

Support local trade

PHOEBE DOYLE

THE saying 'what goes around comes around' perfectly encapsulates the importance of shopping locally this Christmas.

Swan Hill Incorporated marketing co-ordinator Tameeka Hankin believes that with a wide variety of goods and services available right here in town and in the surrounding areas, it makes sense to be supporting the people that will inevitably return the favour.

"It all goes around in a circle," she said.

"Sometimes you do pay a little bit extra, but you are getting that service, you're getting that support, you're supporting that local person so they can stay open, so they have an income, so they can spend it at your shop."

Ms Hankin said that this festival season was more than ever the time to be supporting local businesses.

"We've just come out of COVID and with the high water level and with the flood situation, we have sort of been essentially cut off for the last month or two, and businesses have been a bit quiet," she said.

To encourage people to shop local this Christmas, Swan Hill Incorporated is running a shopping promotion until December 23, where for every purchase at participating stores, patrons can go in the draw to win a \$200 gift card and various gift cards that have been donated by local stores, as well as 10 Swan Hill gift cards valued at \$100.

There will also be a late-night trading event on Friday, December 16, with participating stores staying open until 7pm, as well

Ten benefits of shopping local:

- 1. It's convenient
- 2. It's better for the environment by helping reduce your carbon footprint
- 3. You help support local businesses
- 4. You invest in your community
- 5. It helps create demand for local jobs
- 6. There are great deals to be found
- 7. You're likely to find quality products
- 8. Items and food are more likely to be
- sustainably sourced
 9. There's more chance of finding the weird, wonderful and quirky
- 10. You make more thoughtful purchases

as having entertainment such as Christmas carols, face painting, and even Santa himself.

"When shopping local, you get the service and you get more of that one-on-one connection," Ms Hankin said.

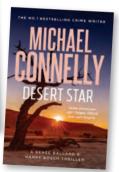
"You can buy online, but you don't know who you are buying it from, where it has come from, and it might not come, it might be broken by the time it gets here.

"If you shop local, the local people will look after you."

Swan Hill Incorporated marketing coordinator Tameeka Hankin is confident the Christmas trade in Swan Hill will be good this holiday season. **Picture: Phoebe Doyle**









Christmas presents for the whole family!





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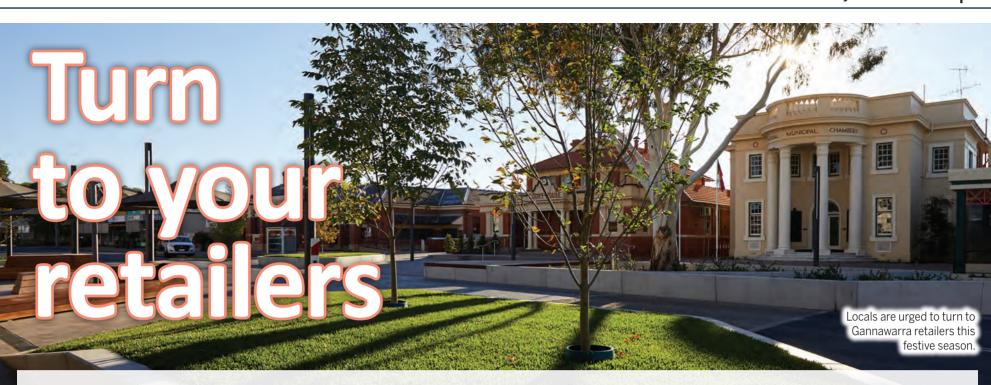


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AFTER two years of pandemic-induced hardship, local businesses in Cohuna and Kerang are facing a new battle, like many others in the state, to keep their doors open and generate business amidst an evolving flood crisis.

Whilst there are certainly difficult times ahead for many of the regions families, there is no greater time for residents to support small business and buy local because spending your Christmas dollars locally this year could help keep doors open and trade sustained.

No matter how big or small the purchase, every little helps.

Kerang Traders acknowledge this and are committed to providing a platform for all of Kerang's local businesses to showcase their products, services and

They are a dedicated group, who's aim to "help the local business sector thrive" and in turn "build a stronger

In giving local business the platform to promote their services, trade or products, Kerang Traders are supporting the business longevity, which is never more important than during trying times.

One of the many ways they facilitate

this, is by offering a gift card service that is exclusive to the Kerang business commuting

Gift cards can be purchases through their website, and used across a variety of local businesses.

They come in a range of set dollar amounts and are the perfect gift this Christmas.

In buying a Kerang Traders gift card, you will not only be putting a smile on someone's face but you'll also be putting your valuable support behind the Kerang business community.

Like Kerang Traders, the local Cohuna

business community are also urging you to spent locally this Christmas.

Cohuna is a bustling township with a strong commercial centre.

The CBD provides shoppers with a relaxed, friendly feel and has everything you need, from retail shops with food and coffee, to clothing and fashions, electrical, furniture and giftware.

All your Christmas gift buying is in one

So why not take a walk along the busy main street, and explore the great locally owned and operated stores that really need support at this time.

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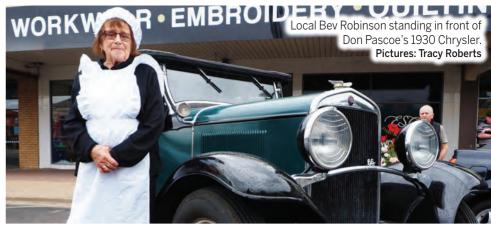












n gathers spirit

DANIELLE CONNOLLY

SINCE its inception in 2015, the annual Gannawarra Toy Run has been a key event in the community's fundraising calendar.

The toy run, which is a 150km ride and drive event throughout the Gannawarra Shire, was the brainchild of Cohuna Men's Breakfast members.

Its core focus is to raise money through donations and grants, for local families in

Chairman of the organising committee, John Webb, discussed the reason for its establishment.

"It was about 10 years ago at a men's breakfast that a few men got talking about Christmas raising money for kids and helping community at Christmas time," John

"We came up with toy run as a few of the boys had motorbikes."

In the last eight years, the toy run has evolved and year upon year, it has got bigger and better, raising more and more funds for community groups and organisations. John accredits some of this success to Paul Webb, founding member and driving force behind the run's establishment.

"Paul was the founding member of the Geelong Toy Run," John said.

"He had a lot of experience and he really led the way with our event."

Paul died before he could witness the fantastic work being achieved and vital funds raised.

The committee honours him along with other volunteers and loved ones who have been lost, by giving the title The Gannawarra Memorial Toy Run.

"We would like everyone to think of someone close they've lost, whether it's in the last year, or longer, and to encourage people to support the cause," John said.

Despite the past couple of years being impacted by COVID, and the floods this year causing disruptions to the usual order of things, the committee were resilient and determined to ensure the event went

And what a success it was.

"It was a really great day, we got a bit damp but spirits were high," John said.

"We had a little less support in terms of bikes and riders this year compared to previous, which was understandable, but the direct donations and support have been tremendous.

"We had 50 cars and forty odd bikes, so far we have estimated around \$4200 raised but anticipate that to rise to \$20,000, which will be very similar to last year.'

All the funds raised go directly to local support agencies who ensure the shires most vulnerable and in-need are financially supported at what can be an incredibly stressful time of year.

The toy run was founded with children in mind, to help brighten their Christmas by gifting them toys. The committee were overwhelmed this year by the toy donation.

John said the donation of toys on the day was great, as well as the donations in the bins we placed in local shops.

"We filled four tandem trailer loads, the support was incredible," he said.

The toys are sorted into age and gender, then packaged into gift parcels and stock fillers ahead of being delivered to the local

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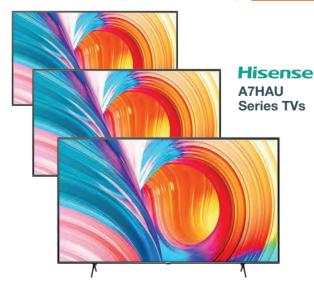
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Festive time for giving

NATHAN SPICER

CHRISTMAS is a time for giving, and the Swan Hill community has definitely been doing that by helping the Grain Shed ensure those less fortunate have a better Christmas.

The Grain Shed recently held its annual Christmas Shoebox Appeal, which sees community members donating boxes of toys and treats to be sent to children in poverty worldwide.

Grain Shed pastor Jodi Grant spoke to The Guardian and gave an update on where the boxes are at.

"They have all been picked up by a courier to be processed with the other 144,000 boxes from Victoria alone," she said.

"They'll be checked for explosives and even inadvertent contraband such as toothpaste or war toys which aren't allowed before being sent off."

A total 156 boxes were donated, and Ms Grant praised the efforts of St Mary MacKillop College and Swan Hill College, who contributed 50 boxes worth of goodies to the cause.

"The schools have been awesome, along with people who just walk in and donate or pick up one of our Christmas hampers, then come back next week and do it all again," she said.

The Grain Shed is also looking inward and helping those in town who need a hand during the holiday periods with their Christmas hamper appeal.

"These hampers have non-perishable

goods in them so people can spend more money on Christmas gifts for their family and less on food staples," Ms Grant said.

"We've got hampers with a list attached to them of what we want collected, and people will go out and collect those groceries and bring them back to us.

"We then work with services like Mallee District Aboriginal Services and Mallee Family Care to get them to the people who need it."

Being charitable at Christmas is an excellent way of teaching kids how there might be those less well off than themselves, according to Ms Grant.

"Our hamper and shoebox programs are avenues to get kids involved in being generous to their fellow man," she said.

"I know many people who take their kids to do these sorts of things, so it can be explained to them that not every child is lucky enough to receive gifts or have food on the table at Christmas.

"It's a great learning experience and makes them feel good by giving back to their local community."

There's plenty to look forward to at the Grain Shed, with a service to be run by kids followed by a family day of activities on December 4.

Pastor Jodi Grant (left) with a shoebox and senior minister La'Mont Ferreira holding a hamper. **Picture: Nathan Spicer**









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Campaign wrapping up

PETER BANNAN

RAY White is wrapping up its annual Christmas present campaign, but there is still time to make a donation to bring Christmas cheer.

The real estate agent's A Little Ray of Giving campaign has amassed more than 200 presents in Swan Hill.

The gifts will be collected by Mallee Family Care before being sorted into age groups and wrapped to be delivered to families in need of Christmas cheer.

Principal Fiona Hawley said the response had been "amazing", with the Christmas tree "dwarfed" by gifts.

"Everyday people are coming in armed with gifts - big, small, and of all shapes and sizes," she said.

The target was 500 presents.

"We had a lady come in the other day who gives every year religiously," Ms Hawley said.

"She's very generous. All her kids have grown up, so she enjoys buying for little kids.

"She came with three three gifts for girls across the whole age group and the same for boys."

Ms Hawley said people were thinking consciously about what presents to buy, rather than buying anything off the shelf.

"Another lady came in after shopping at Blue Sky with her family. She saw a child's fishing rod and tackle box and thought of the campaign," she said.

Ms Hawley acknowledged the floods would have a financial strain on families at Christmas time this

"People will have a loss of employment and not as much money as they would have liked for Christmas," she said.

Parents are also using the initiative to teach their children gratitude and appreciation at a time when it's not all festive for many.

"I had a lady who told me her little girl, aged four or five, wanted to shop to bring presents in," Ms Hawley said.

"She knows she is spoilt rotten at Christmas and wants to teach them how lucky they are that they get so much, and there are kids that don't.

"It's about starting that gratitude at a young age."

Ray White Swan Hill will accept unwrapped presents until mid-December. No pre-loved presents can be accepted. There is also no value range for donations.

Ray White is located at 199 Campbell Street, Swan Hill.

> More than 200 presents are ready to find a home at Christmas. Picture: Nathan Spicer



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With students from Beverford Primary School - Phoebe Doyle



















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What do you want to get your mum and dad for Christmas?

With students from St Mary's Primary School Swan Hill — Phoebe Doyle













Coming together

of activity tonight when it plays host to the annual Nyah District Christmas Carnival.

The event will feature a range of entertainment and activities for all ages, kick-starting festive celebrations within the district.

Featuring food stalls, market stalls, live music. children's entertainment and rides. the family fun event will have something for

Secretary of the carnival committee Vicki Allen has been organising the event for the past 12 years and she encouraged the wider community to come along for a great night

"It's a great community night and it brings everyone together," Ms Allen said.

"It's a nice way to start off the Christmas

The event itself is steeped in history and started as a company picnic for one of the local packing sheds more than 70 years ago.

While it has evolved over time, the family fun atmosphere has remained a key element.

"It's a great family night and there will be lots of kids' rides," Ms Allen said, noting there will be an animal nursery, horse and camel rides, jumping castle, face painting and roaming entertainment.

Ms Allen said the event usually attracted around 1000 people throughout the night.

Affordability is another key component of the evening, and the carnival committee has been working tirelessly behind the scenes to help subsidise the event for local families.

One of the highlights of the evening will be the arrival of Santa via fire truck, with families encouraged to have their photograph taken with him for a gold coin donation.

The carnival will conclude with a colourful



Santa will make a special appearance at tonight's Nyah District Christmas Carnival.

WHAT: Nyah District Christmas Carnival

WHEN: Tonight (Friday, December 2)

TIME: 6pm-9.30pm

WHERE: Nvah Recreation Reserve

FEATURES: Santa. rides. market stalls. food stalls and live entertainment.

fireworks display just after 9pm.

Ms Allen encouraged families to bring along a chair or picnic blanket, sit back and relax and enjoy what promises to be a funfilled night for the whole family.

The carnival is an annual local tradition and an opportunity to catch up with each other," Ms Allen said.

"It will be great to have the community come together.

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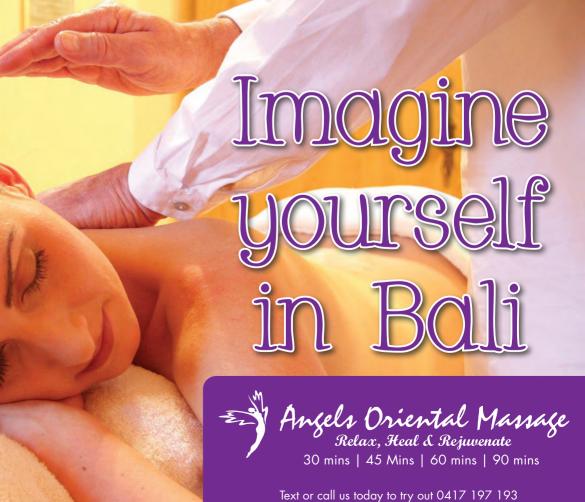
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Tree-mendous Christmas

MEAGAN MCGREGOR

SON Centre Christian College (SCCC) and The Salvation Army are partnering to ensure all community receive a little Christmas cheer after what has been a tough year on many fronts.

SCCC Bethany parent Dodgshun is leading the initiative and drawing motivation from treasured childhood memories of Christmas around a live tree.

"I was fortunate to have a live tree as a kid and it holds special memories of Christmas with family," Mrs Dodgshun said.

"In 2017, we came up with the idea of sharing that spirit with other families by ordering trees from Daylesford and selling them as a fundraiser.

"The first few years we donated the proceeds to Compassion Australia but last year we really wanted to benefit a local service who could support local families.

"We chose the Salvation Army because of the work they already do within the community at Christmas time."

Last year the school raised \$3000 and the Salvos distributed it through their annual Christmas Cheer program.

Salvation Army Officer Major Jeff Philp said all money and donations received locally stayed within to the flooding that has occurred the community.

"This year we are trying to get some Christmas hampers made up that will contain specific items for a Christmas meal," he said.

"We also provide vouchers and gifts to families to ensure everyone can celebrate Christmas.

"Additional donations will also be used to support our overall welfare work throughout the year."

Major Philp said there had been an increase in demand for support this year and attributed it to the rising cost of food, fuel, general living costs and rental prices.

"The floods have impacted also, whether directly through damage or economically," he said.

"We have communities in our region who have experienced isolation and people have been unable to travel for work."

The Salvos are particularly calling for support for teenage chil-

"They are often harder to buy for and we don't receive as many gifts for this age group," Major Philp

"We are also able to provide gift vouchers, movie passes and other local activity vouchers and this often suits that age-group.'

Mrs Dodgshun said the growing of trees was difficult this year due across the state.

"Initially, we thought we would not get any trees this year but fortunately the farm has been able to grow five-foot trees which is a bit smaller than the usual seven-foot trees we have received in the past,' she said.

"Swan Hill Hire kindly donate us a trailer to collect the trees and they are available for collection on December 2.

"For those who do miss out on the pre-order, but are wanting to purchase they can do so by visiting the Swan Hill Farmers Market on December 4 where a few will be available at the Son Centre Christian College stall."

The school will also donate a tree to Alcheringa, Hope and Logan Lodge care facilities and students will spend time with the residents to decorate them.

Trees are \$72 and a stand can also be purchased.

> Salvation Army Officer Major Jeff Philp, left, Son Centre Christian College parent Bethany Dodgshun and Salvation Army Officer Major Jenette Philp.







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Tree farm learning curve

SANDRA GODWIN

THERE'S nothing quite like the scent of fresh pine to get everyone in a festive mood.

That's the main reason people like Michael and Amy Torr buy real Christmas trees each

As Mr Torr carefully tied two pine trees to the back of their ute, Mrs Torr said they have bought their trees from Speewa Christmas Tree Farm for the past five years.

"The main thing I love is the smell when vou come into the house - the smell is beautiful - and that it's real," she said.

"It gives us a bit more of the Christmas spirit.

Neil and Carol Preston started the Swan Hill district's only Christmas tree farm at Speewa more than a decade ago, and it's being continued by new owners Tom and Ash Mitchell

The Mitchells weren't actually looking for a Christmas tree farm when they began shopping around for a small acreage near Swan

They needed room to grow because Mr Mitchell's gardening habit, and his love of cactus plants, was taking over their back

The couple bought the Speewa property in May and Mr Mitchell has a spot earmarked for a large cactus garden, as well as plans to sell plants and cuttings.

In the meantime, he's been learning all he can about growing and nurturing the dozens of radiata pines now in their care.

"We thought we'd keep the Christmas trees going for a bit of fun," he said.

Traditionally grown in colder, more elevated areas with higher rainfall, it took some trial and error by the Prestons to get the plantation established.

It takes four to six years for a tree to grow to saleable size and they're pruned four times a year with specialist equipment to ensure they maintain the desired Christmas tree

A string of wetter than average years has encouraged the trees to grow strongly.

Mr Mitchell said there were enough trees in the ground for next year and he was tossing up whether to try planting a new generation.

"I can grow cactus from seeds but the pines are a bit tricky," he said.

"Because they grow in the cold, you have to put the seeds in the fridge for a month before they will germinate."

Buying a real Christmas tree is usually a two-part process. People visit the farm in November to choose their tree and then return to collect it in December, which is when Mr Mitchell cuts it and gives it a good shake to







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dislodge any insects.

Even though the tree has been cut, it needs access to water to prevent it from dropping all the needles.

Mr Mitchell recommended sitting the cut end of the trunk in a stand that has a reservoir capable of holding at least 4 litres of water and topping that up as needed for the

first few days, then checking it at least once

a day.

"The day you don't put water in, is the day it goes downhill," he said.

The next batch of trees will be cut on December 3 and 4.

More information is available from the Speewa Christmas Trees Facebook page.

a Little

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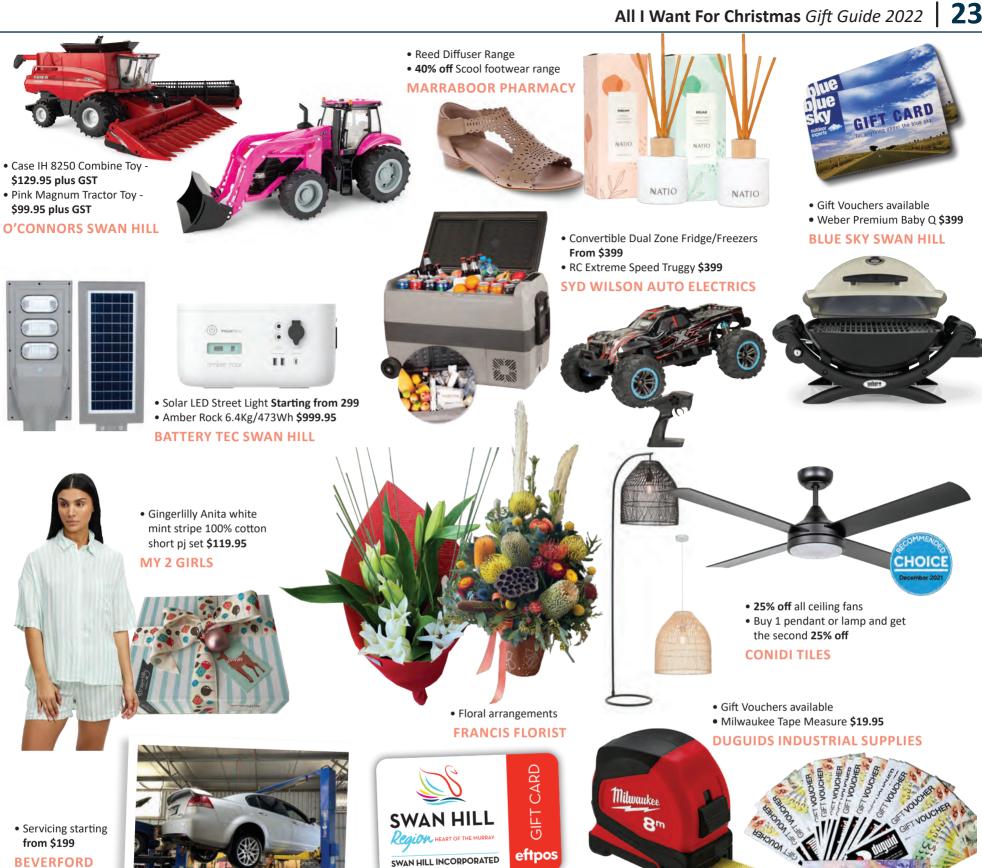




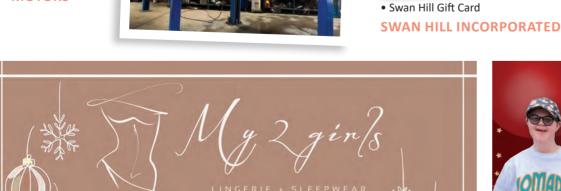


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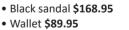
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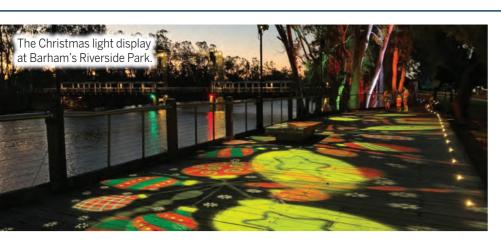
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Towns brighten

MURRAY River Council is looking to add a little sparkle to local communities, as it again launches its Christmas-themed outdoor lighting experience.

Lighting features will be temporarily installed in a number of local parks and spaces to brighten up towns and bring communities together across the council area.

The lights experience is free to visit every night from 7pm to 11pm between December 2 and January 4.

This year residents will see a return of lighting projections that will illuminate local parks and spaces with bursts of bright co-

Some even complemented with Christmas-themed decorations too.

Mayor Chris Bilkey said council hoped residents can make it down to their local park or reserve to enjoy the bursts of colour.

"The community loved our first year of installations which saw illuminated red gums

and bright park spaces, so we're pleased to be able to return to this format and light up our local towns," he said.

"Whilst there is certainly a lot of pressure in our communities at the moment due to the flood event, Christmas is still on its way; so we hope our lighting experience can help brighten up the Christmas season in some small way."

Residents can check-out the pop-up lighting experience at Barham, Riverside Park; Koraleigh, General Store; Murray Downs, RFS Shed; Tooleybuc, Mensforth Park, and; Wakool, Playground Park.

Due to the current flood evacuation order, the lights display will not be installed in Mou-

"Unfortunately the contractors can't get there to install the lights, but the council team is already planning some festivities for Moulamein in the New Year so that the community can be celebrated," Cr Bilkey said.

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Salvos share cheer

MEAGAN MCGREGOR

THE Swan Hill branch of The Salvation Army are calling for donations as they launch their annual Christmas appeal to help all community members celebrate Christmas this year.

Salvation Army officer Major Jeff Philp said the Swan Hill office hoped to raise \$10,000 to support the increase in families they predict to see over the Christmas period.

"Christmas is always the busiest time of the year for The Salvos but a turbulent year with drastic increases in the cost of living means we expect to see a lot more people this year," he said.

"We hope to make sure that no one is left out this Christmas and no child goes without a gift on Christmas Day

"In order to support the appeal, we are calling on the kindness and giving spirit of the local community to help make Christmas a joyful time for evervone.

Major Philp said all donations received locally will be distributed locally ensuring Swan Hill and surrounding regions will benefit.

The Australia-wide appeal has become synonymous with Christmas and the Salvos hope to raise \$23 million nationally.

Last year the organisation distributed 64,000 hampers and vouchers, more than 26,000 gifts, 130,000 meals and provided beds for more than 10,000 families across Australia.

On the local front, Major Philp invites anyone who might need support with gifts or who is feeling down or lonely to reach out to the Swan Hill Corps by calling 0417 483 222.

Gifts for children over the age of 12 are par-

ticularly sought this year as well as non-perishable food items which will be made into Christmas Day meal hampers.

"We also encourage people who are looking for affordable gifts to consider our thrift shops," Major Philp said.

"We have a great variety of gift ideas and decorations, and not only will you save on cost, but all funds raised help the Salvos continue to support the community throughout the year."

"Most importantly though, take time to remember what really matters at Christmas connection, community, family, and friends.

"Reach out to people and spend time with those you care about.

"If Christmas is hard for you, reach out to the Salvos family, we are just down the road and open to everyone."

The Salvation Army is located at 190-192 Beveridge Street (opposite Centrelink) and donations can be dropped in between 9am and

Major Philp said volunteers are always appreciated and reminded people of the Salvos emergency relief program that recently underwent an overhaul to simplify the process.

"The process now is to make a call to our national support service on 1300 371 288 during business hours and collection of vouchers can be made at the Swan Hill office," he said.

"Vouchers can generally be accessed within an hour of being issued."

> Salvation Army officer Major Jeff Philp, right, is urging the community to get behind it's Christmas appeal.



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Karinie success

WHAT started as a way to give home-based businesses a pick-me-up ahead of Christmas was so successful it will be repeated later this

Organiser Kara Wilson said hundreds of shoppers flocked to the first Christmas on Karinie, held on Sunday, November 27.

"We were amazed by the number of people who came along," she said.

"That car park at the Swan Hill saleyards

was full the whole time."

Ms Wilson said the aim of the shopping event was to provide a venue for small homebased businesses to sell their wares in the leadup to Christmas after several markets across the region were cancelled in October and November because of flooding and road

Ms Wilson began her business Handmade by Kara Jade from home, before opening her Karinie Street store in October last year, so she has a soft spot for very small businesses.

"A lot of these people are home businesses, and they don't retail out of a shop like I do," she said.
"So I just wanted to do something to help

them get their Christmas trade, instead of thinking that they weren't going to have any. It worked really well."

As well as stalls selling spices, sauces and jams, shoppers were able to buy toys, jewellery and home décor, and browse Ms Wilson's deliciously scented products and a range of electrical appliances at the nearby Dahlsens store.

Ms Wilson said the event also helped boost the profile of other businesses on Ka-



Community enjoying the inaugural Christmas or Karinie event held recently.

rinie Street.

The coffee van proved especially popular and has already been booked for the next event on December 18, when Dahlsens staff will cook fresh egg and bacon rolls.

"That was always going to be a drawcard to get people down on a Sunday morning, especially," she said.

"I'd imagine there'll be a few Christmas parties the night before."

Ms Wilson said she had been asked if it could become an annual event.

"I'm not really sure," she said. "I just thought I'd do it this year to help people out. We'll see."

The next Christmas on Karinie shopping event will be held on December 18 from 9am to 1pm at 105 Karinie Street, Swan Hill.



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NATHAN SPICER

THE Guardian's Swan Hill Christmas Light Competition is back for another year of spreading the wonder of Christmas through incredible light displays.

Entry forms will still be accepted until 5pm today (December 2) and are available to fill out at The Guardian office, 54 McCallum Street, or at www.theguardian.com.au/competitions.

Voting will commence an hour after the deadline, with all entrants' addresses displayed online for public voting.

All addresses will be listed on the Swan Hill Christmas Lights Competition map published online and inside The Guardian newspaper consistently between December 3 and December 23.

Categories include Best Residence Display (BRD), People Choice Best Residence (PCBR) and Best Inflatable Display (BID).

The PCBR is voted by the public on The Guardian website, while the BRD top three and BID winner will be determined by sponsored business delegates.

There are some huge cash prizes for the winners of each competition.

Best Residence Display:

1st - \$1000, sponsored by The Guardian)

2nd - \$500, sponsored by MixxFM 3rd - \$250, sponsored by Mallee Milk **Distributors**

People's Choice Best Residence:

1st - \$500, sponsored by G.J. Gardner

Best Inflatable Display:

1st - \$250, sponsored by VHM limited

Winners will be contacted by phone and published in the December 20 edition of The Guardian.





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What you'll need:

- Scissors
- Coloured pencils
- Glue
- Cotton balls
- Coloured paper (white, red and pink)
- Black texter

- 1. Cut Santa's face from white craft paper. Add texture with coloured pencil.
- 2. Cut pink cheeks, eyes, and nose from construction paper; glue to the face.
- 3. Cut the hat from red and white craft paper; glue to the face.
- 4. Glue a large cotton ball at the point of the hat.
- 5. Cut a long beard shape from white craft paper.
- 6. Write the dates of the month leading up to Christmas on the beard.
- 7. Hang the calendar and set a bowl of cotton balls and a bottle of glue

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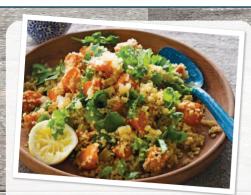


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ROASTED PUMPKIN AND QUINOA SALAD

15m prep | 25m cook | 4 servings

You will need:

- 500g butternut pumpkin, peeled, cut into 2.5cm cubes
- 1 tbsp extra virgin olive oil
- 2 tsp Moroccan seasoning
- 3/4 cup quinoa, rinsed, drained
- 2 tbsp lemon juice
- 1 tbsp finely chopped preserved lemon
- 1/2 cup fresh coriander leaves
- Salt, to season

Method:

- 1. Preheat oven to 220C/200C fan-forced. Place pumpkin, oil and seasoning in a bowl. Toss to coat. Transfer to a baking tray lined with baking paper. Roast for 20 to 25 minutes, turning once, or until golden and tender.
- 2. Meanwhile, place quinoa and 1 1/2 cups cold water in a saucepan over high heat. Cover. Bring to the boil. Reduce heat to low. Simmer for 10 to 12 minutes or until liquid is absorbed.
- 3. Place quinoa in a heatproof bowl. Add pumpkin, lemon juice, preserved lemon and coriander. Season with salt and pepper. Toss gently to combine. Serve.

CHILLI GARLIC PRAWNS

25m prep | 5m cook | 4 servings

You will need:

- 100g butter, chopped
- 2 tbsp olive oil
- 3 garlic cloves, thinly sliced
- 3 red cayenne chillies, thinly sliced
- 1kg medium green king prawns, peeled (tails intact), deveined
- 1 medium tomato, deseeded, finely chopped
- 2 tbsp chopped fresh flat-leaf parsley leaves
- · Lemon wedges, to serve

- 1. Melt butter and oil in a large, deep frying pan over medium-high heat. Add garlic and chilli. Cook, stirring, for 1 minute or until fragrant. Add prawns. Cook, stirring occasionally, for 2 to 3 minutes or until prawns are pink.
- 2. Stir in tomato and parsley. Serve with lemon wedaes.



BUTTERNUT SNAP RUDOLPH CHOCOLATE **TARTLETS**

1h 20m prep 15m cook makes 20

You will need:

- 250g packet Arnott's Butternut Snap Cookies
- 65g unsalted butter, chopped
- 1/3 cup cream
- 200g milk or dark chocolate, chopped
- 10 vanilla marshmallows, halved horizontally
- 2 tbsp vanilla ready-made frosting
- 20 jaffa lollies
- 20 mini vanilla marshmallows, halved crossways
- Rich choc fudge writing icing
- 40 mini star pretzels

Method:

- 1. Preheat oven to 180°C (160°C fan-forced). Place 1 biscuit over each hole of a 12-hole, 1 1/2 tablespoon-capacity round-based tartlet tin. Bake for 2-3 minutes or until soft. Remove from oven. Using a small ladle or a lime, carefully press softened biscuits into tin to mould into a cup shape. Allow to cool. Remove from tin and transfer to serving plate. Repeat with remaining biscuits.
- 2. Place butter, cream and chocolate in a saucepan over very low heat. Stir constantly for 7 minutes or until melted and smooth. Pour into a clean, dry bowl and refrigerate for 20 minutes or until cool but
- 3. Fill biscuit cases with 1 heaped teaspoon of chocolate mixture. Place in refrigerator for 20-25 minutes,
- 4. Using the picture as a guide, gently press 1 marshmallow half, cut-side down into each tartlet. Attach 1 jaffa to each marshmallow with ready-made frosting to form a nose, then attach 2 mini marshmallow halves above nose, cut-side up, to form eyes. Use a drop of writing icing to form pupils. Cut pretzels in half to form antler shapes. Place 2 pretzel pieces above eyes. Press to secure. Serve.







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