Thursday, 19 February, 2026

THE Centralian Today





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HEROIC LUNGE: A police officer is almost swept away while making an attempt to reach a woman stranded in the Todd River. (Phil Williams: 534431)

Mayhem on Todd!

THE normally dry and sedate Todd River became a torrent of danger and mayhem last week.

A hero police officer was nearly swept away while attempting a dangerous rescue of a woman stranded in the Todd River on 12 February. The emergency began around 1am when Laurel Palmer and her daughter Latarne Wayne attempted to walk across the flooded Taffy Pick Crossing. Ms Palmer lost her footing and was swept into the torrent. Ms Wayne jumped in to attempt to pull her mother from the water but the two became separated in the rain and darkness.

Today photo-journalist Phil Williams was on the scene - and returned to the Todd the following day.

While there assessiong the flood damage, three people were arrested in dramatic scenes just off South Terrace.

Police were responding to reports of several people fighting on Gregory Terrace, Todd Street and in the Todd Mall.

COVERAGE INSIDE



TAKE DOWN: A police officer draws his taser on a man who tried to flee from police after a suspected machete attack. (Phil Williams 534627)



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OH WHAT A FEELING

12839734-EA07-26

Arrests over stolen ambulance

TWO male youths remain in police custody in relation to an ambulance stolen from a nearby community.

The Northern Territory Police Force arrested the two youths in Alice Springs on Sunday 9 February, after the vehicle was tracked travelling north from near the Northern Territory–South Australia border.

Police received reports around 7.45am that a white Toyota Troop Carrier ambulance had been stolen from a community clinic in Indulkana, South Australia. The vehicle was allegedly driven north along the Stuart Highway into the Northern Territory.

Alice Springs police successfully deployed tyre deflation devices near Anderson Road as the ambulance travelled along the Stuart Highway. The vehicle was intercepted shortly afterwards, and two male youths aged 13 and 14 were arrested without incident.

Both remain in police custody.

Anyone with information is urged to contact police on 131 444 and quote reference number NTP2600013568. Anonymous reports can be made through Crime Stoppers on 1800 333 000 or via the Crime Stoppers NT website.

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Taking the high ground on water: Michael Jones, Jorna Murphy, Valerie Curtis, Dawn Swan, Frank Holmes, Rodger Tommy.

Groundwater battle

NATIVE title holders were in Canberra last week as the High Court began hearing their challenge to a massive groundwater licence on their land at Singleton Station.

The 30-year licence to extract 40 gigalitres of groundwater per year was granted to Fortune Agribusiness in 2021 to grow food crops, primarily for Asian markets.

Despite being worth up to $300 million, the water licence was granted to the Chinese-backed company free of charge.

The licence, which allows groundwater drawdown across thousands of hectares, is the largest issued by the NT Government.

The High Court will consider whether the NT Government was justified in granting a 30-year licence instead of the standard ten-year term; whether Aboriginal cultural values were adequately considered; and whether the native title holders were denied procedural fairness during the process.

The case marks a pivotal moment for the traditional owners who have been battling for six years to safeguard the fragile desert acquifer, the environment, and groundwater-dependent sacred sites.

The six-member delegation from the Mpwerempwer Aboriginal Corporation which attended the High Court hearing included Alyawarr traditional owner and 2026 Order of Australia medal recipient Frankie Holmes, who said his people had a cultural responsibility to look after the water.



Central Land Council's Dr Josie Douglas addresses the media with Tommy - Frank Holmes OAM, Michael Jones, Valerie Curtis - Jorna Murphy - Dawn Swan.



Heading to the High Court.

"Looking after land and country, especially sacred trees, is very, very important for us," he said.

"Ancestors hand it over to us to look after these waters and these lands. This is important to keep it going and for us to keep passing it on."

Native title holder and Mpwerempwer director Dawn Swan said the High Court's decision to hear the case gave her hope.

"Finally, someone is listening," she said.

"We have people living on the land and this is their dream to stay here for future generations.

"This has been a long journey, and we will continue to fight for our sacred sites and culture."

Man arrested after machete threat

AN 18-year-old man has been arrested after allegedly threatening a school student while armed with a machete in Alice Springs on Monday morning, 9 February.

Police were called about 8:15am following reports a male carrying a machete had approached and threatened a student near a restaurant on Schwarz Crescent. The student was not injured.

Officers located the man shortly afterwards near a shopping centre on Hartley Street, where he was taken into custody.

Police allege he was in possession of a machete and a pair of scissors at the time.

During the arrest, the man allegedly struck a police officer with an open hand to the chest. The officer was not injured.

The 18-year-old remains in police custody, and the weapons have been seized.

Anyone with information or relevant footage is urged to contact police on 131 444 and quote reference number P26040955.

Anonymous reports can also be made to Crime Stoppers on 1800 333 000 or through the Crime Stoppers NT website.







REST: Laurel Palmer rests on the base of a large tree after being stranded in the middle of the Todd River. (Phil Williams: 534397)



BLANKET: A police officer covers Laurel Palmer in a blanket after he reaches her in the middle of the Todd River. (534397)

Flood pair lucky to survive

By Phil Williams

A massive overnight downpour caused havoc through the centre of Alice Springs in the early hours of last Thursday, 12 February.

The deluge dumped around 100 millimetres of rain on the town in only a few hours.

It also left a mother and daughter lucky to be alive after they were rescued when the Todd River rose dramatically.

Laurel Palmer and her daughter Latame Wayne were swept away while attempting to walk across the flooded Taffy Pick Crossing.

Sometime after 1am the pair were crossing the causeway on their way to South Terrace when Ms Palmer lost her footing and slipped into the fast moving water.

Ms Wayne jumped in and attempted to pull her mother from the torrent.

The pair were separated in the swirling water and Ms Palmer was dragged into the darkness by the raging river.

After she lost sight of her mother Ms Wayne managed to get to safety by pulling herself on to the riverbank .

Ms Palmer miraculously found safety by clinging to a tree on an island in the middle of the Todd around 500 metres downstream from where she was dragged in.

She remained trapped in the middle of the fast flowing torrent near The Gap for more than 11 hours as rescuers devised a rescue plan after being alerted to the emergency around 3am.

An attempt around 10am by a police officer to reach Ms Palmer almost ended in disaster when he was nearly swept away by the strong current.

Fortunately he had a safety line attached and was pulled to the riverbank and though exhausted, remained uninjured and was helped from the water by colleagues.

A second police officer later took to the water as the river level dropped, finally reaching Ms Palmer around midday.

After wrapping her in a silver emergency blanket, the officer stayed with Ms Palmer until they were both able to be brought to the riverbank.

Ms Palmer was finally led to safety through the water shortly before 1pm after a second rope was thrown to the pair.

During the operation, more than 20 personnel from multiple agencies took part in the safe retrieval of Ms Palmer.

During the rescue, members of Ms Palmer's family, including Ms Wayne along with several other onlookers watched the efforts of emergency personnel as they coodrdinated the attempt. Once she was safe, cheers and loud applause erupted from those who witnessed the marathon effort.

Following her mother's rescue, Ms Wayne said it was a frightening ordeal and thought they were both going to die in the water.

"It was really deep and I couldn't touch the ground, she said. "I was swallowing water. It was dragging me under. It was very scary."

Although she had no visible sign of injury, Ms Palmer was taken to a waiting ambulance and transferred to Alice Springs Hospital for observation and the treatment of possible effects of exposure.

More on the floods, pages 4, 32-33.



FAMILY: Laurel Palmer's family members, including her daughter, Latarne Wayne who was also swept into the river, watch as the rescue effort continues. (534397)



RESCUED: Laurel Palmer is safely rescued after being stranded in the Todd River for more than six hours.



ROPE: An SES volunteer throws a rope to a ploice officer during the rescue operation. (534397)



SAFE: Police lead Laurel Palmer to safety after being rescued. (534397)



SHOUT: SES and Police shout instructions to the stranded Laurel Palmer. (534397)



WADE: Laurel Palmer wades through ankle deep water as she waits in a small island to be rescued from the middle of the Todd River. (534397)



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SWEPT PAST: The police officer is swept past Ms Palmer as she lies stranded in the middle of the Todd River. (Phil Williams: 534431)



TEAMWORK: Colleagues help a police officer who had just failed in a brave attempt to reach a woman stranded in the middle of the Todd River. (534431)

A close call for hero cop

By Phil Williams

A hero police officer was nearly swept away while attempting a dangerous rescue of a woman stranded in the Todd River on 12 February.

The emergency began around 1am when Laurel Palmer and her daughter Latarne Wayne attempted to walk across the flooded Taffy Pick Crossing.

Ms Palmer lost her footing and was swept into the torrent. Ms Wayne jumped in to attempt to pull her mother from the water but the two became separated in the rain and darkness.

Ms Wayne rescued herself shortly after by dragging herself up the riverbank while her mother was swept downstream.

Ms Palmer miraculously found refuge by clinging to a tree around 500 metres from where she fell in to the river.

She was finally pulled from an island in the middle of the river shortly before 1pm, after spending almost 12 hours in trouble.

An earlier attempt to rescue her failed when the police officer, along with several other colleagues and SES personnel had secured a safety line to the bank.

Shortly before 10am, with the rope attached, he dived into the rapidly moving water in a coordinated attempt to reach the stranded Ms Palmer.

The raging current was too strong and despite almost reaching her, he was swept past and taken a short distance further downstream when he began to struggle against the raging current.

Fortunately the officer's safety rope held and he was dragged to the bank before being assisted, exhausted, from the water by colleagues.



EFFORT: A police officer strains against the current as he pulls in a colleague who had just failed in a brave attempt to reach a woman stranded in the middle of the Todd River. (534431)





Truckie blamed for crash

By Phil Williams

A truck driver who sustained serious injuries in a crash with The Ghan has been found to be at fault.

A report released by the Australian Transport Safety Board (ATSB) on 12 February has determined the driver failed to stop at the level crossing on Garden Road, 48km north of Alice Springs.

The investigation found that once stopped, there was adequate visibility for a driver to sight a train and give way.

The truck driver claimed be a regular user of the crossing and to have never seen a train pass through the crossing. He also admitted to previously not stopping at other rail crossings, preferring to 'roll through' at a slow speed.

Shortly before 10am on 15 September 2024, after turning off the Stuart Highway, the triple road train, with two trailers full of cattle from Aileron Station attempted to cross the rail line as the southbound train with four locomotive drivers, 38 service staff and 218 passengers approached.

After the crash, there was were no reported injuries to any of the 260 people on board the train. In the lead up to the the collision, the locomotive driver sounded the horn for two seconds about 270 metres from the crossing.

Approximately 120 metres from the crossing, the train crew saw the truck come into full view from behind roadside vegetation and progress toward the crossing.

The train driver blasted the horn continuously a second time but the truck failed to stop and the front of the prime mover impacted the right rear bogie of The Ghan's second locomotive.

At the time of the collision, the front of the lead locomotive was about 30 metres beyond the crossing, travelling at 108 km/h.



MANGLED: The mangled prime mover, still with trailers attached, lies next to the rail line after colliding with the Ghan in September 2024. (NT Police/ATSB)

The impact ripped apart the front of the truck, and caused extensive damage to the locomotive's air pipes, side ladder and front cowling. The train's power van also received superficial body damage with no damage to the other carriages or the lead locomotive, all of which remained upright following the crash.

"A video camera fitted to the front of The Ghan's leading locomotive recorded that about five seconds before the collision, the truck appears from behind the vegetation," ATSB Director of Transport Safety Kerri Hughes said.

ATSB analysis of the video concluded the truck was still travelling between 22 and 28 km/h when it was 23 metres from the level crossing with the lead locomotive finally stopping almost 1.4km past the impact point.

Investigators from the ATSB found that a driver stopped at the stop line would have been able to see a southbound train about 49 seconds before it reached the crossing.

"Fortunately, through the collision sequence, The Ghan remained upright and neither the locomotives nor carriages derailed.

"By the time the train had come to a stop, the lead locomotive was 1380 m beyond the level crossing.

"The truck driver had no recollection of The Ghan's horn, which was sounded as the truck approached the stop sign. On seeing the leading locomotive, the truck driver rapidly applied brakes, but there was not enough distance to bring the truck to a stop before the collision," Ms Hughes said.

The prime mover came to rest by the side of the track with engine bay components scattered along the rail corridor.

"The truck driver in this case reported they had not seen a train at this crossing before. They also reported that they would sometimes roll through level crossings, as it required significantly more time and effort to stop a loaded truck and then accelerate, than it did to roll through a crossing at low speed," Ms Hughes said.

The ATSB's investigation found no issues with geometry or sightlines at the crossing, however it did note some aspects of the level crossing's passive controls were not to standard, or were faded.

"Nonetheless, there was sufficient signage and markings for road users to be aware of the crossing, and to bring their vehicles to a controlled stop before entering the crossing," Ms Hughes said.

As a result of the accident and the subsequent investigations, the Northern Territory's Department of Logistics and Infrastructure conducted a series of safety actions at the level crossing, including upgrading the approach signage, and refreshing the faded road line markings.

"This accident demonstrates the importance of drivers obeying road rules around level crossings," Ms Hughes said.

In an earlier interview with the Centralian Today, Scott Fels, a regular driver of The Ghan, said that incidents such as this are a train driver's biggest fear.

He said one of the biggest challenges all train drivers face is people.

"They are just not aware of the dangers of the rail network. When a train approaches, it's so deceptive how fast it is going.

"Just give way to trains, he pleaded

"If there's a rail crossing with a stop sign, just stop, he said.

"Just because a train wasn't there every other time you've used the crossing, doesn't mean it won't be there. Something will come barrelling down that line one day, that you won't expect.

"Do my nerves a favour. It's a huge mental health worry for drivers that people don't consider".

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The Pulse

Dr Glenn Morrison



Just asking for a ‘fare’ go

MY friend’s dad became ill.

During a phone call, the pair quickly agreed she would fly to Sydney on relatively short notice to care for him.

Switching on her laptop after the call, my friend felt relieved to find a Qantas return fare for $400 each way, two Red-E deals totalling $800.

Still, not cheap. But she was glad it was not more, and Dad would chip in.

She booked the fare and set about changing her work commitments for several weeks ahead; working for herself meant no money coming in while she was gone, but it had to be done.

Days later she arrived in Sydney to find dad quite ill and felt glad she had come; and soon enough he was improving, though not quite as swiftly as everyone had hoped.

In fact, as her return date loomed, she realised she might need to stay longer than either of them had anticipated, though exactly how long she couldn’t be sure.

Her father was still ill. She didn’t feel right about leaving quite yet.

So, she rang Qantas to see what might be done: Could she please change the fare? She would happily pay any penalty?

But it wasn’t that simple.

Qantas needed to transfer the booking to another return date (still incurring a penalty).

But the requirement meant that with her father’s health still up in the air, she couldn’t change the fare or even put it in abeyance as she was unable to nominate a return date with any degree of certainty.

As Centralians well know, this is the main issue with Red-E deals: to get a so-called “cheap” rate, you forego flexibility.

In the end, my friend was forced to cancel her fare home then to book again when her dad’s health was resolved and she could pinpoint a return date.

A week or so later, her dad was much better. And work commitments back in Alice couldn’t wait.

So, she rang Qantas again. The one-way fare had gone up to $900. Cheapest available. Alternative flights and days would cost even more.

And no, there could be no consideration given for her father’s illness.

The flight to Alice Springs is just over 2000 km. Comparatively, Brisbane to Melbourne is a little over 1300km, not quite as far but a fair whack, nonetheless.



Have your say on air travel to and from Alice Springs.

Far enough, you’d think, to warrant a quick ballpark comparison with Alice-Sydney: A return flight Brisbane-Melbourne averages only $248 with one-way fares starting at just $94.

Of course, my friend’s $900 one-way fare is small bikkies compared with how much she and other Centralians have paid on other occasions, as Alice-based MLA Robyn Lambley notes in her recent submission to an Australian Productivity Commission inquiry into Regional Airfares.

Return flights from Alice Springs to Adelaide or Melbourne, Lambley says, can cost $800-$1500 or more, with last-minute travel for medical emergencies or family crises upwards of $2000 per person.

Of 57 submissions made by 10 February to the inquiry, called Determinants of Regional Airfares, seven were from the NT, including five which were either from or linked directly with Alice Springs (an RFDS submission focussed on Queensland and WA but not NT).

As Lambley notes: “The cost of flying to and from Alice Springs has become prohibitive for many Central Australian families and businesses ... the cost disparity between regional and metropolitan routes is stark and unjustifiable”.

Families cannot afford to visit relatives in other states, she writes, nor can some small businesses attend training or conferences; and some medical specialists now refuse to visit Alice Springs due to high travel costs, forcing their patients to travel instead.

Lambley suggests several remedies, including subsidised travel to regional destinations, a cost-sharing model for regional aviation and mandatory price transparency.

She also argues for more stringent monitoring of prices, a fund to protect airport infrastructure, a bill of rights for passengers, and regular parliamentary reviews.

Many Centralians complain with some regularity about the high price of air fares.

Now is the chance to have a say, at:

- https://www.aph.gov.au/Parliamentary_Business/Committees/Senate/How_to_make_a_submission
- Submissions close 15 March, with a draft report expected late 2026 and final by April 2027.

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Getting Good Stuff Done

A welcome dinner to town

By Gladys Barreta

EVERY day, Central Australia attracts new residents to town...but staying can be another story.

A new initiative by the Mparntwe Alice Springs Community Foundation (MASCF) aims to help newcomers feel more welcome, connected and at home in their new community.

New arrivals are invited to the second Come to Dinner event this year held on 27 February, an initiative designed to bring people together and make Alice Springs feel more welcoming and inclusive.

Come to Dinner is a dinner invitation specifically for people who are new or new-ish to town. The upcoming event follows the success of the inaugural dinner held at Club Eastside in October last year, which attracted around 35 attendees with a mix of newcomers to Alice Springs, local employers and long-term residents keen to support those settling in.

MASCF's Come to Dinner initiative is supported by a volunteer group of six people who have relocated to Alice Springs from South Australia, New South Wales, Victoria, Tasmania, New Zealand and the United States.

The first dinner highlighted the town's diversity and multicultural community, welcoming representatives from Lhere Artepe Aboriginal Corporation and Multicultural Community Services of Central Australia, demonstrating the intercultural connections that make up Alice Springs.

This year's second Come to Dinner event will include representatives from 4WD and cycling clubs, along with people involved in gardening groups, walking the Larapinta Trail, writers' groups and the performing arts. The evening will also feature door prizes and activities supported by the Alice Springs Golf Club.

Come to Dinner Community Lead, Belinda McCulloch said the feedback from the first event showed the power of simple connection.

"It was really satisfying to see someone attend who doesn't usually enjoy group gatherings...they ended up being among the last to leave and had a great time," she said.

"Others said they were unsure about coming because of their English, but they felt comfortable and really enjoyed themselves. Long-term locals also told us how good it was to see people from all walks of life coming together. That's community in action, and what better way to welcome newcomers than by sharing a meal."



CONNECTIONS: Jackie Rawles, Josh Randall and Pat Clifford making connections at the Come to Dinner event. (Phil Williams: 509450)

Executive Director of the Mparntwe Alice Springs Community Foundation, John Huigen said the event is about helping people feel part of the community sooner rather than later.

"According to ABS-derived estimates and regional migration analysis by Charles Darwin University, around 5,500 to 6,000 people or about 19 to 20 per cent of Alice Springs' population turn over each year," Mr Huigen said.

"That means roughly one in five people are new to town every year. That keeps our town fresh and dynamic, but we also know that when people feel welcome, they feel they belong. When they belong, they contribute to the life of the town and are more likely to stay and we need that.

"That's why initiatives like Come to Dinner are so important. With thousands of people arriving each year, particularly around the start of the school year, this initiative helps build connection, belonging and support for both new and long-term residents."

"I also love that this is being driven by committed locals who see how important it is to create a stronger community and shared future for our town."



DINNER: Will Pomaret, Sammie Stieber and Belinda McCulloch at the inaugural Come to Dinner event. (509450)

To attend the Come to Dinner event on February 27 at the Alice Springs Golf Club from 5:30pm-8pm, bookings can be made via the Humanitix link: https://events.humanitix.com/new-to-town-come-to-dinner



Dramatic arrests on Todd

By Phil WIlliams

THREE people were arrested in dramatic scenes near the Todd River just off South Terrace.

Around 12.50 pm on Friday 13 February, the Joint Emergency Services Communication Centre received reports of several people fighting on Gregory Terrace, Todd Street and in the Todd Mall.

It is alleged some of the offenders were armed with machetes and were also throwing rocks at one another.

One of the offenders was seen wielding two machetes.

Soon after 1pm at least 12 police officers, some from Operation Viper and one member from the Dog Operations Unit, pursued a 21-year-old man along the banks of the Todd River after he allegedly attacked a 50-year-old man with a machete.

After he tripped and fell in the sodden river bed, the pursued man gave up his attempt at fleeing when a police officer drew his taser and ordered him to lie face down as several other police moved in to assist in the man's arrest.

At the same time, a fracas broke out between a group of people who were following the chase and police were forced to arrest a second 21-year-old man and an 18-year-old woman.

A short time later the injured 50-year-old man, suffering a laceration to his back, was stretchered by paramedics from the Rock Bar to a waiting ambulance and taken to hospital.

"This behaviour is completely unacceptable," Commissioner of Police Martin Dole said.

"Our local police are working tirelessly to identify any outstanding offenders so they can face the consequences of their actions.

"Resorting to violence in Alice Springs to settle disputes will not be tolerated and it will mean police will continue to make arrests and put you before the courts."

The disturbance is alleged to have occurred between parties known to one another and investigations are ongoing to identify additional offenders.



MOVE IN: Additional police move in to arrest a man after he tried to flee following an alleged machete attack that left a 50 year old man injured. (Phil Williams: 534627)



OWNER: Police speak with Rock Bar owner, Jo George following an alleged machete attack which left a 50-year-old man injured. (534627)

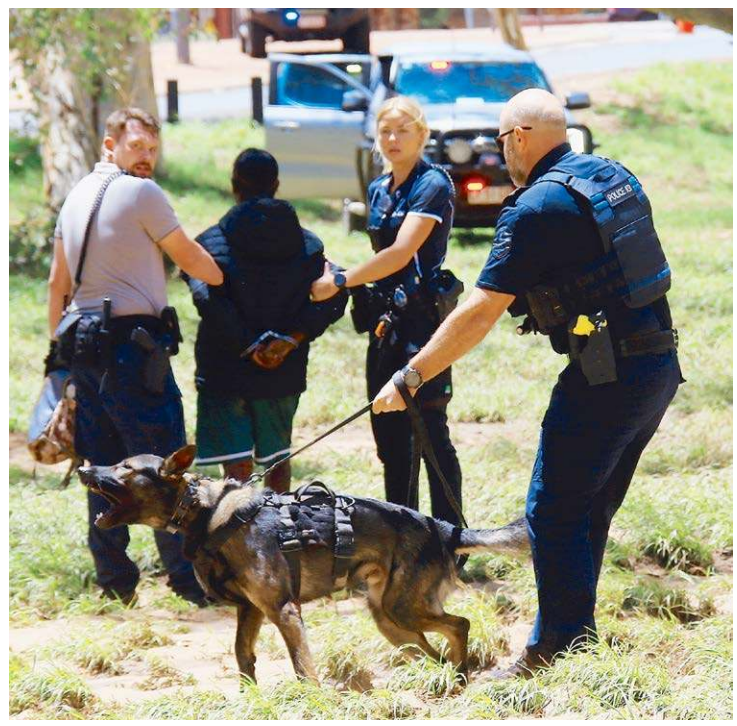


STRETCHER: A 50 year old man is taken on a stretcher after being injured in an alleged machete attack at the Rock Bar. (534627)





ARRESTS: Police officers from Strike Force and Viper and general duties members make arrests following an alleged machete attack. (Phil Williams: 534627)



CANINE: A police dog was used in making several arrests following an alleged machete attack in Todd Street. (534627)



WATCH: A police dog is held back after a man was arrested by members of Strike Force Viper. (534627)



STRIKE FORCE: A woman is led away after being arrested by members from Strike Force Viper. (534627)



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Care for mind, body, spirit



MULLA Mulla Yoga Shala seeks its inspiration from Mulla Mulla; a strong but delicate flower that can withstand the harshness of the desert yet must be handled with gentleness. This emanates the way that we care for our bodies through the practice of yoga.

At The Shala, we practice yoga to maintain a conversation with our bodies and ourselves. It's a tool that allows us to check in and care for ourselves in the best way possible. Grounded in ancient teachings, yoga offers not only physical healthiness, but wholistic wellness that encapsulates the body, mind and spirit.

Yoga suits all bodies. For some, it is an opportunity to sit with yourself, to stretch gently in Yin classes and re-cooperate in Slow Flow classes. For others, it is an opportunity to sweat in Power Vinyasa classes, to shake off the day that has been and attend Inversion Workshops to truly explore the capability of their own physical bodies.

New to yoga? Here's where to start. Try out our intro offer, $50 for unlimited classes (valid for two weeks). We're always here for a chat, so feel free to get in contact about which classes will suit you best. If you're wanting to jump right in, have a look at the class descriptions and pop into as many classes as you can during your trial period.

Wanting to deepen your practice? The Shala offers a variety of classes; Vinyasa, Ashtanga, Parents and Bubs, Yin, Sunrise Sweat, Hatha, Lunchtime Flows, Meditation and Somatic Flows. We meet you wherever you are on your journey.

Looking for something else? Pilates is a popular practice and this year we dove right in. The Shala offers three different types of Pilates; Restore and Align, Power Pilates and Pilates for Yoga Strength. Have a look at our class descriptions of pop in to see which class suits you best.

Whether you've been in Mparntwe for a lifetime or just passing through, there's a mat waiting for you. This year, we invite you to care for your body, mind and spirit at The Shala.

Habit of healthy movement

AS the New Year rolls around, many locals start thinking about moving better, feeling stronger, and setting habits that last beyond January.

Red Centre Health Focus fits naturally into that New Year New You mindset, offering practical support for people who want to look after their bodies and get more out of daily life.

Operating in Alice Springs for almost three years, Red Centre Health Focus was established after founders Matt and Steph recognised a real gap in local physiotherapy services. Since then, the clinic has grown into a trusted, locally owned practice supporting the Central Australian community with a wide range of physiotherapy services.

The team treats everything from sports and workplace injuries to women's health and pelvic floor conditions, alongside NDIS physiotherapy and insurance compensation claims.

What sets the clinic apart is its focus on individual goals, whether that is returning to work, getting back on the sporting field, or simply moving without pain.

Red Centre Health Focus also offers a dedicated recovery centre, including an ice bath, infrared sauna, recovery boots and red light therapy, plus personal training to support long-term health.

This New Year, their message is simple: better movement and recovery can make a real difference to how you live, work and stay active in Central Australia.







NEW YEAR NEW YOU! Build healthy life habits

12844465-EA07-26

A reset for a new year

AS the New Year rolls in, many locals start thinking about slowing down, looking after their bodies, and resetting after a busy year.

For more than two decades, Aloha Therapeutic Massage has been helping Alice Springs locals do exactly that, offering hands-on care that goes well beyond simple relaxation.

Operating in Alice Springs since 2001, Aloha Therapeutic Massage is a locally owned business built on experience, intuition and genuine connection. Founder Sita's journey began in 2000 after discovering massage training while visiting Alice Springs. This moment led her to move from Germany and put down roots in Central Australia. More than 25 years later, that commitment to natural care remains at the heart of the practice.

Clients visit Aloha for many reasons. Some seek relief from physical tension, chronic pain or old injuries. Others arrive needing deep rest after long drives, intense sports or outdoor work. Treatments are primarily focused on Ortho-Bionomy (based in Osteopathy), with sessions tailored to each individual's needs. Where appropriate, they may also incorporate techniques such as remedial, deep tissue, sports massage, Bowen Therapy, Reiki, Hawaiian Lomi Lomi, Foot reflexology, trigger point work, and Cupping to provide a well rounded and supportive approach.



Aloha Theraputic Massage photo attached of Sita and Jason.

The impact can be powerful. One client shared, "Pains that I had for years were significantly reduced during my first session," while another praised the care received after completing the Larapinta Trail, describing the massage as skilled and deeply effective.

For Aloha Therapeutic Massage, New Year New You is about restoring balance. By calming the nervous system and easing physical strain. Massage supports better sleep, improved movement and a stronger sense of wellbeing. It is a gentle reminder that looking after yourself is not a luxury, but an important part of living well in Central Australia.



Steps to good nutrition

AS the calendar turns and New Year New You conversations start popping up around town, nutrition often sits at the heart of people's goals. In Central Australia, that journey looks a little different, and local dietitians understand that better than anyone.

Working in Alice Springs since 2012, Desert Dietitians has built deep ties with the community, beginning their work through Aboriginal health services and remote chronic disease programs. Their experience stretches across Alice Springs and surrounding communities, giving them a clear understanding of the realities people face when it comes to food access, cost, culture and health. While many nutrition concerns here mirror those in larger cities—such as gut health, weight management and women's health—the challenges can be more complex. Chronic disease is often more severe, healthy food can be harder to access, and for many people English is not a first language. That means advice needs to be practical, culturally respectful and realistic.

With three locally living dietitians on the team, support is tailored to suit each person's life. They work with families, children, older adults, NDIS participants and people managing chronic conditions, offering everything from feeding therapy and women's health support to weight loss programs and corporate education. Importantly, their approach is grounded in balance. There are no strict rules or judgement, just honest conversations and achievable steps that fit everyday life in Central Australia. For many clients, the biggest shift comes from feeling supported rather than overwhelmed.

This New Year, their message is clear. Better nutrition does not have to mean perfection. Small, meaningful changes can lead to more energy, better health and a stronger sense of confidence, and that is something worth working towards, one step at a time.

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A big tea towel showdown

By Gladys Barreta

A group of tea towel enthusiasts in Mparntwe/Alice Springs are bringing together their new, old, well-loved and well-worn tea towels for a unique and possibly the first-ever community exhibition.

What began as a casual discovery among a group of women soon turned into a creative idea. To their surprise, they realised they weren't the only ones with collections of tea towels tucked away at home... and from there, the exhibition was born.

From 1-15 March, Central Craft will host a tea towel exhibition showcasing locals' collections, with hopes of uncovering vintage or historical tea towels hidden in private homes across Alice Springs particularly family pieces with stories attached.

Local resident Jules North said the idea struck after a simple dog walk in the park.

"It's a fun idea built around a mutual love of tea towels. I realised this is what 'women of a certain age' do and when we started asking around, we found everyone had tea towels too," she said.

"People are shocked...What do you mean you collect tea towels?' But everyone has them."

Ms North is calling on community members to loan family tea towels for the exhibition, including vintage Alice Springs designs. Items will be carefully displayed and returned afterwards.

"If it's tatty or faded, that's all part of the story. We'd love to see a granny's tea towel that was used out on a station or something like that," she said.

"It's about seeing the scope of how many vintage tea towels are out there and celebrating the stories behind them."



COLLECTION: Tea-towelists, Lisa McLean and Jules North with their personal collection of tea towels ready for the exhibition in March.

Ms North, who has built her own collection through vintage finds and op-shop treasures, said the exhibition is also about connection.

"We just want to gather people and celebrate the tea towels of Alice Springs."

She added that perhaps one day Alice Springs might even host its own tea towel festival.

The exhibition opens on 1 March at 11am with a welcome yarn about tea towels, light refreshments and, of course, plenty of tea towels on display.

Community members interested in exhibiting a tea towel can contact Jules North at julesnorth1967@gmail.com. Tea towels will be accepted right up until the exhibition opens.

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CELEBRATE: Around 50 family and friends helped Jose Petrick celebrate her 102nd birthday on Valentines Day. (534683)



HAPPY: Jose Petrick is all smiles as she waits to cut the cake on her 102nd birthday. (534683)



FAMILY: Jose Petrick surrounded by family members as she celebrated her 102nd birthday at the Olive Pink Botanic Garden. (534683)

Valentine Queen turns 102

By Phil Williams

ALICE Springs' Valentine Queen chalked up another amazing milestone last Saturday, 14 February.

A literal living legend, the grand old lady of Alice Springs, Jose Petrick OAM, celebrated her 102nd birthday on Valentine's Day.

Around 50 family and friends, several who travelled from interstate, gathered at the Olive Pink Botanic for the occasion.

Wearing one of her trademark floral dresses she had no hesitation in taking hold of the knife to cut the heart shaped cake decorated in pink trimming.

Jose said it was thrilling that so many people had come to celebrate with her and with her ever sharp wit, said that she had never expected to be around for so long.

After being born in Bournemouth, England, she arrived in Australia as a young nurse.

She was determined to more about the Australia after winning a book in a primary school competition.

After a teacher and her father were unable to answer a question about the country and was told she needed to find out herself, she made it her goal to do just that.

Arriving in the Territory in 1951 as governess at MacDonald Downs she instantly fell in love with the outback.

She is most famous as a journalist with the town's now defunct former newspaper, where she began as a cadet in her 50's.

Her beloved weekly column uncovering the stories behind local street names became must-read material.

From those writings, she went on to create several books , The History of Alice Springs Through Landmarks and Street Names.

The last version was published towards the end of 2010.

Two years ago, with Jose's blessing, The Centralian Today began publishing those same stories from her books.

After leaving journalism, she later went on to work as a guide at the Telegraph Station, cementing her reputation as Alice Springs' foremost local historian.

At 102, Jose is a living link to the town's past with age not dulling her sparkle or the little twinkle in her eye.



ENTHUSIASTIC: Jose Petrick doesn't hold back as she cuts her birthday cake. (Phil Williams: 534683)

Frightening machete attack for women at hospital

By Phil Williams

A group of women suffered a terrifying ordeal after being chased inside the Alice Springs Hospital (ASH) early on Sunday, February 15 as hospital security staff were forced to intervene.

Initially, Northern Territory Police arrested three males, one a 14 year old boy, following reports of an alleged early morning assault on a woman outside ASH before she was chased inside by offenders armed with machetes.

About 6.15am, police responded to reports of a disturbance inside the Emergency Department waiting room after the 19-year-old victim and several friends were allegedly chased into the hospital.

The victim and her friends sought refuge in a security office, where security staff secured the door.



A group of women were forced to seek safety in a security office at the Alice Springs Hospital after being chased by a group of males with machetes. (Phil Williams: 523750)

The offenders allegedly then brandished machetes in the public waiting area before fleeing the scene in a white Holden Commodore.

Police responded immediately, with the Dog Operations Unit deployed alongside general duties officers.

The white Commodore was later sighted and pursued north of town; however, due to safety concerns, the pursuit was terminated.

About 9.15am, a member of Dog Operations with canine member Axe located the Commodore in bushland north of Alice Springs.

Five males surrendered to police; however, it is believed three others fled the scene on foot prior to police arrival.

A 14-year old boy and two 19 year old men remain in police custody.

Two other males were released pending further investigations.

The same white Commodore had earlier been reported driving around the Alice Springs CBD with the occupants allegedly armed with machetes.

In a related incident, about 4.57am, police responded to reports of a fight taking place outside the hospital, with one male armed with a machete but the group dispersed prior to police arrival.

After further investigations, additional suspects were identified and police arrested two more suspects later in the day.

About 12:20pm, members from the Dog Operations Unit, Strikeforce Viper, and Social Order team members attended a Gillen residence after receiving information that some of the outstanding offenders, who had fled the Commodore earlier, were at the address.

Police were able to arrest two youths aged 15 and 16 with the pair remaining in police custody.

Police are urging anyone with information, including dashcam footage of the white Holden Commodore travelling in the CBD during the early morning hours, to contact police on 131 444 or Crime Stoppers on 1800 333 000 and quote reference number P26047306.

The Centralian Today

My Territory

Destined to care

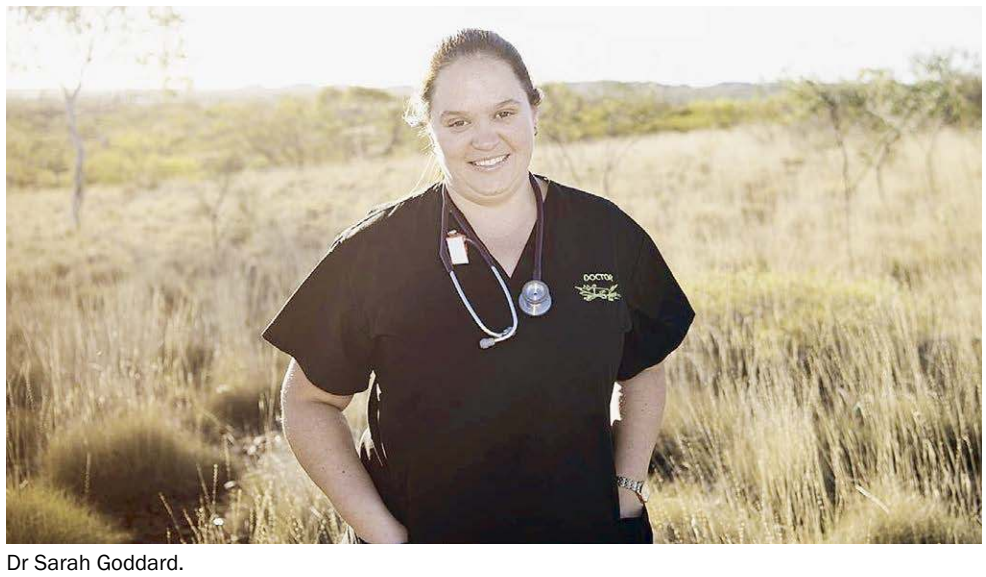
A local woman who began her career in NT Health as an admin officer at the Tennant Creek Hospital has risen through the ranks to become NT Health Director of Medical and Clinical Services for the Barkly Region. Dr Sarah Goddard, who has been based at the Tennant Creek Hospital since 2017 after completing her studies at the University of Newcastle and postgraduate clinical training at Royal Darwin Hospital, has been running the show since being appointed to the position in 2024.

STORY PAGE 17

Sarah with her new baby Blake. (Iraya Goddard)



HOME: Sarah\'s first day working at Tennant Creek Hospital as a doctor in 2017 where she was gifted flowers from the community as a welcome home.



Dr Sarah Goddard.

Destined for health career

A local woman who began her career in NT Health as an admin officer at the Tennant Creek Hospital has risen through the ranks to become NT Health Director of Medical and Clinical Services for the Barkly Region.

Dr Sarah Goddard, who has been based at the Tennant Creek Hospital since 2017 after completing her studies at the University of Newcastle and postgraduate clinical training at Royal Darwin Hospital, has been running the show since being appointed to the position in 2024.

The Kaytetye woman, whose Aboriginal family comes from around the remote Barkly community of Wilora, is widely respected for her medical work, which crosses racial and social divides.

Her work has been recognised with several awards including Australian Indigenous Doctor of the Year 2022; NT winner - Excellence in Women's Leadership 2024; University of Newcastle Indigenous Alumni of the Year 2024; the Chief Minister's Public Sector Medal 2024; and NT Rural Generalist 2025.

On a local level, Sarah has been acknowledged for her community involvement with the coveted Australia Day Tennant Creek Citizen of the Year Award in 2023; Life Membership of the ABC Amateur Race Club; and a Paul Harris Fellow recognition from the Rotary EClub of Outback Australia.

Sarah now oversees medical and clinical services for Tennant Creek Hospital, Tennant Creek General Practice, and Primary Health Clinics in Ali Curung, Elliott, Alpurrurulam, Canteen Creek, Epenarra and Tara. She has also revitalised the Barkly Outreach program that conducts clinics at pastoral stations across the Barkly.

A trained rural generalist, Sarah has a well-deserved reputation as a competent and caring doctor whose local and regional knowledge is unsurpassed.

Sarah has grown up on cattle stations throughout the Barkly where her father – widely regarded as a legendary cattleman – instilled in her an understanding of pastoral life and its people. She also has lived cultural insight and strong connections to her Aboriginal family which, along with her multi-generational community ties, has earned her trust and respect throughout the town and across the Barkly.

Sarah has always wanted to be a doctor and relishes the opportunity to work in the region where she grew up.

"My mother's kidneys failed when I was about three-year- old and it triggered a domino effect on her health, so she spent a huge amount of time in hospitals," she said.

"I seemed to be there with her a lot of the time and I was in awe of the doctors and nurses who worked hard to make her better.

"My career path was set at a very young age but by the time I was studying to be a doctor my mother's health was rapidly declining, so it was all quite a struggle for a while."

Sarah said the sicker her mother became, the more determined she was to succeed in her studies.

"I wanted to make things better for my mother and others as well – especially people who suffer from chronic diseases such as renal disease, diabetes, and rheumatic heart disease.

"It's a very rewarding feeling to be able to help others and to be trusted by them."

Sadly, Sarah's mother Denise lost her battle in 2021.

"Out of everything I have been through, losing mum was the hardest thing I have ever had to cope with," Sarah said.

"I miss her desperately and think of her all the time. I wish she was still here."

Within a couple of weeks of Denise's funeral in Darwin, Sarah headed back to Tennant Creek with her niece and nephew in tow. Overnight, she and her husband Boyd Lowe had become parents to the two young children.

Now, with birth of her baby two days before Christmas, the family of four has become five and a new layer of joy has been added to their household.

"The birth was quite a nightmare with a planned caesarean ending with me in ICU and Blake in the neonatal ICU for six days," Sarah said.

"However, things have now settled down and we're all enjoying getting to know our little fella.

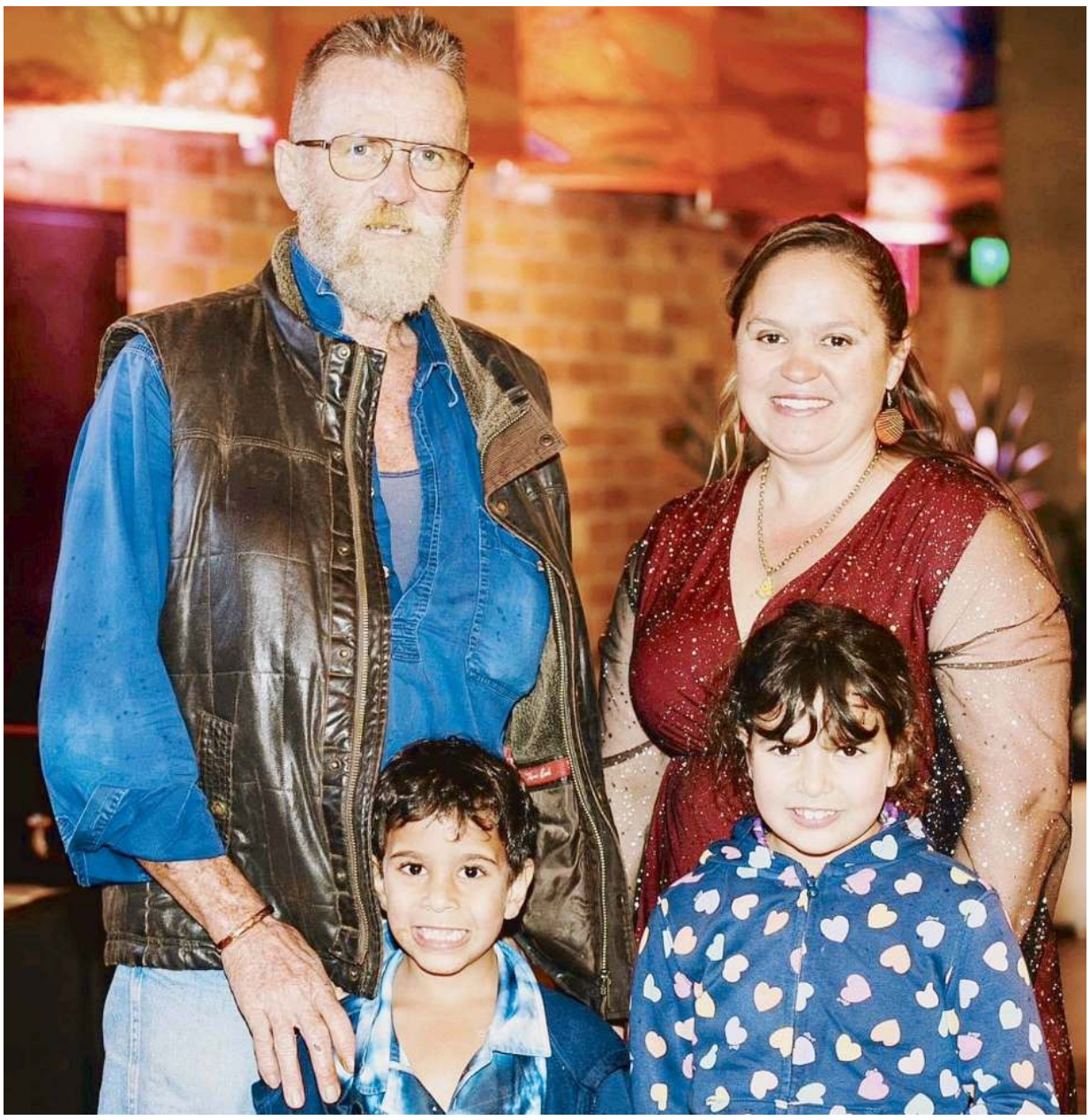
"Tracker, who is seven-years-old, can't wait to teach Blake to fish and Iraya, who's eight-years-old, is very busy clucking over him.

"Our lives have become a new level of busy and I'm sure it will ramp up even more once I'm back at work.

"But honestly, I wouldn't have it any other way. I'm really content."



Sarah with her family following the birth of Blake.



Sarah, with her father Steve Goddard and children Tracker and Iraya, receiving the University of Newcastle Indigenous Alumni Award in 2024.



Sarah specialises in rural medicine.



Sarah grew up wanting to be a doctor.

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Give to Gain theme celebrates women

THE Women's Museum of Australia is thrilled to announce the 18th annual International Women's Day Breakfast, taking place on Friday 6 March at The Lawns of the Old Gaol Complex, Alice Springs.

This year's theme, 'Give to Gain,' celebrates generosity, collaboration, and the remarkable achievements of women.

The event will feature inspiring keynote speakers, guided museum tours, and networking opportunities, all aimed at promoting gender equality, fostering community engagement, and supporting local businesses.

We are excited to welcome Rae Johnston as the event's guest speaker. Rae is a Wiradyuri and Greek woman, a multi-award-winning journalist, broadcaster, and podcast producer.

She is the host of ABC Radio National's Download This Show, ABC Radio Sydney's Saturday Mornings, and iHeartRadio's Weird Tech podcast.

Rae is also a sought-after keynote speaker and serves on the boards of the Telstra Foundation and Swinburne University of Technology.

Joining the lineup is Deborah Moyle as MC, a life-long advocate for women's inclusion and recognition.

With over 25 years as a Fellow of the Australian Institute of Company Directors, Deborah has dedicated her career to promoting women's opportunities and leadership.

She is the Co-Founder of Women's Network NT and has served as Chief Judge of the Telstra Business and Businesswomen's Awards NT for five years.

The event will also feature an exceptional performance by Alison Mapleson, a talented musician and singer-songwriter from Mparntwe Alice Springs.

Alison's heartfelt songs explore themes of love, self-discovery, and connection. Now working as a music therapist, Alison uses music to bring joy and foster deeper connections.

The Women's Museum of Australia thrives on the generosity and support of the community.

By attending events like the International Women's Day Breakfast 2026, donating, or volunteering, you help preserve the rich history of women's achievements and empower future generations.

Your support enables the museum to continue sharing inspiring stories, promoting gender equality, and fostering meaningful connections within the community. Together, we can create a more inclusive and equitable society.

The International Women's Day Breakfast 2026 promises to be a memorable celebration of women's achievements and a powerful platform for advancing gender equality.

Event Details

- Date: Friday 6 March 2026
- Time: 7am-9am Venue: The Lawns of the Old Gaol Complex, Alice Springs
- Tickets $65 per person (includes breakfast and barista coffee and auction)
- For bookings and more information, email President@pioneerwomen.com.au or visit https://aus.givergy.com/internationalwomensdaybreakfast2026

Continuing legacy of her grandmother

THE Women's Museum and Old Gaol, (formerly known as the National Pioneer Women's Hall of Fame), is embarking on a new chapter in its mission to celebrate the achievements of all women.

At the heart of this evolution is Meegan Sullivan, the museum's newly appointed Administration Officer and eldest granddaughter of its founder, Molly Clark.

Meegan's role symbolises the enduring power of matriarchs to inspire future generations.

Molly Clark, a true trailblazer, dedicated her life to honouring the contributions of women who shaped Australia's history. Her journey from South Australia to the remote Andado homestead in the Northern Territory was one of resilience, determination, and vision.

During her time at Andado, Molly transformed the Old Andado 1920s homestead into a homestay operation, ensuring its survival during drought years and creating a lasting legacy.

In 1993, she founded the National Pioneer Women's Hall of Fame, a space to celebrate the grit, wisdom, and achievements of women who paved the way for others.

Meegan Sullivan now carries forward this legacy, bringing her extensive experience in administration as well as a deep personal connection to the museum's history. Her unique perspective, shaped by her grandmother's influence, positions her to honour the matriarchs who came before while inspiring future generations to continue their work.

Meegan's role is a testament to the power of generational women to light the path for those who follow.

The Women's Museum and Old Gaol remain a vital space for storytelling, connection, and reflection. By preserving the voices and lived experiences of women, the museum fosters understanding and empathy that transcends generations.

Meegan's contribution ensures that the legacy of matriarchs like Molly Clark will continue to inspire and empower women to shape a better future for all.

As the museum moves forward, it stands as a beacon of hope and resilience, reminding us of the extraordinary impact of women who have come before and the responsibility to carry their revolutionary spirit into the future.



Meegan Sullivan, the museum's newly appointed Administration Officer and eldest granddaughter of its founder, Molly Clark.

Film pays homage to Breathless

ALICE Springs Cinema's Spotlight film is Nouvelle Vague

After writing for Cahiers du cinema, young Godard decides making films is the best film criticism. He gets Beauregard to fund a low-budget feature, creating a treatment with Truffaut about a gangster couple.

From Director Richard Linklater, Nouvelle Vague is the story of Jean-Luc Godard making Breathless. The film is a love letter to the revolutionary magic of the French New Wave and a homage to Godard's influential 1960 film, capturing its youthful dynamism and creative chaos.

"...the Avengers Assemble of French cinema; everyone from Jean Cocteau to Robert Bresson to Francois Truffaut gets a scene or two to shine, and that makes Richard Linklater's Nouvelle Vauge a truly fascinating film for cineastes."

Eddie Harrison, film-authority.com

"It's fascinating and historically accurate as far as anyone can tell: you feel you can see film history in the making. It's Linklater's labour of love. A must-see for all those interested in the cinema."

Alexa Dalby, Dog and Wolf

106 minutes | Biography | Rated M | Directed by Richard Linklater | Zoey Deutch, Guillaume Marbeck, Aubry Dullin, Adrien Rouyard, Antoine Besson, Jodie Ruth-Forest | Opens 21 February





TV Today

STREAMING HIGHLIGHTS **INSIDE**

Burning questions

Todd Sampson challenges conventional thinking in new ABC TV series **Why?**



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Inconvenient truths

Todd Sampson is no stranger to pushing boundaries when making documentary series. In his latest project, simply titled *Why?*, the endlessly curious presenter immerses himself in the lives of people driven by unusual beliefs, writes **Siobhan Duck**







Final frontiers: Todd Sampson seeks to better understand alternative lifestyles in *Why?*, by visiting "alien church" the Aetherius Society (above), spending time with prolific sperm donor Ari Nagel (below left) and getting an insight into the doomsday prepper mindset (below right).

TODD Sampson jokes that his mum will probably experience a bit of PTSD when she learns the title of his latest investigative series: *Why?*

Always looking for answers on anything and everything, as a youngster Sampson constantly bombarded his long-suffering mother with that very question.

"As a kid, I drove her nuts," he smiles.

"She'd ask me to do something and I would be like: 'Why?' and she'd say [in an exasperated voice]: 'Oh, just stop it and do it!'

While most people outgrow childhood curiosity, Sampson is still busily trying to understand the world around him.

And that's how his new documentary series, *Todd Sampson's Why?* was born.

Rather than judging people who do unusual things, Sampson walks in their shoes.

In the opening episode, Sampson meets Ari, a prolific sperm donor who has fathered more than 170 children around the world.

As Sampson follows Ari through New York, he's invited come with him to a hotel to make one of his deposits.

"Very little of it was planned... so it's just me in the room with him, and then him trying to get me to choose his [viewing material]," Sampson says.

"This is not scripted show. So, we are working it out as we go along."

There's a lot of trust that goes into a show like *Why?* Getting people accustomed to scepticism, criticism or mockery to share their stories on camera is no mean feat. Sampson believes his previous shows *Body Hack* and *Mirror Mirror* allowed his subjects to see he wasn't in the business of making "gotcha TV".

"I think Ari researched me and I think he knew that I don't come with the judgement," he says.

"I've hugged a cannibal while he ate a human skull on the bank of the Ganges. So, I'm not judging a donor dad."

He's also not afraid to experience some of the more unique lifestyle choices of the people he meets on *Why?* Maybe not sperm donation, as he points out: "I don't think my wife Naomi would be too happy, neither would the population!"

But while shooting an episode about "alien church" followers, Sampson took part in a ceremony where he prayed into a box that would take his wishes into outer space.

Was he converted? No. But he found the whole thing fascinating. Likewise, he's intrigued that when people hear the term "alien church," they instantly think of cults or kooks.

As a secular person, Sampson finds it hard to understand why one set of beliefs is any stranger than the next.

"People may say, 'I think that's crazy believing aliens,' but they're OK with a man born from a virgin who was resurrected from the dead," he laughs.

"But the idea that you could send prayers to aliens is beyond the pale. I love exploring religion, and I'm not anti any religion."

He welcomes the uncharted territory of his investigations, even though it lands him in some scary situations. Whilst spending time at a doomsday preppers' compound, a man pulled a gun on the startled host.

He was also packing a knife. Sampson didn't know the man and so was taken aback. Just being around people carrying loaded guns felt foreign and uncomfortable for the host, who says: "There's a warning in that episode of what society can become or what this could all lead to, and how lucky we are in this country. It's not perfect, but it's far from that."

Even still, Sampson has a little experience with people who take extreme precautions for the future, sharing that his wife Naomi has a big box of supplies in readiness for an apocalypse.

"We live close to the water in Sydney and one day, I came home and there were life jackets for everyone, including my dog," he says.

"So, for my two daughters and Naomi. And all the life jackets had names and identifications on them, and they had phone numbers. Everyone had a life jacket, except for me.

"She said: 'You should be able buy a life jacket for yourself. But make sure you get it at Aldi and not one of those expensive ones!'"

Sampson still hasn't gotten around to getting his own life jacket.

"And the irony is I am the only one who can't swim!" he chuckles.

"So, my dog will be paddling along and I'll have to grab [onto] my Dobermann on the way down."

Of course, stockpiling supplies doesn't seem as shocking or extreme as it would have five years ago, before the global pandemic.

Even then, Sampson points out: "If you have an umbrella, you're a prepper."

It's all about perspectives and empathy. And that's what Sampson hopes to show with *Why?*

For someone who is so at ease on camera, Sampson never envisaged himself as a TV host. Fame was never on the agenda. But fortune, very much was.

"All I knew in my life is that I didn't want to be poor," he shrugs.

"That's all I was really focused on. And when I did my MBA [Master of Business Administration] and I made all those decisions about [where my life was headed], it was about money.

"An advertising career meant money."

It wasn't until Andrew Denton's production company approached Sampson to join the panel of *The Gruen Transfer* [now *Gruen*] in 2008, that he found a new niche as a commentator and presenter.

Reflecting, he says a lot of his career has been driven by a mix of curiosity and insecurity.

"Coming from a family where they didn't have money, and my parents are not educated, I wanted a different life," he says.

"I didn't want that life, and I've always been afraid of that. On the flip side, I've always been filling that insecurity bucket with many things like climbing Everest or whatever, just to prove to myself – not necessarily to other people – that I'm enough.

■ *Todd Sampson's Why?*, Tuesday, 8.30pm, ABC TV and streaming, ABC iview

Movie Guide



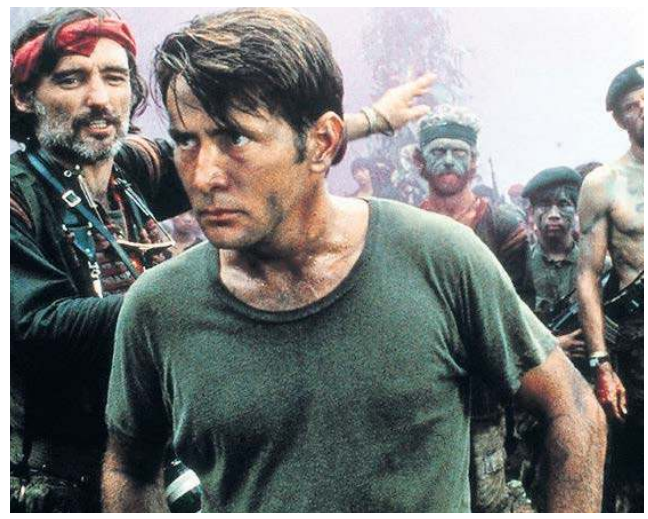
WONDER WOMAN 1984
9Go!, Friday, 6pm, M (2020)

Break out the shoulder pads, because this lively sequel is bringing back the '80s with a bang. Last seen on the battlefields of World War I, Diana Prince (Gal Gadot, pictured) is now living in Washington D.C. However, when an ancient wish-granting stone is weaponised by a villainous businessman (Pedro Pascal), Diana must battle to restore order while distracted by the wish-fulfilling return of pilot paramour Steve (Chris Pine). Kristen Wiig is a standout as Diana's dorky colleague Barbara. ★★★



MY SISTER'S KEEPER
ABC Entertains, Friday, 8.30pm, M (2009)

Cameron Diaz stars in the big-screen version of Jodi Picoult's bestselling weepie about a young girl conceived to help keep her leukemia-stricken sister alive. Sara (Diaz) is so driven by saving her teenage daughter Kate (Sofia Vassilieva) that she has dumped her career, distanced herself from her husband and son and bio-engineered a younger daughter, Anna (Abigail Breslin, pictured with Diaz). Understandably, Anna petitions for medical emancipation with the help of a lawyer (Alec Baldwin). ★★★★



APOCALYPSE NOW REDUX
SBS World Movies, Saturday, 8.30pm, MA15+ (1979)

Francis Ford Coppola's dissection of the Vietnam War is a bravura feat of filmmaking, in which he transposes the text of Joseph Conrad's classic 1902 novella *Heart of Darkness* to create a microcosmic depiction of humanity gone amok. The performances are immense (Martin Sheen, pictured, Robert Duvall, Dennis Hopper and Marlon Brando are indelible) while the journey itself is a surreal amalgam of sequences that transcend conventional narrative storytelling. ★★★★★



RAMBO III
9Gem, Saturday, 7.10pm, M (1988)

With the raw reality of *First Blood* nothing but a distant memory, Sylvester Stallone (pictured) reprised cinema's most famous one-man army for this incredulous third adventure. Rambo dons a sneer and headband to save his former mentor, Colonel Samuel Trautman (Richard Crenna), who has been captured by the Russians in Afghanistan. Despite production problems – an assistant director took over after the original director was fired – it's a typically slick Hollywood outing. ★★★



THE BIG SHORT
SBS World Movies, Tuesday, 8.30pm, M (2015)

Bold, ambitious, bursting with talent and wit, Adam McKay's brainy review of the 2008 Wall Street meltdown will leave you exhilarated by its panache and fuming at the greediness and arrogance of banks. Starring Christian Bale (pictured), Steve Carell, Ryan Gosling, Brad Pitt and Marisa Tomei, McKay makes the complications of the credit crunch easy to understand as we follow several parallel stories, beginning with hedge fund manager Michael (Bale) recognising that the US housing market is in a bubble, and betting on its demise. ★★★★



Call of the wild: Leonardo DiCaprio as stockbroker Jordan Belfort in *The Wolf of Wall Street*.

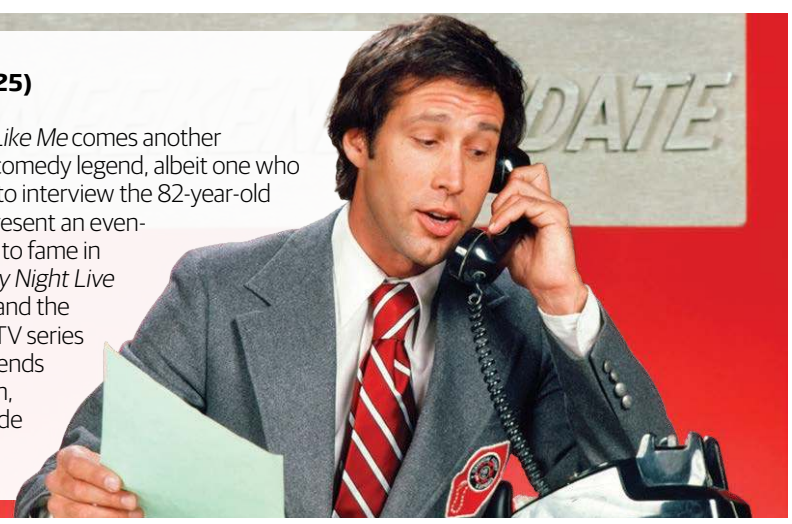
PICK OF THE WEEK

Monday
THE WOLF OF WALL STREET
9Go!, 7pm, MA15+ (2013)

In this car-crash vision of the American Dream gone horribly wrong, Leonardo DiCaprio is fabulous as infamous money market criminal Jordan Belfort. Based on a true story, it chronicles Belfort's surprise rise and spectacular fall. It's a long and dizzying ride (runtime clocks in at almost three hours), but DiCaprio's energetic performance – his character is fuelled by money and drugs – and his electric chemistry with Aussie co-star Margot Robbie as his put-upon trophy wife make for an eye-opening trip. Jonah Hill (who picked up an Oscar nomination for best supporting actor) is highly entertaining as Belfort's manic business partner Donnie Azoff. Director Martin Scorsese proves he's still got it with this rather humorous tale of destruction. ★★★★

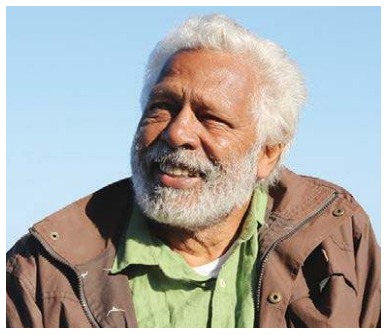
I'M CHEVY CHASE AND YOU'RE NOT
Imparja, Wednesday, 8.30pm, MA15+ (2025)

Hot on the heels of the wonderful *John Candy: I Like Me* comes another documentary chronicling the life and career of a comedy legend, albeit one who has a prickly, unsavoury reputation. Sitting down to interview the 82-year-old Chevy Chase, director Marina Zenovich tries to present an even-handed and fair portrayal of the star, from his rise to fame in the 1970s as a breakout cast member on *Saturday Night Live* (pictured) to the heights of his career in the '80s and the controversy surrounding his abrupt exit from hit TV series *Community*. Featuring interviews with Chase's friends and colleagues such as Dan Aykroyd, Goldie Hawn, Martin Short and Ryan Reynolds, this is a well-made – if slightly incomplete – portrait of a figure who remains an enigmatic figure in Hollywood. ★★★



The Guide

GOING PLACES WITH ERNIE DINGO
SBS, Friday, 7.30pm



When it comes to exploring the natural beauty and unique attractions of our diverse land, no one does it quite like Ernie Dingo (pictured). Forging his own path after 16 years at the helm of *The Great Outdoors*, Dingo explores Country with locals in this organic travel series, hearing their stories and learning about their culture. This year, he's joined on the journey by Mark Coles Smith, Rae Johnston and Brooke Blurton. "This series gives us the chance to go beyond the usual stops, to learn from the people who belong to these places," says Dingo. "There are so many beautiful people with amazing yarns to tell." Season seven kicks off with Dingo and Coles Smith visiting Freycinet National Park in Tasmania/Lutruwita.



NEIL AND MARTIN'S BON VOYAGE
SBS, Saturday, 7.30pm

Viewers likely know actor Martin Clunes as the star of *Doc Martin* or as host of countless travel series, but they might be less familiar with his co-conspirator on this French sojourn. Neil Morrissey (pictured left with Clunes) is not only the voice of Bob the Builder, he has also appeared in crooked cop drama *Line of Duty* and starred alongside Clunes in '90s sitcom *Men Behaving Badly*. This cheeky travelogue sees the mates celebrate four decades of friendship by road-tripping around France. Reuniting at Morrissey's farmhouse in Lot-et-Garonne, the pals are en route to Bordeaux in this first leg, visiting one of the country's deepest wine cellars and sampling a few goods along the way.

PICK OF THE WEEK



Jury duty: David Genat hosts *Australian Survivor: Redemption*.

AUSTRALIAN SURVIVOR: REDEMPTION
10, Monday, 6pm

Blindsides don't come much more epic than when producers of this enduring reality series unexpectedly replaced long-time host Jonathan LaPaglia with former winner David Genat. It was a power move that no one saw coming, and sets the scene for another unpredictable season of strategic gameplay in the Samoan jungle. In a delightful twist, the so-called "Golden God" isn't the only familiar face back in the mix for this exciting instalment. Fellow fan favourites Brooke Jowett, Harry Hills, Simon Mee and Mark Warnock also return to compete against a fresh batch of 20 ambitious newcomers. Can one of the veterans rewrite history to come out on top? Or will a new competitor outwit, outplay and outlast them all?

THE HUNTING WIVES
Imparja, Tuesday, 8.40pm

In the trashy tradition of *Desperate Housewives*, *Ginny and Georgia* and shortlived comedy *GCB*, this guilty pleasure is unapologetically implausible and utterly addictive. Based on the 2021 bestseller by May Cobb, the scandalous soap sees straitlaced Sophie O'Neil (Brittany Snow) and her architect husband Graham (Evan Jonigkeit) move from Boston to Texas, where she falls in with magnetic socialite Margo (Malin Åkerman, pictured right with Snow) and her well-heeled clique. A tangled web of secrets, obsession and affairs awaits Sophie just below the surface. With a tantalising murder mystery thrown in for good measure, this dark drama *really* has it all.



Thursday, February 19

Please note: channel numbers and programming times may vary based on the broadcast signal received.

ABC TV (2)
6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Hard Quiz. (PGa, R) **10.30** The Weekly With Charlie Pickering. (R) **10.55** Creative Types With Virginia Trioli. (PGv, R) **11.30** QI. (PG, R) **12.00** ABC News At Noon. **1.00** Bergerac. (Mal, R) **2.00** Fake Or Fortune? (R) **3.00** Spicks And Specks. (PG, R) **3.30** Anh's Brush With Fame. (PG, R) **3.55** Love Your Garden. (PGa, R) **4.45** Long Lost Family. (PG, R) **5.30** Antiques Roadshow. (R)

6.30 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Grand Designs Transformations: Arncliffe Italianate And Toukley Granny Pad. Two buildings are transformed.
9.00 Amanda & Alan's Italian Job. Amanda and Alan renovate the last two rooms.
9.30 Muster Dogs. (PG, R) Training begins for the puppies.
10.35 ABC Late News. **10.50** The Business. (R) **11.05** Love Your Garden. (PGa, R) **11.55** Long Lost Family. (PG, R) **12.40** Rage. (MA15+adhlnsv) **2.20** Smother. (Mlv, R) **5.00** A Bite To Eat With Alice. (R) **5.30** 7.30. (R)

SBS (3)
6am Morning Programs. **9.15** My Unique B&B. (R) **10.10** Paddington Station 24/7. (PGal, R) **11.00** China On Stage. (R) **12.00** BBC News At Ten. **12.30** France 24. **1.00** PBS News. **2.00** The Point: Road To Referendum History Bites. (R) **2.05** Asia's Ancient Civilisations. (PG, R) **3.00** Going Places. (R) **3.30** Plat Du Tour. (R) **3.35** The Cook Up. (R) **4.05** Who The Bloody Hell Are We? (PGav, R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R) **6.30** SBS World News.
7.30 Toronto Airport Uncovered.
8.20 Robson Green: World's Most Amazing Walks. (PG) Robson Green explores Spain.
9.15 A Spy Among Friends. (Premiere) A defector puts his close friend in the crosshairs of MI5.
10.20 SBS World News Late. **10.50** In Memoriam. (Premiere, Madl) **11.40** Forest Of The Missing. (Malv, R) **1.25** Silent Road. (Ma, R) **3.25** The Real Crown: Inside The House Of Windsor. (PG, R) **4.20** Barkley Manor. (PG, R) **4.50** Destination Flavour China Bitesize. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 71)
6.00 Sunrise. **7.30** The Morning Show. (PG) **10.30** Seven's National News At Noon. **11.30** Seven News With Alex Cullen. **11.40** Catch Phrase. (PG, R) **12.30** Bridge Of Lies: Celebrity Specials.
1.30 The Chase.
2.30 Seven News At 4.
3.30 The Chase Australia.
4.30 Seven News.
5.30 Home And Away. (PGa)

6.00 Home And Away. (PGav) Levi is protective of Abigail. Leah gives Holden a serve. Lacey fears that she is in danger.
7.00 MOVIE: Under The Tuscan Sun. (2003, Ml, R) A recently divorced woman holidaying in Tuscany buys a villa on a whim and encounters unexpected romance. Diane Lane, Sandra Oh.
9.20 To Be Advised.
11.05 Dare Me. (MA15+asv) The party fallout leads to a shocking accident.
12.05 Harry's Practice. (R) Information about pet care.
12.30 Home Shopping. (R)
2.30 Better Homes And Gardens. (R)
3.30 Sunrise Early News.
4.00 Sunrise.

IMPARJA (9)
6.00 Today.
8.30 Today Extra. (PG)
11.00 9News Morning.
11.30 Married At First Sight. (Mls, R)
1.00 Olympic Winter Games Milano Cortina 2026. Day 12 – Highlights.
2.30 Tipping Point. (PG)
3.30 9News Afternoon.
4.30 Tipping Point Australia. (PG)
5.30 9News.

6.30 A Current Affair.
7.00 Olympic Winter Games Milano Cortina 2026. Day 13 – Night. Coverage includes men's and women's ski mountaineering sprints heats and finals and men's aerials finals.
11.30 Olympic Winter Games Milano Cortina 2026. Day 13 – Post Midnight. Coverage includes men's and women's ski mountaineering sprints finals, Nordic combined team spring and women's ice hockey.
2.30 Olympic Winter Games Milano Cortina 2026. Day 13 – Overnight.
5.00 Today. The latest in news, current affairs, sport, politics, entertainment, fashion, health and lifestyle.

TEN (10)
6.00 Farm To Fork. (R) **6.30** Lingo. (R) **7.30** The Finish Line. (R) **8.30** Entertainment Tonight. (R) **9.00** I'm A Celebrity... Get Me Out Of Here! (PGal, R) **10.30** Farm To Fork. **11.00** Family Feud. (PG, R) **11.30** 10 News: Lunchtime. **12.30** Millionaire Hot Seat. (PG, R) **1.00** The Finish Line. **2.00** Lingo. (R) **3.00** The Bold And The Beautiful. (PG) **3.30** 10 News. **4.30** 10 News+. **5.00** Deal Or No Deal. **5.30** Millionaire Hot Seat. (PG)

6.00 Gogglebox Australia. (Return)
7.00 The Graham Norton Show. (Ms) Graham Norton is joined by Chris Pratt.
8.10 10's Late News. Comprehensive coverage of local, national and international news, as well as the latest sport and weather.
9.10 10 News+. (R) Comprehensive coverage of the day's top stories, investigative reports and stories that haven't been heard.
9.40 The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert.
10.30 Home Shopping. (R)
4.30 Entertainment Tonight. (R) **5.00** The Bold And The Beautiful. (PG, R) **5.30** Deal Or No Deal. (R)

ABC FAMILY (22)
6am Children's Programs. **8.10** Kangaroo Beach. **8.40** Gardening Australia Junior. **9.00** Play School. **9.40** Mecha Builders. **10.25** Guess How Much I Love You. **10.40** Mini Kids. **11.15** The Makery. **11.45** Andy's Global Adventures. **12.35pm** Ben And Holly. **1.10** Knee High Spies. **2.15** Peter Rabbit. **2.45** The Makery. **3.05** Play School. **3.30** Wiggle. **4.10** Andy's Safari Adventures. **4.25** Mojo Swoptops. **5.40** Kangaroo Beach. **6.05** PJ Masks. **6.25** Paddington. **6.45** Ben And Holly. **7.05** Batwheels. **7.35** Ninjago. **8.00** Deadly 60. **8.35** Secrets Of The Zoo. **9.20** The Secret Life Of Our Pets. **10.10** Late Programs.

SBS VICELAND (31)
6am TRT World News. **6.50** DW English News. **7.20** FBC News. **8.10** NHK Newsline. **8.40** CBC The National. **9.30** BBC News At Six. **10.00** France 24 English News. **10.30** Euronews The Ring. **11.00** The Food That Built The World. **11.50** DW The Day. **12.20pm** The Billionaires Who Made Our World. **1.15** Mastermind Aust. **2.15** Insight. **3.20** WorldWatch. **5.20** Mysteries From Above. **6.15** Curse Of Oak Island. **7.05** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** History's Greatest Mysteries. **10.05** Brassic. **Midnight** Mastermind Aust. **1.05** Appetite. **2.15** NHK World English News. **5.00** Al Jazeera.

7MATE (70)
6am Morning Programs. **7.30** NFL Films Presents. **8.30** Blokesworld. **9.00** American Resto. **9.30** Storage Wars. **10.00** American Pickers. **11.00** Pawn Stars. **Noon** Highway Patrol. **1.00** The Force: BTL. **2.00** Desert Collectors. **3.00** American Resto. **3.30** Storage Wars. **4.00** American Pickers: Best Of. **5.00** Pawn Stars. **5.30** Cricket. Women's T20. Aust v India. **9.00 MOVIE:** Rush. (2013, MA15+) **11.35** American Pickers: Best Of. **12.30am** American Pickers. **1.30** Pawn Stars. **2.30** Desert Collectors. **3.30** Ax Men. **4.30** Hook, Line And Sinker. **5.30** The Next Level.

9GEM (90)
6am Olympic Winter Games Milano Cortina 2026. Day 12 – Early Morning. **8.30** Olympic Winter Games Milano Cortina 2026. Day 12. Replay. **6pm** M*A*S*H. **7.00 MOVIE:** High Crimes. (2002, M) **9.25 Major Crimes.** (Mav, R) **10.25** Recipes For Love And Murder. **11.30** Creflo. **Midnight** M*A*S*H. **1.00** My Favorite Martian. **1.30** The Baron. **2.30** Recipes For Love And Murder. **3.30** M*A*S*H. **4.00** Olympic Winter Games Milano Cortina 2026. Day 13 – Early Morning. **4.30** Olympic Winter Games Milano Cortina 2026. Day 13 – Early Morning.

10 DRAMA (1)
6am Shopping. **6.30** Days Of Our Lives. **7.15** The Young And The Restless. **8.00** JAG. **9.00** Living Room. **10.00** The Bold And The Beautiful. **10.30** Days Of Our Lives. **11.15** The Young And The Restless.
12.00 Bull. (Mas, R)
1.00 JAG. (PGv, R)
2.00 Bull. (PGal, R)
3.00 JAG. (PGv, R)
5.00 Bull. (PGv, R)
6.00 NCIS. (Mv, R)
8.50 Bull. (Mas, R)
10.45 Home Shopping. (R)

NITV (34)
6am Morning Programs. **7.20** Cities Of Gold. **7.50** Bushwhacked! **8.15** Motown Magic. **8.40** The Magic Canoe. **9.10** Spartakus. **10.00** Africa's Underwater Wonders. **11.00** Shepherdess. **Noon** Earth Oven. **12.50** Kings Of Baxter. **2.00** Kriol Kitchen. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** Going Places. **6.00** Bamay. **6.40** Arctic Secrets. **7.30** Going Places. **8.30** The Green Veil. **9.30 MOVIE:** Boyz N The Hood. (1991) **11.30** Going Places. **12.30am** Stompem Ground 2022: Yatangal. **1.00** On The Road. **4.10** BLK: An Origin Story. **5.00** Bamay.

SBS WORLD MOVIES (32)
6am Morning Programs. **7.55** The Bridge On The River Kwai. (1957, PGav) **10.45** The Legend Of Fong Sai-Yuk 2. (1993, Mav, Cantonese, Mandarin) **12.35pm** Within Sand. (2022, Mav, Arabic) **2.45** Discovering Film. **3.40** Master Cheng: A Spice For Life. (2019, PGaln) **5.50** The Silver Brumby. (1993, PG) **7.30** Once Upon A Time In China. (1991, M, Cantonese) **10.00** Once Upon A Time In China II. (1992, M, Cantonese) **12.05am** Once Upon A Time In China III. (1993, Cantonese) **2.05** Fist Of Legend. (1994, Mav) **3.55** Tai Chi Master. (1993, MA15+av, Cantonese, Mandarin) **5.40** The Movie Show.

7TWO (72)
6am Morning Programs. **11.30** Escape To The Country. **12.30pm** South Aussie With Cosi. **1.00** One Road: Great Australian Road Trips. **2.00** Harry's Practice. **2.30** Medical Emergency. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Father Brown. **7.00** The Inspector Lynley Mysteries. **9.00** Murdoch Mysteries. **10.00** Father Brown. **11.00** Bargain Hunt. **Midnight** Home In WA. **12.30** Harry's Practice. **1.00** Medical Emergency. **1.30** Better Homes. **2.30** Million Dollar Minute. **3.30** Room For Improvement. **4.00** Under The Hammer. **4.30** Home In WA. **5.00** Escape To The Country.

9GO! (99)
6am Morning Programs. **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.30** Golden Girls. **5.00** Nanny. **6.00** Seinfeld. **7.00 MOVIE:** Six Days, Seven Nights. (1998, M) **9.00** Seinfeld. **10.00** Rugby Heaven. (Premiere) **11.00** Love Island UK. **Midnight** Legacies. **12.55** Surfing Aust. **1.25** Motor Racing. IndyCar Series. Grand Prix of St Petersburg. H'lights. **2.30** Barbie It Takes Two. **3.00** Hop. **3.20** Booba. **3.40** LEGO Jurassic World: Legend Of Isla Nublar. **4.00** I Love VIP Pets. **4.30** Beyblade X. **5.00** LEGO Friends: Girls On A Mission. **5.30** Late Programs.

10 COMEDY (11)
6am Stephen Colbert. **8.00** Bold. **8.30** Family Feud. **9.00** Deal Or No Deal. **10.00** Becker. **10.30** Frasier. **11.30** The Big Bang Theory. **12.30pm** Friends. **2.00** Becker. **2.30** Farm To Fork. **3.00** Frasier. **4.00** The Big Bang Theory. **5.00** Friends.
6.30 The Big Bang Theory. (Ms, R)
8.30 Becker. (PG, R)
9.00 Frasier. (PGa, R)
10.00 Entertainment Tonight. (R)
10.30 Home Shopping. (R)
1am The Bold And The Beautiful. **2.00** Shopping. **4.30** GCBC. **5.00** Farm To Fork. **5.30** Ent. Tonight.

CONSUMER ADVICE (P) Pre-school **(C)** Children **(PG)** Parental Guidance Recommended **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(AV15+)** Extreme Adult Violence **(R)** Repeat **(a)** Adult themes **(d)** Drug references **(h)** Horror **(s)** Sex references **(l)** Language **(m)** Medical procedures **(n)** Nudity **(v)** Violence. NT

Please note: channel numbers and programming times may vary based on the broadcast signal received.

Friday, February 20

Please note: channel numbers and programming times may vary based on the broadcast signal received.

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Australia's Wild Odyssey. (R) **11.00** Antiques Roadshow. (R) **12.00** ABC News At Noon. **1.00** Muster Dogs. (PG, R) **2.00** Dog Park. (M, R) **2.30** In Limbo. (Ml, R) **2.55 Spicks And Specks.** (PG, R) **3.25 Anh's Brush With Fame.** (PG, R) **4.40 Long Lost Family.** (PG, R) **5.30 Antiques Roadshow.** (R)

6.30 Hard Quiz. (PG, R)
7.00 ABC News. A look at the top stories of the day.
7.30 Gardening Australia. Costa Georgiadis gets expert snake safety advice.
8.30 Professor T. (M) Professor T investigates when a bride is found dead on her wedding night floating in the hotel swimming pool.
9.15 Hard Quiz. (PGa, R) Presenter Tom Gleeson grills four self-declared experts in a comedic quiz show.
9.50 The Weekly With Charlie Pickering. (PG, R) A satirical news program.
10.20 Dog Park. (Ml, R)
10.50 ABC Late News.
11.05 Smother. (Mal, R)
12.55 Rage New Music. (MA15+adhlnsv)
5.00 Rage. (PGadhlnsv)

SBS (3)

6am Morning Programs. **9.20** My Unique B&B. (R) **10.10** Paddington Station 24/7. (PGal, R) **11.00** China On Stage. (R) **12.00** BBC News At Ten. **12.30** France 24. **12.55** PBS News. **1.55** The Hospital: In The Deep End. (Ma, R) **3.00** Nula. **3.30** Plat Du Tour. (R) **3.40** The Cook Up. (R) **4.10** Building The Impossible. (PG, R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.30 Going Places With Ernie Dingo. (Return) Ernie Dingo learns local culture from a palawa guide.
8.30 Super Ships: A Revolution At Sea. (R) Looks at how almost every year, cruise lines launch ships with characteristics that surpass their previous.
9.35 Harrods: The Rise And Fall Of A British Institution. (Ma, R) Charts the story of a national icon's incredible rise and tragic fall from grace.
10.30 SBS World News Late.
11.00 Sisi. (Mav, R)
11.55 Babylon Berlin. (MA15+s, R)
1.40 The Lesson. (Mals, R)
4.05 Barkley Manor. (PG, R) **4.35** Bamay. (R)
5.00 NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 71)

6.00 Sunrise. **7.30** The Morning Show. (PG) **10.30** Seven's National News At Noon. **11.30 MOVIE: Happily Never After.** (2022, Masv, R) **1.30 The Chase.** (R) **2.30 Seven News At 4.** **3.30 The Chase Australia.** **4.30 Seven News.** **5.30 Better Homes And Gardens.**

7.00 The Marlow Murder Club. (Mav) When a man with no connection to Marlow is found dead, Judith, Becks and Suzie investigate.
9.00 To Be Advised.
10.45 GetOn Extra. Lizzie Jelfs, Matt Hill, Simon Marshall and Brent Zerafa dive headlong into the weekend's best racing.
11.15 Dare Me. (MA15+asv) Colette feels the pressure of Regionals looming as a chance encounter leads Will to a dark place.
12.30 Home Shopping. (R)
2.30 Million Dollar Minute. (R) Hosted by Simon Reeve.
3.30 Dr Harry's Animal Encounters. (PG, R) Presented by Dr Harry Cooper.
4.30 Better Homes And Gardens. (R) Ed Halmagyi makes chocolate malted lava cakes.
5.30 Weekend Sunrise.

IMPARJA (9)

6.00 Today. **8.30 Today Extra.** (PG) **11.00 9News Morning.** **11.30 Olympic Winter Games Milano Cortina 2026.** Day 13 – Highlights. **2.30 Tipping Point.** (PG, R) **3.30 9News Afternoon.** **4.30 Tipping Point Australia.** (PG, R) **5.30 9News.**

6.30 A Current Affair.
7.00 Olympic Winter Games Milano Cortina 2026. Day 14 – Night. Coverage includes men's biathlon and women's curling, ski cross qualifiers and final. Hosted by Allison Langdon and James Bracey.
11.30 Olympic Winter Games Milano Cortina 2026. Day 14 – Post Midnight. Coverage includes women's curling and 1500m speed skating final and men's 15km biathlon and ice hockey.
2.30 Olympic Winter Games Milano Cortina 2026. Day 14 – Overnight. Coverage includes men's ice hockey and curling and two-woman bobsledding heats.
5.30 Olympic Winter Games Milano Cortina 2026. Day 14 – Early Morning. Coverage includes men's freestyle skiing halfpipe final and 5000m short track relay and women's 1500m short track.

TEN (10)

6.00 Farm To Fork. (R) **6.30** Lingo. (R) **7.30** The Finish Line. (R) **8.30** Ent. Tonight. (R) **9.00** I'm A Celebrity... Get Me Out Of Here! (PGal, R) **10.30** Farm To Fork. **11.00** Family Feud. (PG, R) **11.30** News. **12.30** Millionaire Hot Seat. (PG, R) **1.00** The Finish Line. (R) **2.00** Lingo. (R) **3.00** Bold. (PG) **3.30** 10 News. **4.30** 10 News+. **5.00** Deal Or No Deal. (R) **5.30** Millionaire Hot Seat. (PG)

6.00 Selling Houses Australia. (R) A couple are desperate to sell their home.
7.10 Love It Or List It Australia. (R) A couple must decide whether to stay or leave.
8.10 10's Late News. Comprehensive coverage of local, national and international news, as well as the latest sport and weather.
9.10 10 News+. (R) Comprehensive coverage of the day's top stories, investigative reports and stories that haven't been heard.
9.40 The Late Show With Stephen Colbert. (PG) Stephen Colbert interviews a variety of guests from the worlds of film, politics, business and music.
10.30 Home Shopping. (R)
4.30 Tough Tested. (R)
5.30 Reel Action. (R)

ABC FAMILY (22)

6am Children's Programs. **2.15pm** Peter Rabbit. **2.45** The Makery. **3.05** Play School. **3.30** Wiggle. **4.10** Andy's Safari Adventures. **4.35** Vida The Vet. **5.40** Kangaroo Beach. **6.05** PJ Masks. **6.25** Paddington. **6.45** Ben And Holly. **7.05** Gardening Australia Junior. **7.40** Star Wars: Young Jedi Adventures. **8.05** Scooby-Doo And Guess Who? **8.35** My Adventures With Superman. **8.55** BattleBots. **10.00** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **12.05pm** DW The Day. **12.30** Patriot Brains. **2.20** Mastermind Aust. **3.25** WorldWatch. **5.20** Mysteries From Above. **6.15** Curse Of Oak Island. **7.05** Jeopardy! **7.35** 8 Out Of 10 Cats. **8.30** Stacey Dooley Sleeps Over. **9.25** Stacey Dooley: Rape On Trial. **10.25** Adam Hills: The Last Leg. **11.15** Homeland. **1.15am** Sex Before The Internet. **2.10** NHK World English News. **5.00** Al Jazeera.

7MATE (70)

6am Morning Programs. **11.30** American Pickers. **12.30pm** Pawn Stars. **1.30** Timbersports. **2.00** Desert Collectors. **3.00** American Resto. **3.30** Storage Wars. **4.00** American Pickers: Best Of. **5.00** Pawn Stars. **6.00** Road Wars. **7.00 MOVIE:** Independence Day. (1996, M) **9.55 MOVIE:** Violent Night. (2022, MA15+) **12.15am** Pawn Stars. **1.30** Road Wars. **2.30** American Pickers: Best Of. **3.30** Ax Men. **4.30** Late Programs.

9GEM (90)

6am Morning Programs. **8.30** Olympic Winter Games Milano Cortina 2026. Day 13. Replay. **6pm** New Tricks. **7.10 MOVIE:** Lethal Weapon 3. (1992, M) **9.35** The Equalizer. **10.35** M*A*S*H. **11.35** Creflo. **12.05am MOVIE:** Holiday On The Buses. (1973, PG) **1.55** The Baron. **2.50** New Tricks. **4.00** M*A*S*H. **4.30** Getaway. **5.00** M*A*S*H. **5.30** Olympic Winter Games Milano Cortina 2026. Day 14 – Early Morning.

10 DRAMA (1)

6am Shopping. **6.30** Days Of Our Lives. **7.15** The Young And The Restless. **8.00** JAG. **9.00** Living Room. **10.00** Bold. **10.30** Days Of Our Lives. **11.15** The Young And The Restless. **Noon** JAG. **2.00** Bull. **3.00** JAG. **5.00** Bull. **6.00 NCIS.** (Mv, R) **8.50 Bull.** (PGl, R) **9.45 JAG.** (PGadv, R) **10.45 Home Shopping.** (R)

NITV (34)

6am Morning Programs. **Noon MOVIE:** Boyz N The Hood. (1991) **2.00** Kriol Kitchen. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** Nula. **6.00** Bamay. **6.40** Arctic Secrets. **7.30 MOVIE:** Tim Burton's Corpse Bride. (2005, PG) **9.00 MOVIE:** The Witches Of Eastwick. (1987, M) **11.10** Nula. **11.40** Going Places. **12.40am** Stompem Ground 2022: Footprince. **1.05** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **11.15** Once Upon A Time In China III. (1993, Cantonese) **1.15pm** Tai Chi Master. (1993, MA15+av, Cantonese, Mandarin) **2.55** The Movie Show. **3.30** The Ideal Palace. (2018, PGan, French) **5.30** The Third Man. (1949) **7.30** Proof Of Life. (2000, Madlv) **10.00** Boogie Nights. (1997, MA15+adsv) **12.50am** Ali. (2001, Mlsv) **3.30** Late Programs.

7TWO (72)

6am Morning Programs. **12.30pm** Home In WA. **1.00** Weekender. **1.30** Room For Improvement. **2.00** Harry's Practice. **2.30** Medical Emergency. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Wildlife ER. **7.00** Escape To The Country. **10.00** Secrets Of Beautiful Gardens. **11.00** Escape To The Country. **Midnight** Home In WA. **12.30** Late Programs.

9GO! (99)

6am Morning Programs. **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.30** Golden Girls. **5.00** Nanny. **6.00 MOVIE:** Wonder Woman 1984. (2020, M) **9.05 MOVIE:** Species II. (1998, MA15+) **11.00** Love Island UK. **Midnight** Legacies. **12.50** Surfing Aust. **1.25** Motor Racing. IndyCar Series. The Thermal Club IndyCar Grand Prix. H'lights. **2.30** Late Programs.

10 COMEDY (11)

6am Morning Programs. **8.00** Bold. **8.30** Family Feud. **9.00** Deal Or No Deal. **10.00** Becker. **10.30** Frasier. **11.30** Big Bang. **12.30pm** Friends. **2.00** Becker. **2.30** Farm To Fork. **3.00** Frasier. **4.00** Big Bang. **5.00** Friends. **6.30** Big Bang. **8.30** Becker. **9.00** Frasier. **10.00** Ent. Tonight. **10.30** Shopping. **1am** Bold. **2.00** Shopping. **4.00** Joseph Prince. **4.30** GCBC. **5.30** Bold.

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Saturday, February 21

ABC TV (2)

6.00 Rage Charts. (PGadhlnsv) **7.00** Weekend Breakfast. **9.00** Rage. (PG) **10.30** Rage Vault Guest Programmer. (PGadhlnsv) **12.00** ABC News At Noon. **12.30** Call The Midwife. (Md, R) **1.30** Professor T. (Mv, R) **2.15** The Piano. (PG, R) **3.45** Mission To Space With Francis Bourgeois. (Final, R) **4.30** Dr Karl's How Things Work. (Final, R) **5.00** Australian Story. (R) **5.30** Landline. (R)

6.25 Hard Quiz. (PG, R) Presented by Tom Gleeson.
7.00 ABC News. A look at the top stories of the day.
7.30 Call The Midwife. (Final, PGa) Nancy's wedding plans take a surprising turn. Sister Catherine takes her First Vows.
8.30 Midsomer Murders. (Final, Mv) When an online PTA meeting at Causton Grammar ends in murder, Barnaby and Winter head back to school to learn the deadly antics in the lives of pupils, teachers and parents alike.
10.05 This England. (M, R) Looks at Britain during COVID-19.
10.55 Rage. (MA15+adhlnsv) Continuous music programming.

SBS (3)

6am Morning Programs. **9.05** Lap Of Luxury: Escapes Down Under. (PGaw, R) **9.35** Vintage Voltage. (PGl, R) **10.30** Cycling. ProVelo Super League. Round 2. Tour Of Tasmania. **2.30** Lap Of Luxury: Escapes Down Under. (PGaw, R) **3.00** BBC News At Ten. **3.30** France 24. **4.00** Stories From The Cities. (Premiere) **4.30** PBS News. **5.30** Plat Du Tour. (R) **5.35** Bismarck: 24 Hours To Doom. (PGalv, R)

6.30 SBS World News.
7.30 Neil And Martin's Bon Voyage. (Premiere) Neil Morrissey and Martin Clunes go to a deep wine cellar.
8.25 Travels With Agatha Christie And Sir David Suchet: Southern Africa. (PGa, R) Looks at Agatha Christie's 1922 journey to southern Africa.
9.20 Shaun Micallef's Origin Odyssey: Michael "Wippa" Wipfli. (PG, R) Shaun Micallef heads to Switzerland.
10.20 Highclere: The Real Downton Abbey. (R)
11.15 Outlander. (Msv, R)
1.40 Beyond Signs. (MA15+a, R) **3.35** Barkley Manor. (PGa, R) **4.35** Bamay. (R)
5.15 Euronews. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 71)

6.00 Weekend Sunrise. **8.30** The Morning Show: Weekend. (PG) **10.30** Horse Racing. Silver Slipper Stakes Day and Caulfield Blue Diamond. **3.30** Seven News At 5. **4.00** Border Security: Australia's Front Line. (PG, R) **4.30 Seven News.** **5.30 Motor Racing.** Supercars Championship. Round 1. Sydney 500. Day 1. Pre-race and race.

8.00 MOVIE: F9: The Fast Saga. (2021, Mv, R) The true meaning of family gets tested like never before when Dom and the crew search for an old enemy, the cyber-terrorist Cipher, who appears to have had a surprising ally in her escape from custody. Vin Diesel, Michelle Rodriguez, John Cena.
10.50 Motor Racing. Supercars Championship. Round 1. Sydney 500. Day 1. Highlights.
11.50 Travel Oz. (PG, R) Presented by Greg Grainger.
12.30 Home Shopping. (R)
2.30 It's Academic. (R) Hosted by Simon Reeve.
3.30 Million Dollar Minute. (R)
4.30 Better Homes And Gardens. (R)
5.30 Weekend Sunrise.

IMPARJA (9)

6.00 Olympic Winter Games Milano Cortina 2026. Day 14 – Early Morning. **6.30** Weekend Today. **9.30** Today Extra: Saturday. (PG) **11.30** My Way. (PGl, R) **12.00** Budget Battlers. (PGl, R) **1.00** Great Australian Detour. (R) **1.30** Olympic Winter Games Milano Cortina 2026. Day 14 – H'lights. From Milan and Cortina d'Ampezzo, Italy. **4.30** 9News First At Five. **5.00** Getaway. (PG) **5.30** 9News Saturday.

6.30 A Current Affair.
7.00 Olympic Winter Games Milano Cortina 2026. Day 15 – Night. Coverage includes men's four-man bobsleigh, ski cross qualifiers and finals and mixed team aerials and ski mountaineering relay.
11.30 Olympic Winter Games Milano Cortina 2026. Day 15 – Post Midnight. Coverage includes mixed ski mountain-eering relay, men's and women's mass start speed skating and women's biathlon.
2.30 Olympic Winter Games Milano Cortina 2026. Day 15 – Overnight. Coverage includes men's and women's mass start speed skating, men's curling and two-woman bobsleigh heats.
5.30 Olympic Winter Games Milano Cortina 2026. Day 15 – Early Morning.

TEN (10)

6.00 Escape Fishing With ET. (R) **6.30** IFISH. (R) **7.00** Camper Deals. (R) **7.30** All 4 Adventure. (PGl, R) **8.30** I'm A Celebrity... Get Me Out Of Here! (PGal, R) **11.30** Cook With Luke. (R) **12.00** Frugal Foodie. (R) **12.30** Farm To Fork. (R) **1.00** Ultimate Classroom. (R) **1.30** The Brighter Side. (R) **2.00** Millionaire Hot Seat. (PG, R) **2.30** Lingo. (R) **3.30** 10 News. **5.00** The Dog House Australia. (PGa, R)

6.00 Love It Or List It Australia.
7.10 The Graham Norton Show. (Ms, R) Graham Norton is joined by Chris Pratt.
8.20 Gogglebox Australia. (R) TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows.
9.20 Matlock. (PGd, R) Olympia works to repair her relationship with her family after she takes on a case involving her mother's new husband.
10.20 Elsbeth. (PGa, R) A donor's death shakes New York's non-profit arts scene.
11.30 Home Shopping. (R)
3.30 Hour Of Power. **4.30** Mass For You At Home. **5.00** Key Of David. (PGa) **5.30** Joseph Prince: New Creation Church.

ABC FAMILY (22)

6am Children's Programs. **2.50pm** Wiggle And Learn. **3.05** Play School. **3.30** Thomas. **4.15** Dino Dex. **4.40** Gardening Australia Junior. **5.05** The Highway Rat. **5.40** Super Monsters. **6.05** Knee High Spies. **6.25** Paddington. **7.05** Let's Go Bananas! (Premiere) **7.30** Hard Quiz Kids. **8.00** Chopped Jnr. **8.40** Shaun Tan's Tales From Outer Suburbia. **9.30** Fresh Off The Boat. **10.10** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **10.30** The Rap Game UK. **11.30** Hoarders. **2.05pm** Mastermind Aust. **3.05** Heroines. **3.45** WorldWatch. **5.45** Mastermind Aust. **6.45** The Food That Built The World. **7.35** Engineering From Above. **8.30** Icons Unearthed: Marvel. (Premiere) **10.20** Marcella. **12.10am** WWE Legends. **1.45** Dark Side Of The '90s. **2.40** NHK World English News. **5.00** Al Jazeera.

7MATE (70)

6am Morning Programs. **1pm** Supercars Season Preview Show. **2.00** Inside Toyota's Road To Supercars. (Premiere) **3.00** Motor Racing. Supercars C'ship. Sydney 500. Qualifying and support races. **5.00** Motor Racing. Supercars C'ship. Sydney 500. Pre-race and race. **5.30** Cricket. Women's T20. Aust v India. **9.00 MOVIE:** Robin Hood: Prince Of Thieves. (1991, PG) **Midnight** Late Programs.

9GEM (90)

6am Morning Programs. **8.30** Olympic Winter Games Milano Cortina 2026. Day 14. Replay. **6pm** Death In Paradise. **7.10 MOVIE:** Rambo III. (1988, M) **9.10 MOVIE:** Gorky Park. (1983, M) **11.50 MOVIE:** Up The Chastity Belt. (1971, PG) **1.50am** Death In Paradise. **3.00** M*A*S*H. **4.30** In Touch. **5.00** Amazing Facts With Doug Batchelor. **5.30** Olympic Winter Games Milano Cortina 2026. Day 15 – Early Morning.

10 DRAMA (1)

6am Shopping. **7.30** I Fish. **8.00** On The Fly. **9.00** JAG. **3pm** Soccer. A-League Men. Sydney FC v Brisbane. **5.30 Football Tonight.** **6.05 Soccer.** A-League Men. Round 18. Melbourne City v Melbourne Victory. **8.30 NCIS.** (Mav, R) **11.20 JAG.** (PGa, R) **1.15am** Home Shopping.

NITV (34)

6am Morning Programs. **11.30 MOVIE:** The Darkside. (2013, PG) **1.05pm** Nula. **1.35** Arctic Secrets. **2.25** Karla Grant Presents. **3.10** Soh Presents: Generations And Dynasties. **4.30** Karla Grant Presents. **5.00** First Australians. **6.00** Haututu Hunters. **6.40** The Other Side. **7.30** Alone Australia. **8.30 MOVIE:** Poltergeist. (1982, M) **10.30 MOVIE:** Purple Rain. (1984, M) **12.25am** Stompem Ground. **1.00** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **12.30pm** Once Upon A Time In China II. (1992, Cantonese) **2.35** The Silver Brumby. (1993, PG) **4.20** Discovering Film. **5.05** The Red Turtle. (2016, PGa, No dialogue) **6.35** Storm Boy. (2019, PG) **8.30** Apocalypse Now Redux. (1979, MA15+alv) **12.20am** Getaway Of Love. (2015, MA15+sv, Italian) **1.55** Boogie Nights. (1997, MA15+adsv) **4.35** Late Programs.

7TWO (72)

6am Morning Programs. **Noon** Better Homes And Gardens Summer. **1.30** Better Homes. **2.30** Wildlife ER. **3.30** Horse Racing. Silver Slipper Stakes Day and Caulfield Blue Diamond. **4.30** Harry's Practice. **5.00** Bondi Vet. **6.00** The Yorkshire Vet. **7.00** Lewis. **9.00** Escape To The Country. **10.00** The Amazing Homemakers. **11.00** The Yorkshire Vet. **Midnight** Under The Hammer. **12.30** Late Programs.

9GO! (99)

6am Morning Programs. **12.15pm** Soccer. English Premier League. Tottenham v Newcastle. **2.15** LEGO Masters. **4.00 MOVIE:** Monster Family 2. (2021, PG) **6.00 MOVIE:** Harry Potter And The Order Of The Phoenix. (2007, M) **8.40 MOVIE:** The Girl With The Dragon Tattoo. (2011, MA15+) **11.50 MOVIE:** Streets Of Colour. (2023, MA15+) **1.50am** Rugby Sevens. SVNS Series Perth. H'lights. **2.50** Late Programs.

10 COMEDY (11)

6am Bold. **8.00** Millionaire Hot Seat. **9.30** Farm To Fork. **10.00** Deal Or No Deal. **10.30** Stephen Colbert. **12.30pm** Friends. **4.30** The Big Bang Theory. **9.00 Ridiculousness.** (Mal, R) **10.30 South Park.** (MA15+as, R) **11.30** Home Shopping. **Midnight** South Park. **1.00** Home Shopping. **4.30** Good Chef Bad Chef. **5.30** Deal Or No Deal.

Sunday, February 22

Please note: channel numbers and programming times may vary based on the broadcast signal received.

ABC TV (2)

6.00 Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders. **10.50** Gardening Australia: My Garden Path. (R) **11.00** Compass. (PG, R) **11.30** Songs Of Praise. (R) **12.00** ABC News At Noon. **12.30** Landline. **1.30** Gardening Australia. (R) **2.30** Muster Dogs. (PG, R) **3.40** The Piano UK. (R) **4.30** Amanda & Alan's Italian Job. (R) **5.00** Antiques Roadshow. (R)

6.00 Grand Designs Transformations: Arncliffe Italianate And Toukley Granny Pad. (R)
7.00 ABC News.
7.30 Muster Dogs. (PG) The novice handlers face two stock-handling tasks.
8.30 Dog Park. (Ml) Spike goes missing. Roland witnesses the kindness of the dog park community.
9.00 This England. (Mal) Looks at Britain during COVID-19. Cabinet discusses setting up a temporary hospital in East London.
9.50 Call The Midwife. (Final, PGa, R) Nancy's wedding plans take a surprising turn.
10.50 Midsomer Murders. (Mv, R)
12.25 Rage. (MA15+adhlnsv)
3.00 Gardening Australia. (R) **4.00** Dream Gardens. (R) **4.30** A Bite To Eat With Alice. (R)
5.00 Insiders. (R)

SBS (3)

6am Morning Programs. **11.00** World Wide Nate: African Adventures. (PG) **12.00** PBS News Compass Points. **12.30** PBS Washington Week. **12.55** The Point: Road To Referendum History Bites. (R) **1.00** Speedweek. **3.00** Sailing. Sail Grand Prix Auckland. Round 2. Highlights. **4.00** Going Places. (PGa, R) **5.25** Peleliu: WWII's Most Well-Preserved Battlefield.

6.30 SBS World News.
7.30 The Colosseum With Dan Snow. (Premiere) Historian Dan Snow discovers the real story of The Colosseum and learns how and why it was created.
9.20 Ancient Empires. (MA15+v, R) Looks at the empire built by Alexander the Great, who took just 13 years to conquer the known world.
11.15 Reframed: Marilyn Monroe: Contender. (Mans, R) Takes a look at the life of Marilyn Monroe.
2.35 24 Hours In Emergency. (Mal, R)
3.30 24 Hours In A&E. (Ma, R)
4.25 Bamay. (R)
4.55 Destination Flavour China Bitesize. (R)
5.00 NHK World English News Morning.
5.15 Euronews. **5.30** PBS News Horizons.

SEVEN (7, 71)

6.00 Weekend Sunrise. **8.30** The Morning Show: Weekend. (PG) **10.30** Better Homes And Gardens Summer. (R) **11.30** Motor Racing. Supercars C'ship. Round 1. Sydney 500. Day 2. Qualifying and support races. **2.00** Motor Racing. Supercars C'ship. Round 1. Sydney 500. Day 2. Pre-race and race. From Sydney Motorsport Park. **4.30** Seven News. **5.30** Australian Idol. (PG)

7.10 Murder On A Cruise. (Mav) Looks at the death of Micki Kanesaki.
9.10 The Hunters: Bondi Hate Murders. (Mav, R) Steve van Aperen and Adam Shand look at the killings suffered by the Sydney gay community from the 1970s to the 1990s.
10.40 Motor Racing. Supercars Championship. Round 1. Sydney 500. Day 2. Highlights.
11.40 Temple. (MA15+al) Relationships in the bunker begin to unravel.
12.30 Home Shopping. (R)
2.00 Million Dollar Minute. (R)
2.30 Better Homes And Gardens. (R)
3.30 Sunrise Early News.
4.00 Sunrise.

IMPARJA (9)

6am Morning Programs. **6.30** Weekend Today. **9.30** Surfing Aust. **10.00** GolfBarons. (PG, R) **10.30** Fishing Aust. **11.00** Ready Vet Go: The Vet Paramedics. (PGm, R) **11.30** Take Me Home. (PG, R) **12.30** David Attenborough's Dynasties II. (PGa, R) **1.30** Olympic Winter Games Milano Cortina 2026. Day 15 – H'lights. **4.30** News. **5.00** My Way. **5.30** 9News Sunday.

6.30 Married At First Sight. (PGls) Love is in the air at the commitment ceremony.
8.15 60 Minutes. Current affairs program, investigating, analysing and uncovering the issues affecting all Australians.
9.15 Olympic Winter Games Milano Cortina 2026. Day 16 – Night. Coverage includes men's four-man bobsleigh and women's 50km mass start cross-country and curling.
11.30 Olympic Winter Games Milano Cortina 2026. Day 16 – Post Midnight.
2.00 Ready Vet Go: The Vet Paramedics. (PGm, R)
2.30 David Attenborough's Dynasties II: Elephant. (PGa, R)
3.30 Fishing Australia. (R)
4.00 The Garden Gurus. (R)
4.30 Today Early News.
5.00 Today.

TEN (10)

6am Morning Programs. **7.00** Key Ingredient. (R) **7.30** Freshly Picked. **8.00** Travel Oz. **8.30** Farm To Fork. (R) **9.00** GCBC. (R) **9.30** I'm A Celebrity... Get Me Out Of Here! (PGal, R) **12.30** Deal Or No Deal. (R) **1.00** Millionaire Hot Seat. (PG, R) **1.30** The Finish Line. (R) **2.30** Lingo. (R) **3.30** News. **5.00** 10 News+. **5.30** I'm A Celebrity... Get Me Out Of Here! (Final)

6.40 NCIS: Sydney. (Mv) The team investigates a group of former SEALs.
7.40 Law & Order: SVU. (Mas) Rollins and Curry investigate when a woman in active labour is abducted. Carisi tries to get a confession in front of the jury.
8.35 NCIS: Origins. (Mav, R) Gibbs goes undercover for the first time with Lala as NIS works the case of a dead navy seaman.
9.30 10 News+. (R) Comprehensive coverage of the day's top stories, investigative reports and stories that haven't been heard.
10.00 NCIS. (Mv, R) The team works with Special Agent Sawyer.
11.00 Home Shopping. (R)
4.30 Entertainment Tonight. (R)
5.00 The Bold And The Beautiful. (PG, R)
5.30 Deal Or No Deal. (R)

ABC FAMILY (22)

6am Children's Programs. **3pm** Play School. **3.30** Super Monsters. **3.55** Odd Squad. **4.20** Dino Dex. **4.45** Gardening Australia Junior. **5.10** PJ Masks. **6.05** Knee High Spies. **6.25** Paddington. **7.05** Let's Go Bananas! **7.30** Shaun Tan's Tales From Outer Suburbia. **8.15** **MOVIE:** A Shaun The Sheep Movie: Farmageddon. (2019) **9.40** Fresh Off The Boat. **10.00** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **1.30pm** The Food That Built The World. **2.15** Fashionista. **2.30** Jeopardy! **4.15** WorldWatch. **5.15** PBS News Compass Points. **5.45** Smoke And Steel: Secrets Of The Modern World. **6.40** The Architecture The Railways Built. **7.35** Abandoned Engineering. **8.30** Mysteries Unearthed With Danny Trejo. **10.10** Body Parts. **11.45** Secrets Of Miss America. **12.35am** Late Programs.

7MATE (70)

6am Morning Programs. **12.30pm** Red's Fishing Adventures. **1.00** Hook, Line And Sinker. **1.30** Pawn Stars. **2.30** Deep Water Salvage. **3.30** Counting Cars. **4.30** Border Security: Int. **5.00** Border Security: America's Front Line. **5.30** Border Security. **7.00** **MOVIE:** The Patriot. (2000, MA15+) **10.15** Border Security. **10.45** Blokesworld. **11.30** Deep Water Salvage. **12.30am** Late Programs.

9GEM (90)

6am Morning Programs. **6pm** Olympic Winter Games Milano Cortina 2026. Day 16 – Night. **8.15** Paramedics. **9.15** Major Crimes. **10.15** **MOVIE:** Plenty. (1985, M) **12.45am** **MOVIE:** The Ghost Of St. Michael's. (1941, PG) **2.30** My Favorite Martian. **3.00** Iconic Australia. **4.00** M*A*S*H. **5.00** Olympic Winter Games Milano Cortina 2026 Closing Ceremony. The Closing Ceremony of Milano Cortina 2026.

10 DRAMA (1)

6am Shopping. **6.30** Tough Tested. **7.30** What's Up Down Under. **8.30** Navigating The World. **9.30** Top Gear Australia. **11.00** JAG. **3pm** Basketball. NBL. Ignite Cup Final. Adelaide 36ers v NZ Breakers. **5.30** JAG. **6.30** NCIS. **7.30 Matlock.** (PGd, R) **8.25 NCIS.** (Mm, R) **10.15 JAG.** (PG, R) **11.15** Shopping.

NITV (34)

6am Morning Programs. **Noon** Black And Dusty. **1.00** Motor Racing. Dakar Rally. Prologue. H'lights. **2.05** Dreaming Big. **2.35** **MOVIE:** BMX Bandits. (1983, PG) **4.10** Stompem Ground 2022: Blekbala Mujik. **5.00** **MOVIE:** Graffiti Bridge. (1990, PG) **6.45** Arctic Secrets. **7.35** Most Endangered Species New Zealand. **8.25** Aquariums: The Dark Hobby. **9.25** **MOVIE:** The Color Purple. (1985, PG) **12.05am** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **12.30pm** Wonderfully Beautiful. (2022, Madls, German) **3.00** The Third Man. (1949, PGav) **5.00** Princess Caraboo. (1994, PGa) **6.50** And God Created Woman. (1956, French) **8.30** Pulp Fiction. (1994, MA15+adlv) **11.20** Triangle Of Sadness. (2022, Malsv) **2am** Getaway Of Love. (2015, MA15+sv, Italian) **3.35** The Te$t. (2022, Mals, Spanish) **5.30** Late Programs.

7TWO (72)

6am Morning Programs. **11.30** Medical Emergency. **12.30pm** South Aussie With Cosi. **1.15** Better Homes. **2.20** The Amazing Homemakers. **3.20** Secrets Of Beautiful Gardens. **4.20** Escape To The Country. **5.20** Vicar Of Dibley. **7.00** Vera. **9.00** Miss Scarlet And The Duke. **10.00** Vicar Of Dibley. **11.40** Better Homes. **12.30am** Vera. **2.30** Million Dollar Minute. **3.30** Room For Improvement. **4.00** Late Programs.

9GO! (99)

6am Morning Programs. **12.10pm** Soccer. English Premier League. Brentford v Arsenal. **2.10** LEGO Masters. **3.40** **MOVIE:** City Slickers. (1991, PG) **6.00** **MOVIE:** Ocean's Thirteen. (2007, PG) **8.30** **MOVIE:** Creed. (2015, M) **11.10** Arrow. **12.55am** Jeopardy! Australia. **1.50** Cards And Collectables Australia. **2.20** Motor Racing. IndyCar Series. Grand Prix Of Toronto. H'lights. **3.20** Mia & Codie. **3.40** Late Programs.

10 COMEDY (11)

6am Deal Or No Deal. **8.00** Millionaire Hot Seat. **9.30** Inspired Unemployed (Impractical) Jokers. **10.00** Stephen Colbert. **1pm** Friends. **4.30** The Big Bang Theory. **9.00 Ridiculousness.** (Mdls, R) **10.00 South Park.** (Ma, R) **11.00 Home Shopping.** (R) **Midnight** South Park. **12.30** Home Shopping. **4.30** GCBC. **5.00** Farm To Fork. **5.30** Ent. Tonight.

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Monday, February 23

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Midsomer Murders. (Final, Mv, R) **11.30** Back Roads. (PG, R) **12.00** ABC News At Noon. **1.00** Landline. (R) **2.00** Grand Designs Transformations. (PG, R) **3.00** Spicks And Specks. (PG, R) **3.30** Anh's Brush With Fame. (PG, R) **3.55** Love Your Garden. (PG, R) **4.45** Long Lost Family. (PG, R) **5.30** Antiques Roadshow. (R)

6.25 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Australian Story.
8.30 Four Corners. Investigative journalism program.
9.15 Media Watch. (PG) Presented by Linton Besser.
9.35 Planet America. A look at American politics.
10.05 Dr Karl's How Things Work. (Final, R)
10.35 ABC Late News. **10.50** The Business. (R) **11.10** The Weekly With Charlie Pickering. (PG, R) **11.40** Love Your Garden. (PG, R) **12.25** Long Lost Family. (PG, R) **1.15** Rage. (MA15+adhlnsv) **4.00** Gardening Australia. (R) **5.00** A Bite To Eat With Alice. (R) **5.30** 7.30. (R)

SBS (3)

6am Morning Programs. **11.10** Secrets Of The Sabre-Toothed Tiger. (PG, R) **12.10** BBC News At Ten. **12.30** France 24. **1.00** PBS News Compass Points. **1.30** Al Jazeera News Hour. **2.00** Legends Of The Pharaohs. (Mav, R) **3.00** Going Places. (PGa, R) **3.30** Plat Du Tour. (R) **3.35** The Cook Up. (R) **4.10** Building The Impossible. (PGa, R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.35 Inside The Tower Of London. (PG) The Tower stages a gun salute for King Charles III.
8.30 8 Out Of 10 Cats Does Countdown. (M) Hosted by Jimmy Carr.
9.25 Never Mind The Buzzcocks. (M) Hosted by Greg Davies.
10.05 SBS World News Late.
10.35 Other People's Money. (Mals)
11.30 Vigil. (MA15+v, R) **2.45** My Name Is Reeva: I Was Murdered By Oscar Pistorius. (Malv, R) **3.40** Bamay. (R) **4.40** Destination Flavour China Bitesize. (PGa, R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 71)

6.00 Sunrise. **7.30** The Morning Show. (PG) **10.30** Seven's National News At Noon. **11.30** Seven News With Alex Cullen. **11.40** Blankety Blank. (PGas, R) **12.30** Bridge Of Lies.
1.30 The Chase.
2.30 Seven News At 4.
3.30 The Chase Australia.
4.30 Seven News.
5.30 Home And Away. (PGa)

6.00 Australian Idol. (PG) A nationwide search for Australia's next singing superstar continues with big voices, surprises and star talent.
7.30 9-1-1. (Madv) Athena revisits a painful part of her past while responding to a call.
8.30 Ivan Milat: Buried Secrets. (MA15+av, R) Takes a look at new evidence that Australia's most notorious serial killer, Ivan Milat, may have been responsible for more murders beyond the Belanglo Seven.
10.30 Conviction. (MA15+a, R) Desmond spends time in a psychiatric ward.
12.30 Home Shopping. (R)
2.30 Better Homes And Gardens. (R) Karen Martini makes a chia pudding.
3.30 Sunrise Early News.
4.00 Sunrise.

IMPARJA (9)

6.00 Today. **8.30** Today Extra. (PG) **11.00** 9News Morning.
11.30 Married At First Sight. (PGls, R)
1.10 Olympic Winter Games Milano Cortina 2026. Day 16 – Highlights.
2.40 Tipping Point. (PG)
3.30 9News Afternoon.
4.30 Tipping Point Australia. (PG)
5.30 9News.

6.30 A Current Affair.
7.00 Married At First Sight. (Mls) Three new couples enter the experiment.
8.45 Olympic Winter Games Milano Cortina 2026 Closing Ceremony. The Closing Ceremony of Milano Cortina 2026, from Verona Arena, Verona, Italy.
11.45 Tipping Point. (PG, R) Hosted by Ben Shephard.
12.35 Hello SA. (PG)
1.00 TV Shop: Home Shopping. (R)
2.00 Global Shop. (R)
2.30 TV Shop: Home Shopping. (R)
3.30 Skippy The Bush Kangaroo. (R)
4.00 A Current Affair. (R)
4.30 Today Early News.
5.00 Today.

TEN (10)

6.00 Farm To Fork. (R) **6.30** Lingo. (R) **7.30** The Finish Line. (R) **8.30** Ent. Tonight. (R) **9.00** I'm A Celebrity... Get Me Out Of Here! (R) **10.15** GCBC. (R) **10.30** Farm To Fork. **11.00** Family Feud. (PG, R) **11.30** News. **12.30** Millionaire Hot Seat. (PG, R) **1.00** The Finish Line. **2.00** Lingo. (R) **3.00** Bold. (PG) **3.30** 10 News. **4.30** 10 News+. **5.00** Deal Or No Deal. **5.30** Millionaire Hot Seat. (PG)

6.00 Australian Survivor: Redemption. (Return, PGal)
7.30 Matlock. (PGa) The team takes on a harassment case.
8.30 10's Late News. Comprehensive coverage of local, national and international news, as well as the latest sport and weather.
9.30 10 News+. (R) Comprehensive coverage of the day's top stories, investigative reports and stories that haven't been heard.
10.00 The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert.
11.00 Home Shopping. (R)
4.30 Entertainment Tonight. (R) **5.00** The Bold And The Beautiful. (PG, R) **5.30** Deal Or No Deal. (R)

ABC FAMILY (22)

6am Children's Programs. **12.35pm** Ben And Holly. **1.30** PJ Masks. **1.50** Kangaroo Beach. **2.45** The Makery. **3.00** Play School. **3.40** Thomas And Friends. **4.10** Andy's Safari Adventures. **4.35** Vida The Vet. **5.40** Kangaroo Beach. **6.05** PJ Masks. **6.25** Paddington. **6.45** Ben And Holly. **7.05** Batwheels. **7.35** Ninjago. **8.00** Deadly 60. **8.35** Gladiators UK. (Return) **9.35** Kids BBQ Championship. **10.15** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **2.10pm** History's Greatest Of All-Time With Peyton Manning. **2.55** Stories From The Cities. **3.25** WorldWatch. **4.20** PBS News Compass Points. **4.50** WorldWatch. **5.20** Mysteries From Above. **6.15** Curse Of Oak Island. **7.05** Jeopardy! **7.35** 8 Out Of 10 Cats. **8.30** The Lost Colony Of Roanoke. **9.20** The Billionaires Who Made Our World. **10.15** The Secret DNA Of Us. **11.25** Late Programs.

7MATE (70)

6am Morning Programs. **1pm** Motor Racing. Supercars C'ship. Sydney 500. H'lights. **2.00** Motor Racing. Supercars C'ship. Sydney 500. H'lights. **3.00** American Resto. **3.30** Storage Wars. **4.00** American Pickers. **5.00** Pawn Stars. **6.00** Outback Opal Hunters. **8.00** Aussie Salvage Squad. **9.00** Mighty Planes. **10.00** When Big Things Go Wrong. **11.00** Storage Wars. **11.30** Late Programs.

9GEM (90)

6am Morning Programs. **11.30** **MOVIE:** Take Me High. (1974) **1.30pm** Antiques Roadshow. **2.00** **MOVIE:** The Frightened City. (1961, PG) **4.00** Yorkshire Auction House. **5.00** Antiques Roadshow. **6.00** Death In Paradise. **7.10** The Brokenwood Mysteries. **9.10** London Kills. **10.10** M*A*S*H. **11.10** Antiques Roadshow. **11.40** Creflo. **12.10am** **MOVIE:** The Frightened City. (1961, PG) **2.00** London Kills. **3.00** Late Programs.

10 DRAMA (1)

6am Shopping. **6.30** Days Of Our Lives. **7.15** The Young And The Restless. **8.00** Living Room. **10.00** Bold. **10.30** Days Of Our Lives. **11.15** The Young And The Restless. **Noon** JAG. **2.00** Bull. **3.00** JAG. **5.00** Bull.
6.00 NCIS. (M, R)
8.50 Bull. (PGa, R)
9.45 JAG. (PGl, R)
10.45 Home Shopping. (R)

NITV (34)

6am Morning Programs. **11.50** Aquariums: The Dark Hobby. **1pm** Buckskin. **2.00** Kriol Kitchen. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** The 77 Percent. **6.00** Bamay. **6.40** Arctic Secrets. **7.30** Who Do You Think You Are? **8.30** Karla Grant Presents. **9.30** **MOVIE:** 8 Seconds. (1994, M) **11.20** Always Was Always Will Be. **Midnight** Going Places. **1.00** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **10.35** Too Cool To Kill. (2022, Mav, Mandarin) **12.40pm** Motherhood. (2022, Ma, Japanese) **2.50** The Movie Show. (Final) **3.25** The Red Turtle. (2016, PGa, No dialogue) **4.55** A King In New York. (1957, PGa) **6.50** The 39 Steps. (1935) **8.30** Casablanca. (1942, PGav) **10.25** Amadeus. (1984, Mans) **1.20am** Pulp Fiction. (1994, MA15+adlv) **4.10** Speed Kills. (2018, Mlv)

7TWO (72)

6am Morning Programs. **12.30pm** Weekender. **1.00** This Rugged Coast. **2.00** Medical Emergency. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Doc Martin. **7.00** Endeavour. **9.00** Air Crash Inv: Accident Files. **10.00** Doc Martin. **11.00** Bargain Hunt. **Midnight** Harry's Practice. **12.30** Medical Emergency. **1.30** Better Homes. **2.30** Million Dollar Minute. **3.30** Late Programs.

9GO! (99)

6am Morning Programs. **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.30** Golden Girls. **5.00** Nanny. **6.00** Seinfeld. **7.00** **MOVIE:** The Wolf Of Wall Street. (2013, MA15+) **10.45** Seinfeld. **11.15** Love Island UK. **12.10am** Legacies. **1.00** Surfing Aust. **1.30** Motor Racing. IndyCar Series. Grand Prix of Long Beach. H'lights. **2.30** Barbie It Takes Two. **3.00** Late Programs.

10 COMEDY (11)

6am Morning Programs. **8.00** Bold. **8.30** Family Feud. **9.00** Deal Or No Deal. **10.00** Becker. **10.30** Frasier. **11.30** Big Bang. **12.30pm** Friends. **2.00** Becker. **2.30** Farm To Fork. **3.00** Ultimate Classroom. **3.30** Frasier. **4.00** Big Bang. **5.00** Friends. **6.30** Big Bang. **8.30** Becker. **9.00** Frasier. **10.00** Ent. Tonight. **10.30** Shopping. **1am** Bold. **2.00** Shopping. **4.30** GCBC. **5.00** Farm To Fork. **5.30** Ent. Tonight.

Tuesday, February 24

Please note: channel numbers and programming times may vary based on the broadcast signal received.

ABC TV (2)

6.00 News Breakfast. **9.00** News. **10.00** Aust Story. (R) **10.30** Planet America. (R) **11.00** Mission To Space With Francis Bourgeois. (R) **12.00** News. **1.00** Call The Midwife. (Final, PGa, R) **2.00** Grand Designs Transformations. (R) **3.00** Spicks And Specks. (PG, R) **3.30** Anh's Brush With Fame. (R) **4.00** Love Your Garden. (PG, R) **4.45** Long Lost Family. (PG, R) **5.30** Antiques Roadshow. (R)

6.25 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Foreign Correspondent. (Return) International affairs program.
8.30 Todd Sampson's Why? Donor Dads. (Premiere, Ma) Hosted by Todd Sampson.
9.05 If You're Listening: Black Swans. (R) Presented by Matt Bevan.
9.35 Grand Designs Transformations: Arncliffe Italianate And Toukley Granny Pad. (R) Two buildings are transformed.
10.35 ABC Late News. **10.50** The Business. (R) **11.05** Four Corners. (R) **11.50** Media Watch. (PG, R) **12.10** Love Your Garden. (PG, R) **1.00** Long Lost Family. (PG, R) **1.45** Rage. (MA15+adhlnsv) **2.20** Smother. (Mals, R) **5.00** A Bite To Eat With Alice. (R) **5.30** 7.30. (R)

SBS (3)

6am Morning Programs. **10.10** Paddington Station 24/7. (PGl, R) **11.00** Secrets Of The Terror Whale. (R) **12.00** BBC News At Ten. **12.30** France 24. **1.00** PBS News. **2.00** Legends Of The Pharaohs. (Mas, R) **3.00** Going Places. (PGa, R) **3.30** Plat Du Tour. (R) **3.35** The Cook Up. (R) **4.10** Robson Green's British Adventure. (R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.30 Who Do You Think You Are? Matthew Nable. (Ml, R)
8.35 Australia's Greatest Conman? The Friedrich Factor. (Premiere, Ml) Marc Fennell looks at fraudster John Friedrich.
9.35 Air India Crash: What Went Wrong? (Ma, R) Looks at the tragic events of Air India Flight 171.
10.30 SBS World News Late.
11.00 Exit. (MA15+ads, R)
12.00 Syndrome E. (Malv, R) **2.05** Safe Home. (Mal, R) **3.00** My Name Is Reeva: I Was Murdered By Oscar Pistorius. (Mav, R) **3.55** Barkley Manor. (PG, R) **4.25** Bamay. (R) **4.55** Destination Flavour: Singapore Bitesize. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 71)

6.00 Sunrise. **7.30** The Morning Show. (PG) **10.30** Seven's National News At Noon. **11.30** Seven News With Alex Cullen. **11.40** Blankety Blank. (PGas, R) **12.30** Bridge Of Lies. **1.30 The Chase.** **2.30 Seven News At 4.** **3.30 The Chase Australia.** **4.30 Seven News.** **5.30 Home And Away.** (PGa)

6.00 Australian Idol. Hosted by Ricki-Lee Coulter and Scott Tweedie.
7.40 Doc. (Mav) Amy and Gina, with an assist from Jake, team up to help a victim of domestic abuse.
8.40 Ambulance: Code Red. (Ma) The air ambulance is called to a man who's been seriously injured after his car left the road. A pensioner with a racing heart needs urgent treatment. A woman is injured after falling out of a tree.
9.40 St. Denis Medical. (PGals) Ron and Matt try to convince a child to get his shot. Alex helps Joyce with wedding planning.
10.40 Childhood's End. (Mav) Jake and Amy's daughter, Jennifer, is born.
12.30 Home Shopping. (R)
2.30 NBC Today.
3.30 Sunrise Early News.
4.00 Sunrise.

IMPARJA (9)

6.00 Today. **8.30** Today Extra. (PG) **11.00** 9News Morning. **11.30 Married At First Sight.** (Mls, R) **1.15 Explore.** (R) **1.30 Pointless.** (PG, R) **2.30 Tipping Point.** (PG) **3.30 9News Afternoon.** **4.30 Tipping Point Australia.** (PG) **5.30 9News.**

6.30 A Current Affair.
7.00 Married At First Sight. (Mls) The original couples celebrate their first milestone.
8.40 The Hunting Wives. (Premiere, MA15+lsv) New to East Texas, a woman bonds with a local who shows her another side of life.
9.45 9News Late.
10.15 Wild Cards. (Mv) A bride is targeted on her wedding day.
11.05 Next Stop.
11.35 Tipping Point. (PG, R)
12.30 Destination WA.
1.00 TV Shop: Home Shopping. (R)
2.00 Our State On A Plate. (PG, R)
2.30 TV Shop: Home Shopping. (R)
3.30 Skippy The Bush Kangaroo. (R) **4.00** A Current Affair. (R) **4.30** Today Early News. **5.00** Today.

TEN (10)

6.00 Farm To Fork. (R) **6.30** Lingo. (R) **7.30** The Finish Line. (R) **8.30** Ent. Tonight. (R) **9.00** Australian Survivor: Redemption. (PGal, R) **10.30** Farm To Fork. **11.00** Family Feud. (PG, R) **11.30** News. **12.30** Millionaire Hot Seat. (PG, R) **1.00** The Finish Line. **2.00** Lingo. (R) **3.00** Bold. (PG) **3.30** 10 News. **4.30** 10 News+. **5.00** Deal Or No Deal. **5.30** Millionaire Hot Seat. (PG)

6.00 Australian Survivor: Redemption. (PGl) Presented by David Genat.
7.30 NCIS. (Mav) The team investigates a US Marine.
8.30 10's Late News. Comprehensive coverage of local, national and international news, as well as the latest sport and weather.
9.30 10 News+. (R) Comprehensive coverage of the day's top stories, investigative reports and stories that haven't been heard.
10.00 The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert.
11.00 Home Shopping. (R)
4.30 Entertainment Tonight. (R)
5.00 The Bold And The Beautiful. (PG, R)
5.30 Deal Or No Deal. (R)

ABC FAMILY (22)

6am Children's Programs. **12.35pm** Ben And Holly. **1.30** PJ Masks. **1.50** Kangaroo Beach. **2.45** The Makery. **3.00** Play School. **3.40** Thomas And Friends. **4.10** Andy's Safari Adventures. **4.35** Vida The Vet. **5.40** Kangaroo Beach. **6.05** PJ Masks. **6.25** Paddington. **6.45** Ben And Holly. **7.05** Batwheels. **7.35** Ninjago. **8.00** Deadly 60. **8.35** Whale With Steve Backshall. **9.25** Meet The Hedgehogs. **10.10** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **12.10pm** DW The Day. **12.40** Homicide. **2.30** Bamay. **2.50** Kars & Stars. **3.25** WorldWatch. **5.25** Mysteries From Above. **6.20** Curse Of Oak Island. **7.10** Jeopardy! **7.40** 8 Out Of 10 Cats. **8.30** The Search For El Dorado. **9.20** Shark. **10.15** Casketeers Life & Death Across The Globe. **11.10** Out Of Bounds. **12.55am** Then You Run. **2.50** NHK World English News. **5.00** Al Jazeera.

7MATE (70)

6am Morning Programs. **9.00** American Resto. **9.30** Storage Wars. **10.00** American Pickers. **11.00** Pawn Stars. **Noon** When Big Things Go Wrong. **1.00** Cricket. Women's ODI Series. Aust v India. **8.30** Outback Truckers. **10.30** Railroad Australia. **11.30** American Pickers: Best Of. **12.30am** Pawn Stars. **1.30** Desert Collectors. **2.30** Deadliest Roads. **3.30** Ax Men. **4.30** Hook, Line And Sinker. **5.30** Fish'n Mates.

9GEM (90)

6am Morning Programs. **11.30** The Brokenwood Mysteries. **1.30pm** Antiques Roadshow. **2.00 MOVIE:** Seven Nights In Japan. (1976, PG) **4.00** Yorkshire Auction House. **5.00** Antiques Roadshow. **6.00** New Tricks. **7.10** Agatha Christie's Marple. **9.10** Harry Wild. **10.10** M*A*S*H. **11.10** Antiques Roadshow. **11.40** Creflo. **12.10am MOVIE:** Seven Nights In Japan. (1976, PG) **2.00** Harry Wild. **3.00** Late Programs.

10 DRAMA (1)

6am Shopping. **6.30** Days Of Our Lives. **7.15** The Young And The Restless. **8.00** JAG. **9.00** Living Room. **10.00** Bold. **10.30** Days Of Our Lives. **11.15** The Young And The Restless. **Noon** JAG. **2.00** Bull. **3.00** JAG. **5.00** Bull. **6.00** NCIS. **7.00** FBI: International. **8.50 Bull.** (PGal, R) **9.45 JAG.** (PGv, R) **10.45** Home Shopping.

NITV (34)

6am Morning Programs. **1.30pm** Big Sky Girls. **2.00** Kriol Kitchen. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** Indian Country Today News. **6.00** Bamay. **6.40** Arctic Secrets. **7.30** Faboriginal. **8.00** House Of Blak: Miss First Nation. (Premiere) **8.30 MOVIE:** The Commitments. (1991, M) **10.40 MOVIE:** Boys On The Side. (1995, MA15+) **12.40am** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **8.35** The 39 Steps. (1935) **10.15** The Te$t. (2022, Mals, Spanish) **12.15pm** Triangle Of Sadness. (2022, Malsv) **3.00** Discovering Film. **3.55** Casablanca. (1942, PGav) **5.50** Thirteen Days. (2000, PGal) **8.30** The Big Short. (2015, Mln) **10.55** The Peacock. (2023, Malns) **12.55am** Traffic. (2000, MA15+adsv) **3.35** Motherhood. (2022, Ma, Japanese) **5.45** The Movie Show.

7TWO (72)

6am Morning Programs. **Noon** One Road: Great Australian Road Trips. **12.30** Creek To Coast. **1.00** Air Crash Inv: Accident Files. **2.00** Harry's Practice. **2.30** Medical Emergency. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Call The Midwife. **7.15** Judge John Deed. **9.15** Northern Lights. **10.15** Bargain Hunt. **11.15** Room For Improvement. **Midnight** Home In WA. **12.30** Late Programs.

9GO! (99)

6am Morning Programs. **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.30** Golden Girls. **5.00** Nanny. **6.00** Seinfeld. **7.00 MOVIE:** Expend4bles. (2023, MA15+) **9.00** Seinfeld. **10.00** The 100. **10.55** Love Island UK. **11.55** Legacies. **12.45am** Cards And Collectables Australia. **1.25** Motor Racing. IndyCar Series. Alabama Grand Prix. H'lights. **2.30** Late Programs.

10 COMEDY (11)

6am Morning Programs. **8.00** Bold. **8.30** Family Feud. **9.00** Deal Or No Deal. **10.00** Becker. **10.30** Frasier. **11.30** Big Bang. **12.30pm** Friends. **2.00** Becker. **2.30** Farm To Fork. **3.00** Frasier. **4.00** Big Bang. **5.00** Friends. **6.30** Big Bang. **8.30** Becker. **9.00** Frasier. **10.00** Ent. Tonight. **10.30** Shopping. **1am** Bold. **2.00** Shopping. **4.30** GCBC. **5.00** Farm To Fork. **5.30** Ent. Tonight.

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Our Aged Care Advocates are here for support

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Wednesday, February 25

ABC TV (2)

6.00 News Breakfast. **9.00** News. **10.00** Four Corners. (R) **10.45** Foreign Correspondent. (R) **11.15** The Assembly. (PG, R) **12.00** News. **12.30** Press Club. **1.35** Media Watch. (PG, R) **2.00** Grand Designs Transformations. (R) **3.00** Spicks And Specks. (PG, R) **3.30** Anh's Brush With Fame. (PG, R) **3.55** Love Your Garden. (PG, R) **4.45** Long Lost Family. (PG, R) **5.30** Antiques Roadshow. (R)

6.25 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Hard Quiz. (PGa) Hosted by Tom Gleeson.
8.30 The Weekly With Charlie Pickering. (PG) A satirical news program.
9.00 Dog Park. (Ml, R) Spike goes missing.
9.25 QI. (Ma) Hosted by Sandi Toksvig.
10.00 Planet America. (R)
10.35 ABC Late News.
10.50 The Business. (R)
11.05 Live At The Wireless. (PG, R)
11.40 Love Your Garden. (PG, R) **12.30** Long Lost Family. (PG, R) **1.15** Rage. (MA15+adhlnsv) **2.20** Smother. (Mal, R) **5.00** A Bite To Eat With Alice. (R) **5.30** 7.30. (R)

SBS (3)

6am Morning Programs. **10.10** Paddington Station 24/7. (PGal, R) **11.00** Secrets Of The Killer Mega Shark. (PGa, R) **12.00** BBC News At Ten. **12.30** France 24. **1.00** PBS News. **2.00** Legends Of The Pharaohs. (PGsv, R) **3.00** Going Places. (R) **3.30** Plat Du Tour. (R) **3.35** The Cook Up. (R) **4.10** Robson Green's British Adventure. (PGa, R) **5.05** Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.35 Saving Yellowstone: The Bellweathers.
8.30 Australia's Greatest Conman? The No-Person. (PGal) Marc Fennell concludes his investigation of John Friedrich.
9.30 Trespasses. (MA15+l) Cushla confides in Gerry and Gina.
10.25 SBS World News Late. **10.55** Face To Face. (Ma, R) **11.50** Darkness: Those Who Kill. (MA15+a, R) **1.40** Divided We Stand. (Mal, R) **3.25** My Name Is Reeva: I Was Murdered By Oscar Pistorius. (Ma, R) **4.20** Bamay. (R) **4.50** Destination Flavour: Singapore Bitesize. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 71)

6.00 Sunrise. **7.30** The Morning Show. (PG) **10.30** Seven's National News At Noon. **11.30** Seven News With Alex Cullen. **11.40** Blankety Blank. (PGas, R) **12.30** Bridge Of Lies. **1.30 The Chase.** **2.30 Seven News At 4.** **3.30 The Chase Australia.** **4.30 Seven News.** **5.30 Home And Away.** (PGa)

6.00 The 1% Club UK. (PG) Hosted by Lee Mack.
7.00 Highway Patrol. (PGl) A driver is caught racing through a stop sign.
7.30 Operation Dark Phone: Murder By Text. (MA15+a) The investigation reveals a first drug exportation.
8.30 Air Crash Investigations: A Perfect Storm. (PGa) Looks at Nuremberg Flight 108, which broke apart while trying to land at Düsseldorf airport.
9.30 To Be Advised.
11.10 The Act. (MA15+ans, R) A mother and her sick daughter arrive in a new town.
12.30 Home Shopping. (R)
2.30 NBC Today.
3.30 Sunrise Early News.
4.00 Sunrise.

IMPARJA (9)

6.00 Today. **8.30** Today Extra. (PG) **11.00** 9News Morning. **11.30 Married At First Sight.** (Mls, R) **1.15 Talking Honey.** (PG, R) **1.30 Pointless.** (PG, R) **2.30 Tipping Point.** (PG) **3.30 9News Afternoon.** **4.30 Tipping Point Australia.** (PG) **5.30 9News.**

6.30 A Current Affair.
7.00 Married At First Sight. (Mls)
8.30 MOVIE: I'm Chevy Chase And You're Not. (2025, MA15+aadl) A look at the life and career of Chevy Chase, from his rise to fame on *SNL* to the later decline of his career. Chevy Chase, Dan Aykroyd.
10.30 9News Late.
11.00 A Remarkable Place To Die. (Mlv, R)
11.50 Tipping Point. (PG, R)
12.40 Great Australian Detour. (R)
1.00 TV Shop: Home Shopping. (R) **2.00** Global Shop. (R) **2.30** TV Shop: Home Shopping. (R) **3.30** Skippy The Bush Kangaroo. (R) **4.00** A Current Affair. (R) **4.30** Today Early News. **5.00** Today.

TEN (10)

6.00 Farm To Fork. (R) **6.30** Lingo. (R) **7.30** The Finish Line. (R) **8.30** Ent. Tonight. (R) **9.00** Australian Survivor: Redemption. (PGl, R) **10.30** Farm To Fork. **11.00** Family Feud. (PG, R) **11.30** News. **12.30** Millionaire Hot Seat. (PG, R) **1.00** The Finish Line. **2.00** Lingo. (R) **3.00** Bold. (PG) **3.30** 10 News. **4.30** 10 News+. **5.00** Deal Or No Deal. (PGls) **5.30** Millionaire Hot Seat. (PG)

6.00 Australian Survivor: Redemption. (PGl)
7.30 Elsbeth. (Mv) A crisis manager vanishes inside a panic room.
8.30 10's Late News. Comprehensive coverage of local, national and international news, as well as the latest sport and weather.
9.30 The Weekly Kick-Off. A panel discusses and dissects all the soccer news in Australia.
10.30 10 News+. (R)
11.00 The Late Show With Stephen Colbert. (PG)
12.00 Home Shopping. (R)
4.30 Entertainment Tonight. (R) **5.00** The Bold And The Beautiful. (PG, R) **5.30** Deal Or No Deal. (PGls, R)

ABC FAMILY (22)

6am Children's Programs. **12.35pm** Ben And Holly. **1.30** PJ Masks. **1.50** Kangaroo Beach. **2.45** The Makery. **3.00** Play School. **3.30** Wiggle. **4.10** Andy's Safari Adventures. **4.35** Vida The Vet. **5.40** Kangaroo Beach. **6.05** PJ Masks. **6.25** Paddington. **6.45** Ben And Holly. **7.05** Batwheels. **7.35** Ninjago. **8.00** Deadly 60. **8.55** Adv Time. **9.55** Shaun Tan's Tales From Outer Suburbia. **10.20** Late Programs.

SBS VICELAND (31)

6am Morning Programs. **12.05pm** DW The Day. **12.30** Stone Cold Takes On America. **1.15** WWE Rivals. **2.10** Coronado: The New Evidence. **3.20** WorldWatch. **5.20** Mysteries From Above. **6.15** Curse Of Oak Island. **7.05** Jeopardy! **7.35** 8 Out Of 10 Cats. **8.30** Adam Hills: The Last Leg. **9.20 MOVIE:** Goodfellas. (1990, MA15+) **Midnight MOVIE:** Kimi. (2022, MA15+) **1.40** Late Programs.

7MATE (70)

6am Morning Programs. **Noon** Outback Truckers. **2.00** Desert Collectors. **3.00** American Resto. **3.30** Storage Wars. **4.00** American Pickers. **5.00** Pawn Stars. **6.00** Highway Patrol. **7.00** The Force: BTL. **8.00** Caught On Dashcam. **9.00** World's Wildest Police Videos. **10.00** Live PD Presents: PD Cam. **10.30** American Resto. **11.00** Storage Wars. **11.30** American Pickers. **12.30am** Pawn Stars. **1.30** Late Programs.

9GEM (90)

6am Morning Programs. **11.30** Agatha Christie's Marple. **1.30pm** Antiques Roadshow. **2.00 MOVIE:** The Maggie. (1954) **4.00** Yorkshire Auction House. **5.00** Antiques Roadshow. **6.00** Keeping Up Appearances. **7.10** Midsomer Murders. **9.10** The Madame Blanc Mysteries. **10.10** M*A*S*H. **11.10** Antiques Roadshow. **11.40** Creflo. **12.10am MOVIE:** The Maggie. (1954) **2.00** The Madame Blanc Mysteries. **3.00** Late Programs.

10 DRAMA (1)

6am Shopping. **6.30** Days Of Our Lives. **7.15** The Young And The Restless. **8.00** JAG. **9.00** Living Room. **10.00** Bold. **10.30** Days Of Our Lives. **11.15** The Young And The Restless. **Noon** JAG. **2.00** Bull. **3.00** JAG. **5.00** Bull. **6.00 NCIS.** (Mav, R) **8.55 Bull.** (PGa, R) **9.50 JAG.** (PGa, R) **10.45 Home Shopping.** (R)

NITV (34)

6am Morning Programs. **11.30** House Of Blak: Miss First Nation. **Noon** Piri's Tiki Tour. **12.30** Song Of Rapa Nui. **2.00** Kriol Kitchen. **2.30** The Cook Up. **3.00** Jarjums. **5.00** Harlem Globetrotters. **5.30** News. **6.00** Bamay. **6.40** Great Blue Wild. **7.30** Extraordinary Animals. **8.40 MOVIE:** This Is Ballroom. (2024) **10.25** Kiki. **12.05am** Going Places. **1.00** Cultural Connections Immersion Festival. **2.00** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **10.00** Two Many Chefs. (2022, Madl, Spanish) **11.45** Amadeus. (1984, Mans) **2.40pm** A King In New York. (1957, PGa) **4.35** The 39 Steps. (1935) **6.15** Philadelphia. (1993, PGals) **8.30** Adaptation. (2002, MA15+ad) **10.40** One Cut Of The Dead. (2017, MA15+vw, Japanese) **12.25am** The Big Short. (2015, Mln) **2.50** The Peacock. (2023, Malns) **4.40** The Movie Show. **5.50** Late Programs.

7TWO (72)

6am Morning Programs. **12.30pm** South Aussie With Cosi. **1.00** Escape To The Country. **2.00** Harry's Practice. **2.30** Medical Emergency. **3.00** Better Homes. **4.00** Escape To The Country. **5.00** Bargain Hunt. **6.00** Heartbeat. **7.15** Inspector George Gently. **9.15** Secrets Of Prince Andrew. **11.15** Bargain Hunt. **12.15am** Harry's Practice. **1.00** Medical Emergency. **1.30** Better Homes. **2.30** Late Programs.

9GO! (99)

6am Morning Programs. **12.30pm** Golden Girls. **1.00** Nanny. **2.00** Seinfeld. **3.00** Addams Family. **3.30** Bewitched. **4.30** Golden Girls. **5.00** Nanny. **6.00** Seinfeld. **7.00 MOVIE:** Shazam! (2019, M) **9.40** Seinfeld. **10.40** The 100. **11.30** Love Island UK. **12.30am** Legacies. **1.25** Motor Racing. Indycar Series. Sonsio Grand Prix. H'lights. **2.30** Barbie It Takes Two. **3.00** Late Programs.

10 COMEDY (11)

6am Morning Programs. **8.00** Bold. **8.30** Family Feud. **9.00** Deal Or No Deal. **10.00** Becker. **10.30** Frasier. **11.30** Big Bang. **12.30pm** Friends. **2.00** Becker. **2.30** Farm To Fork. **3.00** Frasier. **4.00** Big Bang. **5.00** Friends. **6.30** Big Bang. **8.30** Becker. **9.00** Frasier. **10.00** Ent. Tonight. **10.30** Shopping. **1am** Bold. **2.00** Shopping. **4.30** GCBC. **5.00** Farm To Fork. **5.30** Ent. Tonight.

On Demand



ON THE MONEY

CROSS
Streaming, Prime Video

Morgan Freeman is a tough act to follow. However, Aldis Hodge delivers a grounded and notably intense portrayal of one of the Oscar winner's most memorable characters, forensic psychologist Alex Cross, in this gritty crime thriller that's back for a second season.

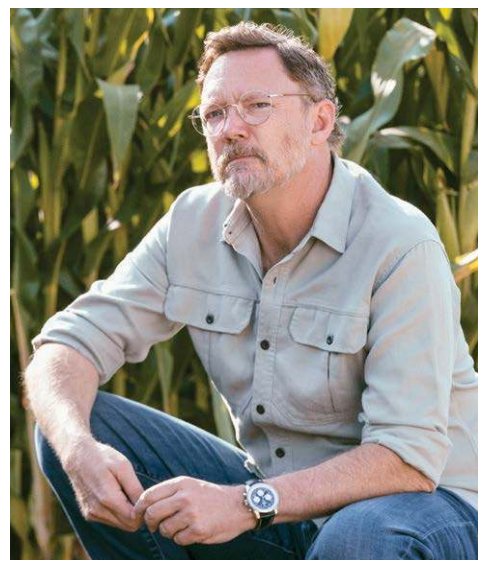
Freeman famously played the homicide detective in 1997's *Kiss the Girls* and its 2001 sequel *Along Came a Spider*. While it's best to forget about Tyler Perry's lacklustre interpretation in the 2012 stinker *Alex Cross*, Hodge successfully brings new energy to the iconic role in this series, based on American author James Patterson's bestselling novels.

Cross has a unique ability to tap into the warped minds of murderers to identify and catch them. In this eight-episode instalment, he finds himself in hot pursuit of a disturbed vigilante who is ruthlessly hunting down corrupt magnates.

When billionaire Lance Durand (Matthew Lillard) receives a chilling death threat, Cross teams up with FBI agent Kayla Craig (Alona Tal) for a joint mission to protect the business titan and find the serial killer.

Viewers will be kept firmly on their toes by the twists and turns in this latest chapter, says Hodge. "The thing I love about the show is that nobody's ever safe," he says. "Whether that means emotionally, personally, whether we're dealing with mortality... don't get comfortable. There are so many dynamics that shift that you will not expect."

Combining the pulse-pounding action of *Reacher* with the mind games of *Luther*, *Cross* will keep you up at night – if only to binge the next captivating episode. **– Travis Lewis**



Line of duty: Forensic psychologist Alex Cross (Aldis Hodge) must protect a billionaire (Matthew Lillard, above) from a ruthless vigilante in season two.



SHETLAND
Streaming, BritBox

You know you're on to a winning formula when a TV series enters its 10th season. Set in the Scottish archipelago, this atmospheric crime drama marks the milestone with another intriguing case. This time, detectives Ruth Calder and Alison 'Tosh' MacIntosh (Ashley Jensen and Alison O'Donnell, both pictured) probe the baffling murder of a social worker.



THE COPENHAGEN TEST
Streaming, Binge

Marvel superhero Simu Liu (pictured) headlines this sci-fi surveillance thriller. Liu stars as Alexander, an intelligence analyst who discovers that an unknown enemy has been able to hack into his brain. Once he realises that he's been compromised, the increasingly paranoid protagonist embarks on a covert mission to unmask the mysterious perpetrator.



MAFS: AFTER THE DINNER PARTY
Streaming, Stan

Dearly beloved, we are gathered here today to unpack the confected catfights, bitter blow-ups and salacious scandals of reality hit *Married at First Sight* in this fiery companion series. Featuring unfiltered interviews with the guilty pleasure's participants as well as unseen footage, the juicy debrief kicks off as soon as each dinner party ends. Hosted by Laura Byrne, Jules Lund and Brittany Hockley (pictured from left).



THE LAST THING HE TOLD ME
Streaming from Friday, Apple TV

Jennifer Garner (pictured) reprises her role as Hannah Hall in the second season of this mystery thriller. Based on Laura Dave's sequel to her 2021 novel, this eight-episode instalment follows Hannah as she tries to make sense of the brief return of her missing husband Owen (Nikolaj Coster-Waldau) after five years on the run. His swift reappearance puts Hannah and stepdaughter Bailey (Angourie Rice) in the sights of a crime family.



THE NIGHT AGENT
Streaming, Netflix

Season three of this explosive spy thriller sees special agent Peter Sutherland (Gabriel Basso, pictured) sent to Istanbul to track down a colleague accused of murder. His mission escalates into something far more personal as a shadowy conspiracy emerges. Based on Matthew Quirk's novel, it's like an unrelenting cross between *24* and *The Bourne Identity*.

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Cruise North America

By Lee Mccarthy

TAKE in historic cities and rugged shores with Viking's 15-day Canada and East Coast Explorer voyage from Toronto, Ontario to Fort Lauderdale, Florida or vice versa.

Fifteen days, seven guided tours, two countries and countless meals and experiences ensure this is the perfect once in a lifetime cruise.

Start the cruise in Toronto savouring the diversity of Toronto's food scene and explore some of the city's treasures.

On day two, guests can experience the series of locks, canals and channels that comprise the St. Lawrence Seaway.

Day three, those who wish to can be immersed in the religious heritage of Trois-Rivieres during a trip to a historic shrine to the Virgin Mary.

Guests can explore the rugged beauty of the Canadian Shield during an exhilarating Zodiac ride or take to the water in a kayak and explore the surrounding with a member of the Viking Expedition Team.

For the culinary lovers enjoy a selection of local favourites as you explore the city's culinary roots during a walk around Trois-Rivières.

Travellers will step back in time to explore the intriguing history of Quebec City during an excursion through its old town or explore the contrasting landscapes that form the Cap Tourmente National Wildlife Area during a hiking excursion.

Experience the world's largest naval base in Norfolk, travel Nova Scotia's shores and rugged landscapes and visit Quebec's National Parks.

Viking's inclusive value includes everything you need, such as a guided excursion in every port, all onboard meals including alternative dining venues, wine and beer with lunch and dinner, unlimited Wi-Fi, 24-hour specialty tea, coffee, and bottled water, access to the state-of-the-art Nordic spa, self-service laundry, and all tipping. With no children, no casinos, fewer than 1,000 guests, and all veranda staterooms, Viking's award-winning ships take you as close as possible to each destination.

Guests can go underground in Cape Breton and get a glimpse of what life was like digging coal at the Cape Breton Miners Museum.

One treat guaranteed to please is a visit to Peggy's Cove to enjoy a delicious lobster lunch in the picture-perfect postcard seaside village or discover distinctly Nova Scotian wines during a visit to Petit Rivière Vineyards in the Lahave River Valley or sample a selection of local beer in Nova Scotia's picturesque South Shore district.



Explore Lunenburg, Nova Scotia on the fifteen-day Viking Canada and East Coast Explorer cruise. (Supplied)

Enjoy Charleston's southern charm and colonial homes and embark on a guided exploration by motor coach or experience the natural beauty of the low country during a visit to one of the only team farms in the United States.

Learn how to prepare typical Charleston dishes during an interactive cooking demonstration and explore the streets of Charleston during a walking tour as guests are invited to step inside one of the city's historic homes.

The cruise arrives in Ft. Lauderdale Florida, with many guests taking advantage of the Post Cruise Extension to enjoy additional days exploring. A two-night extension in Ft Lauderdale costs from $1499 and is a stunning end to a truly stunning fifteen days.

While sailing, guests can attend lectures, watch a film in the eight thousand laser-projected panoramic screen in The Aula or focus on wining and dining, whatever the choice, Viking offers an unbeatable holiday in understated elegance.

Right now, the cruise is priced from $12,295 per person for a Nordic Balcony saving up to $2500 per booking with Viking's "Fly free, flight upgrade credit".

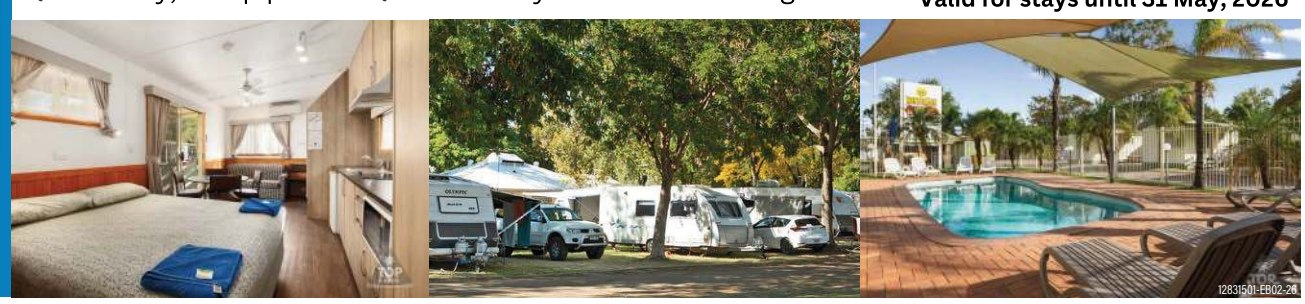
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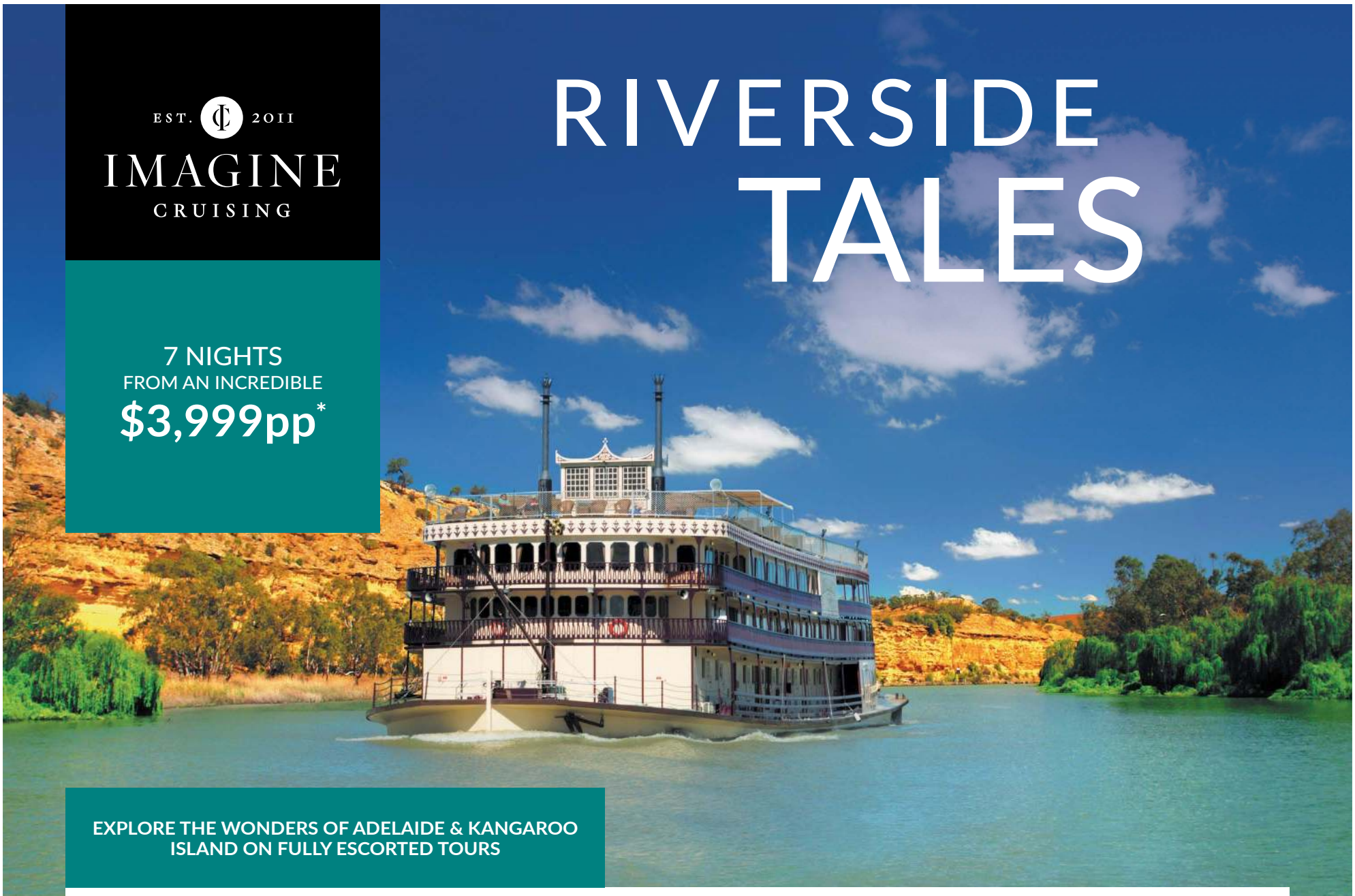
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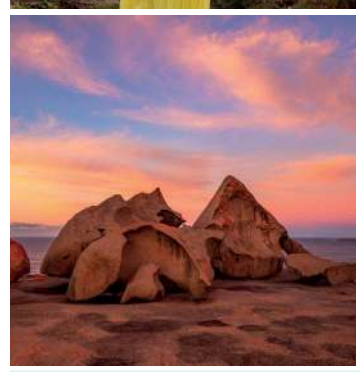
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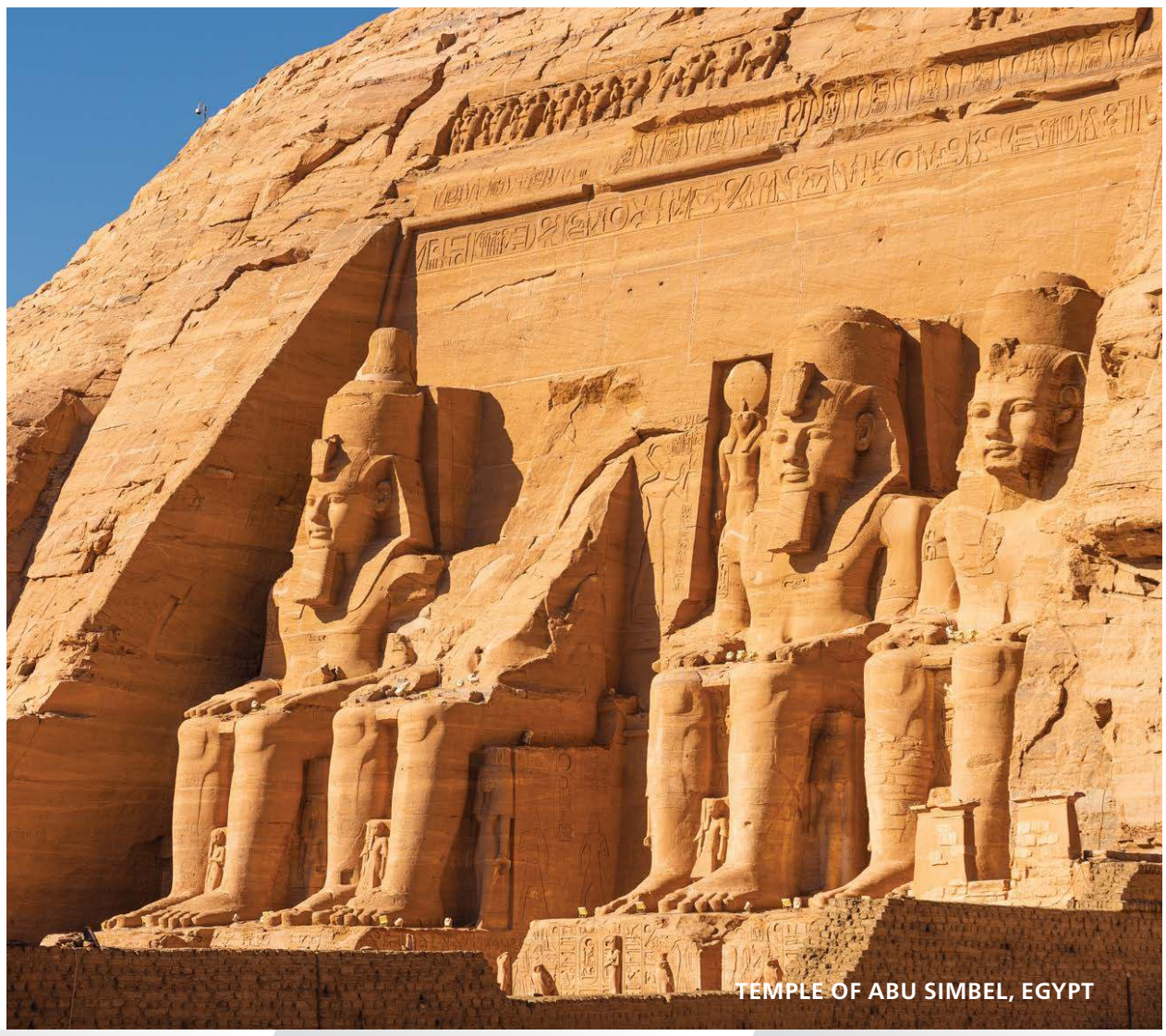
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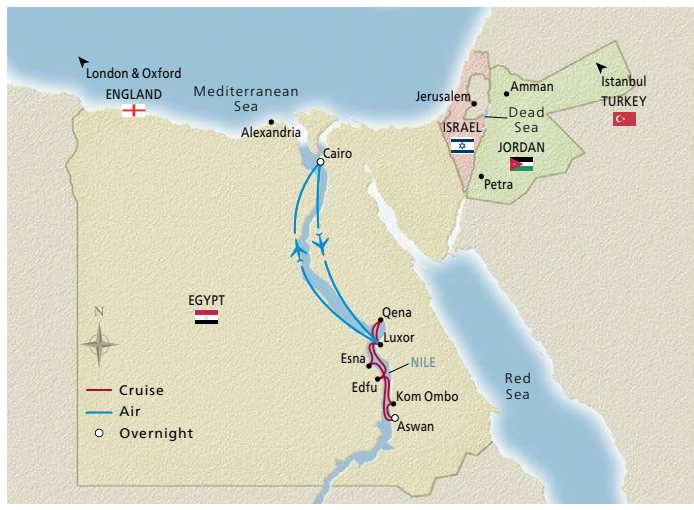
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EVENTS

Propagation Workshop
- Alice Springs Desert Park Nursery | Every Friday in February, 8:30 – 10:00am
- Learn how to propagate native plants through hands-on nursery experience, with opportunities for future volunteering at Olive Pink.
- $50 donation (supports equipment upgrades and volunteer comfort).
- Limited spots available. Book now: https://www.givenow.com.au/event/314

Burn Class
- Discovery Parks Entertainment Centre | Every Tuesday 5:30pm
- Energising exercise class: burn, sweat, move: bookeo.com/thejunglebodyburn

Blush and Bubbles High Tea
- 93 Barrett Drive | Feb 22
- A delightful afternoon filled with delicious scones, savoury and sweet treats & a glass of sparkling on arrival. $65* per person $25* under 12 (*plus booking fee) Book NOW https://www.stickytickets.com.au/HN9D21

Qi Gong Classes
- Riverside Park, Sturt Terrace | Wednesday and Fridays 6am, Feb 11- March 28
- Beginners welcome! Enjoy the beautiful morning weather. Join us at 6am. Text for more info 0410358467

Imparja Cup
- Friday, 20 February – Tuesday, 24 February 2026 | 12:00 AM – 11:00 PM
- Australia's premier Indigenous cricket festival, celebrates its 33rd edition in 2026. It's a vibrant gathering of First Nations cricketers, families, and communities from across the Northern Territory and beyond.
- Registration is free and open to new and returning teams:
- https://www.ntcricket.com.au/diversity-inclusion/imparja-cup

Come to Dinner
- Alice Springs Golf Club | Friday Feb 27 5:30pm -8pm
- New to Alice Springs? Still finding your feet? Come to Dinner is a relaxed, family-friendly evening for people who are new or newly settled in Alice Springs and Central Australia. It's built around a simple idea: community starts when people come together. Book now via Humanitix >> https://events.humanitix.com/new-to-town-come-to-dinner



OUT: Keeper Adrian McAdam has the bails off in a flash to dismiss Isaiah Miller off the bowling of Chris Forbes to win the 2025 Imparja Cup. (Phil Williams)

Twiggy (2024)
- Araluen Arthouse Cinema | Monday, 2 March, 7pm
- An intimate, star-studded dive into the birth of an icon, and everything that followed. A look into the life of the greatest it-girl of all time. https://araluenartscentre.nt.gov.au/whats-on/twiggy-2024

Homoeopathic views on vaccinations and managing childhood diseases
- Corkwood Collective, 8009 Ragonesi Road | Sunday March 22, 1-5pm
- Introduction to homoeopathy, benefits and dangers. Booking Geoffrey Vargas 0478988493







Love and luck on show

By Phil Williams

AN ordinary trip to the shops has just become something more memorable for the people of Alice Springs.

Yeperenye Shopping Centre has brought a burst of colour and energy into the mall this week with a new seasonal display that is drawing the attention of shoppers.

The centre has combined Valentine's Day and Chinese New Year into one shared theme, creating a fusion that is turning heads and prompting people to stop.

The new installation marks a noticeable step forward for the centre, which has opted to present both celebrations together rather than run separate promotions.

By marking two dates on the calendar, the centre has chosen to present them together in a way that feels considered and deliberate.

The result is a stronger seasonal identity across the mall, one that reflects the heart of both tradition and contemporary celebration.

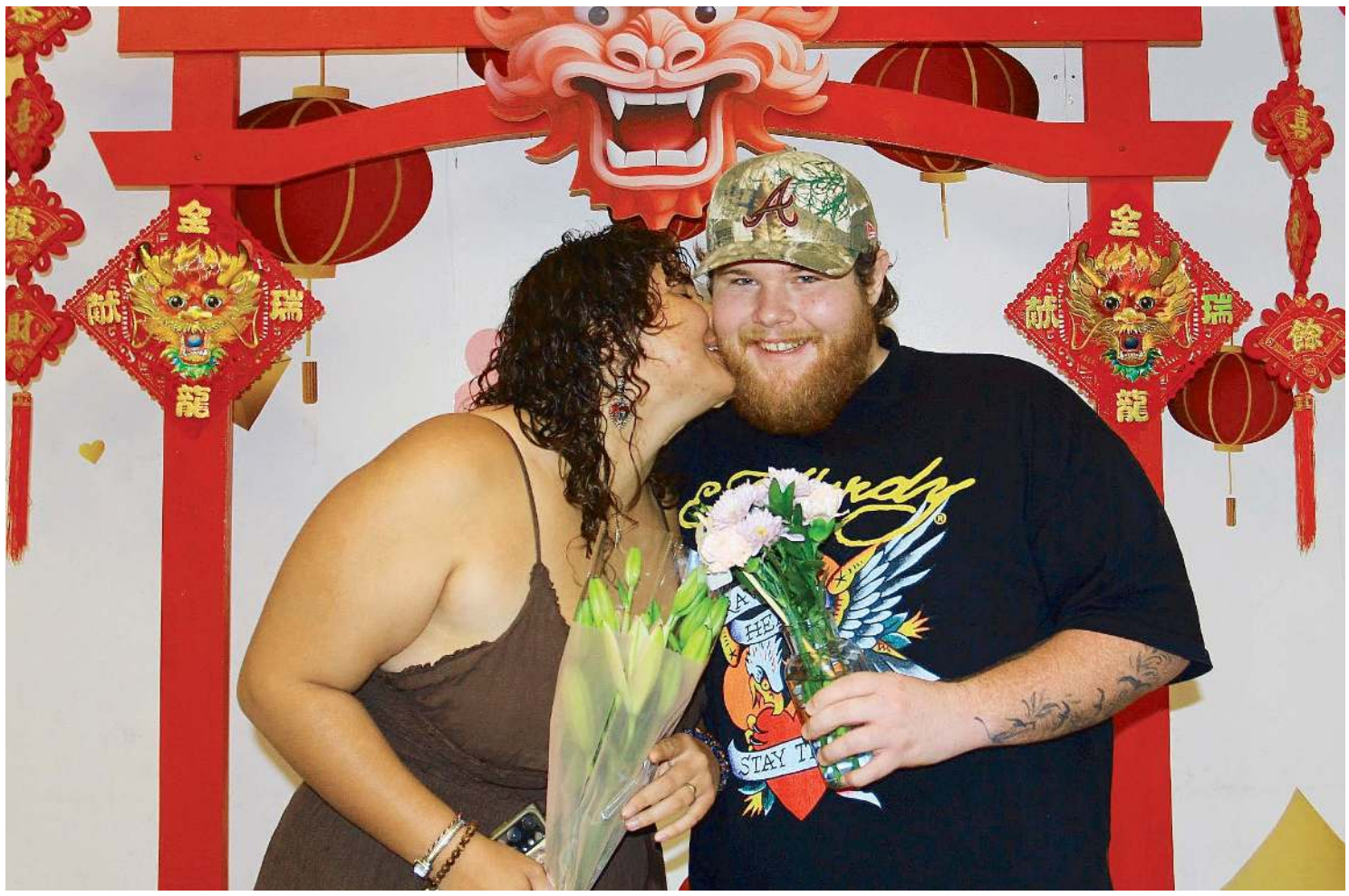
It also represents a more confident approach to presentation, with greater emphasis placed on the overall shopping experience and the role the centre plays within the community.

The theme, "Love, Luck & New Beginnings", connects the occasions in a way that feels inclusive and relevant to the community.

The response has been immediate, with plenty of "wows" from visitors as they encounter the display for the first time.

Feedback from shoppers has been overwhelmingly positive, with many describing the presentation as bold and vibrant and something different for Yeperenye.

Visitors have been quick to comment on the scale and colour of the installation, with many noting it brings a welcome lift to the centre, with some describing it as a refreshing change from previous seasonal displays.



LOVE: AAliyah Anderson and Jack Feaver share a moment ain front of the Chinese New Year gate at Yeperenye Shopping Centre. (Phil Williams: 534684)

Nathalee Carboni, Marketing Co-ordinator at Yeperenye Shopping Centre, said the response from shoppers had been immediate.

"We've had a lot of really positive feedback," she said.

"People have been surprised by the scale of it. There's been plenty of 'wows' as soon as they see it."

Retailers have noticed the added activity, particularly during peak periods when the display becomes a natural focal point in the mall.

The combination of romance and cultural celebration has introduced a different rhythm to the centre, bringing added colour and a sense of occasion.

The installation will remain in place throughout the seasonal period, allowing shoppers to continue engaging with the display as the celebrations unfold.

For many visitors, it has added something unexpected and reinforces the centre as more than simply a place to shop, but a place where the community comes together.

Ms Carbone said bringing Valentine's Day and Chinese New Year together was a deliberate decision and the display also signalled a stronger focus on the overall shopping experience.

"Rather than treating them as two separate events, we wanted to create one clear moment in the centre," she said.

"It feels inclusive and it reflects the diversity of our community."

"We want people to enjoy being here," she said.

"If we can add something that makes their visit feel a little more special, then that's a win for us."

Health clinic on the move

By Gladys Barreta

A mobile health clinic for Urapuntja Health Service (UHS) is scheduled to be completed and operational in March, thanks to a community grant investing in Aboriginal community organisations.

Urapuntja located in the Central Regions, north of Mparntwe/Alice Springs were part of the first round of the Aboriginal Investment NT (AINT) Community Impact and Innovation Grants helping with the contruction of the mobile clinic. The second round of the grants have now opened, with applications closing on April 30, 2026.

The grants aim to support medium-sized projects that strengthen culture and build strong social and economic futures for Aboriginal communities. As part of Round Two, AINT has introduced shorter and simpler application forms. Eligible Aboriginal community organisations can apply for grants between $300,000 and $1 million, with applications to be competitively assessed once the round closes. Chief Executive Officer of Urapuntja Health Service, Melissa Hinson, said the funding has been extremely important for the community.

"The funding has been utilised to design and build a fully equipped mobile clinic that will enable us to deliver primary health care services across our very remote homelands, particularly to communities that have limited or seasonal access to fixed clinic infrastructure," she said.

"Urapuntja services 16 homelands across the Utopia region, and distance, road conditions and weather regularly limit access to care. The mobile clinic will allow us to bring services directly to people, improve continuity of care, support earlier intervention, and reduce the need for long and costly travel to access basic health services."

A total of $11.1 million has been invested into 14 Aboriginal communities across the Northern Territory, supporting projects designed and delivered by Aboriginal communities themselves.

More information about the grants is available on the Aboriginal Investment NT website.



CLINIC: The mobile medical clinic set to get on the road next month.



BLOOMS: Sandra and David Reading kiss in front of the cherry blossom at Yeperenye on Valentine's Day. (PHIL WILLIAMS 534684)



CLOSED: The closed Wills Terrace causeway as council workers repair damage to the road surface. (534725)



SPLASH: A driver splashes their way through water on the Stuart Highway at Tom Brown roundabout. (534725)



FLOTSAM: Debris washed down the river added to the damage caused to infrastructure. (534725)



STREAM: A stream of traffic negotiates knee deep water on the Stuart Highway. (534725)

Alice hit by overnight deluge

By Phil Williams

AN overnight storm wreaked havoc across Alice Springs last Thursday morning, 12 February.

A deluge in the early hours of the morning dumped more than 100 millimetres of rain in just a matter of hours and caused the water levels of the Todd River to peak at 3.45 metres at 4.15am.

Earlier in the night, thousands of lightning strikes lit up the sky and several areas of the town lost power in early signs of what lie ahead.

The resultant flood emergency caused multiple roads to be closed including the Stuart Highway south of the Gap when the river burst its banks.

Water reached the base of the railway line at its peak and several flood alerts were issued.

All river crossings through the town were closed except for the bridge on Stott Terrace with the road through the power station opened for a period of time to allow access to the area around Barrett Drive.

Around 1am, two women walking to South Terrace were swept away when they attempted to walk across the flooded Taffy Pick causeway.

One of the women was able to get herself to safety. The second woman was swept away and miraculously was able to cling to a tree about 500 metres downstream.

She was finally rescued in a coordinated effort by emergency services shortly before 1pm.

At the height of the rescue emergency, a police officer was almost swept away when he dived into the river in a failed attempt to reach the woman.

Emergency services issued advice for residents to stay at home where possible, with all schools closed.

With only skeleton staff on duty, they were open only for students who would otherwise be unsupervised for the day.

The damage bill from the tempest is likely to run into millions of dollars with some infrastructure such as walkways along the river decimated as the strong currents ripped out trees and left debris high above the regular river level.

Businesses along Leichardt Terrace in the CBD were inundated as the river rose to levels not seen in many years.

Lutheran Care which has offices on the corner of Gregory Terrace received a double blow.

As well as the damage to their premises, the organisation lost food and other items which were to be distributed to families and people in need.

A number of homes on Dixon Road, north of the town centre and were flooded due to runoff and streets in The Gap were also flooded as the water spread across low lying areas leaving roads in the area covered in a thick layer of mud.

Reports indicate around 20 or more cars, many of them belonging to nurses and other health workers at the Alice Springs Hospital were in the basement carpark of a residential property on South Terrace as the river flooded the area, filling the car park with close to two metres of water.

several vehicles in the Imparja carpark at the corner of Stott and South Terraces suffered a similar fate.

One Imparja employee who didn't want to be named said the damage was extensive and several vehicles had been lost, including one luxury vehicle.



SWAMPED: A 4WD swamps a Commodore as both vehicles make their way through water near the Tom Brown roundabout. (Phil Williams: 534725)



MASS: A mass of debris trapped on railings at the Palm Circuit crossing indicate the height of the water. (534725)



PUMPS: Pumps work hard to remove water from the car park of residential accommodation on South Terrace where around 20 cars were flooded. (534725)



REPAIRS: ASTC workers make repairs to the road surface of the Wills Terrace causeway. (534725)



DAMAGE: People were out in droves to see the flood damage. (534725)



CLOSED: Debris caught on damaged railing at the closed Palm Circuit crossing. (534725)

More than a dozen cars at the Mecure Hotel were also inundated, with many of them displaying interstate registration and likely belonging to visitors or tourists.

Most of the vehicles were showing marks halfway up the doors indicating the height of the water level.

Alice Springs Town Council (ASTC) workers were kept busy clearing mud from streets and debris from blocked drains while others made repairs to roads and signage in an attempt to keep the town functioning by having streets reopened as soon as possible.

Further out of Alice Springs, Larapinta Drive to the west and Ross Highway to the west were cut in several place as creeks burst their banks, as was the Plenty Highway north east of Alice Springs.

By the weekend, the rive levels had receded and most roads had opened to normal traffic although caution was advised as water continued to flow.



CLOSED: Multiple roads around Alice Springs were closed due to being underwater. (534725)



FLOODED: Water being pumped from the Imparja underground car park where several vehicles were inundted. (534725)



FLOW: Water rips through the flooded Palm Circuit crossing. (534725)



HEIGHT: Flood measuring equipment in the Todd River. (534725)



DEEP: Sections of the Stuart Highway were affected by deep flooding after the deluge. (Phil Williams: 534725)



CLEAR: Council worker Ian Kelly knee deep in water as he clears a drain on South Tce. (534725)

PUZZLES

SUDOKU

No. 277

To solve a Sudoku puzzle, every number from 1 to 9 must appear in: each of the nine vertical columns, each of the nine horizontal rows and each of the nine 3 x 3 boxes. Remember, no number can occur more than once in any row, column or box.

easy

3	9						1	8
					9			
	6	5			7	3	2	
1		9		5		8		
	7	6				2	5	
		8		1		4		7
	8	1	4			9	6	
			3					
9	4						8	2

medium

6		3					7	
	1			6				
			2					4
	3				5	9		
	9		1		6		4	
		7	8				2	
4					2			
				7			9	
	8					5		1

hard

2			3				6	9
	3		4	1				
					7	4		
		9			2			5
8								6
4			1			9		
		5	6					
				2	5		8	
6	9				3			1

easy

9	4	3	6	7	1	5	8	2
6	5	2	3	9	8	1	7	4
7	8	1	4	2	5	9	6	3
5	3	8	2	1	6	4	9	7
4	7	6	9	8	3	2	5	1
1	2	9	7	5	4	8	3	6
8	6	5	1	4	7	3	2	9
2	1	7	8	3	9	6	4	5
3	9	4	5	6	2	7	1	8

medium

7	8	2	9	6	4	5	3	1
3	6	1	5	7	8	4	9	2
4	5	9	2	1	3	8	6	7
1	4	7	6	8	2	9	5	3
5	9	6	8	3	1	2	4	7
2	3	8	7	4	5	9	1	6
9	7	5	4	2	8	3	6	1
8	1	4	9	6	7	5	2	3
6	2	3	1	5	9	7	8	4

hard

6	9	8	7	4	3	5	2	1
3	1	4	9	2	5	6	8	7
7	2	5	6	8	1	3	9	4
4	5	2	1	7	6	9	3	8
8	7	3	5	9	4	2	1	6
1	6	9	8	3	2	7	4	5
9	8	1	2	6	7	4	5	3
5	3	6	4	1	9	8	7	2
2	4	7	3	5	8	1	6	9

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QUICK CROSSWORD

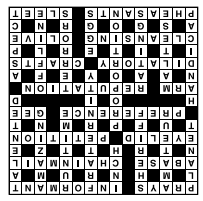
No. 277

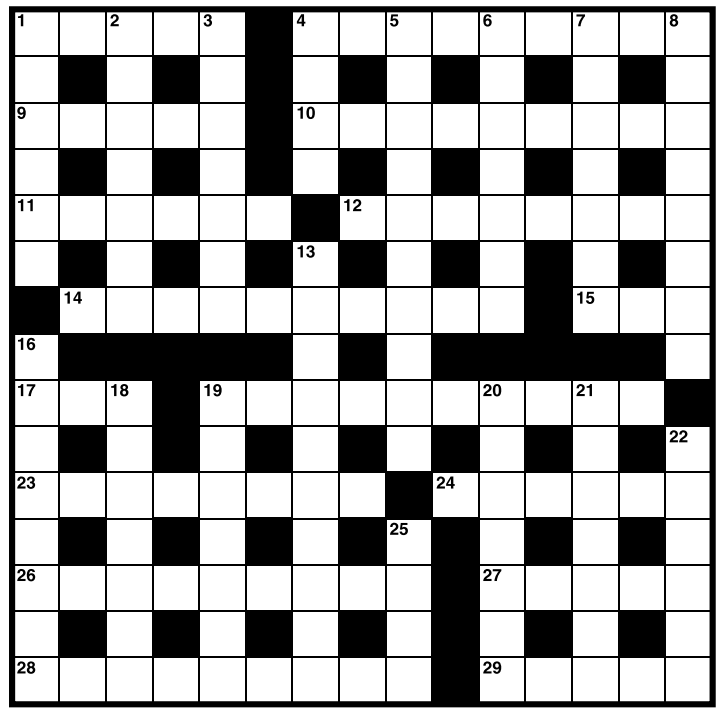
ACROSS

1 Supplicates (5)
4 Provider of information (9)
9 Belittle (5)
10 Middle Age armour (5,4)
11 For blinking (6)
12 Formal request signed by many people (8)
14 Choice (10)
15 Exclamation of surprise (3)
17 Tentacle (3)
19 Public estimation (10)
23 Slow (8)
24 Skilfully produces (6)
26 Purifying (9)
27 Greenish (5)
28 Game birds (9)
29 Frozen shower (5)

DOWN

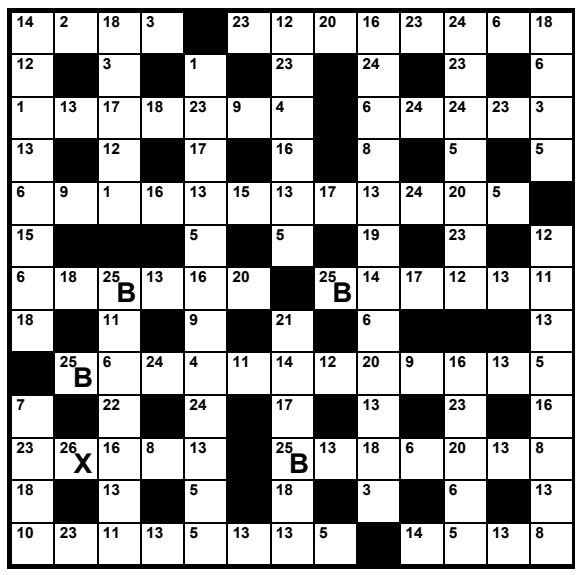
1 Heavenly body (6)
2 Non-professional (7)
3 Local law enforcer (7)
4 Measure of length (imp) (4)
5 Brotherhood (10)
6 Length of a film (7)
7 Miraculous (7)
8 Masterful (8)
13 Relative dimensions or size (10)
16 Disability (8)
18 People of Malta (7)
19 Viewing figures (7)
20 Fears (7)
21 Disconnected (7)
22 Appearance (6)
25 Ova (4)





DECODER

No. 309



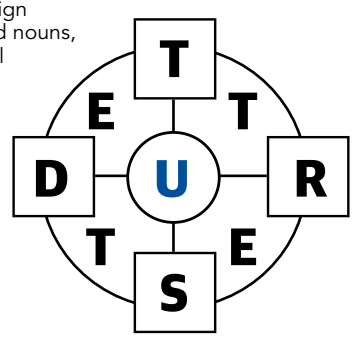
1	2	3	4	5	6	7	8	9	10	11	12	13

14	15	16	17	18	19	20	21	22	23	24	25	26
											B	X

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
H	G	Y	K	S	A	W	D	C	F	O	Z	J	T	Q	L	N	V	I	M	R	P	E	U	B	X

9-LETTER WORD

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural nouns ending in "s".

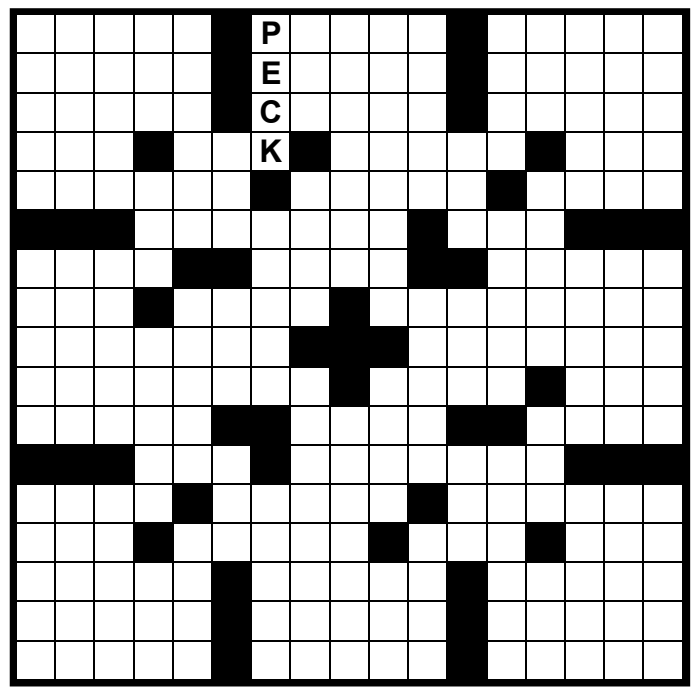


Today's Aim:
20 words: Good
30 words: Very good
40 words: Excellent

duet, durst, dust, duster, etude, reuse, reused, rude, rudest, rued, rues, rust, rusted, ruts, rutted, strut, strutted, stud, stutter, STUTTERED, sued, suede, suet, surd, sure, suttee, true, trued, truest, trust, trusted, trustee, tuts, tutted, used, user, utter, uttered, utters

WORDFIT

No. 277



3 LETTERS
ASK
BAR
DIP
EGO
ERA
ERR
FOE
HUE
ILK
IRE
IRK
KEN
NON
ONE
PEN
ROW
RYE
SET
SUE
TOW
TWO
URN
VIA
WED

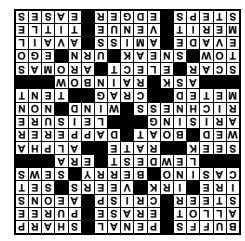
4 LETTERS
BEAT
BOAT
CRAG
~~PECK~~
RATE
SCAR
SEEK
SETS
SEWS
SPAS
TENT
USER
WAIT
WIND

5 LETTERS
AEONS
AGILE
ALIGN
ALLOT
ALPHA
AMISS
AREN'T
AROSE
AVAIL
AWARE
BASIC
BERRY
BINDS
BUFFS
COVET
CRISP
DRAGS
EASES
EDGER
EDICT
EERIE
ELECT
ERASE
EVADE
FLEES
HERON
LEAVE
LEPER
MEATS
MERIT
METED
PENAL
PESTS
PRUNE
PUREE
RAPID
RENEW
SALES
SHARP
SHEAR
SNEAK
SOLES
STEER
STEMS
STEPS
SWARM
TITLE
ULTRA
VEERS
VENUE

6 LETTERS
AROMAS
CASINO
ORNATE
STRINE

7 LETTERS
ARISING
LEISURE
LEWDEST
NAIVEST
RACKING
RAINBOW

8 LETTERS
ASSERTED
DAPPERER
RICHNESS
SCREAMED



20-02-26

5x5

L		S		S
	D		O	
F		R		O
	R		A	
S		N		E

No. 384

Insert the missing letters to make 10 words – five reading across the grid and five reading down.

NOTE: more than one solution may be possible

S	E	N	S	E
T	R	E	A	T
O	G	R	O	F
I	D	I	O	M
L	A	S	T	S

QUICK QUIZ



1 What is a cowslip?
2 Is Quito, the capital of Ecuador, in the Northern or Southern Hemisphere?
3 Actor Kristen Stewart (pictured) stars in a 2016 music video for which rock band?
4 What unit of measurement is used to measure the height of a horse?
5 A Robin Hood statue is located in which city in England?
6 Tennis star John McEnroe married which actor in 1986?
7 What is the only type of penguin found above the equator?
8 What pen-name did writer Eric Blair go by?
9 A hard-boiled egg wrapped in sausage meat and coated in breadcrumbs is known as a what?
10 The first episode of *Doctor Who* aired in which decade?

ANSWERS: **1.** Flower **2.** Southern Hemisphere **3.** The Rolling Stones **4.** Hands **5.** Nottingham **6.** Tatum O'Neal **7.** Galápagos penguin **8.** George Orwell **9.** Scotch egg **10.** 1960s

PUZZLES

pagemasters
Puzzles and pagination © Pagemasters | pagemasters.com

BRAIN BUSTERS

1. What type of plant is vanilla derived from?
2. How old was rapper Tupac when he was fatally shot in 1996?
3. What is a baby koala called?
4. Who is currently fourth in line to the British throne?
5. In 1898, the Treaty of Paris ended the war between the US and which other nation?
6. In which event has Australia won four of its six Winter Olympics gold medals?
7. Anung un Rama is the alter ego of which comic book character?
8. Who co-wrote *The Communist Manifesto* with Karl Marx?
9. Who is the only Australian ever named as a Victoria's Secret Angel model?
10. Which disgraced US entrepreneur does Amanda Seyfried play in the 2022 miniseries *The Dropout*?
11. Motel is a combination of which two English words?
12. What is Occam's razor?
13. Did the Transformers media franchise start as a TV series, comic series or line of toys?
14. What three diseases does an MMR vaccine protect against?
15. According to the song, where is the house of the rising sun located?
16. What is the primary ingredient in the beverage sake?
17. Regarding the educational system, what does TAFE stand for?
18. Where are you most likely to find a Zamboni?
19. 'Qu'ils mangent de la brioche' is the original translation of which famous quote?
20. Ed Sheeran named five of his albums after what?

QUICK CROSSWORD

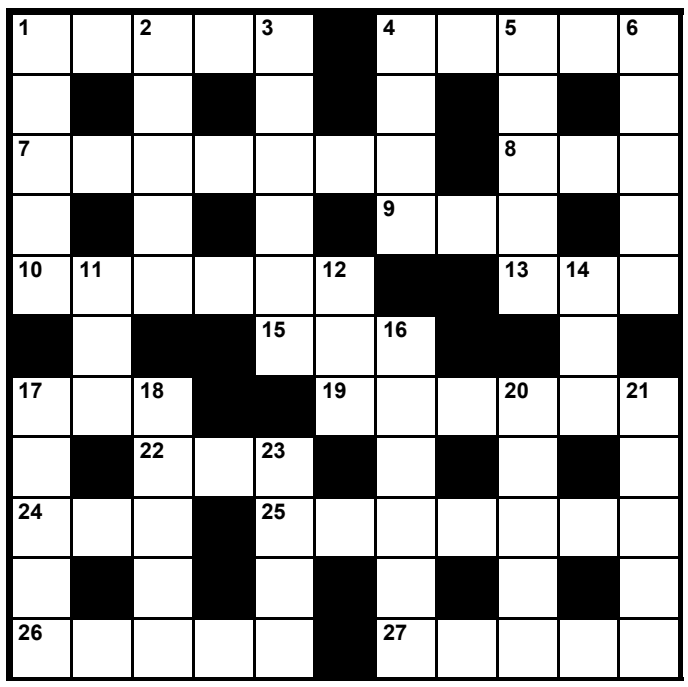
No. 1192

ACROSS

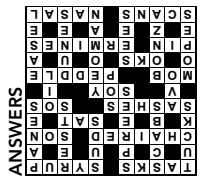
1 Jobs (5)
4 Sweet sticky liquid (5)
7 Ran a meeting (7)
8 Male child (3)
9 Sun predecessor (abbr) (3)
10 Ribbons (6)
13 Distress call (1,1,1)
15 Full-cream alternative (3)
17 Lawless crowd (3)
19 Sell (6)
22 Approves (coll) (3)
24 Brooch (3)
25 Fur weasels (7)
26 Reads (5)
27 Belonging to the nose (5)

DOWN

1 Folds under (5)
2 Wound crusts (5)
3 Benders (6)
4 Soap bubbles (4)
5 Snoozes (5)
6 Window parts (5)
11 Alligator pear (abbr) (3)
12 Soak (up) (3)
14 Fossil fuel (3)
16 Freeholder (6)
17 Sulks (5)
18 Apple variety (5)
20 Sand hills (5)
21 Canvas support (5)
23 Spies (4)

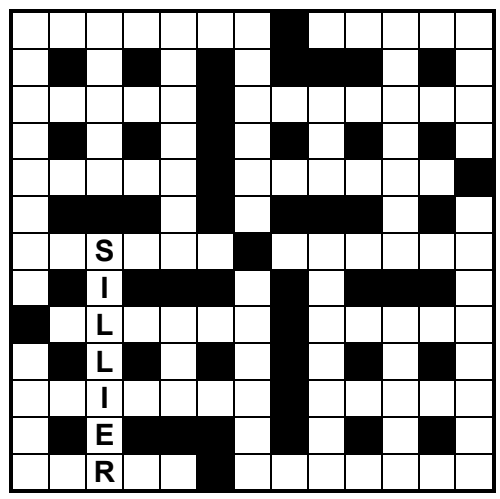


ANSWERS



WORD FILL

No. 1065



3 LETTERS
AXE
SKI

4 LETTERS
JAWS
TEEN

5 LETTERS
ANVIL
BLIPS
CHEAT
ENVOY
OMITS
PIANO
SIRED
VISTA

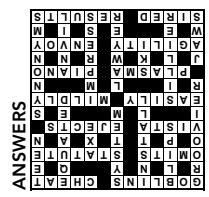
6 LETTERS
EASILY
EJECTS
LAWYER
MILDLY
PLASMA
SYSTEM

7 LETTERS
AGILITY
EQUATED
GOBLINS
IMPRESS
INSTALL

RESULTS
~~SILLIER~~
STATUTE

8 LETTERS
GROOVIER
SYNONYMS

ANSWERS



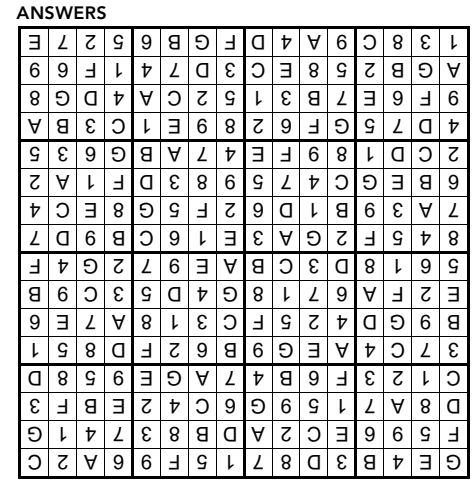
SUPER SUDOKU

No. 124

G						8				F				2	C
	5			E								7	4	1	G
			7					6		4	2				3
									A		E			8	
	7	C				G		B				D			1
B			D	4		5		C				A	7		
	2						8		4		5				
5		1		D		C						2			F
					G		3		1		C		9		7
	A		9			D							E		
		E						9	8				1		
2		D	1				E				B		6	3	
	D	7				6	2	8	9			C	3		A
		6	E		B				2			4			
A		B		5				3		7			F		
1	3			9				F	G					7	E

Every number from one to nine and every letter from A to G must appear in each of the 16 rows and each of the 16 columns. In the end, every four-by-four should contain all the digits and all the letters.

ANSWERS



9-LETTER WORD

No. 1067

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural nouns ending in 's'.

T	P	T
A	N	E
M	R	A

18 words: Good;
27 words: Very good;
37 words: Excellent

ANSWERS: amen, ante, APARTMENT, arena, earn, entrap, mane, manta, mantra, mantrap, marten, mean, meant, name, nape, natter, neap, near, neat, peean, pane, pant, parent, paten, patent, pattern, pent, rampant, rant, rattan, rent, reptant, tarn, tartan, tent, tern, trepan

ANSWERS:
1. Orchid **2.** 25 **3.** A joey **4.** Prince Louis **5.** Spain **6.** Freestyle skiing **7.** Hellboy **8.** Friedrich Engels **9.** Miranda Kerr **10.** Elizabeth Holmes **11.** Motor hotel **12.** Philosophical principle that the simplest theory is the most likely **13.** Line of toys **14.** Measles, mumps and rubella **15.** New Orleans **16.** Rice **17.** Technical and Further Education **18.** Ice rink **19.** Let them eat cake **20.** Mathematical symbols

TRIPLE

No. 025

What three-letter sequence completes these words?

_ _ _ D L E

T H I N _ _ _ G

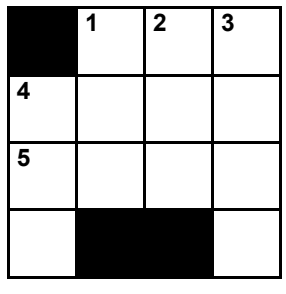
_ _ _ D

S _ _ _ T

ANSWERS: KIN (KINDLE, THINKING, KIND, SKINT)

TINY X

No. 1060



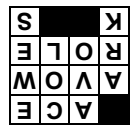
ACROSS

1 Pro (3)
4 Confess openly (4)
5 Part (4)

DOWN

1 Oily fruit (coll) (3)
2 Lowest point between two mountain peaks (3)
3 Female sheep (pl) (4)
4 Where the Torah scrolls are kept (3)

ANSWERS



WORDFIND

The leftover letters will spell out a secret message

AMAZON
APPLE TV
AUTO-PLAY
BINGE
BROWSE
DEVICE
DOWNLOAD
EXCLUSIVE
NETFLIX
OFFLINE
PAYWALL
PLAYLIST
PRIME
QUEUE
STREAM
SUBSCRIBE

D	Y	P	N	O	Z	A	M	A	O	N
E	A	L	E	A	P	P	L	E	T	V
S	L	A	X	Q	U	E	U	E	T	M
W	P	Y	C	S	L	M	I	E	D	S
O	O	L	L	T	L	I	D	N	O	N
R	T	I	U	R	A	R	E	I	W	E
B	U	S	S	E	W	P	V	L	N	T
I	A	T	I	A	Y	S	I	F	L	F
N	A	M	V	M	A	O	C	F	O	L
G	M	E	E	N	P	T	E	O	A	I
E	B	I	R	C	S	B	U	S	D	X

Secret message: Don't miss a moment

Down Every Street

Proudly bringing Jose Petrick's writings back to print

Local legend's big turf ties

By Phil Williams

CUMMINGS Street in Braitling was gazetted as a street name in Alice Springs on 6 September 1972 and honours noted cattleman and horseman, James (Jim) Cummings.

The Cummings name would later become an iconic name in horse racing and an Australian household name.

Cummings first featured in Central Australian Records in the unpublished manuscript, of Adele Purvis titled "Unsung Heroes"

In 1871-72, he was one of Central Australia's original stockmen, helping to drive the first cattle from Pewsey Vale, in the Barossa Valley to stock Owen Springs Station for pastoralist James Gilbert.

In 1905, Cummings was granted his own pastoral permit in the vicinity of Mt Giles, north west of Ellery Creek.

He was reputedly a horse breaker, the first to establish horse racing in Alice Springs and a keen supporter of the race club, having won the 1905 Alice Springs Cup on a horse named "Myrtle".

According to a family legend, in 1910 James Cummings offered to his nephew Jim, the opportunity to claim ownership of Myrtle on the proviso that he rode her to victory in the Alice Springs Cup that year.

Needless to say, the young Jim won the race and left Alice Springs, taking Myrtle to Adelaide where he settled for the rest of his life. He went on to build a stable that would claim the 1950 Melbourne Cup with a future Hall of Famer, Comic Court.

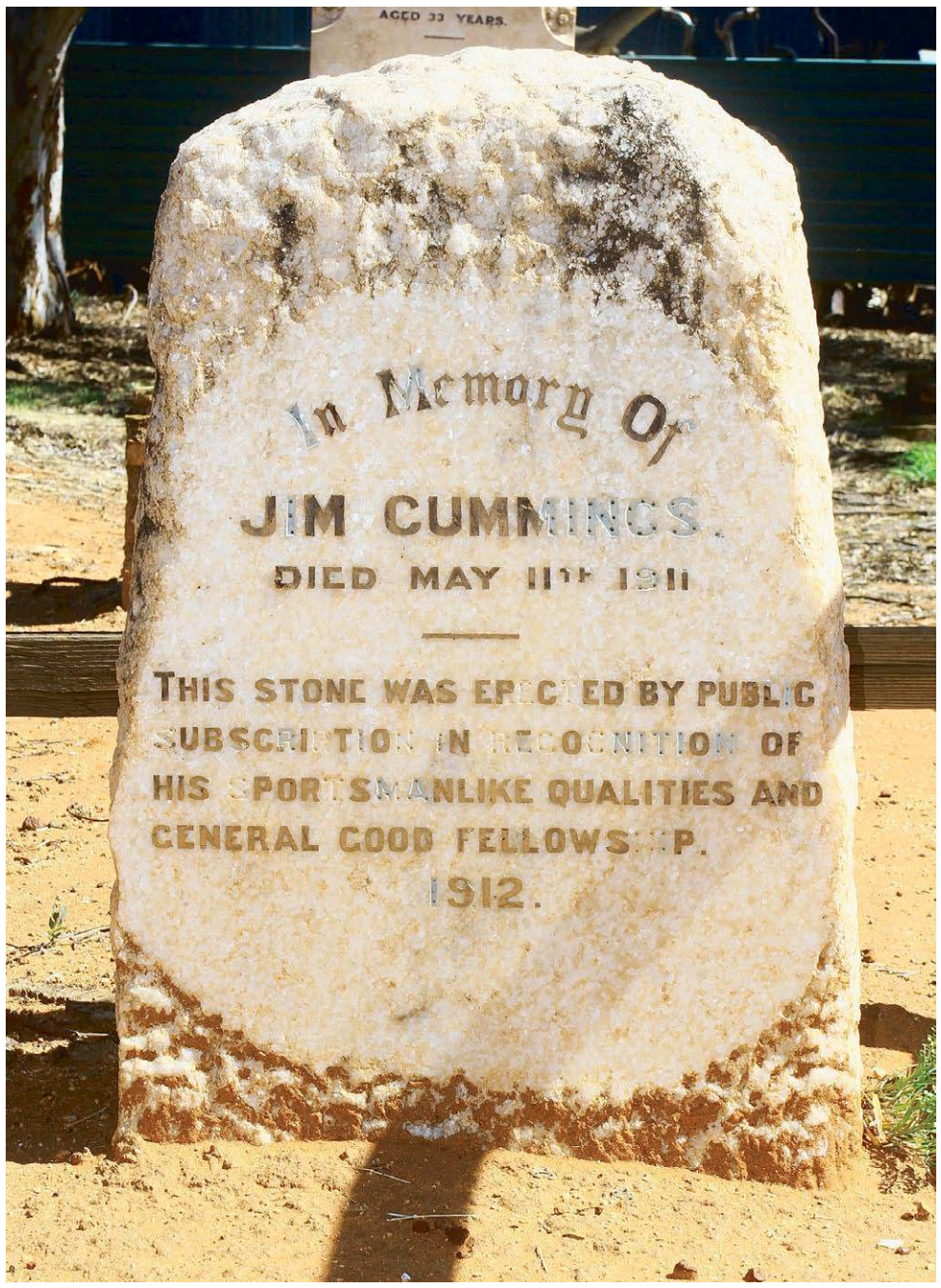
The young Jim, later became father to 12 time Melbourne Cup winning trainer, Bart Cummings. His grandson James has just accepted an offer to train in Hong Kong.

In August 1907 James Cummings was granted land adjacent the western boundary of Hermannsburg Mission and he appeared on the electoral roll as a pastoralist of Granite Downs Station.

He was killed after his horse fell with him about 16km north of Ellery Creek and was buried there.

When the memorial headstone arrived from Adelaide, it was too heavy to be carried in a pack saddle through the rugged country to Ellery Creek, so was erected in the Stuart Town Cemetery on George Crescent.

The Tombstone was inscribed "Jim Cummings, Died 11 May, 1911.



MEMORIAL: The memorial to Jim Cummings in the Old Stuart Cemetery in George Street. (Phil Williams: 427132)

This stone was erected by public subscription in recognition of his sportsmanlike qualities and general good fellowship, 1912"

His name was engraved on the plaque at the Pioneer Park Racecourse as being a race enthusiast in the first 50 years of racing in Central Australia between 1878-1928.

He was a great uncle of one of the Australia's leading horse trainers and multiple Melbourne Cup winner, Bart Cummings.



The modern-day James Cummings.



HISTORIC: The historic memorial to Jim Cummings in the Old Stuart Cemetery on George Crescent. (427132)



Racing legend Bart Cummings.

Source; The History of Alice Springs through Landmarks and Street Names by Jose Petrick OAM - Third edition Updated to 1996.

- Additional information: NT Place Names Register and Myrtle House.

BOOK REVIEW

A generous invitation to world of poetry

By Kelly Lee Hickey*

POETRY can be a daunting medium. I left school early, and so, even as I made my way as a performance poet, I encountered most published poetry as mysterious word-craft.

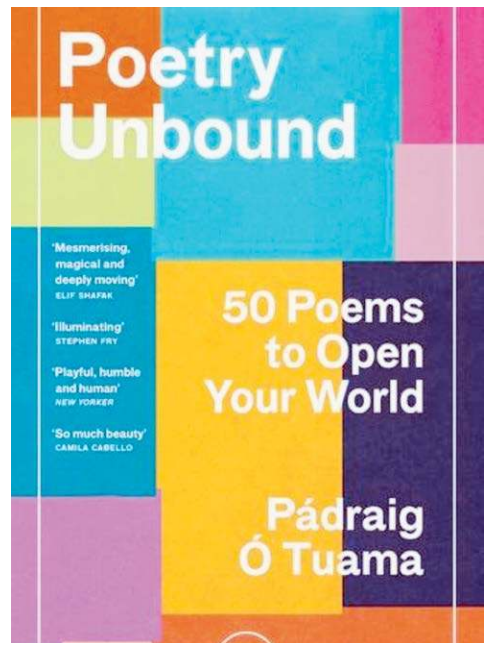
For those who have felt similarly, Padraig O'Tuama's Poetry Unbound is a generous invitation into the form. Spanning fifty poets and poems from different backgrounds and countries, the collection offers, in Padraig's words, 'little doors to open up the world of a reader.' Each poem is accompanied by a short essay exploring the literary craftsmanship, alongside Padraig's personal reflections. In unravelling these poems, Padraig unravels his own life, inviting readers into an intimacy with both.

Poetry Unbound is a meditation on the textures of life, and on love of all shapes and shadows. There are short, sharp poems that land like a punch, poems long and languid as Sunday mornings. I read these poems aloud to myself and to friends. As I do, each poem moves through me like light through a crystal, refracting new meanings and illuminating neglected parts. On dark days when the world feels uncertain, these poems remind me that I am not the first to experience challenge and change, and through this kinship, they offer a balm.

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On 7 March, I'll host Words to Live By at Red Kangaroo Books. This gathering is for community to share the writers and words that offer them solace in hard times. I'll bring my ear marked copy of Poetry Unbound. See you there.

- *Kelly Lee Hickey is an award winning poet, philosopher and artist. https://echolocation.com.au/*







STEP INTO PARADISE!

A True Sanctuary in the Heart of Braitling, Step inside the gates of Vatu Sanctuary and be instantly embraced by a deep sense of peace and serenity. From the first moment, there's an undeniable feeling that you've arrived somewhere special-a place where nature, comfort, and thoughtful design come together in perfect harmony.

Set on an expansive 1,120m² corner block at Knuckey Avenue and Babbage Street, this extraordinary 7-bedroom, 4-bathroom property is a rare offering, ideal for those seeking space, versatility, and a deep connection to nature-right on the doorstep of town.

At the heart of the property lies a stunning 16-metre in-ground solar-heated saltwater pool, complete with a tranquil waterfall. Fringed by lush gardens, secluded verandas, and serene seating and BBQ areas, the pool zone is a private oasis that invites both relaxation and quiet reflection.

Multiple water features-including three additional trickling fountains-create a calming soundtrack that draws in native birdlife to the surrounding white gum trees, enhancing the property's already tranquil atmosphere.

Versatile Living with Thoughtful Design...

The property comprises four fully self-contained apartments, each with secure parking and private access, offering exceptional flexibility for multi-generational living, guest accommodation, or a boutique accommodation business.

Among these, the Pond Apartment is a standout, featuring a large, functional kitchen that makes entertaining a breeze. One of the dwellings also features a brand-new disability-friendly bathroom and alfresco living area with an outdoor spa, ensuring accessibility for all.

Freshly painted and fully tiled throughout, each residence is fitted with reverse cycle air conditioning and ceiling fans for year-round comfort. A property-wide water softener system and a gallery-style hanging system (ideal for rotating artwork without wall damage) add thoughtful touches to the already comprehensive offering.

Tall boundary walls adorned with jasmine and honeysuckle provide privacy and security while framing the lush, fully reticulated gardens. A curated selection of established plantings, fruiting citrus trees, and flourishing roses add seasonal colour and fragrance throughout the year. Timed irrigation ensures low-maintenance, year-round vibrancy.

This property has been renting as an Air-BnB with 3 separate roller door access points and is returning a very handsome profit. ●

HOME **ESSENTIALS**

Address: 18 Knuckey Avenue, BRAITLING Description: 7 bedrooms, 4 bathrooms, 6 garage Price: $1,060,000 Inspect: Contact Agent
Contact: Drew Hendriks 0458 739 469 and Toni Rowan 0403 201 653, ALICE SPRINGS REALTY

Private Resort-Style Living in the Heart of Braitling

18 Knuckey Steet Braitling

Vatu Sanctuary is a rare lifestyle property set on a generous 1,120m² corner block in soughtafter Braitling. Behind its secure, jasmine-lined walls lies a peaceful retreat featuring seven bedrooms and four bathrooms across four fully self-contained apartments, each with private access and secure parking.

At the centre of the property is a stunning 16-metre solar-heated saltwater pool with waterfall, surrounded by lush gardens, shaded verandas and private entertaining areas. Multiple water features and established white gums create a calm, resort-like setting filled with birdsong.

Freshly painted and tiled throughout, each residence includes reverse cycle air conditioning and ceiling fans, with thoughtful additions such as a disability-friendly bathroom, outdoor spa, water softener system and gallery-style hanging rails.

Currently operating as a successful Airbnb with separate roller door access points, this versatile property offers strong income potential, multi-generational living options, or a boutique accommodation opportunity, all just moments from town.

To book an inspection phone Drew or Toni today 0458 739 469.









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Alice Springs Realty

Drew Hendriks
M: 0458 739 469 E: drew@asreal.com.au
Toni Rowan
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w: alicespringsrealty.com.au

12839722-EA07-26

NT electrical reforms reduce the paperwork

By Gladys Barreta

LAWS have been passed to permanently remove paperwork requirements for low-risk electrical work, meaning tradies can replace light fittings or appliances where there is no change to wiring, load or circuit protection without needing to complete additional compliance documentation.

Reforms to the Electrical Safety Act introduced by the Northern Territory Government exempt certain low-risk, like-for-like electrical work from requiring a Certificate of Compliance. The changes maintain existing safety standards while allowing NT WorkSafe to focus its compliance and enforcement efforts on higher-risk electrical work.

Director electrician with Power Pro Contractors, Money Bhullar, said the reforms are a positive change for the industry and may lead to cost savings for clients.

"Contractors have been able to reduce their prices because there's less paperwork," he said.

"Some contractors charge between $30 and $50 for a Certificate of Compliance. If they don't have to complete one for every single job, that helps not just contractors and electricians, but also clients."

Mr Bhullar acknowledged the Government listened to industry consultation when the reforms were first proposed last year and said the changes would benefit workers overall.

"It's very helpful for contractors decreasing paperwork means electricians can spend less time on administration and more time working and growing their businesses," he said.

Attorney-General Marie-Clare Boothby said the legislation strikes a sensible balance between safety and practicality.

"We want small and family businesses to spend more time growing their businesses and employing Territorians, and less time navigating red tape," she said.



ELECTRIC: Director electrician with Power Pro Contractors, Money Bhullar, said the electrical reforms are a positive change for the industry.

"We're removing red tape that did nothing to improve safety, never made sense for the Territory, and only increased costs, delays and frustration for electricians, businesses and Territory households.

"After eight years under Labor, the Territory economy was going backwards, and businesses now have certainty to boost productivity with the CLP Government backing Territory tradies."

The reform was identified through the Approvals Fast-Track Taskforce's Saying Yes to Business report, which recommended reducing compliance requirements for low-risk, routine electrical work. An interim exemption commenced on January 1, 2026, and this legislation now makes the change permanent.

The Approvals Fast-Track Taskforce was established by the Finocchiaro CLP Government to cut approval timeframes by 50 per cent and remove unnecessary regulatory barriers slowing business and investment.



Exterior of the Alice Springs Hospital. (Phil Williams: 523750)

A boost for public health

By Gladys Barreta

NORTHERN Territory public hospitals will receive $3.5 billion in funding over five years from 2026-27, while reforms also aim to secure the long-term sustainability of the NDIS, though concerns remain that the funding may be insufficient for new initiatives.

Under a National Cabinet agreement, the Commonwealth will provide $25 billion in additional funding for public hospitals, bringing total funding for state-run hospitals to $219.6 billion from 2026-27 to 2030-31. This includes $24.4 billion in base hospital funding and over $600 million in further investment.

The funding will also support 137 Medicare Urgent Care Clinics, expanded bulk-billing incentives, 92 Medicare Mental Health Clinics, cheaper medicines, and improved aged care services.

The agreement includes reforms to the NDIS, adjusting state and territory contributions to align with scheme growth, capped at 8% from July 2028, and establishing Thriving Kids, a $2 billion initiative to support children with developmental delays and autism. High-support children will remain eligible for the NDIS, while children with low-to-moderate needs will gradually transition to Thriving Kids from October 2026, with full rollout by January 2028.

Special Envoy and Federal Member for Solomon, Luke Gosling OAM MP, said the funding would reduce pressure on hospitals while expanding care across the Territory.

"More bulk-billing clinics, Medicare Urgent Care Clinics, cheaper medicines, and mental health services are helping keep people out of emergency departments," he said.

"We're also investing in aged care, the Territory's medical school, a new Danila Dilba Health Services clinic, and the first Endometriosis and Pelvic Pain Clinic. Access to care is improving, and we're working with the NT Government to strengthen maternity services and deliver real support for families."

The agreement aims to build long-term workforce capacity, improve infrastructure, and ensure Territorians continue to access high-quality health and disability services.

Chief Executive Officer of NT Health, Chris Hosking, said the funding would cover the cost of existing hospital services and address long-standing budget shortfalls but falls short for new initiatives.

"The total Commonwealth funding equates to almost $220 billion, with the Northern Territory set to receive an additional $1.071 billion over the next five years. This results in an increase of about $200 million a year for health services at our six NT Health hospitals," he said.

"The funding will provide much-needed financial relief, though it does not allow for investment in new initiatives, infrastructure, or equipment.

"NT Health will continue to advocate for fair and equitable funding to meet the complex needs of our populations, including those in Central Australia."

Youth boot camps offer a different approach

YOUTH boot camps are set to be delivered Territory-wide, including in Alice Springs, with the first program for 2026 already held in Darwin in a move aimed at steering young people away from reoffending.

The boot camp program provides young people on bail with structure, accountability and practical skills to help prevent further offending.

The first boot camp, delivered in Darwin last month by Balanced Choice, ran over three days and focused on physical fitness, wellbeing and self-discipline.

Minister for Corrections Gerard Maley said programs like these offered a meaningful alternative to detention while maintaining clear expectations around consequences and personal responsibility.

"Youth boot camps are about accountability, structure and giving young people the skills they need to make better choices," Mr Maley said.

"This program is designed to tackle the root causes of offending while supporting rehabilitation and reintegration."


REINTEGRATE: Youth on bail participating in the Youth Boot Camp program run by Balanced Choice. (Supplied)

Five youths participated in the first boot camp, engaging in activities including theatre, fitness and positive psychology sessions.

Success will be measured through improvements in learning, wellbeing, family and community interactions, and cultural connection, as well as participants' engagement in positive pathways following the program. Outcomes will be assessed through staff feedback, case management records and family input.

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General Notices

PUBLIC NOTICES AND EVENT

CLASSIFIED EARLY DEADLINES
Classified deadlines for Thursday, 12th March issue as follows:
Thursday, 5th March at 2.30pm
1284340-EB08-26

Announcements

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E: admin@centrefunerals.com.au
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HOROSCOPE by Lilith

Your week ahead

This week's good news is the Sun, Venus and Mercury in imaginative, intuitive Pisces. Not so abfab is Mercury beginning its first of this year's retrogrades…

ARIES
(Mar 21 - Apr 20)

Imaginative Neptune has taken up residence in Aries for the next 13 years, unleashing your artistic spirit. And now sensible, practical Saturn's arrival in your sign brings two years of powerful discipline and strategic guidance in directing Neptune's original ideas and your creative passions into increasingly productive channels.
Best day:
Wednesday 25 February

TAURUS
(Apr 21 - May 20)

Your astral guide, Venus, has departed from future planning mode for her fluid, oceanic domain. You'll want to cut through the fluff and find out what's really going on, but with Mercury retrograde, words could hit raw nerves. If feelings are unintentionally hurt, being first to apologise could save a friendship.
Best day:
Sunday 22 February

GEMINI
(May 21 - Jun 21)

As Mercury turns retrograde for the first time this year, expect the usual crossed wires, misunderstandings and missed details. Even enthusiastic assurances and confirmations may change, so slow down and refrain from impulsive action. Gemini's most reliable ally for minimising stress? Maintaining your sense of fun and adventure.
Best day:
Tuesday 24 February

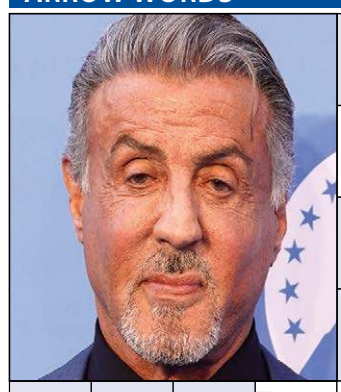
CANCER
(Jun 22 - Jul 22)

Venus, in her tenderest place aligned with Jupiter in your caring sign, is your ideal chance to be a safe space by accepting someone's whole messy, lovely self, no judgment. Small gestures count now, so organise a sweet spot this week that makes everyone feel seen and appreciated.
Best day:
Thursday 26 February

LEO
(Jul 23 - Aug 23)

Argumentative Mars, opiniated Uranus and combustible Pluto, all in fixed signs, could push your stubborn buttons this week, as tempers flare, egos clash and feelings get offended. If you're feeling too antsy to be diplomatic, breathe deep, keep cool and walk away from potential hotspots.
Best day:
Saturday 28 February

ARROW WORDS



		Company symbol	Kiln for drying hops	Fragrant flower / Avarice		Gasp		Painful	Innocent person	
						Hawaiian greeting				
		Malicious burning of property						Handle of a sword	South American flightless bird	
		Holy _, Pope's diocese				In that place				
Small land mass	_ Stallone, actor (pictured)	Ocean / Location				Unwell		Cereal grain	Be educated	Tricks
			Mineral spring	Arranges		Lounged / Pare				
Everything		Donkey			Stage of no growth or decline / Mount					
		Sit for a portrait				South American mammals		Bind	Motor	
Charge		Syndicate					Oak, e.g.			
		Police officers (informal)	Inform / Oh dear!				Taverns			
Pedestal		Protective covering			Fear and wonder		Be seated		Salsa or houmous, e.g.	Ovum
			Water barriers					Expire		
Plant used for grazing		Average		Bawling						
			Exam					Clothes pin		

LIBRA
(Sep 23 - Oct 23)

Just about ready to recharge your batteries, realign body, spirit and mind? Balance arrives with Venus quitting overthinking mode and slipping into her celestial siren persona to look with eyes of love on this week. Tune into your inner dialogue to access the healing words that could help others.
Best day:
Wednesday 25 February

VIRGO
(Aug 24 - Sep 22)

The current astrological energy is about endings and beginnings: taking the first step into a new era, even while conditions seem uncertain. Try making a practical roadmap anyway, and since we can't help but affect each other, this week's sensitive emotional currents suggest choosing your travelling companions carefully.
Best day:
Monday 23 February

SCORPIO
(Oct 24 - Nov 22)

If others find you a bit contradictory or unpredictable, well, you have a lot on, Scorpio. But kindness goes a long way this week and doesn't take much: a compliment costs nothing and can change someone's day. A smile, a touch, a kind word could mean more than you know.
Best day:
Friday 27 February

SAGITTARIUS
(Nov 23 - Dec 21)

When your planet ruler, Jupiter, moves forward again next month, demanding action, you'll be supported to restore your connections with understanding and compassion, to share what you've learned with those who are ready to receive it. In the meantime, keep your vibe high and your humour handy this week.
Best day:
Saturday 28 February

CAPRICORN
(Dec 22 - Jan 20)

The entrepreneurial energy of Capricorn's planetary captain Saturn, ensconced in the sign of action, autonomy and personal agency for the next couple of years, is tailor-made for you movers and shakers. That said, if you really want to know what someone's thinking this week, best ask them outright.
Best day:
Monday 23 February

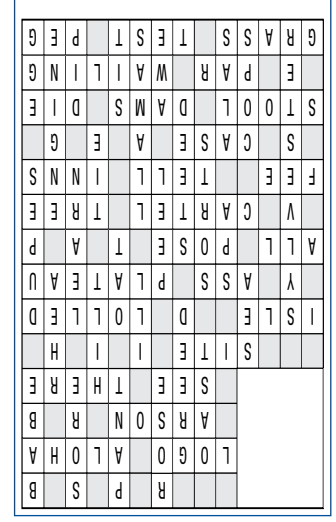
AQUARIUS
(Jan 21 - Feb 18)

With this week's celestial climate shifted into touchy-feely terrain, Aquarians need to remember that emotions operate less like logic, more like weather patterns. Don't get stuck trying to rationalise and justify every detail; simply open up your channels to receive downloads even if they don't immediately make sense.
Best day:
Tuesday 24 February

PISCES
(Feb 19 - Mar 20)

Happy birthday Pisces tribe. Venus, in your highly emotional, super sensitive sign, is a soft touch, so even if you can read a room quicker and more accurately than anyone, discretion and discrimination are recommended this week, because Mercury retro in your sign can cause confusing cross-currents.
Best day:
Friday 27 February

SOLUTION



The GWM stars are aligning

By Chris Riley, Marque Motoring

GREAT Wall's Haval H6 PHEV is the third plug-in hybrid that we have driven in as many weeks.

Dating back to 2011, the third generation H6 made its debut at the 2020 Chengdu Motor Show.

And, all jokes aside, it's the first Haval to sit on the 'Lemon' platform – we kid you not.

H6 is GWM's all-time, best-selling model, with more than 4 million sales globally.

The plug-in version was added in 2021, with a new-look front and available in petrol, hybrid, and plug-in hybrid form.

"Every inch of the H6 has been meticulously considered," we're told.







Beauty is however in the eye of the beholder when it comes to GWM's Haval H6 PHEV. (Supplied)

STYLING

There's an H6 for just about everyone, with prices ranging from $35,990 for the entry level petrol model through to $50,990 for the top-of-the-line plug-in hybrid with all-wheel drive.

The standard, self-charging hybrid is priced from $40,990, while you can get into the plug-in version from as little as $44,990. Premium paint adds $495 to the price.

Plug-in hybrids have really taken off in the Australian market with the arrival of cheaper, more accessible Chinese models.

The attraction is their versatility, with their ability to operate in pure electric or fuel-saving petrol-electric mode – without any range fears.

H6's Chinese competitors include the BYD Sealion 6 and Geely Starray EM-i.

These wagons are all roughly around the same price and offer the same kind of performance and range.

Our test vehicle, the front-drive H6 Ultra PHEV is priced from $47,990.

All-wheel drive takes this figure to $50,990 – all prices before on-road costs.

The plug-in hybrid (PHEV) with a turbocharged engine was introduced here with the facelift in July 2025.

Up front, the cascading grille carries the Haval logo, thankfully no longer in garish red.

At the rear, the full-width light bar has been replaced by sharply angled, individual tail lights giving the wagon a more contemporary look.

However, the 'Haval' badge at the back has been replaced with 'GWM', reflecting the brand's transition to a single, unified identity.

Of greater note, the facelift saw the introduction of GWM's AT1 program (Australian Tuning) that draws on the skills of former Holden engineer Rob Trubiani to tune ride and handling.

It's the same path taken by both Kia and Hyundai years ago, and could turn out to be a game changer for the brand.

H6 is the first model to benefit from this tuning and it shows in spades.

Standard kit includes artificial leather and two-zone climate air, with rear outlets, power-adjustable heated and cooled front seats, with driver-seat memory and a heated steering wheel.

There are also 19-inch alloys, push-button start, adaptive cruise control, head-up display, auto high beam, traffic sign recognition, LED lights all-round, auto lights and wipers, auto-dimming rear-view mirror, rear privacy glass, electric tailgate and panoramic sunroof.

The PHEV comes with rear parking sensors, but for some strange reason misses out on sensors for the front.

H6 is converted by a seven-year unlimited kilometre warranty, along with an eight-year unlimited-kilometre battery pack warranty. There's also five-year roadside assistance and five-year capped price servicing.

INFOTAINMENT

Infotainment consists of a 14.6-inch touchscreen powered by the GWM's Coffee OS.

There's Bluetooth, voice control, AM/FM and DAB+ digital radio, built-in satellite navigation, wireless Apple CarPlay and Android Auto, plus eight-speaker audio (PHEVs boost the number of speakers to nine).

Telematics provides remote access and control of various vehicle functions.

Two USB A-ports are provided in the front, a USB-A and USB-C port in the rear, and a dash-cam port located near the mirror, with 12-volt sockets in the front and in the luggage area, along with wireless phone charging.

SAFETY

H6 carries a full five-star safety rating from ANCAP.

In order to confirm integrity of the battery and safety of high voltage electrical systems in hybrid and PHEV variants, additional frontal offset and oblique pole tests were conducted.

As a result, the previous five-star safety rating was extended to all petrol, hybrid, and PHEV variants of H6.

Seven airbags are standard, including a centre airbag to stop those in the front from banging heads in a side impact crash.

A 360-degree camera with 180 degree overhead transparent chassis view is fitted.

Autonomous emergency braking applies to car-to-car, vulnerable road user and junction assist scenarios.

There are also blind spot alert and a lane support system with lane keep assist, lane departure warning, and emergency lane keeping, plus an advanced speed assistance system that keeps to current speed limits.

ENGINES/TRANSMISSIONS

The hybrid powertrain in the H6 PHEV produces 240kW of power and 540Nm of torque in front-wheel drive form, with a dual-speed dedicated hybrid transmission.

With all-wheel drive, this rises to 268kW and 760kW, giving it a 0-100km/h time of 4.8 seconds.

Either way, they're impressive figures.

DRIVING

H6 is a mid-sized, five-seat wagon that is 4703mm long, with a 27638mm wheelbase and between 560 and 1445 litres of luggage capacity – the latter with rear seats folded.

Apart from real leather trim (Comfort-Tek is a euphemism for artificial), there's not much missing from the equipment list.

Oddly, that is, except for rear parking sensors and automatic parking which are unaccountably missing in this grade.

A column-mounted gear selector frees up space on the centre console for additional storage and provides space for the wireless phone charger.

Like the Geely, a small 10.25-inch screen sits above the steering column and serves as the instrument cluster.

An automatically activated parking brake adds to ease of use.

With a 55-litre tank, H6 takes standard 91 RON unleaded.

Claimed fuel consumption with a fully charged battery is 1.0L/100km (1.1L for AWD).

If you're slack and let the battery run down, consumption rises to 5.0L/100km (5.3L for AWD).

Sadly, we confess to being apathetic and were getting 5.9L/100km after more than 250km of driving.

With energy consumption at 18.4 kWh/100km, the PHEV has a pure electric driving range of 106km or 100km for the AWD version.

Unfortunately, these figures are under the older, more lenient NEDC test regime, that car companies continue to quote because they look better in print.

A WLTP figure of 80km is closer to the mark.

The 19.09 kWh battery can be charged from 30 per cent to 80 per cent in 28 minutes using a DC charger (at a rate of 34kW), or from 15 per cent to 100 per cent using an AC charger in under three hours (at 6.6kW).

Who we wonder wants to half-charge their battery when that presumably means half the range too?

The hybrid system operates in both series or parallel mode, powering the wheels or battery, with EV, EV Priority and Intelligent Hybrid modes.

There's also the usual drive mode options: Normal, Eco, Sport or Snow.

Steering weight can be adjusted, with comfortable, sport or light settings.

There is also adjustable regenerative braking with the option of one-pedal driving – although the latter does not bring the vehicle to a complete stop.

Driving the H6 PHEV feels much like its competitors around town, but with a bit more get up and go.

Find some twisty roads, however, turn up the wick and the wagon comes to life, with braking and handling that is superior to its Chinese compatriots.

Handling is safe, predictable and planted, with strong mid-range throttle response and impressive braking.

The wagon has a substantial, dare we say Commodore, feel, absorbing bumps rather than crashing over them, with very little rebound.

Whatever Great Wall is paying Mr Trubiani, it's money in the bank.

But it's not all peaches and cream. The interior feels drab and dated in comparison to competitors, with too many features controlled from the touchscreen, taking attention away from the road.

Then there's the annoying driver seatbelt which must be locked in before the brakes will release and the wagon can move off.

It's a great idea, safety-wise that is, but not a very practical one.

The throttle exhibits some overrun, evident as the car continues to accelerate after lifting off the accelerator, forcing the driver to brake – sometimes hurriedly.

This can be unnerving in stop-start traffic and parking behind another vehicle on a steepish driveway, where the car tends to leap forward on liftoff, threatening to ram the car in front.

The column-mounted transmission lever has another trap waiting where it is possible to put the car into reverse if you mistake the gear lever for the indicator stalk with your foot on the brake (e.g. queuing for a left-hand turn).

With little in the way of labelling it took some time to work out how to engage cruise control which as it turns out is via – you guessed it – the gear selector.

Head-up display as usual is almost invisible with polarised sunglasses and the power-operated tailgate often refused to respond to the key fob. Other than this the PHEV is a keeper.

Braked towing capacity is 1500kg. A tyre repair kit is provided in the event of a flat tyre.

SUMMING UP

Of the three so-called 'super hybrids' that we've driven in recent weeks, H6 is the more expensive but dynamically better.

It's let down by a drab, rather uninspiring cabin fitout and in this regard, some contrasting trim would help to break the monotony.

Beauty is however in the eye of the beholder.

RATINGS

- Looks: 7.5
- Performance: 7.5
- Safety: 8
- Thirst: 7.5
- Practicality: 7.5
- Comfort: 7
- Tech: 7.5
- Value: 7.5
- Overall: 7.5



STICKS: Alice Springs hockey players get into the Masters mood ahead of the 2024 competitors parade. (Phil Williams: 437273)



CLOSE: As the games get closer, Caleb Materne, Jan Anderson, and Maddi Longe were taking registrations in Yeperenye last week. (534697)

Prepping for Masters Games

By Phil Williams

THE 2026 Alice Springs Masters Games is just eight months away and registrations have opened, with numbers in some sports filling fast.

Steeped in history, the games are the first and longest running masters games in the country and are open to anyone who meets the age criteria, which for most sports is 30 or over.

The ASMG is a popular event on the national sporting calendar and this year is a milestone year.

The games will celebrate 40 years since its inception in 1986 and marks the 19th edition of the beloved 'Friendly Games', a biennial celebration of sport, fun and friendship that continues to unite people of all ages and abilities.

The ASMG continues to be supported by Games Ambassador Nathan Buckley and Games Patron Dawn Fraser AC MBE, both of whom embody the Games' enduring spirit and commitment to community.

"It's wonderful to think we're just one year away from welcoming athletes from across Australia and beyond back to the Red Centre for the Alice Springs Masters Games," Ms Fraser said.

"The Games have always been about friendship, fitness, and fun, and I can't wait to see that spirit shine again in 2026," she said

Last Friday, Games organisers held the first of several registration opportunities with a pop up information booth in Yeperenye Shopping Centre with another being held tomorrow, Friday 20 February.

The information booth will operate between 10am and 1pm with staff able to complete registrations.

A highlight of this year's games is the return of swimming and with more than 25 sports to choose from including hockey, netball, bowls, golf and tennis there's no excuse not to register for the teams or individual competition.

SPORTS QUIZ

1. In *The Waterboy*, what is the nickname of the team Adam Sandler's character eventually plays for?
2. Who is Australia's Chef de Mission at the 2026 Winter Olympics?
3. Quentin Peterson last played for which NBL team?



4. Which Ipswich-born Australian sprinter recently announced he will not be competing at the 2026 Commonwealth Games?
5. Brisbane Broncos prop Payne Haas will play at which NRL club from 2027?
6. The national netball team of which country is known as the Sunshine Girls?
7. Los Angeles Laker Jaxson Hayes recently served a one-game suspension for what?
8. Australian golfer Elvis Smylie recently won the 2026 edition of which LIV Golf tournament?
9. Which two teams took part in the 2026 AFL Origin match?
10. Who will Australia face in the opening game of the 2027 Rugby World Cup?
11. In curling, what is the object thrown known as?
12. And what are they made of?
13. Who created the martial art Jeet Kune Do (JKD)?
14. To the nearest million, what is the 2026 AFL salary cap?
15. Which NBA player is nicknamed 'The Beard'?
16. Which sport league is abbreviated as NPB?
17. Which team won Super Bowl LX (2026)?
18. And in that game, who became the second Australian to play in a Super Bowl?
19. Which running back was awarded the MVP of Super Bowl LX?
20. Which politician was booed during the 2026 Winter Olympics opening ceremony?
21. What is the last name of English cricketing brothers Tom and Sam?


Ultimate frisbee

22. Which 2026 reality TV show pits Australian athletes from different sporting codes against each other?
23. How many players are there in a handball team?
24. Which two countries participated in the Olympic ice hockey game known as the 'Miracle on Ice'?
25. And in which year was that Olympics held?
26. Alongside Josh Giddey, which other Australian basketballer will earn $38 million in 2026?
27. In snooker, what colour is the ball that is worth five points?
28. Which MLS team shares its name with a first-responder NBC show?
29. True or false: ultimate frisbee is a contact sport?
30. Mark Evans is currently the CEO of which AFL club?

2002

1. The Mud Dogs **2.** Alisa Camplin-Warner **3.** Illawarra Hawks **4.** Gout Gout **5.** South Sydney Rabbitohs **6.** Jamaica **7.** Pushing a mascot **8.** LIV Golf Riyadh **9.** Western Australia and Victoria **10.** Hong Kong **11.** Stone/rock **12.** Granite **13.** Bruce Lee **14.** 18 million (18,300,000) **15.** James Harden **16.** Nippon Professional Baseball (Japanese Baseball) **17.** Seattle Seahawks **18.** Michael Dickson **19.** Kenneth Walker III **20.** JD Vance **21.** Curran **22.** *Rivals* **23.** Seven **24.** United States and Soviet Union **25.** 1980 **26.** Dyson Daniels **27.** Blue **28.** Chicago Fire **29.** False **30.** Gold Coast Suns



All-rounder Lucas Nitschke at the bowling crease.



Alice Springs stawlart - quick and vice-captain Samindra Madushan in full flight.



Captain Michael Klein-Boonschate steams in to bowl.

Rep injuries take a toll

By Peter Argent

A seven-team competition in 2026, Alice Spring were in Pool B, with Northern (which include the rural cities of Port Pirie, Port Augusta and Whyalla), Fleurieu and District and Eyre Peninsula at the 2026 South Australia Cricket Association Senior Country Cricket Championships.

This event was held across suburban Adelaide from Monday 9 February to Thursday 12 February.

Champions of the 99th edition of this tournament in 2024, Alice Springs, continuing under the captaincy of Michael Klein-Boonschate and the coaching of Kim Dick this year, endured a winless campaign in 2026.

"We had a couple of significant injury concerns early in the week," Alice Springs long -term coach Kim Dick explained.

"When a key player like Samindra injuries his shoulder on day one, it puts you on the back foot.

"Tommy van Haaren also injury his shoulder fielding on day two.

"Naturally it's disappointing not to have a win for the first time since we initially came down to this carnival back in 2018.

"When you make 160 on day one and two scores under 100 on days two and three, we didn't give bowlers much to defend.

"Tanner Coulthard looked good with the bat on day one, winning our player of the carnival (the Kim Dick Medal) award.

"He also bowled well, although the bats on day two and three were looking to get after the bowlers.

"Will Regan's off-spinners were penetrating on day one, capturing a couple of victims.

"We regard this tournament as an important pathway for our young lads.

"Over the years we've built a number of connections and friendships since we came down to Adelaide nearly a decade."

The 2026 Alice Springs side began this tournament at the Salisbury Oval against Eyre Peninsula on the Monday.

Batting first, after being on the back foot at 4-44, Tanner Coulthard and Doug McClure dragged the Alice Springs side back into the contest with 72-run fifth wicket stand.

Coulthard raised his bat for a half century, before being dismissed on 59, having faced 65 deliveries and dispatched eight boundaries.

In the lower middle order, Tom van Haaren helped the total to a competitive 163, with a free-wheeling 28 which included four boundaries from 36 balls faced.

Alice Springs faced 46 of their allotted 50 overs.

Klein-Boonschate's trooped had Eyre Peninsula on the back foot at 2-37, with both openers back in the pavilion, with the duo of Tom Kennewell and Samindra Madushan both claiming a scalp.

Eyre Peninsula then progressed to 3-118 before three quick wickets dragged the Alice lads back into the game for a second time.



Back from left - Kim Dick (coach), Bradley Coleiro (team manager), Doug McCure (vice-captain), Tanner Coulthard, Tom Kennewell, Thomas van Haaren, Illanka Udara, Sean McComas (team support). Front from left - Oscar Collin, Oly Lee-Young, Sam Rumpff, Samindra Madushan (vice-captain), Michael Klein-Boonschate (captin), Oscar Jacques-Ball, Will Regan, Lucas Nitschke. (Peter Argent)

Will Regan grabbed two scalps, while medium-fast bowler Oscar Collin secured the other one, to have the game on an even footing at 6-136.

Young talent from Tasman's in Port Lincoln, Bohdi Fauser would bat the Eyre Peninsula to a four-wicket triumph with an unconquered 66.

The day two, Tuesday's contest was against Fleurieu and Districts, in a trip down Adelaide southern expressway to Reynella Oval.

Alice Springs batted first and were bundled out in just 31.3 overs.

From 2-38 they were all out just 50 runs later for 86.

Lucas Nitschke top scored with 22 (41 balls, 3 x 4s), while Coulthard, after his half century the day before made 19 (34 balls, 2 x 4s).

The only other Alice Springs players to double figures were number three bat Oly Lee-young with 13 and captain Klein-Boonschate in the lower order, who remained on 10 not out.

Coulthard and Kennewell both took a wicket each, as Fleurieu and District achieved the required total for the loss of two wickets in nine and a half overs.

Against '26 Grand Finalists and reigning premiers from the Centenary Country Carnival, Northern on the Woodville Oval on Wednesday, again batting first, the performance with willow in hand by Alice Springs was even worse.

Northern bowled out the visitors for 79 in just 20 overs.

Opener Oscar Jacques-Ball top scored with 23 (27 balls, 2 x 4s), and "Sundries" was second highest score with 18.

Northern chased down this modest total in 9.5 over with Kennewell taking the only wicket to fall in that innings.

As the Alice Springs side finished seventh in this edition of the SACA Senior Country Cricket Championships, they were reduced to the role of spectators on Thursday.

The Barossa and Light team won the tournament, with captain Trent Goers being a key figure in all three contests they played, winning the Cec Starr trophy as player of the tournament.

The inaugural captain of the Alice Springs side back in 2018 was Matthew Patterson, a one-time Mayor of Alice Springs.

Coach Kim Dick and current captain Michael Klein-Boonschate, who has been the on-field leader since 2023, have been the only Alice Springs participants in all eight tournaments.

The Alice Springs side didn't compete in the 2021 tournament due to Covid.

Scoreboards

- Round 1 - Alice Springs 163 lost to Eyre Peninsula 6-166
- (Tanner Coulthard 59, Doug McClure 23, Thomas van Haaren 28, Will Regan 2-30)
- Round 2 - Alice Springs 86 lost to Fleurieu & Districts 2-91
- (Lucas Nitschke 22)
- Round 3 - Alice Springs 79 lost to Northern 1-81
- (Oscar Jacques-Ball 23)

Big purse for new contest

By Phil Williams

WITH the Alice Springs Masters Games now less than 10 months away the Alice Springs Bowling Club has announced a new bowls tournament as a lead up event.

Supported by the Mbantua Gallery, the inaugural Alice Springs Festival of Bowls will be held from 20-28 June.

With a prize pool of almost $4500 across four categories players of all ages and skill can take part.

Held over a total of eight days, the tournament will begin with two days of open singles competition.

Mystery Pairs and Open Fours will follow later in the week, culminating in a two day Open Pairs competition on the final weekend.

The winner of the Open Singles will take home $500 in prize money with the Open Fours and Open Pairs champions teams each receiving $800.

Entries are limited and are now open on Bowlslink via the App or through the NT Bowls website.

Lawn bowls is open to everyone with roll ups on Saturday, Sunday and Thursday mornings at the Alice Springs Golf Club bowling green.



ROLL: David Gould rolls his shot down the green. (Phil Williams: 517760)

Tennant Creek Athletics Club needs your help to survive

TENNANT Creek Athletics Club (TCAC) needs you to fill a variety of roles for the 2026 season or it simply will cease to continue.

Do you have fond memories of competing in athletics when you were younger or simply want to see more things for young people to do in Tennant Creek? If so please sign up to help.

You do not have to be available 24/7 to help with athletics.

The club is looking for:

- Members;
- Committee members (most roles vacant);
- Junior athletic coaches who can give up some time on a Thursday afternoon 4:45pm to 6:15pm. Coaching occurs between 5pm and 6pm.

TCAC restarted back up in 2024 seeing junior athletes from three to 12 years old enjoy physical activity while learning the basics of athletics. There is more than just junior athletics with senior recreational running occurring Monday 6pm to 6.45pm.

Please consider helping as without you there is no athletics in Tennant Creek.

The level 1 coaching course will be held in Tennant Creek Saturday 7 March 12pm to 5pm, Sunday 8 March 8am to 12pm. To register https://www.ntathletics.org.au/events/341257

The cost to become a Level 1 Youth Coach is approximately $270 which will be refunded to you once you have coached three sessions with TCAC. If you are one of the first 10 to coach three sessions with TCAC you will also get a free TCAC yeti.

Senior members are insured by Australian Athletics whenever you run and wherever you run in Australia.

Rescheduled AGM is to be held Sunday 8 March at 12.30pm. If you are interested in joining the committee please email tennantcreekathleticsclub@gmail.com



(File)

WEATHER

FORECAST

Alice Springs:
Partly cloudy. Medium chance of showers, most likely in the afternoon and evening. The chance of a thunderstorm in the afternoon and evening. Winds southeasterly 15 to 25 km/h tending easterly during the morning then becoming light during the evening.
Friday. Partly cloudy. Medium chance of showers. The chance of a thunderstorm. Light winds becoming easterly 15 to 20 km/h during the morning.
Saturday. Partly cloudy. High chance of showers. A thunderstorm likely. Light winds becoming east to northeasterly 15 to 20 km/h during the morning.
Sunday. Partly cloudy. Medium chance of showers. A thunderstorm likely. Winds north to northeasterly 15 to 20 km/h turning easterly during the day.

Tennant Creek:
Partly cloudy. High chance of showers. The chance of a thunderstorm. Winds south to southeasterly 15 to 20 km/h turning easterly 15 to 25 km/h during the morning. 24/33
Friday. Shower or two. Possible storm. 24/32

Hermannsburg:
Possible shower or storm. 24/36
Friday. Shower or two. Possible storm. 23/36

Santa Teresa:
Shower or two. Possible storm. 25/37
Friday. Shower or two. Possible storm. 25/36

Ross River:
Shower or two. Possible storm. 23/36
Friday. Shower or two. Storm. 23/36

Uluru:
Mostly sunny. 25/37
Friday. Possible shower. 26/37

Darwin:
Partly cloudy. Medium chance of showers, most likely in the morning and afternoon. The chance of a thunderstorm in the afternoon. Light winds becoming westerly 15 to 20 km/h during the day then becoming light during the evening.
Friday. Partly cloudy. Medium chance of showers. The chance of a thunderstorm. Light winds becoming northwesterly 15 to 20 km/h during the day.

ALICE SPRINGS FORECAST

THURSDAY	FRIDAY	SATURDAY	SUNDAY
Shower or two. Possible storm. **36**	Shower or two. Possible storm. **35**	Shower or two. Storm. **34**	Shower or two. Storm. **34**

Sunny · Mostly sunny · Partly cloudy · Cloudy · Chance shower · Shower or two · Showers · Light rain (drizzle) · Rain · Storm · Showers storm · Windy · Dust · Fog

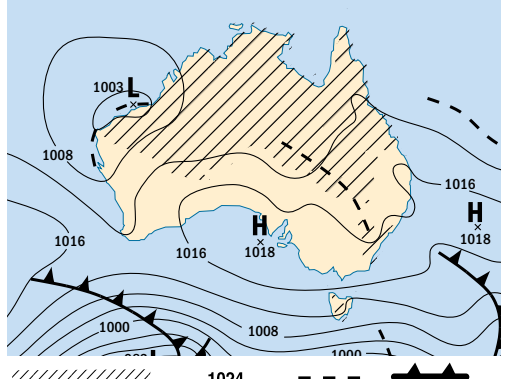
CAPITAL CITIES

City	Condition	Max
Adelaide	Sunny.	31
Brisbane	Sunny.	31
Canberra	Partly cloudy.	33
Darwin	Showers, afternoon storm.	32
Hobart	Partly cloudy.	23
Melbourne	Partly cloudy.	25
Perth	Sunny.	35
Sydney	Possible shower.	28

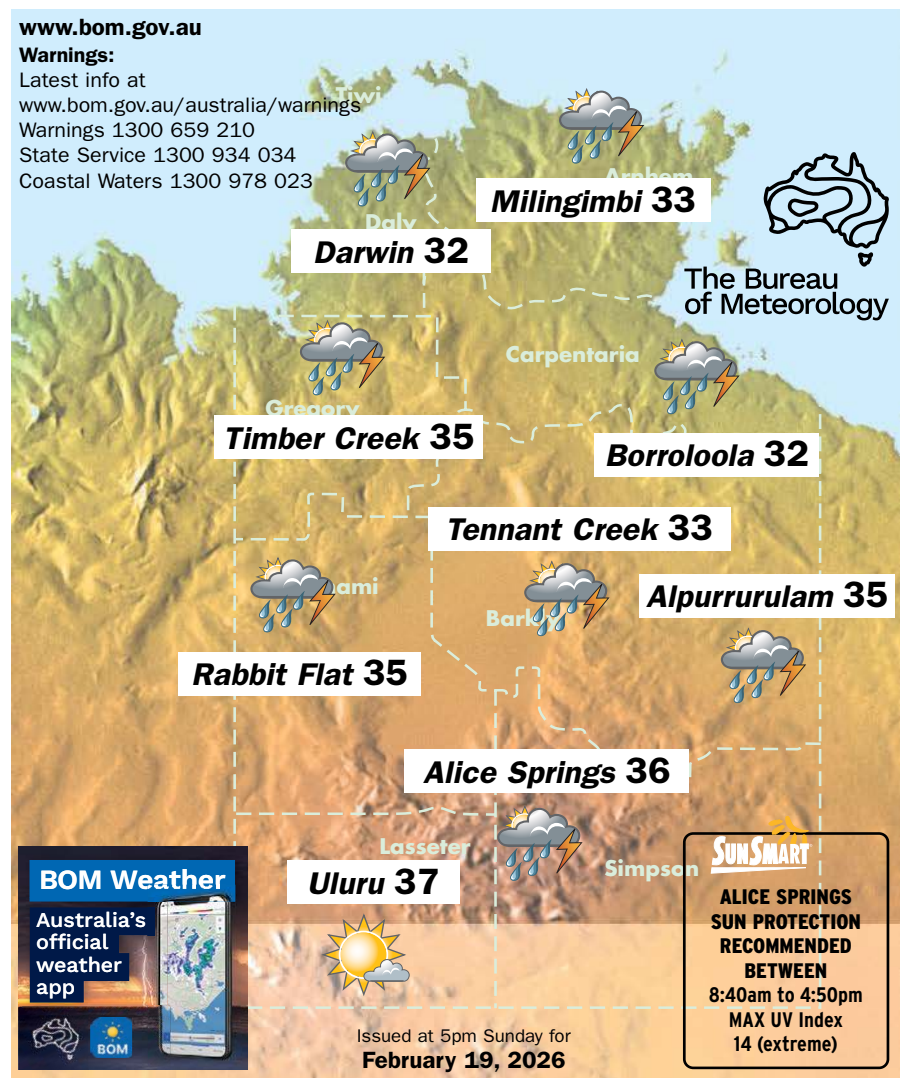
SUN & MOON

	Sunrise	Sunset	Moonrise	Moonset
Wednesday	6:24am	7:13pm	6:49am	7:43pm
Thursday	6:24am	7:12pm	7:47am	8:17pm
Friday	6:25am	7:11pm	8:44am	8:50pm
Saturday	6:25am	7:11pm	9:44am	9:26pm
Sunday	6:26am	7:10pm	10:45am	10:06pm
Monday	6:27am	7:09pm	11:49am	10:50pm
Tuesday	6:27am	7:08pm	12:56pm	11:41pm

THURSDAY 10AM



www.bom.gov.au
Warnings:
Latest info at
www.bom.gov.au/australia/warnings
Warnings 1300 659 210
State Service 1300 934 034
Coastal Waters 1300 978 023



The Centralian Today
Sport



Injuries play havoc at carnival
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It’s game on!

THE 2026 Alice Springs Masters Games is just eight months away and registrations have opened, with numbers in some sports filling fast.

Steeped in history, the games are the first and longest running Masters Games in the country and are open to anyone who meets the age criteria, which for most sports is 30 or over.

The ASMG is a popular event on the national sporting calendar and this year is a milestone year.

STORY PAGE 41

REGISTRATIONS: Caleb Materne, Jan Anderson, and Maddi Longe ready to register people at the ASMG pop up registration stand in Yepe’s last week. (Phil Williams: 534697)

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