run Down Under. **12.30** Planet Shapers. (Return) **1.00** Buy To Build. **1.30** Australia By Design: Architecture. (Final) **2.00** Well Traveller. (Return, PG) **2.30** Cook With Luke. **3.00** Food Trail: South Africa. **3.30** News. **5.00** Dog House Aust. (PGa, R)

6.00 Selling Houses Australia. A woman tries to sell her mother's retro home. **7.00 Ambulance UK.** (Mal, R) A man is found unresponsive on the roadside. **8.15 Gogglebox Australia.** (R) TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows. **9.15 The Gilded Age.** (PGa, R) Bertha, Marian, Aurora and Peggy take an overnight trip. Gladys's desired beau is invited to dinner. **10.10 FBI: Most Wanted.** (Mv, R) A security corporation warehouse is robbed. **11.00 Home Shopping.** (R) **3.30** Hour Of Power. **4.30** Mass For You At Home. **5.00** Key Of David. (PGa) **5.30** Joseph Prince: New Creation Church.

10 DRAMA (1)

6am Shopping. **7.30** Tough Tested. **8.30** Judge Judy. **9.00** A Million Little Things. **11.00** Australia By Design: Architecture. **11.30** JAG. **3.30pm** Reel Action. **4.00 JAG.** **6.00 NCIS.** (Mav, R) **8.50 The Real CSI: Miami.** (Mav, R) **9.45 A Million Little Things.** (PGadl, R) **10.45 Home Shopping.** (R)

10 COMEDY (11)

6am Bold. **7.00** Wheel Of Fortune. **8.30** Ridiculousness. **9.30** Everyday Gourmet. **10.00** Deal Or No Deal. **10.30** Stephen Colbert. **12.30pm** Ridiculousness. **1.30** Frasier. **2.30** Friends. **5.00** Big Bang. **8.30 Frasier.** (PGa, R) **9.30 Ridiculousness.** (PGadls, R) **10.30** South Park. **11.30** Shopping. **Midnight** South Park. **1.00** Shopping. **4.30** Deal Or No Deal.

Sunday, October 12

Please note: channel numbers and programming times may vary based on the broadcast signal received.

ABC TV (2)

6.00 Rage. (PG) **7.00** Wknd Brekky. **9.00** Insiders. **10.00** Offsiders. **10.30** The World This Week. (R) **11.00** Compass. (PG, R) **11.30** Songs Of Praise. (R) **12.00** ABC News At Noon. **12.30** Landline. **1.30** Gardening Australia. (R) **2.30** David Attenborough's Conquest Of The Skies. (R) **3.20** Grand Designs New Zealand. (PG, R) **4.10** Bill Bailey's Wild West Australia. (Final, R) **5.00** Antiques Roadshow.

6.00 Pilgrimage: The Road Through The Alps. (Final, PG)
7.00 ABC News.
7.30 The Assembly: Julia Morris. (Ml) The students interview Julia Morris.
8.15 Mystery Road: Origin. (Mal) Jay interrogates his suspect.
9.10 The Following Events Are Based On A Pack Of Lies. (M) Alice and Cheryl build a rapport.
10.10 Mother And Son. (PGdl, R)
10.35 Take 5 With Zan Rowe: Kevin Bacon. (PGl, R)
11.05 MOVIE: In My Blood It Runs. (2019, M, R)
12.25 Anh's Brush With Fame. (PG, R) **12.55** Rage. (MA15+dhlnsv) **3.00** Ask The Doctor. (PG, R) **3.30** The Art Of... (PG, R) **4.00** Gardening Australia. (R) **5.00** Insiders. (R)

SBS (3)

6am Morning Programs. **10.05** Beyond The Beaten Path. (PG, R) **11.00** Travel Quest. (R) **12.00** APAC Weekly. **12.30** PBS Washington Week. **12.55** The Point: Road To Referendum History Bites. (R) **1.00** Speedweek. **3.00** Sailing. Sail Grand Prix. Round 11. Highlights. **4.00** FIFA World Cup 2010: Our South Africa. **5.05** Going Places. (PG, R) **5.35** Trains At War. (PGav, R)

6.30 SBS World News.
7.35 Seven Wonders Of The Ancient World: The Great Pyramid Of Giza And The Lighthouse Of Alexandria. (Premiere, PGa) Bettany Hughes begins her adventure in Egypt.
8.30 King And Conqueror. (Premiere, Mlv) Follows the story of William of Normandy and Harold of Wessex.
9.30 Dan Snow's Greatest Discoveries: Terracotta Army. (PG, R) Dan Snow travels to China.
10.25 The Wonders Of Europe. (PG, R)
11.25 The Real Mo Farah. (PGa, R)
12.35 Gloriavale: New Zealand's Secret Cult. (Ma, R) **2.10** Tough Trains. (PGav, R) **3.10** Welcome To My Farm. (R) **4.10** Urban Conversion. (PG, R) **4.40** Bamay. (R) **5.00** NHK World English News Morning. **5.15** France 24 Feature. **5.30** APAC Weekly.

SEVEN (7, 71)

6.00 Motor Racing. Supercars Championship. Round 10. Bathurst 1000. Day 3. Support races and warm up.
8.30 Motor Racing. Supercars Championship. Round 10. Bathurst 1000. Day 3. Build up and Race.
4.30 Seven News.
5.30 The Voice. (PGl) Hosted by Sonia Kruger.

7.15 The Rise And Fall Of Kings Cross. (Premiere, M)
8.55 24 Hours In Police Custody: A Knife Through The Heart. (Madlv, R) Detectives investigate when a man dies from a stab wound to his heart.
9.55 Crime Investigation Australia: Most Infamous: The Moorhouse Horrors. (Mav, R) Takes a look at David and Catherine Birnie, serial killers who abducted five women in Perth in 1986.
11.10 Miniseries: The Victim. (Malv, R) The jury returns its verdict.
12.30 Home Shopping. (R)
2.00 Million Dollar Minute. (R)
2.30 NBC Today.
3.30 Sunrise Early News.
4.00 Sunrise.

IMPARJA (9)

6am Morning Programs. **10.30** Cross Court. (Return) **11.00** Customs. (PG) **11.30** Drive: Driving Value. (Premiere) **12.00** Rugby League. Women's Exhibition Match. Papua New Guinea Orchids v Prime Minister's XIII. **2.00** Rugby League. Men's Exhibition Match. Papua New Guinea Kumuls v Prime Minister's XIII. **4.30** News. **5.00** My Way. (R) **5.30** 9News Sunday.

6.30 The Block. (PGl) The contestants reveal their magical backyards.
8.15 60 Minutes. Current affairs program, investigating, analysing and uncovering the issues affecting all Australians.
9.15 9News Late.
9.45 A Killer Makes A Call: Grindr Killer. (MA15+a) After initially believing the deaths of four men were overdoses, police soon uncover it was the work of a serial killer.
10.45 Mobsters: John Gotti. (Madv) Chronicles the life of mobster John Gotti.
11.40 The Gulf. (Madlsv, R)
12.30 Our State On A Plate. (PG)
1.00 TV Shop: Home Shopping. (R)
3.30 Believer's Voice Of Victory. (PGa)
4.00 The Garden Gurus. (R)
4.30 Today Early News.
5.00 Today.

TEN (10)

6am Morning Programs. **8.00** The Chef's Garden. **8.30** Frugal Foodie. (R) **9.00** The Brighter Side. (R) **9.30** Amazing Race Australia: Celebrity Edition. (PGl, R) **12.00** Lingo. (R) **1.00** Basketball. NBL. Round 4. New Zealand Breakers v South East Melbourne Phoenix. **3.00** Deal Or No Deal. (R) **3.30** News. **4.30** 10 News+. **5.30** Amazing Race Australia: Celebrity Edition. (PGal)

7.00 Watson. (Mv) Watson confronts a traumatic event from his army days when his veteran friend's wife reaches out for help.
8.00 Matlock. (Ms, R) After achieving success in her younger years, a brilliant woman uses her unassuming demeanour to make her way into a position at a prestigious law firm.
10.00 10 News+. (R) Comprehensive coverage of the day's top stories, investigative reports and stories that haven't been heard.
11.00 Home Shopping. (R)
3.00 CBS Mornings. Morning news and talk show.
4.30 My Market Kitchen. (R) Cooks prepare a variety of dishes.
5.00 Good Chef Bad Chef. (R)
5.30 Neighbours. (PGa, R)

ABC FAMILY (22)

6am Children's Programs. **11.40** Andy And The Band. **2.25pm** Fizzy And Suds. **3.00** Play School. **3.30** Zog. **3.55** Odd Squad. **4.20** Millie Magnificent. **4.45** Gardening Australia Junior. **5.10** PJ Masks Power Heroes. **6.30** Paddington. **6.50** Andy And The Band. **7.05** Do Not Watch This Show. **7.35** The Mysterious Benedict Society. **8.15** Crongton. **8.40** Fresh Off The Boat. **9.20** Abbott Elementary. **10.05** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **12.05pm** Australia Come Fly With Me. **2.10** Bamay. **2.45** Jeopardy! **4.50** WorldWatch. **5.20** PBS Washington Week. **5.50** History's Greatest Heists With Pierce Brosnan. **6.40** Abandoned Engineering. **8.30** Suranne Jones Investigating Witch Trials. (Premiere) **9.30** Forbidden History. **10.30** Cycling. Paris-Tours. **12.50am** Uncanny. **2.00** The Story Of. **2.30** Late Programs.

7MATE (70)

6am Morning Programs. **11.30** Football. AFL Women's. Sydney v Carlton. **1.30pm** Football. AFL Women's. St Kilda v Collingwood. **3.30** Counting Cars. **4.30** Border Security USA. **5.30** Border Security. **7.00 MOVIE:** Jurassic Park III. (2001, M) **9.00 MOVIE:** Zombieland. (2009, MA15+) **11.00** NFL. NFL. Week 6. Denver Broncos v New York Jets. **2.30am** Late Programs.

9GEM (90)

6am Morning Programs. **11.15 MOVIE:** A Run For Your Money. (1949) **1pm MOVIE:** Passport To Pimlico. (1949) **2.45 MOVIE:** Yours, Mine And Ours. (1968) **5.00** M*A*S*H. **7.00** TBA. **9.30** Major Crimes. **10.30 MOVIE:** Cage Of Gold. (1950, PG) **12.15am MOVIE:** A Run For Your Money. (1949) **2.00 MOVIE:** Passport To Pimlico. (1949) **3.45** Explore. **4.00** My Favorite Martian. **4.30** Danger Man. **5.30** Late Programs.

10 DRAMA (1)

6am Shopping. **6.30** All 4 Adventure. **7.30** Reel Action. **8.00** What's Up Down Under. **8.30** Navigating The World. **9.30** JAG. **2.30pm** I Fish. **3.00** Basketball. NBL. Melbourne United v Cairns Taipans. **5.00** JAG. **6.00 NCIS.** (Mav, R) **8.50 The Real CSI: Miami.** (MA15+av, R) **9.45 Nancy Drew.** (Mhv, R) **10.45 Home Shopping.** (R)

NITV (34)

6am Morning Programs. **1pm** Rugby League. Koori Knockout. Replay. **2.00** Big Sky Girls. **2.20** Rugby League. Qld Murri Carnival. Finals. Men's. Replay. **3.30** Artie: Our Tribute To A Legend. **4.00** The Point. **5.10** Soh Presents: Generations And Dynasties. **6.50** Great Parks Of Africa. **7.40** Great Australian Road Trips. **8.30 MOVIE:** Sweet As. (2022, M) **10.00 MOVIE:** Last Cab To Darwin. (2015, M) **12.10am** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **11.55** Voyage Of The Damned. (1976, Mav) **2.55pm** What We Did On Our Holiday. (2014, PGa) **4.45** Where Is Anne Frank. (2021, PGadlsv) **6.35** Meek's Cutoff. (2010, PGalv) **8.30** True Grit. (2010, Mv) **10.35** Traffic. (2000, MA15+adsv) **1.20am** The Hateful Eight. (2015, MA15+ansv) **4.25** War Hunt. (1962, Mav) **5.55** Late Programs.

7TWO (72)

6am Morning Programs. **12.30pm** South Aussie With Cosi. **1.00** Escape To The Country. **2.00** World's Most Scenic Railway Journeys. **3.00** Escape To The Country. **6.00** Mr Bates Vs The Post Office. **7.00** Vera. **9.00** Flesh And Blood. **10.00** Heathrow. **11.00** The Great Australian Doorstep. **11.30** Better Homes. **12.30am** Vera. **2.30** Million Dollar Minute. **3.30** Room For Improvement. **4.00** Late Programs.

9GO! (99)

6am Morning Programs. **12.30pm** Surfing Aust. **1.30** Big Rigs Of Oz. **2.00** Project Impossible. **3.00** Young Sheldon. **3.30** Dinner With The Parents. **4.00** TBA. **6.00 MOVIE:** Shazam! (2019, M) **8.40** TBA. **10.15** Gotham. **11.10** Arrow. **1am** Allo! Allo! **2.00** Only Fools And Horses. **2.30** Barbie It Takes Two. **3.00** I Love VIP Pets. **3.20** Wild Manes. **3.40** Teen Titans Go! **4.00** Pokémon: B&W. **4.30** Late Programs.

10 COMEDY (11)

6am Deal Or No Deal. **6.30** Frasier. **8.30** Ridiculousness. **9.30** Stephen Colbert. **12.30pm** Ridiculousness. **1.30** Frasier. **2.30** Friends. **5.00** Big Bang. **8.05 Frasier.** (PGa, R) **9.00 Ridiculousness.** (PGadl, R) **10.00** South Park. **11.00** Home Shopping. **Midnight** South Park. **1.00** Shopping. **4.30** GCBC. **5.00** Everyday Gourmet. **5.30** Ridiculousness.

Arid Lands Environment Centre

HELP PROTECT THE ARID LANDS

DONATE TODAY

12804436-EA39-25

Monday, October 13

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Teenage Boss: Next Level. (R) **10.30** Endeavour. (Mav, R) **12.00** ABC News At Noon. **1.00** Landline. (R) **2.00 Restoration Australia.** (R) **2.55 Anh's Brush With Fame.** (PG, R) **3.25 Grand Designs.** (PG, R) **4.15 Long Lost Family.** (R) **5.00 Antiques Roadshow.** (R)

6.00 Spicks And Specks. (PG, R)
6.30 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Australian Story.
8.30 Four Corners. Investigative journalism program.
9.15 Media Watch. (PG) Presented by Linton Besser.
9.35 Planet America. Hosted by Chas Licciardello and John Barron.
10.05 I Was Actually There. (Ml, R)
10.40 ABC Late News. **10.55** The Business. (R) **11.10** Creative Types With Virginia Trioli. (M, R) **11.35** Grand Designs. (PG, R) **12.25** Long Lost Family. (PG, R) **1.10** Rage. (MA15+adhlnsv) **3.15** Parkinson In Australia. (PG, R) **4.30** Gardening Australia. (R) **5.30** 7.30. (R)

SBS (3)

6am Morning Programs. **11.00** Great British Photography Challenge. (PGl, R) **12.10** BBC News At Ten. **12.30** France 24. **1.00** PBS News Weekend. **1.30** Al Jazeera News Hour. **2.00** Ancient Egypt: Chronicles Of An Empire. (Mav, R) **3.00** Sorell 22: Country To Coast. (Premiere) **3.45** The Cook Up. (R) **4.15** Who Do You Think You Are? US. (PGa, R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (PG, R)
6.30 SBS World News.
7.35 Big Fat Quiz Best Bits: Dream Teams. (Premiere)
8.30 King And Conqueror. (Mlv) The Godwins are exiled for breaking the king's peace.
9.25 Sydney's Super Tunnel: Great Expectations. (R) A look at a tunnel extension.
10.25 SBS World News Late.
10.55 Robson Green's Weekend Escapes. (PG) **11.30** Mayflies. (Madl, R) **12.35** The Allegation. (MA15+av, R) **2.35** Tough Trains. (PG, R) **3.35** Welcome To My Farm. (PG, R) **4.30** Growing A Greener World. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 71)

6.00 Sunrise. **7.30** The Morning Show. (PG) **10.30** Seven's National News At Noon. **11.30** Seven News With Alex Cullen. **11.40** Blankety Blank. (PG) **12.30** Bridge Of Lies. **1.30 The Chase.** **2.30 Seven News At 4.** **3.30 The Chase Australia.** **4.30 Seven News.** **5.30 Home And Away.** (PGa)

6.00 My Kitchen Rules. (PGl) Hosted by Colin Fassnidge and Manu Feildel.
7.30 The Rookie. (Mav) Three teenage girls are stabbed.
8.30 Alert: Missing Persons Unit. (Mav) The team searches for a missing muralist, who was scheduled to donate his rare bone marrow to his dying brother.
9.30 S.W.A.T. (Mav) The team faces off with a family of doomsday preppers barricaded inside their fortress of a home.
10.30 Girlfriends' Guide To Divorce. (Premiere, MA15+s) A woman navigates life as a newly-single woman.
12.30 Home Shopping. (R)
2.30 NBC Today.
3.30 Sunrise Early News.
4.00 Sunrise.

IMPARJA (9)

6.00 Today. **8.30** Today Extra. (PG) **11.00 9News Morning.** **11.30 The Block.** (PGl, R) **1.15 My Way.** (R) **1.30 Pointless.** (PG, R) **2.30 Tipping Point.** (PG, R) **3.30 9News Afternoon.** **4.30 Tipping Point Australia.** (PG) **5.30 9News.**

6.30 A Current Affair.
7.00 The Block. (PGl)
8.15 Murder Down Under: The Toolbox Murders Pt 2. (MA15+adv) As the legal aftermath of the toolbox murders unfolds, the criminal connections behind the crime come to light.
9.15 9News Late.
9.45 The Equalizer. (Mv) McCall investigates a death in a haunted apartment.
10.45 Transplant. (MA15+m, R)
11.35 Tipping Point. (PG, R)
12.30 Hello SA. (PG)
1.00 TV Shop: Home Shopping. (R) **2.00** Global Shop. (R) **2.30** TV Shop: Home Shopping. (R) **3.30** Believer's Voice Of Victory. (PGa) **4.00** A Current Affair. (R) **4.30** Today Early News. **5.00** Today.

TEN (10)

6.00 Everyday Gourmet. (R) **6.30** Bold. (PGa, R) **7.00** Deal Or No Deal. (R) **7.30** Lingo. (R) **8.30** Judge Judy. (PG, R) **9.00** Amazing Race Australia: Celebrity Edition. (PGal, R) **10.30** Everyday Gourmet. (R) **11.00** Family Feud. (PG, R) **11.30** News. **12.30** Wheel Of Fortune. **1.00** Lingo. (R) **2.00** News. **2.30** Neighbours. (PGa) **3.00** Bold. (PGa) **3.30** 10 News. **4.30** 10 News+. **5.30** Deal Or No Deal.

6.00 The Amazing Race Australia: Celebrity Edition. (PGl)
7.10 Sam Pang Tonight. (Return) Presented by Sam Pang.
8.10 Talkin' 'Bout Your Gen. (Mls, R) Hosted by Anne Edmonds.
9.10 10's Late News. Comprehensive coverage of local, national and international news, as well as the latest sport and weather.
9.35 10 News+. (R) Hosted by Denham Hitchcock and Amelia Brace.
10.35 The Late Show With Stephen Colbert. (PG)
11.30 Home Shopping. (R)
3.00 CBS Mornings. **4.30** My Market Kitchen. (R) **5.00** Good Chef Bad Chef. (R) **5.30** Neighbours. (PGa, R)

ABC FAMILY (22)

6am Children's Programs. **7.55** Children's Programs. **11.55** Thomas And Friends. **2.15pm** Thomas. **2.50** Gardening Australia Junior. **3.05** Play School. **3.40** Fizzy And Suds. **4.10** Andy's Prehistoric Adv. **4.25** Super Monsters. **5.20** Mojo Swoptops. **5.55** Octonauts. **7.00** Rocket Club. **7.35** Ninjago: Dragons Rising. **8.00** Operation Ouch! **8.35** Gladiators. **9.35** The Crystal Maze. **10.25** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **12.30pm** The Rap Game UK. **1.25** Australia Come Fly With Me. **2.25** Bamay. **3.00** Wine Lovers' Guide. **3.30** History's Crazy Rich Ancients. **3.55** WorldWatch. **5.50** The Food That Built The World. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats. **8.30** Joe Lycett's United States Of Birmingham. (Final) **9.25** Buzzcocks. **10.10** The People Vs Robodebt. **11.10** Late Bloomer. **11.40** Late Programs.

7MATE (70)

6am Morning Programs. **Noon** Rides Down Under: Workshop Wars. **1.00** Motor MythBusters. **2.00** Mountain Men. **3.00** American Resto. **3.30** Storage Wars. **4.00** American Pickers. **5.00** Pawn Stars. **6.00** Outback Crystal Hunters. **7.00** Aussie Gold Hunters. **8.00** Aussie Salvage Squad. **9.00** Mighty Ships. **10.00** Tougher In Alaska. **11.00** Storage Wars. **11.30** American Pickers. **12.30am** Pawn Stars. **1.30** Late Programs.

9GEM (90)

6am Morning Programs. **11.30** M*A*S*H. **12.30pm** Keeping Up Appearances. **1.40** Antiques Roadshow. **2.10 MOVIE:** The Gentle Gunman. (1952) **4.00** The Travelling Auctioneers. **5.00** Antiques Roadshow. **6.00** Death In Paradise. **7.10** Shakespeare And Hathaway. **9.10** Whitstable Pearl. **10.10** French And Saunders. **10.50** My Favorite Martian. **11.30** Creflo. **Midnight MOVIE:** The Gentle Gunman. (1952) **1.50** Late Programs.

10 DRAMA (1)

6am Shopping. **6.30** I Fish. **7.00** Everyday Gourmet. **7.30** Living Room. **8.30** JAG. **10.30** Days Of Our Lives. **11.15** The Young And The Restless. **Noon** Dog House. **1.00** JAG. **3.00** Living Room. **4.00** JAG. **6.00** NCIS. **7.55 Blue Bloods.** (Mav, R) **8.50 The Ex-Wife.** (Return, Ml) **9.45 48 Hours.** (Ma, R) **10.45 Home Shopping.**

NITV (34)

6am Morning Programs. **12.10pm MOVIE:** Sweet As. (2022, M) **1.40** The Lake Winnipeg Project. **2.00** Talking Language. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** The 77 Percent. **6.00** Bamay. **6.40** Great Parks Of Africa. **7.30** Who Do You Think You Are? **8.30** Karla Grant Presents. **9.00 MOVIE:** The New Boy. (2023, M) **11.00** Treaty Road. **Midnight** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **10.05** Girls Will Be Girls. (2024, Mals, Hindi, English) **12.15pm** Knight Of Cups. (2015, Malns) **2.25** Lara. (2019, PGl, German) **4.15** The Four Musketeers: Revenge Of Milady. (1974, PGlv) **6.15** The Way. (2010, PGadl) **8.30** Lawless. (2012, MA15+av) **10.40** The Last Night Of Amore. (2023, MA15+av) **1.05am** Traffic. (2000, MA15+adsv) **3.45** True Grit. (2010, Mv) **5.45** The Movie Show.

7TWO (72)

6am Morning Programs. **12.30pm** Weekender. **1.00** Hornby: A Model Empire. **2.00** Harry's Practice. **2.30** Animal Rescue. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Doc Martin. **7.00** Endeavour. **9.00** Air Crash Inv: Accident Files. **10.00** Doc Martin. **11.00** Bargain Hunt. **Midnight** Room For Improvement. **12.30** Harry's Practice. **1.00** Animal Rescue. **1.30** Late Programs.

9GO! (99)

6am Morning Programs. **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.00** Jeannie. **4.30** Golden Girls. **5.00** Nanny. **6.00** Seinfeld. **7.00** TBA. **9.10** Seinfeld. **10.10** Veronica Mars. **11.10** The Vampire Diaries. **1am** Supernatural. **2.00** Below Deck. **3.00** LEGO City Adventures. **3.20** Cry Babies Magic Tears. **3.40** Booba. **4.00** Pokémon: B&W. **4.30** Late Programs.

10 COMEDY (11)

6am Morning Programs. **11.30** Ridiculousness. **12.30pm** King Of Queens. **1.00** Becker. **1.30** Frasier. **2.30** Everyday Gourmet. **3.00** Ghosts. **3.30** Becker. **4.00** Frasier. **5.00** Neighbours. **5.30** Friends. **6.30** Big Bang. **8.30** Becker. **9.00** Frasier. **10.00** Ghosts. **10.30** Ridiculousness. **11.30** Shopping. **1am** Bold. **2.00** Stephen Colbert. **3.00** Shopping. **4.30** GCBC. **5.00** Everyday Gourmet. **5.30** Late Programs.

Tuesday, October 14

Please note: channel numbers and programming times may vary based on the broadcast signal received.

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Australian Story. (R) **10.30** Planet America. (R) **11.00** Antiques Roadshow. (R) **12.00** ABC News At Noon. **1.00** The Following Events Are Based On A Pack Of Lies. (M, R) **2.00** Restoration Australia. (R) **2.55** Anh's Brush With Fame. (PG, R) **3.25** Grand Designs. (PG, R) **4.15** Long Lost Family. (R) **5.00** Antiques Roadshow. (R)

6.00 Spicks And Specks. (PG, R)
6.30 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 I Was Actually There: September 11 Terrorist Attack. (PGa)
8.30 Take 5 With Zan Rowe: Paul Kelly. (Final) Paul Kelly shares five songs.
9.00 Sharon And Ozzy Osbourne: Coming Home. (M, R) Looks at the end of Ozzy Osbourne's life.
10.00 You Can't Ask That. (MA15+l, R)
10.35 Media Watch. (PG, R) **10.50** ABC Late News. **11.05** The Business. (R) **11.20** Four Corners. (R) **12.10** Labor In Power. (PG, R) **1.05** Grand Designs. (PG, R) **1.55** Long Lost Family. (PG, R) **2.40** Rage. (MA15+adhlnsv) **3.10** Parkinson In Australia. (PG, R) **4.30** Gardening Australia. (R) **5.30** 7.30. (R)

SBS (3)

6am Morning Programs. **10.20** Confucius Was A Foodie. (PG, R) **11.10** Journey Of The Pelicans: An Outback Mystery. (Premiere) **12.00** BBC News At Ten. **12.30** France 24. **1.00** PBS News. **2.00** Ancient Egypt: Chronicles Of An Empire. (Ma, R) **3.00** Going Places. (PGa, R) **3.30** The Cook Up. (R) **4.00** Who Do You Think You Are? (PGa, R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (PG, R)
6.30 SBS World News.
7.30 Great British Railway Journeys: Aspatria To Carlisle. (PG)
8.30 Tell Me What You Really Think: ADHD. (Premiere, M) Marc Fennell is joined by five Aussies with ADHD.
9.30 The Hospital: In The Deep End: The Problem With Modern Life. (Ma, R) A look behind the scenes at St Vincent's.
10.35 SBS World News Late.
11.05 The Point. (R)
12.05 Safe Home. (Mal, R)
1.00 The Unusual Suspects. (Mls, R)
2.00 Charles I: To Kill A King. (PG, R) **3.10** Tough Trains. (PGa, R) **4.10** Urban Conversion. (R) **4.40** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 71)

6.00 Sunrise. **7.30** The Morning Show. (PG) **10.30** Seven's National News At Noon. **11.30** Seven News With Alex Cullen. **11.40** Blankety Blank. (PG) **12.30** Bridge Of Lies.
1.30 The Chase.
2.30 Seven News At 4.
3.30 The Chase Australia.
4.30 Seven News.
5.30 Home And Away. (PGa)

6.00 My Kitchen Rules. (PGl) Hosted by Colin Fassnidge and Manu Feildel.
7.40 Murder In A Small Town. (M) A protective father becomes a suspect in a murder investigation when his ex-wife is killed just after returning to town.
8.40 The Agenda Setters. A team of trusted and respected footy voices tackles the biggest topics in the AFL world.
9.40 Grosse Pointe Garden Society. (Masv) Alice hits work snags. Brett feels the heat with his new business. Birdie dives deeper into an affair.
10.40 Pretty Hard Cases. (Madv) Sam's objectivity comes into question.
11.40 Travel Oz. (R)
12.30 Home Shopping. (R)
2.30 NBC Today.
3.30 Sunrise Early News.
4.00 Sunrise.

IMPARJA (9)

6.00 Today. **8.30** Today Extra. (PG) **11.00** 9News Morning. **11.30** The Block. (PGl, R) **12.45 Getaway.** (PG, R) **1.15 Garden Gurus Moments.** (R) **1.30 Pointless.** (PG, R) **2.30 Tipping Point.** (PG, R) **3.30 9News Afternoon.** **4.30 Tipping Point Australia.** (PG) **5.30 9News.**

6.30 A Current Affair.
7.00 The Block. (PGl) The contestants surprise Scotty with a gift.
8.05 Bump. (MA15+als) Santi's bold move finally brings the Chalmers-Davis and Hernandez families together.
9.25 9News Late.
9.55 Wild Cards. (Mav) Max and Ellis track down an attempted murderer.
10.50 Forensics: Murder Scene: Pelm. (MA15+alv, R) A shotgun attack is investigated.
11.45 Tipping Point. (PG, R)
12.35 Let's Eat With George. (R)
1.00 TV Shop: Home Shopping. (R)
2.00 Skippy The Bush Kangaroo. (R)
2.30 TV Shop: Home Shopping. (R)
3.30 Believer's Voice Of Victory. (PGa)
4.00 A Current Affair. (R)
4.30 Today Early News. **5.00** Today.

TEN (10)

6am Morning Programs. **7.30** Lingo. (R) **8.30** Ent. Tonight. (R) **8.50** Amazing Race Australia: Celebrity Edition. (PGl, R) **10.00** Judge Judy. (PG, R) **10.30** Everyday Gourmet. (R) **11.00** Family Feud. (PG, R) **11.30** News. **12.30** Wheel Of Fortune. **1.00** Lingo. (R) **2.00** News. **2.30** Neighbours. (PGa) **3.00** Bold. (PGa) **3.30** News. **4.30** 10 News+. **5.30** Deal Or No Deal. (R)

6.00 Talkin' 'Bout Your Gen. (PGls) Hosted by Anne Edmonds.
7.00 The Cheap Seats. (Mal) Presented by Melanie Bracewell and Tim McDonald.
8.00 FBI: Most Wanted. (Mv) An international beauty queen is killed.
9.00 10's Late News. Comprehensive coverage of local, national and international news, as well as the latest sport and weather.
9.25 10 News+. (R) Comprehensive coverage of the day's top stories, investigative reports and stories that haven't been heard.
10.25 The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert.
11.30 Home Shopping. (R)
3.00 CBS Mornings. **4.30** My Market Kitchen. (R) **5.00** Good Chef Bad Chef. (R) **5.30** Neighbours. (PGa, R)

ABC FAMILY (22)

6am Children's Programs. **7.55** Children's Programs. **2.15pm** Thomas. **2.50** Gardening Australia Junior. **3.05** Play School. **3.40** Fizzy And Suds. **4.10** Andy's Prehistoric Adv. **4.25** Super Monsters. **5.20** Mojo Swoptops. **5.45** Kangaroo Beach. **7.05** Rocket Club. **7.35** Ninjago: Dragons Rising. **8.00** Operation Ouch! **8.35** Deadly 60. **9.05** Expedition With Steve Backshall. **9.55** Merlin. **10.40** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **Noon** DW The Day. **12.30** The Rap Game UK. **1.25** Homicide. **2.20** Bamay. **2.50** David Harewood On Blackface. **3.50** WorldWatch. **5.50** The Food That Built The World. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats. **8.30** Alone. **9.40** Hoarders. **11.25** Calipari: Razor's Edge. **12.15am** The Nine Lives Of. **1.10** Stone Cold Takes On America. **2.00** Addicted Australia. **3.05** Late Programs.

7MATE (70)

6am Morning Programs. **Noon** Outback Crystal Hunters. **1.00** Aussie Gold Hunters. **2.00** Mountain Men. **3.00** American Resto. **3.30** Storage Wars. **4.00** American Pickers. **5.00** Pawn Stars. **5.30** The Agenda Setters. **6.30** Outback Truckers. **8.30** Outback Pilots. **9.30** Big Rig Bounty Hunters. **10.30** American Resto. **11.00** Storage Wars. **11.30** American Pickers. **12.30am** Pawn Stars. **1.30** Late Programs.

9GEM (90)

6am Morning Programs. **11.30** M*A*S*H. **12.30pm** Shakespeare And Hathaway. **1.40** Antiques Roadshow. **2.10 MOVIE:** The Man Upstairs. (1958, PG) **4.00** The Travelling Auctioneers. **5.00** Antiques Roadshow. **6.00** New Tricks. **7.10** Agatha Raisin. **9.10** Major Crimes. **10.10** French And Saunders. **10.50** My Favorite Martian. **11.30** Creflo. **Midnight MOVIE:** The Man Upstairs. (1958, PG) **2.00** Danger Man. **3.00** Late Programs.

10 DRAMA (1)

6am Shopping. **6.30** Escape Fishing. **7.30** Living Room. **8.30** JAG. **10.30** Days Of Our Lives. **11.15** The Young And The Restless. **Noon** The Ex-Wife. **1.00** JAG. **3.00** Living Room. **4.00** JAG. **6.00** NCIS.
7.55 NCIS: Hawai'i. (Mav, R)
8.50 The Ex-Wife. (Ml)
9.45 48 Hours. (Ma, R)
10.45 Home Shopping.

NITV (34)

6am Morning Programs. **12.30pm** Treaty Road. **1.30** Eight Ladies. **2.00** Talking Language. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** Indian Country Today News. **6.00** Bamay. **6.40** Guardians Of The Wild. **7.30** The Point. **8.30** Pro Bull Riding USA: World Team Series. **9.30** Hunting Aotearoa. **10.30 MOVIE:** Four Souls Of Coyote. (2023, M) **12.20am** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **12.25pm** The Eagle Has Landed. (1976, PGv) **2.55** Bonneville. (2006, PGa) **4.35** Finding You. (2020, PGal) **6.50** Lord Of The Flies. (1963, PGa) **8.30** A Fistful Of Dollars. (1964, MA15+v) **10.25** The Grump: In Search Of An Escort. (2022, Mal, Finnish) **12.30am** Lawless. (2012, MA15+av) **2.40** The Last Night Of Amore. (2023, MA15+av) **5.00** Bonneville. (2006, PGa)

7TWO (72)

6am Morning Programs. **Noon** The Great Australian Doorstep. **12.30** Creek To Coast. **1.00** Hornby: A Model Empire. **2.00** Harry's Practice. **2.30** Animal Rescue. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Call The Midwife. **7.00** Foyle's War. **9.00** The Yorkshire Vet. **10.00** Bargain Hunt. **11.00** Hornby: A Model Empire. **Midnight** Room For Improvement. **12.30** Late Programs.

9GO! (99)

6am Morning Programs. **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.00** Jeannie. **4.30** Golden Girls. **5.00** Nanny. **6.00** Seinfeld. **7.00** TBA. **9.00** Seinfeld. **10.00** Veronica Mars. **10.55** The Vampire Diaries. **12.40am** Supernatural. **1.35** Below Deck. **2.30** Barbie It Takes Two. **3.00** LEGO City Adventures. **3.20** Cry Babies Magic Tears. **3.40** Late Programs.

10 COMEDY (11)

6am Morning Programs. **11.30** Ridiculousness. **12.30pm** Ghosts. **1.00** Becker. **1.30** Frasier. **2.30** Everyday Gourmet. **3.00** Ghosts. **3.30** Becker. **4.00** Frasier. **5.00** Neighbours. **5.30** Friends. **6.30** Big Bang. **8.30** Becker. **9.00** Frasier. **10.00** Ghosts. **10.30** Ridiculousness. **11.30** Shopping. **1am** Bold. **2.00** Stephen Colbert. **3.00** Shopping. **4.30** GCBC. **5.00** Everyday Gourmet. **5.30** Late Programs.

Wednesday, October 15

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Four Corners. (R) **11.00** Pilgrimage: The Road Through The Alps. (Final, PG, R) **12.00** ABC News At Noon. **12.30** National Press Club Address. **1.35** Media Watch. (PG, R) **1.55** Restoration Australia. (R) **2.55** Anh's Brush With Fame. (R) **3.25** Grand Designs. (PG, R) **4.15** Long Lost Family. (R) **5.00** Antiques Roadshow. (R)

6.00 Spicks And Specks. (PGs, R)
6.30 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Hard Quiz. (PG)
8.30 Mother And Son. (PGdl) Arthur attempts to become a different person.
9.00 The Assembly: Julia Morris. (Ml, R) The students interview Julia Morris.
9.45 Guy Montgomery's Guy Mont Spelling Bee (NZ) (PG, R)
10.30 If You're Listening. (R) **10.50** ABC Late News. **11.05** The Business. (R) **11.25** Planet America. (R) **11.55** You Can't Ask That. (MA15+, R) **12.25** Grand Designs. (M, R) **1.15** Long Lost Family. (PG, R) **2.00** Rage. (MA15+dhlnsv) **3.10** Parkinson In Australia. (PG, R) **4.30** Gardening Australia. (R) **5.30** 7.30. (R)

SBS (3)

6am Morning Programs. **8.00** DD India News Hour. **9.00** Outside: Beyond The Lens. (PGa, R) **10.00** Tough Trains. (PGav, R) **12.00** BBC News At Ten. **12.30** France 24. **1.00** PBS News. **2.00** Tell Me What You Really Think. (M, R) **3.00** Such Was Life. (PGa, R) **3.10** The Cook Up. (R) **3.40** Black Cockatoo Crisis. (PGa, R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.30 The Idea Of Australia: Land Of The Fair Go? (Premiere)
8.30 Great British Train Journeys From Above: The Ffestiniog Railway. Looks at the Ffestiniog Railway.
9.30 Code Of Silence. (Mlv) Alison meets with Liam.
10.25 SBS World News Late.
10.55 I Am Scrooge. (Premiere, Mal)
11.45 Freezing Embrace. (Malv, R) **1.25** Charles I: To Kill A King. (PG, R) **2.30** Tough Trains. (PGa, R) **3.25** Urban Conversion. (R) **4.30** Growing A Greener World. (R) **5.00** NHK World English News Morning. **5.20** Soccer. FIFA Under 20 World Cup. Semi-final.

SEVEN (7, 71)

6.00 Sunrise. **7.30** The Morning Show. (PG) **10.30** Seven's National News At Noon. **11.30** Seven News With Alex Cullen. **11.40** Blankety Blank. (PG) **12.30** Bridge Of Lies.
1.30 The Chase.
2.30 Seven News At 4.
3.30 The Chase Australia.
4.30 Seven News.
5.30 Home And Away. (PGa)

6.00 RFDS. (Ma) Eliza and Pete remain at odds.
7.00 Off The Grid With Colin And Manu. (M) Hosted by Colin Fassnidge and Manu Feildel.
8.00 House Of Wellness. (PG) Experts share advice on living well.
9.00 Chicago Fire. (Ma) Severide gets wrapped up in an Illinois State Police investigation after discovering illegal guns on a call.
10.00 The Agenda Setters. An expert panel tackles the biggest AFL topics.
11.00 Imposters. (Madlsv, R)
12.00 Harry's Practice. (R)
12.30 Home Shopping. (R)
2.30 NBC Today.
3.30 Sunrise Early News. **4.00** Sunrise.

IMPARJA (9)

6.00 Today. **8.30** Today Extra. (PG) **11.00 9News Morning.** **11.30 The Block.** (PGl, R) **12.30 Space Invaders.** (PG, R) **1.30 Pointless.** (PG, R) **2.30 Tipping Point.** (PG, R) **3.30 9News Afternoon.** **4.30 Tipping Point Australia.** (PG) **5.30 9News.**

6.30 A Current Affair.
7.00 The Block. (PGl)
8.10 Australian Crime Stories: The Investigators: The Lost Girls. (Mav) A look at the disappearance of a mother and daughter.
9.10 The Grand Tour. (Ml) Richard Hammond, James May and Jeremy Clarkson take a bumpy ride across Colombia.
10.40 9News Late.
11.10 Resident Alien. (Return, Malv)
12.00 Tipping Point. (PG, R)
1.00 TV Shop: Home Shopping. (R)
2.00 Global Shop. (R)
2.30 TV Shop: Home Shopping. (R)
3.30 Believer's Voice Of Victory. (PGa) **4.00** A Current Affair. (R) **4.30** Today Early News. **5.00** Today.

TEN (10)

6.00 Everyday Gourmet. (R) **6.30** Bold. (PGa, R) **7.00** Deal Or No Deal. (R) **7.30** Lingo. (R) **8.30** Ent. Tonight. (R) **9.00** Talkin' 'Bout Your Gen. (PGls, R) **10.00** Judge Judy. (PG, R) **10.30** Everyday Gourmet. **11.00** Family Feud. (PG, R) **11.30** News. **12.30** Wheel Of Fortune. **1.00** Lingo. (R) **2.00** News. **2.30** Neighbours. (PGa) **3.00** Bold. (PGa) **3.30** 10 News. **4.30** 10 News+. **5.30** Deal Or No Deal. (R)

6.00 Dogs Behaving (Very) Badly Australia. (Final, PG)
7.00 The Gilded Age. (PGa)
8.10 Elsbeth. (PGv, R) Elsbeth investigates an app CEO.
9.10 10's Late News. Comprehensive coverage of local, national and international news, as well as the latest sport and weather.
9.35 10 News+. (R) Hosted by Denham Hitchcock and Amelia Brace.
10.35 The Late Show With Stephen Colbert. (PG)
11.30 Home Shopping. (R)
3.00 CBS Mornings.
4.30 My Market Kitchen. (R) **5.00** Good Chef Bad Chef. (R) **5.30** Neighbours. (PGa, R)

ABC FAMILY (22)

6am Children's Programs. **7.55** Children's Programs. **2.15pm** Thomas. **2.50** Gardening Australia Junior. **3.05** Play School. **3.40** Fizzy And Suds. **4.10** Andy's Prehistoric Adv. **4.25** Super Monsters. **5.20** Mojo Swoptops. **5.45** Kangaroo Beach. **7.05** Rocket Club. **7.35** Ninjago: Dragons Rising. **8.00** Operation Ouch! **9.20** Teen Titans Go! **9.55** Pokémon: Diamond And Pearl. **10.15** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **Noon** DW The Day. **12.30** The Rap Game UK. **1.30** The Lost Colony Of Roanoke. **2.15** Tales From A Suitcase. **3.50** WorldWatch. **5.50** The Food That Built The World. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats. **8.30** The Patient. **9.50 MOVIE:** The Lost Boys. (1987, M) **11.35** The Bloody Decade. **1.35am** WWE Legends. **3.05** NHK World English News. **5.00** Al Jazeera.

7MATE (70)

6am Morning Programs. **Noon** Outback Truckers. **2.00** Mountain Men. **3.00** American Resto. **3.30** Storage Wars. **4.00** American Pickers. **5.00** Pawn Stars. **5.30** The Agenda Setters. **6.30** Highway Patrol. **7.00** The Force: BTL. **8.00** Caught On Dashcam. **9.00** World's Wildest Police Videos. **10.00** Live PD: Police Patrol. **10.30** American Resto. **11.00** Storage Wars. **11.30** American Pickers. **12.30am** Late Programs.

9GEM (90)

6am Morning Programs. **11.30** M*A*S*H. **12.30pm** Agatha Raisin. **1.40** Antiques Roadshow. **2.10 MOVIE:** Tommy The Toreador. (1959) **4.00** The Travelling Auctioneers. **5.00** Antiques Roadshow. **6.00** As Time Goes By. **7.10** Midsomer Murders. **9.20** Major Crimes. **10.20** French And Saunders. **11.00** My Favorite Martian. **11.30** Creflo. **Midnight MOVIE:** Tommy The Toreador. (1959) **1.50** Late Programs.

10 DRAMA (1)

6am Shopping. **6.30** Escape Fishing. **7.30** Living Room. **8.30** JAG. **10.30** Days Of Our Lives. **11.15** The Young And The Restless. **Noon** The Ex-Wife. **1.00** JAG. **3.00** Living Room. **4.00** JAG.
6.00 NCIS. (Mv, R)
9.00 The Weekly Kick-Off.
9.30 The Ex-Wife. (Mlv)
10.25 48 Hours. **11.20** Shopping.

NITV (34)

6am Morning Programs. **Noon** Nganampa Anwernekenhe. **12.30** Pro Bull Riding USA: World Team Series. **1.30** Chatham Islanders. **2.00** Talking Language. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** News. **6.00** Bamay. **6.40** Guardians Of The Wild. **7.30** Home, Land & Sea. **8.30 MOVIE:** Saturday Night Fever. (1977, MA15+) **10.35 MOVIE:** Contact. (2009, PG) **Midnight** Two Laws. **2.15** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **12.20pm** Waiting For Anya. (2020, Mv) **2.20** The Legend Of Longwood. (2014, PGa) **4.10** The Eagle Has Landed. (1976, PGv) **6.40** Whisky Galore. (2016, PGl) **8.30** For A Few Dollars More. (1965, Mv) **11.00** Midsommar. (2019, MA15+ansv) **1.40am** A Fistful Of Dollars. (1964, MA15+v) **3.30** Hail, Caesar! (2016, PGlsv) **5.30** Late Programs.

7TWO (72)

6am Morning Programs. **Noon** The Great Australian Doorstep. **12.30** Room For Improvement. **1.00** House Of Wellness. **2.00** Harry's Practice. **2.30** Animal Rescue. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Heartbeat. **7.15** Inspector George Gently. **9.15** Air Crash Inv. **10.15** Bargain Hunt. **11.15** The Great Australian Doorstep. **Midnight** Room For Improvement. **12.30** Late Programs.

9GO! (99)

6am Morning Programs. **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.00** Jeannie. **4.30** Golden Girls. **5.00** Nanny. **6.00** Seinfeld. **7.00** TBA. **9.00** Seinfeld. **10.00** Veronica Mars. **10.55** The Vampire Diaries. **12.40am** Supernatural. **1.35** Below Deck. **2.30** Barbie It Takes Two. **3.00** LEGO City Adventures. **3.20** Cry Babies Magic Tears. **3.40** Late Programs.

10 COMEDY (11)

6am Morning Programs. **11.30** Ridiculousness. **12.30pm** Ghosts. **1.00** Becker. **1.30** Frasier. **2.30** Everyday Gourmet. **3.00** Ghosts. **3.30** Becker. **4.00** Frasier. **5.00** Neighbours. **5.30** Friends. **6.30** Big Bang. **8.30** Becker. **9.00** Frasier. **10.00** Ghosts. **10.30** Ridiculousness. **11.30** Shopping. **1am** Bold. **2.00** Stephen Colbert. **3.00** Shopping. **4.30** GCBC. **5.00** Everyday Gourmet. **5.30** Late Programs.

On Demand

LAST DAYS OF A LEGEND

OZZY: NO ESCAPE FROM NOW
Streaming, Paramount+

Fitting farewell: *No Escape From Now* chronicles rocker Ozzy Osbourne's determination to say goodbye to his fans, on his own terms.

Never intended to be a posthumous project, this unfiltered portrait of the last six years of rock icon Ozzy Osbourne's life documents the legendary Black Sabbath frontman's health battles and his determination to play one final show, a feat he achieved just weeks before his death on July 22, 2025, aged 76.

Produced and directed by BAFTA Award-winning *Gogglebox* co-creator Tania Alexander, the feature-length documentary includes candid commentary from Ozzy, his wife Sharon and children Aimée, Kelly and Jack as they recount Ozzy's life-changing late-night fall in February 2019, which saw the rocker break his neck and caused him to cancel his farewell tour.

The family shares details of Ozzy's subsequent corrective surgeries, escalating health issues and the progression of his Parkinson's disease, as well as highlighting the impact of ongoing chronic pain on his mental health and those nearest to him.

In the tradition of the family's game-changing 2002 reality series *The Osbournes*, the film also includes an unvarnished look at Ozzy's home life and the colourful conversations going on behind closed doors.

Ozzy's recovery eventually saw him re-enter the studio to record with Post Malone, an experience he describes as "the best medicine I've ever had" and which led to his final albums, *Ordinary Man* and *Patient Number 9*.

A loving testament to Osbourne's sheer talent, sharp wit and dedication, and an honest rumination on mortality and the healing potential of music, the film is a powerful tribute to the Prince of Darkness and his signature approach to grabbing life by the horns. **– Lauren Mitchell**

VICTORIA BECKHAM
Streaming, Netflix

Victoria Beckham (pictured) almost stole the show from husband David in his 2023 docuseries *Beckham* by playfully claiming to be "very working class" as a child, despite the fact she was driven to school in a Rolls-Royce. Now, the spotlight is firmly on the global popstar, fashion icon and entrepreneur, with a behind-the-scenes look at her enduring career.

JOHN CANDY: I LIKE ME
Streaming from Friday, Prime Video

From *Uncle Buck* to *Cool Runnings*, Canadian comedian John Candy (pictured) charmed fans around the world with his memorable performances in hilarious and heartfelt films before his sudden death in 1994. Directed by Colin Hanks (son of Tom), this documentary looks at his life and legacy, featuring interviews with a cavalcade of famous fans and co-stars.

ABSOLUTELY FABULOUS: INSIDE OUT
Streaming, Stan

Crack open the Bolly, sweetie. *Absolutely Fabulous* favourites Joanna Lumley and Jennifer Saunders (both pictured) chuckle their way through this charming retrospective on how the hilarious British sitcom went from chaotic mess to national treasure. They reunite with co-stars Julia Sawalha (Saffy) and Jane Horrocks (Bubble) to share anecdotes, behind-the-scenes secrets and a raft of archival highlights that will delight fans.

THE LAST FRONTIER
Streaming from Friday, Apple TV+

Imagine *Con Air* meets *The Fugitive* and you've got this high-stakes action thriller. Aussie Jason Clarke (pictured, *Oppenheimer*) plays a lone US marshal in remote Alaska who must lead a manhunt when a prisoner transport plane crashes, unleashing dozens of dangerous inmates into the wilderness. Co-starring Haley Bennett, Simone Kessell and Dominic Cooper, the 10-episode drama promises plenty of chaos and intrigue.

KAREN PIRIE
Streaming from Friday, BritBox

Lauren Lyle (pictured) returns as the titular detective for a second season of this acclaimed crime drama. This time, the fearless sleuth and her team investigate a decades-old cold case – the kidnapping of the daughter of an oil tycoon and her young son. Based on the novels by Scottish author Val McDermid, the gritty series promises to keep viewers guessing.

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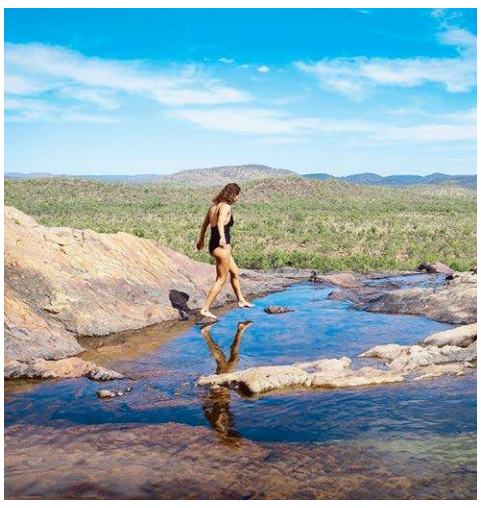
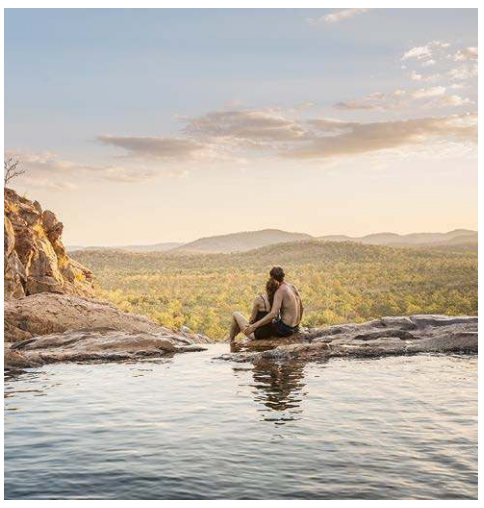
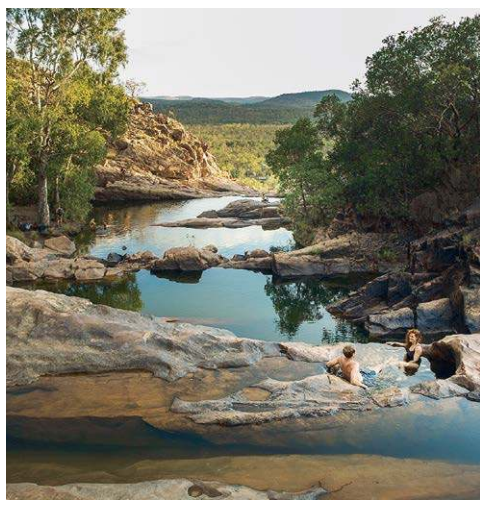

Enjoying the Gunlom Falls Top Pool. (NT, Jonathon Clayton)


Getaway to Gunlom. (Tourism Australia, James Fisher)


Gunlom Falls. (Tourism Australia, James Fisher)

Relaxing at Gunlom Falls (Credit Tourism NT)

Gunlom Falls reopens: A timeless Kakadu treasure

AFTER six years, Gunlom Falls is back on the tourist trail.

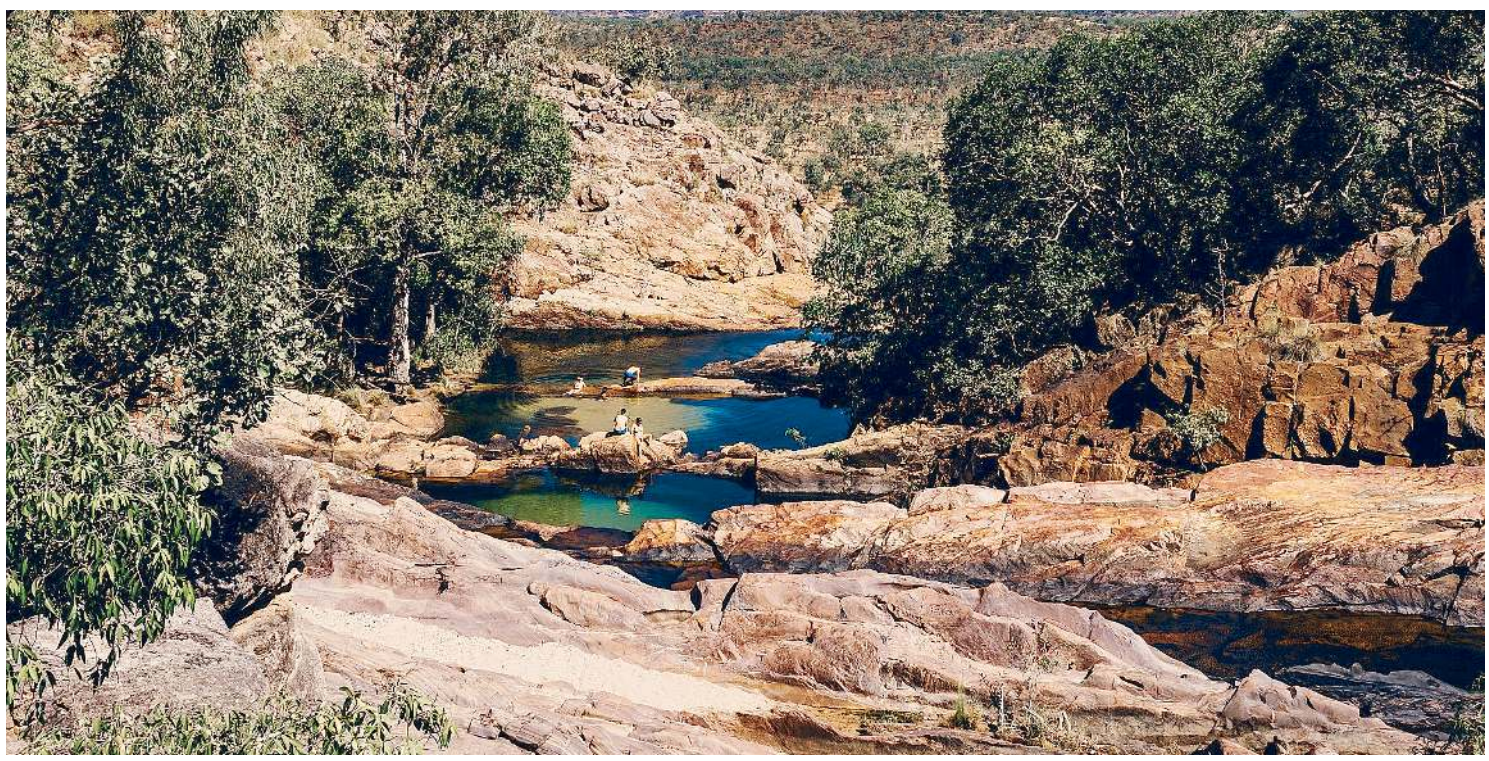
The falls - one of the Northern Territory's most iconic travel destinations - reopened earlier this year, marking the first time the tourism drawcard has been accessible to the public since 2019.

Located on Jawoyn Country in the southern region of the UNESCO World Heritage dual-listed Kakadu National Park and a much-loved location featured in classic Australian film Crocodile Dundee, Gunlom Falls offers iconic cascading falls, a breathtaking natural infinity pool with sweeping views across the escarpment, crystal-clear plunge pools and shaded picnic areas.

As the jewel in the crown of Kakadu National Park, Gunlom Falls' reopening is being welcomed by visitors from around Australia and around the world.

Gunlom Falls' campground is also operational again and works on a first-come, first-served basis. For many, camping is a highlight when visiting the area with relaxing walks in nature, incredible birdwatching, swimming in cooling plunge pools and opportunities to share stories around the campfire beneath endless starry skies.

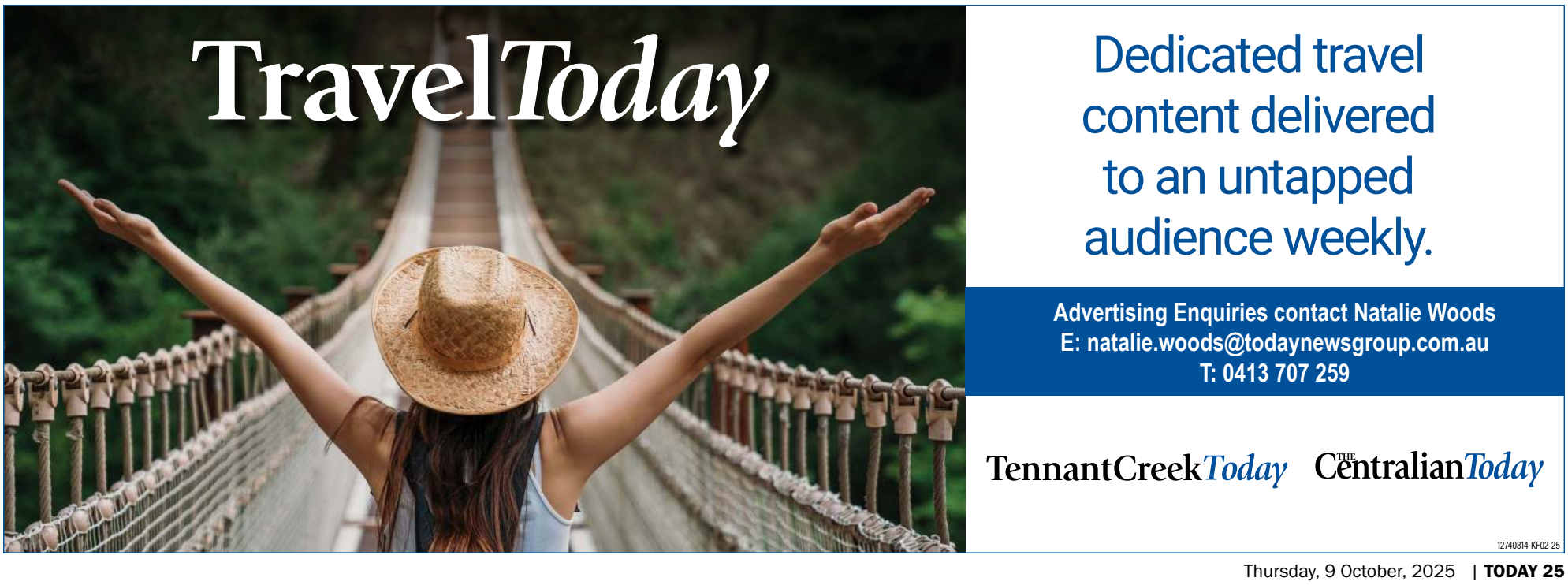
The journey to Gunlom Falls is all part of the adventure. To get there, it's about a four-hour drive from Darwin or two hours from Jabiru, with sealed roads leading to the turn-off and an unsealed stretch into the campground and falls. The drive itself sets the scene: wide skies, red earth, and the changing colours of the Territory landscape.


Nature's infinity pool at Gunlom. (Tourism NT, Jewels Lynch)

Visitors can also choose to witness the full magnitude of Kakadu National Park from above with a scenic helicopter flight during the wet season, when waterfalls cascade at full force against ancient landscapes below.

Gunlom Falls also sit within a landscape rich in Aboriginal culture, where stories stretch back tens of thousands of years. Visitors are reminded they are on Jawoyn Country, and taking time to understand this cultural context adds invaluable depth to the experience.

For those who remember Gunlom Falls from years gone by, the chance to return feels like reconnecting with an old friend. For first-time visitors, it's an opportunity to discover one of the Northern Territory's most magical places. Either way, a visit to Gunlom Falls is the kind of experience that stays with the visitor forever.



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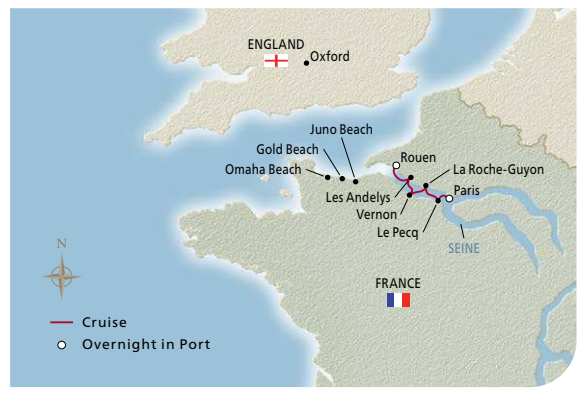

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12794837-JV40-25

The Garden Guru

Geoff Miers

October a busy time planting

OCTOBER is one of the three best months of the year to garden as the climatic conditions are ideal and growing conditions suit literally all plant varieties, irrespective of the garden type.

Vegetables, flowering annuals, herbs, fruit trees, native and exotic species and container gardens can all be planted now with great success as they love the warmer soils.

Planting now will quickly see plants establishing new root systems and generating new foliage growth as they prepare themselves for the summer months ahead.

Critical to successful planting however revolves around several key factors.

Your best bet is to only purchase quality, healthy sun hardened stock that is actively growing, plants preferably grown here in Alice Springs.

Prior to planting it may be necessary to make some improvement to the soil. At the very least when planting perennials put a fertilizer tablet 7.5cm under the plant.

If soil conditions are poor add gypsum; if the soil has a high clay content, add organic content (e.g. potting mix) to stimulate microbionic activity in the soil; if the soil is lacking organic matter and/or add a wetting agent to improve the soils water holding capacity.

The type of plant or planting being undertaken will dictate how much work is required prior to planting.

Major plantings in the vegetable, herb and flowering annual garden should be undertaken over the next three weeks.

It's now an optimum time to plant capsicums, chilli, cucumbers, egg plants, marrow, rock and water melons, pumpkins, squash, sweetcorn and zucchini.

Many of these are best planted by direct seeding.

Many people prefer to plant seedlings as they have an immediate impact, however with seedling transplants sometimes a little extra effort is required to provide some protection to lessen the impact of transplant shock or in some instances it's possibly better to plant seed.

Seed grown plants when they emerge from the soil seem to quickly adapt to the climatic conditions with no shock factor setting the plants backwards.

Crops of beetroot, carrots, celery, cress, dwarf and climbing beans, okra, parsley, parsnips, potatoes, radish, shallots, silver beet, spinach, spring onions, strawberries, sweet potatoes and tomatoes will still thrive if planted now.

In the flower garden a large range of flowers can be planted this month.

Marigolds are always great in the vegetable garden, petunias will give a quick sustained blaze of colour, gazanias flower on the hottest days, seaside daisies flower for months on end and suit most gardens, portulaca suit the dry rockery, sunflowers bring the ring neck parrots and zinnias bloom in full summer.

If planting out vegetables or flowering annuals fertilise the soil prior to planting using blood and bone or any of the other organic fertilisers.

It is always better to prepare the ground a few weeks in advance if using fresh animal manures, however little harm will occur if using commercial organic fertilise as recommended. Generally you can prepare the soil and plant immediately.

Fresh manures be they chicken, cow, camel, etc are another matter, you will need to water the soil and allow the manures to break down prior to planting over several weeks.

Planting of citrus and fruit trees and strawberries now will thrive provided the plants are nurtured over the next month. All require some extra attention to provide ideal growing conditions. Central to this is the need to be particular about the plants' watering needs. Adequately watered they will all quickly settle and grow.

Marigolds are always great in the vegetable garden. (Elka Scherer: 448480)

Remember with any planting out now mulching becomes increasingly important particularly as temperatures increase.

Organic mulches will moderate soil temperature variations, limit water loss due to evaporation, limit weed growth, promote necessary micro-organic activity and in the longer term provide much needed organic material needed for conditioning our soils.

Critical to all planting now is establishing a regular watering regime to meet the plant's needs. Watering may be required daily for the first 2-3 weeks or until new roots venture out into the surrounding soil and the plant is better able to withstand any hiccups.

Now is the perfect time to plant capsicums.

Smaller cucumbers are sweeter.

EVENTS

ALICE SPRINGS

Todd Mall Markets
- Todd Mall | Sundays (check ASTC website for dates)
- Local crafts, produce, food stalls and live entertainment.

Live on the Lawns (Lunchtime Music)
- Old Courthouse Lawns | Wednesdays, 12.30–2PM
- Free outdoor concerts with live local music.

Central Craft – Digital Textile Design Program
- 47 Elder St | Every Tuesday
- Hands-on textile workshops exploring digital design with Central Craft and Bindi Enterprises.

Pickleball Sessions for Seniors
- The Y | Wednesdays, until December I The Marian Centre I Sundays 9-11AM
- Weekly social pickleball games for seniors and community members.

Intro to Watercolour
- Cnr Gregory Terrace & Leichhardt Terrace | Saturday October 11, 10.30AM-12.30PM
- It's never too late to learn the basics of watercolour painting. Join us with facilitator Beck Tyler in this introductory workshop for adults.

Carers NT Family Fun Day
- Alice Springs Town Pool | Sunday, October 12 10AM-noon
- A day to honour three million unpaid carers across Australia. Free sausage sizzle, face painting and fun in the water.

MASIFF Mparntwe Alice Springs International Film Festival
- Various locations across Alice Springs | October 9-19
- Featuring a diverse program of films, discussions and special events, the festival celebrates film as a tool for storytelling, connection and cultural exchange.

Girls Comedy Night
- 39 Palm Cct, Ross | October 17-18

JOURNOS: Annabel Crabb and Leigh Sales are bringing their live show, Chat 10 Looks 3, to Araluen on October 10.

- Simone Springer and Amy Hetherington bring their sharp wit, relatable stories, and outrageous banter to the stage for a comedy show that's all about the chaos, joys, and WTF moments of life.

Australian Burlesque Festival - The Big Tease Soiree
- Araluen Arts Centre | October 24
- The Big Tease Soiree returns to Alice Springs, bringing 16 fabulous years of glamour, tease, and tantalising talent to the stage at Araluen Arts Centre!

Chat 10 Looks 3 Live
- Araluen Arts Centre | October 10, 7:30pm
- Sales is already channelling Jack Palance in City Slickers and Crabb is idly wondering which of her flared skirts and groovy heels will be best for hiking in Kings Canyon (don't set her straight).

MASIFF - Crown and Country
- Araluen Arts Centre | October 11
- Warlpiri teacher Wanta Jampijinpa Pawu-Kurlpurlurnu and composer Marc "Monkey" Peckham join Wanta's father Jerry Jangala Patrick OAM in an immersive fusion of film, music, and ceremonial song.

MASIFF - Seeds
- Araluen Arts Centre | October 11
- A Mohawk woman is hired as a social media influencer but gets caught in a deadly cat-and-mouse game, as she's forced to go to war to preserve her people's heritage from corporate interests.

MASIFF - Mr Nobody Against Putin Araluen Arts Centre | October 12
- Pasha Talankin is a beloved, popular primary school teacher in the small Russian town of Karabash. When Russia invades Ukraine, his life takes a dangerous turn.

MASIFF - On Becoming a Guinea Fowl
- Araluen Arts Centre | October 12
- Dark comedy meets surrealist invention in this Cannes-winning film, tackling trauma with wit, absurdity and bold imagination.

Eddington
- Araluen Arts Centre | October 12
- In May of 2020, a standoff between a small-town sheriff (Joaquin Phoenix) and mayor (Pedro Pascal) sparks a powder keg as neighbour is pitted against neighbour in Eddington, New Mexico.

MASIFF - Cactus Pears
- Araluen Arts Centre | October 15
- Following the death of his father, gay city-dweller Anand (Bhushaan Manoj) must return to his western Indian village of Maharashtra to observe the traditional 10-day grieving period and endure the suffocating love of his extended family.

MASIFF - Central Australian Shorts
- Araluen Arts Centre | October 16
- Following the sold-out success of last year's Screen Territory SPARK Short Film Initiative, we return with our own curated program of Central Australian short films.

TENNANT CREEK

Sunday Craft
- CWA Hall, Noble Street | Sundays 10AM-noon
- Bring along your craft project. Enjoy a cuppa and a chat with our members.

Community Support Group
- 58 Paterson Street | Wednesdays 5-6pm

September Community Markets
- Various local venues | Throughout September
- Flea markets featuring local crafts, produce, and entertainment.

Girls Night Comedy
- Goldfields Hotel Motel | October 19
- Amy Hetherington and Simone Springer bringing trademark sass and cracker stories.

PUZZLES

SUDOKU

No. 258

To solve a Sudoku puzzle, every number from 1 to 9 must appear in: each of the nine vertical columns, each of the nine horizontal rows and each of the nine 3 x 3 boxes. Remember, no number can occur more than once in any row, column or box.

easy

5	6		7	3		4		
	3		1					7
					5			
4		1			6		2	
		3	2	1	9	5		
	2		8			3		1
			9					
1					2		3	
		2		7	3		6	4

medium

		5			3			1
	6			5	4			7
1						5	3	
			8	2				
5		7				2		3
				1	5			
	7	8						6
3			6	4			9	
6			2			3		

hard

8	3		5				9	
7			4					
		5					4	
			7	8				2
1	2						6	3
6				3	2			
	1					4		
					4			5
	5				1		7	9

easy

4	6	1	3	7	5	2	8	9
9	3	8	2	6	4	7	5	1
2	7	5	9	8	1	6	4	3
1	9	4	7	3	6	8	2	5
6	5	3	8	4	2	1	9	7
7	8	2	5	9	3	4	6	8
8	4	6	1	5	9	3	7	2
3	2	9	6	1	7	5	3	4
5	1	7	4	2	8	9	6	3

medium

6	4	9	2	7	1	3	5	8
3	5	1	6	4	8	7	9	2
2	7	8	5	3	9	1	4	6
8	9	2	3	1	5	6	7	4
5	1	7	4	9	6	2	8	3
4	3	6	8	2	7	9	1	5
1	8	4	7	6	2	5	3	9
9	6	3	1	5	4	8	2	7
7	2	5	9	8	3	4	6	1

hard

4	5	2	3	6	1	8	7	9
9	8	6	2	7	4	1	3	5
3	1	7	8	5	9	4	2	6
6	7	9	1	3	2	5	8	4
1	2	8	9	4	5	7	6	3
5	4	3	7	8	6	9	1	2
2	9	5	6	1	8	3	4	7
7	6	1	4	9	3	2	5	8
8	3	4	5	2	7	6	9	1

Puzzles and pagination © Pagemasters | pagemasters.com

QUICK CROSSWORD

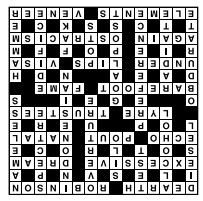
No. 258

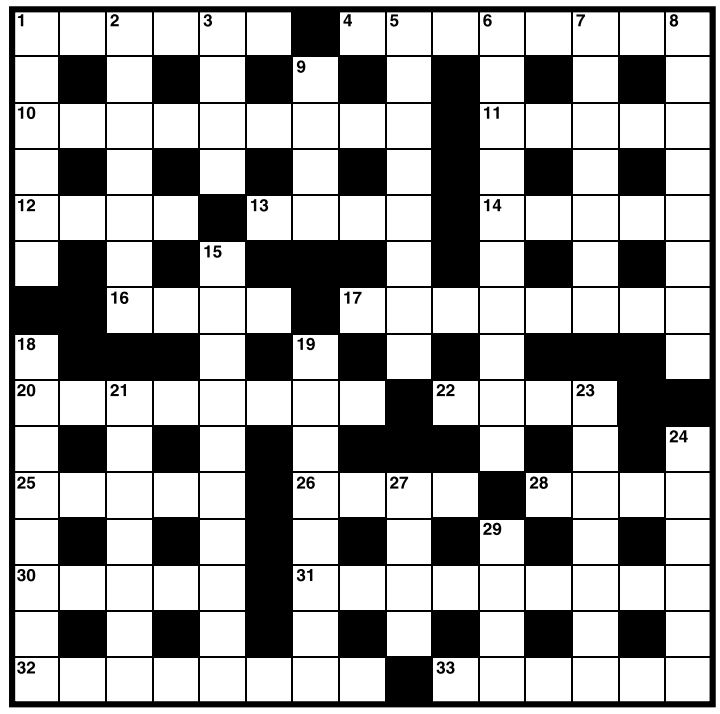
ACROSS

1 Scarcity (6)
4 Swiss family who were marooned (8)
10 Extravagant (9)
11 Vision (5)
12 Reflected sound (4)
13 Sulk (4)
14 Of birth (5)
16 Ancient harp (4)
17 Members of a trust (8)
20 Shoeless (8)
22 Widespread reputation (4)
25 Beneath (5)
26 Facial features (4)
28 Passport endorsement (4)
30 Once more (5)
31 Social exclusion (9)
32 Weather (8)
33 Facade (6)

DOWN

1 Fuel oil (6)
2 Inebriating spirit (7)
3 Probe (4)
5 Proposal (8)
6 Of Jakarta, for example (10)
7 Ghost (7)
8 Anonymous (8)
9 Storage container for grain (4)
15 Choice (10)
18 Inflexible (8)
19 Pole marking scoring area (8)
21 Spread from the centre (7)
23 Building (7)
24 Tack whacker (6)
27 Container for flowers (4)
29 Faux (4)





DECODER

No. 290

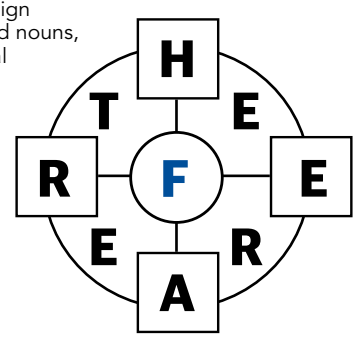
8	1	16	2	■	14	6	12	6	14	11	10	26 F
1	■	1	■	13	■	4	■	8	■	21	■	11
7	1	21	22	12	11	13	■	5	16	16	6	4
7	■	18	■	6	■	6	■	20	■	3	■	17
10	1	24	9	24	■	20	15	1	18	18	17	■
6	■	■	■	6	■	9	■	10	■	1	■	5
12	6	13	11	12	9	■	13	5	12	24	6	20
24	■	10	■	23	■	1	■	9	■	■	■	12
■	2	5	12	5	9	24	■	3	9	20	15	17
14	■	9	■	9	■	5	■	11	■	15	■	10
11	18	6	10	3	■	18	6	16	7	5	10	3
6	■	5	■	23	■	10	■	24	■	24	■	20
24	19	1	6	6	25 Z	6	24	■	26 F	6	22	24

1	2	3	4	5	6	7	8	9	10	11	12	13
14	**15**	**16**	**17**	**18**	**19**	**20**	**21**	**22**	**23**	**24**	**25**	**26**
											Z	F

U 1	K 2	I 3	X 4	A 5	E 6	G 7	J 8	T 9	L 10	O 11	R 12	P 13
W 14	H 15	N 16	Y 17	B 18	Q 19	C 20	M 21	D 22	V 23	S 24	Z 25	F 26

9-LETTER WORD

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural nouns ending in "s".



Today's Aim:
11 words: Good
16 words: Very good
22 words: Excellent

after, fare, farther, fate, father, fear, feat, feather, feet, ferret, fete, free, freer, fret, haft, heft, HEREAFTER, raft, rafter, reef, reefer, refer

WORDFIT

No. 258

3 LETTERS
ADO
AID
ASK
BOA
COD
COW
DON
EBB
ERA
ERR
HAT
IOU
MET
NEE
ODE
PEN
SEE
SIN
TEE
THE
TNT
VAN

4 LETTERS
DISC
EMIT
EYED
KEPT
SALT
SHOD
TEES
TORN
TYPE
WRAP

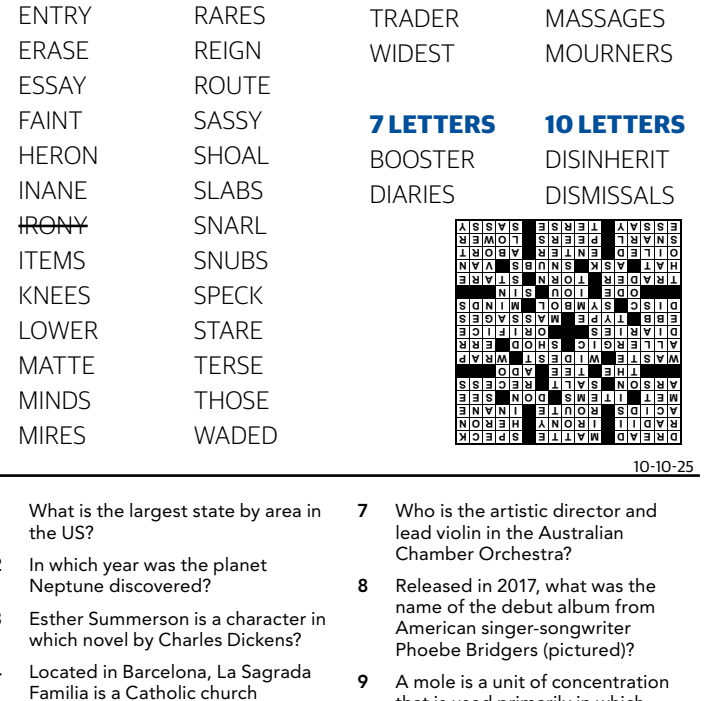
5 LETTERS
ABORT
ACIDS
ALIBI
ARCED
ARSON
ATLAS
AVOWS
CONES
DRAMA
DREAD
EDITS
ENTER
ENTRY
ERASE
ESSAY
FAINT
HERON
INANE
~~IRONY~~
ITEMS
KNEES
LOWER
MATTE
MINDS
MIRES
NURSE
OILED
OTTER
PEERS
PRESS
RACER
RADII
RAINS
RARES
REIGN
ROUTE
SASSY
SHOAL
SLABS
SNARL
SNUBS
SPECK
STARE
TERSE
THOSE
WADED
WASTE
WISPY

6 LETTERS
DEADLY
RECESS
SHINED
SYMBOL
TRADER
WIDEST

7 LETTERS
BOOSTER
DIARIES
GEYSERS
ORATORS
ORIFICE
TOUSLED

8 LETTERS
ALLERGIC
AROMATIC
MASSAGES
MOURNERS

10 LETTERS
DISINHERIT
DISMISSALS



10-10-25

5x5

S		R		P
	R		N	
R		F		E
	T		E	
B		S		S

No. 365

Insert the missing letters to make 10 words – five reading across the grid and five reading down.

NOTE: more than one solution may be possible

S	T	S	E	B
R	E	T	T	U
E	L	F	I	R
P	I	R	A	C
S	T	I	N	E

QUICK QUIZ

1 What is the largest state by area in the US?
2 In which year was the planet Neptune discovered?
3 Esther Summerson is a character in which novel by Charles Dickens?
4 Located in Barcelona, La Sagrada Familia is a Catholic church designed by which famous architect?
5 What is the name of the traditional Korean dish typically consisting of fermented cabbage?
6 Recipient of the 1976 Archibald Prize, *Self Portrait in the Studio* is an artwork by which Australian painter?
7 Who is the artistic director and lead violin in the Australian Chamber Orchestra?
8 Released in 2017, what was the name of the debut album from American singer-songwriter Phoebe Bridgers (pictured)?
9 A mole is a unit of concentration that is used primarily in which branch of science?
10 Known for its canals and medieval buildings, Bruges is a city in which country?

ANSWERS: **1.** Alaska **2.** 1846 **3.** *Bleak House* **4.** Antoni Gaudí **5.** Kimchi **6.** Brett Whiteley **7.** Richard Tognetti **8.** *Stranger in the Alps* **9.** Chemistry **10.** Belgium

Down Every Street

Proudly bringing Jose Petrick's writings back to print

COMMITTEE: Jockey Jim Lackman, centre, with race committee during a c1924 race meeting. (State Library Of SA/Laver Collection - PRG 1365/1/502)

Focus on Jim Lackman

By Phil Williams

NAMED after Eugene Sylvester Lackman, and known as Jim, Lackman Terrace in Braitling was gazetted on 6 September 1972

Jim Lackman was born in 1896 and served with the 9th Light Horse Brigade in World War I before being returned home suffering from tuberculosis.

He enlisted with the Australian Imperial Forces as a stablehand on November 26, 1917 at a rate of six shillings per day, roughly $37 in today's economy, embarking in Sydney on the 'SS Port Darwin' on April 30, 1918.

Due to his poor health, in 1922, he came to Alice Springs to try a warmer climate and worked as a bookkeeper for Sir Sidney Kidman, and later obtained the contract for delivering mail by camel from Oodnadatta to Alice Springs, still known as Stuart, by pack horse north to Powell Creek near Renner Springs.

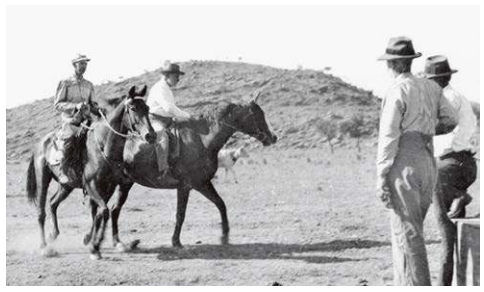
He bought Block 19 in Bath Street in 1923 where he established a butcher's shop then a block on the farm area where he ran cattle and goats.

Before World War II, he opened Lackman Agencies in Railway Terrace, on part of what is now the Coles complex site, where he sold milk shakes made from goats milk from his own farm.

He was an agent for Plume Motor Spirit, which later became Mobil, Guinea Airways which was established in Alice Springs in 1938 and Barnett Glass Tyres.

During World War II, he refuelled war planes as they stopped over in the Centre.

Lackman played tennis and golf and attended test cricket, particularly the Ashes contests, but often, his poor health drove him back to Alice Springs halfway through the series.



RACE MEETING: Jockey Jim Lackman, with race stewards at a race meeting, possibly at the old Mt Nancy course, now Dixon Road c1924. (State Library of SA/Laver Collection - PRG 1365/1/490)

Because of his love for the sport, he started night cricket matches on his Railway Terrace property.

A jockey in his early days, horse racing was his main interest and he trained and raced horses in partnership with Jack Lovegrove and was an early secretary of the Alice Springs Racing Club.

For many years, he wrote a regular column about Central Australian life for the Adelaide Advertiser under the pen name 'Vox.'

He eventually sold his farm block to Domenico Ragonesi and moved to Adelaide to concentrate on his racehorses with further success.

After his death on July 9, 1967, Jim Lackman was commemorated by the former Anzac Hill High School which named Lackman House in his honour due to his service with the ANZACs

Source: The History of Alice Springs Through Landmarks and Street Names by Jose Petrick OAM. Third Edition, Updated to 1966.

Additional information, NT Place Names Register, Trove and other sources.

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Announcements

IN MEMORIAM

In Loving Memory of
Lynne Peterkin
Died 9th September 2025
Aged 83
After 58 Years in Alice, "A Local" at last!
With our thanks to those who offered condolences and support.
Ross and Family
12907230-MS40-25

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recipe

Scotch egg sausage rolls

Serves: 4-6
Prep time: 15 mins

Ingredients

- 3 eggs
- 500 g pork mince
- ¼ cup breadcrumbs
- ¼ cup milk
- 1 tsp fennel seeds
- 1 egg
- 1 tsp salt
- Pepper, to taste
- 3 sheets puff pastry
- 1 egg, for egg wash
- Tomato sauce,to serve

Method:

1. Preheat your oven to 180°C fan-forced.
2. Place a small pot of water onto boil and once boiling lower in your eggs. Cook for 10 minutes, then remove and place in cold water.
3. Meanwhile, in a large bowl add pork mince, breadcrumbs, milk, fennel, egg, salt and pepper. Mix well until combined and sticky. I use a stand mixer for this but you can just massage the mix with your hands.
4. Peel the cooled boiled eggs and cut into quarters lengthways.
5. Lay out a sheet of puff pastry and spread about one third of the sausage mix across two-thirds of the sheet. Leaving a gap at the end to seal. Place a row of sliced egg along the middle lengthways, then roll up the sheet so the eggs are in the centre.
6. Place the pastry seal-side down and cut in half. Repeat with remaining mix.
7. Place your sausage rolls on a baking tray and brush with beaten egg. Bake for 45-55 minutes, until the pastry is evenly golden brown and cooked through.
8. Remove and cool before serving.

Recipe courtesy of Australian Eggs

Cauliflower Loaf

Prep time: 15 mins + chilling and standing time
Cook time: 50-55 mins
Serves: 4-6

Ingredients

For the hummus

- 1kg cauliflower florets (approx. 1 large cauliflower)
- ⅔ cup (100g) cornflour
- 2 tsp baking powder
- 2 tsp curry powder
- 1 tsp salt
- 250g grated pizza cheese
- 4 eggs
- 1 tbsp each of sunflower and pumpkin seeds
- Poached eggs, avocado and chopped red chilli to serve

Method:

1. Preheat oven to 200°C/180°C (fan-forced) and grease and line a large 20cm x 11cm x 9cm (base measurement) loaf tin with baking paper, making sure to leave an overhang on the long sides.
2. Place cauliflower into the bowl of a food processor and process until finely chopped to the size of rice grains. Transfer to a large mixing bowl.
3. Sift cornflour, baking powder, curry powder and salt together and add to cauliflower. Mix well. Add cheese and eggs and stir through.
4. Spoon into prepared pan and smooth the top. Sprinkle over seeds and bake 50-55 minutes, or until set and golden and a skewer inserted into the centre comes out clean. Stand in tin for 15 minutes. Cover and refrigerate until cold. Cut into thick even slices and serve topped with avocado, poached eggs and chopped chilli.

Tips:

- Use a gluten free pizza cheese blend for a complete gluten free bread.
- The loaf will slice easier when cold. It may be eaten while still warm, but it will be soft and crumbly.
- Reheat slices in toaster or heat between layers of baking paper in a sandwich press.
- Spread with your favourite lunch toppings for a healthy lunch.
- Use any type of seeds for the top such as sesame and hemp seeds.
- Cauliflower bread will keep for 3-4 days in a sealed container in the refrigerator.

Recipe courtesy of Australian Eggs

HOROSCOPE by Lilith

Your week ahead

The excellent astral news this week is Pluto moving forward in Aquarius and Venus sashaying into Libra, her favourite homestay, to give the general ambience a grace and beauty upgrade…

ARIES
(Mar 21 - Apr 20)

Lesson time continues with Chiron and Neptune retrograde in your sign, but on the good side aren't you learning a lot, and fast, Aries? This week's Venus could easily fall for someone or something's potential, so be aware of any tendency to see what you want to see rather than what's there.
Best day:
Wednesday 15 October

TAURUS
(Apr 21 - May 20)

With your guiding planet, Venus, making the annual visit to her elegant home zone, pay attention to visuals, because looking your personal best isgoing to pay off. A caution, though: your willpower could be a little less than robust in the face of this week's tempting pleasures.
Best day:
Saturday 18 October

GEMINI
(May 21 - Jun 21)

Pluto's moved forward, but with a quartet of outer planets still throwing retroshade, you might have the feeling of spinning your wheels or hitting continual speed bumps. Try to understand that others are in their own process, moving at their own timing, which mightn't be as fast as yours.
Best day:
Tuesday 14 October

CANCER
(Jun 22 - Jul 22)

This week asks where could you bring more caring touches into daily life. Whether by connecting with co-workers, calling someone you've lost touch with, inviting people over, peacemaking in the family, starting a group or joining an organisation, you'll find your greatest strength lies in combined people power.
Best day:
Sunday 12 October

LEO
(Jul 23 - Aug 23)

Venus at her best address, in the sign of artful partnering, is this year's portal for introducing more beauty, grace and artistry into ongoing relationships. A harmonious aspect to Uranus, who favours unconventional thinking, could see sudden and surprisingly exhilarating solutions to relationship problems this week.
Best day:
Tuesday 14 October

LIBRA
(Sep 23 - Oct 23)

Venus in Libra, for the finale of your birthday month, multiplies your personal magic and gives permission to shamelessly indulge without any guilt hangover. Peak moment for celebrating your upcoming, and very promising, astrological new year? When the Sun, Venus and new moon meet in Libra on 21 October.
Best day:
Wednesday 15 October

ARROW WORDS

Repeated sound →	Felines ↓	Main section — Rented ↓		Lion's hair ↓		Gives money for services ↓		Foot part ↓		
				Conscious →						
_ Turner, star of Poldark (pictured) →						Ardent		Smooth		
Attempt →				Artist's stand →		↓		↓		
Roofing slab ↓	Out of the ordinary ↓	Wager — Stand →				Mineral deposit ↓		Either ↓		Pan-fry ↓		Halts ↓
				Fear and reverence ↓	Hoops ↓			Brings up — Orange skin →		↓		↓		↓
Married woman's title ↓		Pitch →		↓	↓	Hanging ornament — Remains →		↓						
			Sage →			↓		Wish ↓		Timid ↓		Motor ↓		
Self-esteem ↓		Hired →						↓		Pace →		↓		
			Finishes ↓	Strong wind — Matures →						Chickens →				
Held tight ↓		Simple →		↓		Allow ↓		Animal foot ↓				Immerse ↓		Ovum ↓
					Slide →	↓		↓		Expire →		↓		↓
Lawn →		Hideout →				Rubbing out →								
					Casserole →					Wooden pin →				

VIRGO
(Aug 24 - Sep 22)

As October proceeds, be aware that the current Mars/Mercury meet-up could reveal hidden agendas or underhand tactics. In which case, resist sharing critical observations; better to use Mercury's clear-sightedness to negotiate and play the long game with a cool and precise measure of strategy and control.
Best day:
Friday 17 October

SCORPIO
(Oct 24 - Nov 22)

The dynamic duo of Mars and Mercury in Scorpio brings penetrating insights, inspired ideas and the energy and willpower to act on them. Intuitive hits are also strong, so listen to what's operating behind the scenes of everyday commonsense. The Law of Attraction is also working in your favour.
Best day:
Monday 13 October

SAGITTARIUS
(Nov 23 - Dec 21)

The current star scenario suggests the necessity of treading carefully in talks with co-workers or relatives. If expressing hard truths or offering feedback, keep it constructive, resist lashing out with melodramatic declarations. That said, Venus also stimulates plenty of pleasant and creative conversational interactions.
Best day:
Thursday 16 October

CAPRICORN
(Dec 22 - Jan 20)

Capricorn's planet mentor, Saturn, architect of the material world, doing its final dance in Pisces, offers the deep and necessary breath to decide which Saturn qualities – duty, delivery, accountability, boundaries – need strengthening or loosening as you naturally outgrow what feels too tight and constrictive in your life.
Best day:
Saturday 18 October

AQUARIUS
(Jan 21 - Feb 18)

After five months in hibernation, Pluto powers forward again in Aquarius and, ready or not, the planet of upheaval is pressing Go on a game-changing overhaul of social systems and structures. So where does one single Aquarian start? By looking for ways to improve your small corner of the world.
Best day:
Thursday 16 October

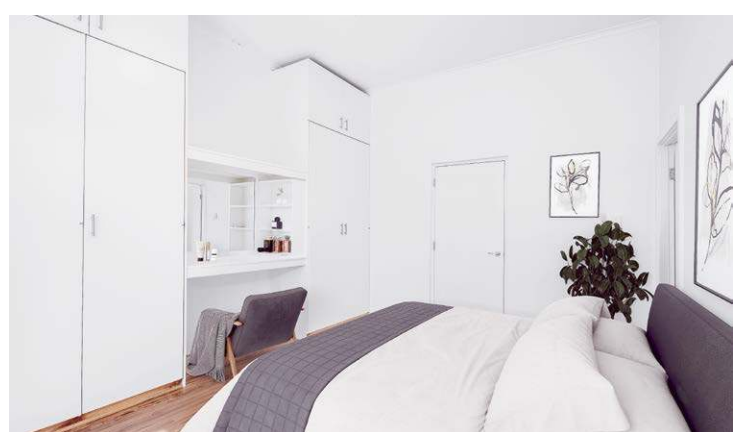
PISCES
(Feb 19 - Mar 20)

Saturn in your sign, doing its last tour of due diligence before heading off for another three decades, is the best time possible for locking in the lessons of sustained effort and doing those unglamorous reps to build core competence for a more solid footing in the material world.
Best day:
Monday 13 October

SOLUTION

G	E	P		W	E	T	S		S	S	A	S	R	G
G	N	I	S	A	R	E		N	E	D		A		
E	I	D		P	I	L	L	S		G	N	U	L	C
	G		Y		S		Y	S	A	E		U		
S	N	E	H		L	A	G			O	G	E		
P	E	T	S		D	E	T	N	E	R		E		
O		U		Y		E	S	I	W		S	R	M	
T	A	N	D	N	E	P		R	A	T		R		
S	E	S	I	A	R		D			E	L	I	T	
		V		V		O		E	S	A	B			
E		Y		N	A	D	I	A						
L		E	S	A	E		Y	R	T					
E		S	T	W	A		O	H	C	E				
H		P		M		B								

MILLS STREET ... MAGIC!



SET on a generous 1337 sqm block, this immaculate executive home offers luxury living with space to spare. Boasting a beautifully finished 4-bedroom main residence, a fully self-contained granny flat, and two substantial sheds, this property delivers style, comfort, and flexibility in one of East Side's most sought-after locations.

Main Residence Features:

- 4 spacious bedrooms, including a luxurious master with built-in robes, a large walk-in wardrobe, and a stunning ensuite
- Full main bathroom with freestanding bathtub, separate shower, vanity, and WC
- Light-filled open plan living, dining, and kitchen area with polished concrete floors
- Contemporary kitchen with induction cooking, double stainless steel sink, dishwasher, and a well-appointed butler's pantry
- Timber flooring throughout bedrooms and hallway, complemented by chic tiling in bathrooms
- Covered outdoor entertaining area overlooking low-maintenance native gardens

Granny Flat and External Features:

- Fully self-contained and securely fenced granny flat with private rear lane access - ideal for extended family, guests, or rental income
- Two large sheds offering exceptional storage or workspace options
- Fully landscaped, low-maintenance grounds

This exceptional property is move-in ready and perfect for families, professionals, or investors looking for versatile living in a prime location.

To arrange a private viewing, contact Toni or Drew today on 0403 201 653.

HOME **ESSENTIALS**

Address: 13 Mills Street, EAST SIDE Description: 5 bedrooms, 3 bathrooms, 4 garage Price: $870,000 Inspect: By appointment
Contact: Toni or Drew 0403 201 653, ALICE SPRINGS REALTY

Executive East Side Home with Granny Flat & Sheds on 1337sqm to Move In

13 Mills Street, East Side

This immaculate 4-bedroom residence combines luxury and versatility, featuring a modern open-plan design, stunning master suite, and covered outdoor entertaining. A fully self-contained granny flat with private access plus two large sheds add flexibility, all set on a landscaped 1337sqm block in a sought-after East Side location.

Contact Drew or Toni today on **0403 201 653** to arrange a private viewing.

STATE WINNER 2025 ratemyagent Agency of the year NORTHERN TERRITORY

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Cheer, cheer, red and white

By Phil Williams

SARAH Steele-Park made her AFLW league debut on Sunday September 28, against the Adelaide Crows at Unley Oval.

The former Pinktails and SANFLW North Adelaide Roosters player, Steele-Park was drafted by the Sydney Swans AFLW side as the team's last pick of the night, at number 61 in the 2024 draft held on December 16.

She is the second Alice Springs Pinktail, behind Jordann Hickey, to be offered a contract at the elite level.

Hickey went on to play nine matches across two seasons for Gold Coast Suns before being delisted at the end of the 2021 season.

When she was drafted, Park-Steele, a former CMS school teacher and Rovers player said: "I have the Pinktails to thank for where I am today.

"The Pinktails program is the pathway I have to thank for my AFLW career," she said.

"I am so grateful for the opportunities it created for me. I wouldn't be part of the Sydney Swans if it weren't for Rob (Clarke) and Macca (Ian McAdam)."

"It's so special in a town like Alice Springs where young people have access to SANFLW and AFLW clubs and can live out their childhood dreams."

Despite it being just her first game at the top level, Steele-Park was in the thick of the play.

Along with taking three marks, she had a total of 13 possessions for the game, 11 kicks and two hand balls.

In what was a dour contest, little separated the sides and the Crows took a six point lead into the final term thanks to a goal after the siren by Anne Hatchard which set up a stellar finish.

The Swans slotted a solitary major in the final term, but two behinds from the Crows was enough to give them the win in a nailbiting finish with final scores, Adelaide 6.5: 41, Swans 6.3: 39.

Sarah Steele-Park with Pinktails mentor Rob Clarke after she was presented with her guernsey for her debut game against the Adelaide Crows. (Phil Williams: 507942)

FIRST GAME: Sarah Steele-Park warms up on Unley Oval before her debut AFLW match for the Sydney Swans against the Adelaide Crows. (AFL PHOTOS/ JAMES ELSBY: 507942)

EARN: John-Henry Taylor is made to earn the ball by South's Arnold Woodbury. (498189)

DESPERATE: Hayden Alice makes a desperate attempt to bring down Tristrum Watkins Jnr. (493328

Reserves - year that was

By Phil Williams

FEDDIES made it back-to-back Reserves flags and it was a tough road for each of the teams during the year as they went hard at their opponents in the quest for premiership glory.

We take a look back at some of the season's big tackles, high marks and solid hits that made the cut as some of the Centralian Today's lens man, Phil Williams' favourite images.

NO PAID: Lazarus Ryder is taken high but receives no free kick. (498189)

GANG TACKLE: Ratu Sailasa Bolatagicu is wrapped up by a trio of South opponents. (Phil Williams: 490986)

CELEBRATE: Connor Mullins celebrates as his snap tumbles through while his Souths opponent can only watch on. (503110)

FLING: A Feds player flings himself at Caleb Gerrard as he tries prevent the ball movement. (503333)

CRUNCHED: Souths Kevin Collins kicks clear as he is crunched with a big hip and shoulder by Joshua Tranter. (490986)

UNREALISTIC: Matt Walsh comes in late and gives a way a free kick for an unrealistic attempt as team mate Robert Shaw pulled in a mark. (Phil Williams: 490986)

YANKED: Matt Walsh yanks Jason Sena away from a clearing kick. (493328)

GREETINGS: Nakala Lisati and Robert Shaw get to know each other during a melee at the halftime break. (503333)

TUMBLE: Samuel Prettejohn takes a tumble after barging over the top of his Feds opponent. (503333)

WRESTLE: Souths Harold Haines tries to wrestle the ball from Joshua Tranters. (490986)

FLY: Lachlan Sharpe flies high for a grab over Pioneer's Jamie Jones. (490986)

DESPEARTE: Brendon Inkamala makes a desperate attempt to prevent Craig Doolan getting the ball clear as Cleaveland Walker comes in to lend support. (503110)

DISPOSESSED: Tyson Miller dis posessed and is brought down by West's Jett Egan. (493328)

GIVE OFF: Wests Cody Marriott gives off a handball to team mate in the goal square. (493328)

SHOT: Michael Penman takes the shot at goals as Chris Materne and David Cheetham defend. (503070)

DEFEND: David Cheetham attempt to score is beaten by a desperate Jawyon Hiscox in the goals. 479968)

TOMAHAWK: Stuart Hutching takes a tomahawk shot at goals as Minnie Brerley comes in to tackle. (489813)

Masters of the stick

By Phil Williams

AFTER again being crowned minor premiers and reaching the grand final, Federal fell at the final hurdle, losing to Central in the Men's/Open Hockey decider. Despite some teams facing challenges in fielding a full side during some minor round games, the contests remained engaging as each player gave their utmost for their team.

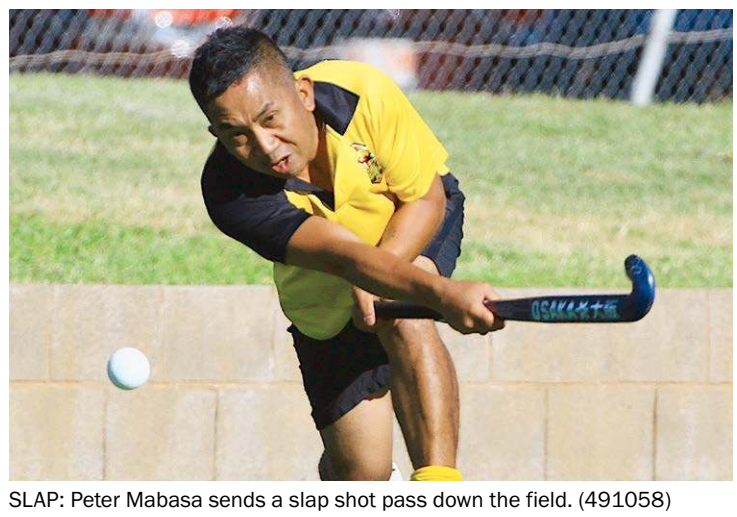
This pictorial, captured through Phil Williams' lens offers a glimpse into some of the memorable moments that defined the season, with the images painting a picture of the competitiveness and emotion within the competition.

CLEAR: Jawyon Hiscox clears the ball from the circle as John Kenna makes an attack. (479968)

SAVE: James Rowland puts the leg guards to good use as he makes a sliding save from the short corner. (Phil Williams: 491058)

ATTEMPT: Kuldeep Sran attempts to intercept the ball and put a tackle on Redback's John Kenna. (479968)

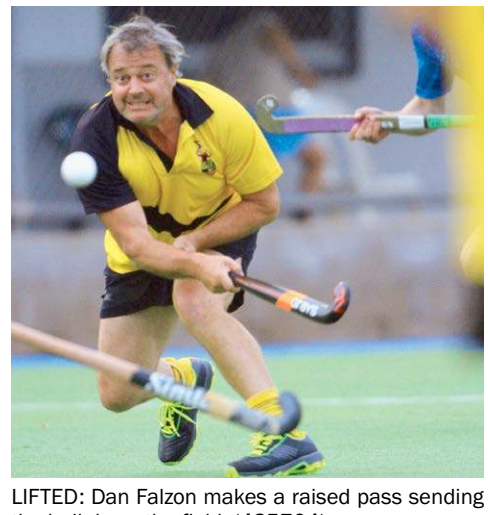
MISS: Haroma Matthews reacts after missing a scoring opportunity. (485704)



SLAP: Peter Mabasa sends a slap shot pass down the field. (491058)

CIRCLE: Peter Mabasa and Michael Jarman watch the raised ball in the circle as Dale Hiscox is ready to make the save. (485704)

QUICK PASS: Simon Gill gets a quick pass away before Chris Materne goes for the tackle. (491058)



LIFTED: Dan Falzon makes a raised pass sending the ball down the field. (485704)

YDU and Spitfires win flags

By Ryan Saxelby, AFL NT

THE Spitfires and YDU capped off a thrilling 2025 Barkly Australian Football League season by claiming premiership glory in their respective divisions.

In the women's decider, despite being minor premiers, the Spitfires entered as clear underdogs after suffering a bruising 60-point loss to the Elliott Hawks in the qualifying final just a fortnight earlier.

The competition leaders responded in perfect fashion, opening the grand final with three unanswered goals to take control early.

Elliott hit back in the second term with two majors of their own, but the Spitfires held firm, matching the Hawks' output to maintain a 20-point halftime lead.

The Hawks found their spark after the main break, booting two goals to one to trim the deficit to 15 points and reignite hopes of a comeback.

With their proven scoring firepower, Elliott looked capable of running over the top in the final quarter.

But the Spitfires were in no mood to surrender. Playing disciplined, possession-heavy football and slowing the tempo with stoppages and uncontested marks, they strangled the contest and sealed the flag with a final-term goal to clinch a 23-point victory.

Spitfires' Delaicee Hansen was awarded the 2025 Best on Ground Medal, while Keara Baker-Storey, Asinate Bradbury and Thalia Kelly were influential across the midfield, racking up disposals and driving the ball forward. Dayna Dowling and Delaicee Hansen were deadly in attack, each slotting three goals to cap dominant performances.

Despite the disappointment of the result, Elliott's Jasmine Bathern, Shakana Rankine and Luelle Raymond were standouts throughout the season and again fought hard on the big stage.

FLAG: YDU A Grade players celebrate with their Barkly AFL 2025 premiership flag. (AFL NT: 506203)

The men's grand final delivered a nail-biting finish as YDU avenged their 2024 heartbreak in a tense rematch with Elliott.

The Hawks burst out of the gates with a three-goal opening quarter to build a 16-point lead, but YDU refused to buckle.

With precision kicking and relentless pressure, they piled on four unanswered goals in the second term while restricting Elliott to just three behinds, swinging the momentum and snatching a five-point halftime advantage.

YDU maintained their edge in the third quarter, adding two goals to stretch the lead to 13 points. Elliott surged late, peppering the forward 50 and booting two goals to bring the margin back to single digits, but a steadier from YDU proved decisive. They held firm in the dying minutes to secure a hard-fought seven-point triumph.

Despite the result, Elliott's Anthony Raymond claimed Best on Ground honours following a terrific effort to keep his side in strong contention.

From defence to attack, YDU impressed, their precise ball movement and trust in each other proving the difference. Their efforts around the ground played a vital role, showcasing strong support for each other.

Masters of the stick: Phil Williams' action pictures

FROM PAGE 38

SPRAY: Samuel Cheetham makes the water spray with a slap pass down the field to a waiting teammate, Chris Materne (Phil Williams: 497503)

BATTLE: Haroma Matthews and Jack Kelly battle for the ball in the Desert Sharks defensive circle. (493324)

SAVE: James Rowland makes a sliding save pushing the ball high. (493324)

TennantCreek*Today*

Sport

Season in pictures PAGE 36-37

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FLYING HIGH: The Spitfires flew high to win the 2025 Women's Barkly AFL premiership (AFL NT: 506203)

YDU and Spitfires win flags

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